Table 4: Definition of uncontrolled risk factors

Uncontrolled risk factor	Definition
Blood Pressure	
High BP level despite medication	≥140/90 mmHg & antihypertensive medication
High BP level despite medication in	
diabetics	
Type 1	≥140/85 mmHg & antihypertensive medication & self-reported type 1 diabetes & antidiabetic medication
Type 2	≥130/80 mmHg & antihypertensive medication & self-reported type 2 diabetes & antidiabetic medication
Glycemic control	
HbA1c ≥ 7% despite medication	HbA1c ≥7% & antidiabetic medication
LDL cholesterol	
High LDL-C level despite medication	≥115 mg/dl & lipid-lowering agent
High LDL-C level despite medication in diabetics	≥100 mg/dl & lipid-lowering agent & antidiabetic medication
Tabacco use	Self-reported in an structured interview
Physically inactive	<150 min/week moderate activity or < 75 min/week strenuous activity
Overweight	
Despite physically activity	Body mass index >25 kg/m ² & physically active