

Table A1

Descriptives and Cronbach's Alpha for variables of interest for the subsample used for the cross-lagged models

	<i>Min</i>	<i>Max</i>	<i>M</i>	<i>SD</i>	<i>Skew</i>	<i>Kurtosis</i>	<i>Cronbach's Alpha</i>
Wave 1							
Asking for advice	1	5	1.46	0.85	1.76	1.98	
Strong ties	0	500	24.11	36.46	5.85	55.9	
Social support online	1	4.56	2.13	0.82	0.2	-0.95	0.88
Life satisfaction	1	7	5.18	1.19	-0.82	1.15	
Stress	1	5	2.63	0.93	0.39	-0.33	0.82
Wave 2							
Asking for advice	1	5	1.43	0.79	1.73	2.02	
Strong ties	0	900	24.71	45.93	12.31	217.35	
Social support online	1	4.78	2.11	0.85	0.39	-0.82	0.88
Life satisfaction	1	7	5.2	1.21	-0.75	1.04	
Stress	1	5	2.64	0.94	0.35	-0.25	0.82
Wave 3							
Asking for advice	1	5	1.44	0.79	1.7	2.09	
Strong ties	0	532	26.33	38.86	6.97	72.41	
Social support online	1	4.33	2.05	0.83	0.41	-0.73	0.87
Life satisfaction	1	7	5.21	1.15	-0.65	0.76	
Stress	1	5	2.57	0.89	0.23	-0.36	0.79

Wave 4							
Asking for advice	1	5	1.4	0.78	2.04	3.69	
Strong ties	0	880	26.59	45.03	12.26	215.72	
Social support online	1	4	2.07	0.83	0.29	-1.03	0.88
Life satisfaction	1	7	5.23	1.18	-0.66	0.76	
Stress	1	5	2.54	0.92	0.41	-0.17	0.81
Wave 5							
Asking for advice	1	5	1.37	0.74	1.92	2.81	
Strong ties	0	300	26.6	32.31	4.09	23.82	
Social support online	1	4.56	2.06	0.85	0.38	-0.84	0.89
Life satisfaction	1	7	5.29	1.15	-0.56	0.49	
Stress	1	5	2.46	0.93	0.52	-0.09	0.82
Wave 6							
Asking for advice	1	5	1.36	0.75	2.13	4.06	
Strong ties	0	400	25.84	30.49	4.75	41.76	
Social support online	1	4.56	2.04	0.83	0.36	-0.89	0.9
Life satisfaction	1	7	5.19	1.19	-0.79	1.03	
Stress	1	5	2.5	0.92	0.41	-0.26	0.82

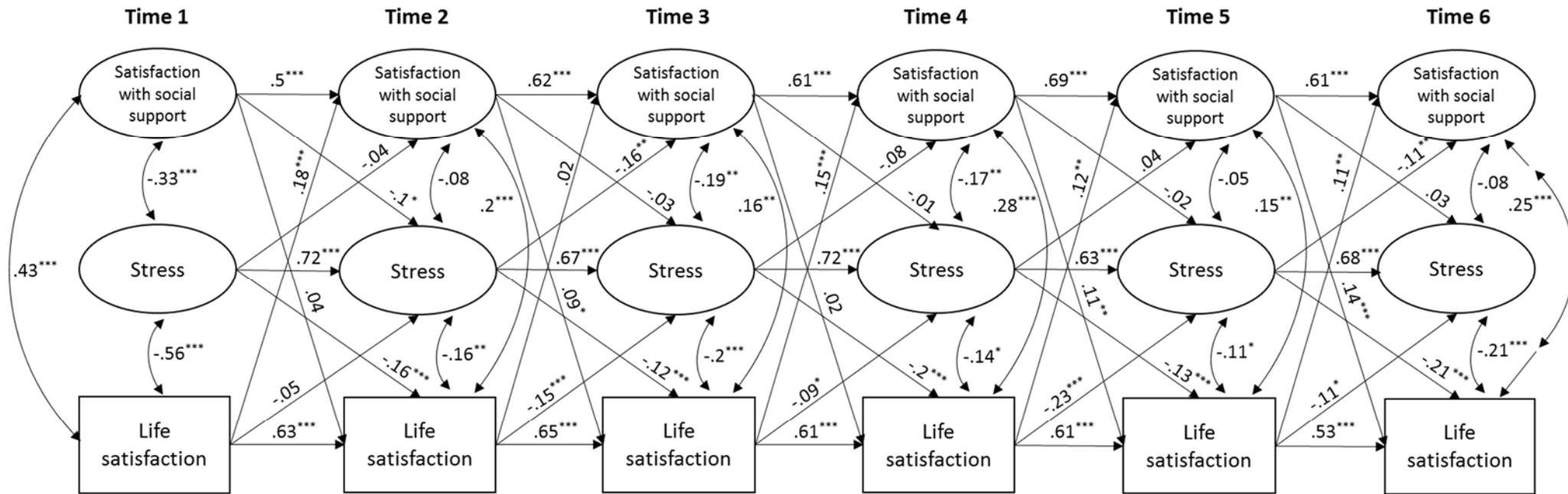


Figure A2. Cross-sectional and longitudinal relationships between satisfaction with social support, life satisfaction, and stress. Standardized coefficients, * $p \leq .05$, ** $p \leq .01$, *** $p \leq .001$, ML estimation, $\chi^2(d.f. = 692, N = 624) = 1666.1, p < .001, CFI = .94, TLI = .92, RMSEA = .05$.