Article



High Tensile Strength of Engineered β -Solenoid Fibrils via Sonication and Pulling

Zeyu Peng, Amanda S. Parker, Maria D. R. Peralta, Krishnakumar M. Ravikumar, Daniel L. Cox, and Michael D. Toney¹

ABSTRACT We present estimates of ultimate tensile strength (UTS) for two engineered β -solenoid protein mutant fibril structures (spruce budworm and Rhagium inquisitor antifreeze proteins) derived from sonication-based measurements and from force pulling molecular dynamics simulations, both in water. Sonication experiments generate limiting scissioned fibrils with a well-defined length-to-width correlation for the mutant spruce budworm protein and the resultant UTS estimate is 0.66 ± 0.08 GPa. For fibrils formed from engineered R. inquisitor antifreeze protein, depending upon geometry, we estimate UTSs of 3.5 \pm 3.2–5.5 \pm 5.1 GPa for proteins with interfacial disulfide bonds, and 1.6 \pm 1.5–2.5 \pm 2.3 GPa for the reduced form. The large error bars for the R. inquisitor structures are intrinsic to the broad distribution of limiting scission lengths. Simulations provide pulling velocity-dependent UTSs increasing from 0.2 to 1 GPa in the available speed range, and 1.5 GPa extrapolated to the speeds expected in the sonication experiments. Simulations yield low-velocity values for the Young's modulus of 6.0 GPa. Without protein optimization, these mechanical parameters are similar to those of spider silk and Kevlar, but in contrast to spider silk, these proteins have a precisely known sequence-structure relationship.

INTRODUCTION

Bio-inspired nanoengineering relies on our ability to understand and control biological self-assembly processes. Several biologically inspired routes for self-assembly, including using viral capsids (1,2), DNA (3,4), and proteins (5–7), show promise and have been employed to template the growth of organic and inorganic materials (1-3).

One such approach we have recently developed uses the family of β -solenoid proteins (BSPs) for bottom-up protein engineering, where monomeric BSPs serve as programmable nanobricks that can self-assemble into fibrils and potentially into higher-dimensional structures (8). BSPs have practical advantages. The narrow, rod-like structure of the BSPs is advantageous for design and templating, whereas their thermal and chemical stability gives robust self-assembly into fibrils in extreme environments (to be published). More recently, we used molecular dynamics (MD) simulations to show that the BSPs are stiff to bend and twist, with bend/twist persistence lengths in the order of a few microns (9).

A potentially important application of the fibrils is to spin them into larger fibers, which can be readily processed into higher-order structures. For such applications, theoretical

Submitted May 30, 2017, and accepted for publication September 6, 2017.

*Correspondence: cox@physics.ucdavis.edu

Editor: Elizabeth Rhoades.

https://doi.org/10.1016/j.bpj.2017.09.003

© 2017 Biophysical Society.

estimates of the tensile strength of the fibrils are very useful in design. Until now, there have been no measurements or simulations of their longitudinal breaking strength or Young's (tensile) modulus.

In this study, we measure the tensile strength of fibrils of two engineered insect antifreeze BSPs, from R. inquisitor (10) and spruce budworm (8,11), which we abbreviate as RiAFP and SBAFP, respectively, using both experimental and computational methods. The modified RiAFP is engineered to have one intermolecular disulfide bond, acting like a "staple" across the protein-protein interface. It can be removed by exposure to reducing agents such as dithiothreitol (DTT). For computational measurement of the tensile strength, we use nonequilibrium MD simulations (12-15) and explore the dependence of these results on the rate of pulling. The computational measurement is validated against sonication experiments, where the high shear force generated by imploding bubbles in the cavitation process breaks the fibrils in solution, thereby allowing estimation of their ultimate tensile strength (16). Our results show that the tensile strengths of these proteins increase from 0.2 to 1.5 GPa over accessible pulling speeds in simulations, and from sonication we find mean values of 0.66 ± 0.08 GPa and 1.6 \pm 1.5 to 2.5 \pm 2.3 GPa for the SBAFP and reduced RiAFP, and a correspondingly larger value of 3.5 ± 3.2 GPA to 5.5 ± 5.1 GPa for the RiAFP with the



¹Department of Chemistry and ²Department of Physics, University of California, Davis, Davis, California

interfacial disulfide. Given the large error bars, these values are consistent with those of 1.4–1.5 GPa from simulation when extrapolated to the high velocities expected in sonication. Simulation also provides low-velocity estimates of the Young's modulus of 6.0 GPa for both proteins.

MATERIALS AND METHODS

Sonication experiments: expression and purification of recombinant proteins

The Escherichia coli-optimized RiAFP gene was synthesized by Thermo Fisher Scientific. The protein sequence and a structural model for RiAFP can be found in the Supporting Material. The gene was cloned into pET-28a using Gibson assembly (17,18). Protein was expressed in E. coli BL21 (DE3) cells. Cultures were grown at 37°C with shaking at 250 Rpm until OD600 was 0.5–0.6. Isopropyl β -D-1-thiogalactopyranoside was added to a final concentration of 1 mM to induce expression. Four hours postinduction, cells were collected by centrifugation (4000 × g for 20 min). The cells were resuspended in lysis buffer (50 mM Tris-HCl, 200 mM NaCl, 10 mM β -mercaptoethanol, and 10 mM imidazole, (pH 8)) and were lysed by sonication. Soluble and insoluble proteins were separated by centrifugation (10,000 × g for 30 min). RiAFP was expressed in the soluble fraction and purified by nickel affinity chromatography. Purified RiAFP was dialyzed into 10 mM sodium phosphate, pH 7.4.

SBAFP was expressed and purified as previously published (8). The sequence for SBAFP can be found in the Supporting Material.

Amyloid fibril formation

To promote fibril formation, RiAFP was incubated for 6 days at 37° C at a concentration of 0.6 mg/mL, and SBAFP was incubated at a concentration of 0.5 mg/mL at 37° C for 10 days.

Sonication

A Heat System-Ultrasonics, Inc., model W-220F sonicator with a microtip was used for the sonication experiments. The output was set at sis (seven is the microtip limit). During these experiments, cavitation was evident in the samples. We sonicated both unreduced RiAFP fibrils and RiAFP fibrils treated with 10 mM DTT. Both reduced and unreduced RiAFP fibrils (2 mL; 0.6 mg/mL) and SBAFP fibrils (1 mL; 0.5 mg/mL) were sonicated in 15 mL conical Falcon tubes that were held in 1.2 L of water to mitigate sample heating from the sonication. After 20 h of sonication, a 10 μ L sample was collected for transmission electron microscopy (TEM), whereas the rest of the protein was sonicated for another 20 h.

TEM imaging

After sonication (either after 20 or 40 h), the protein sample (\sim 10 μ L) was loaded on a carbon-coated copper grid and incubated at room temperature for 2 min. Excess liquid was removed by filter paper and the sample was stained with 2% uranyl acetate at room temperature for 30 s. Excess stain was removed by filter paper and the grid was dried at room temperature. The specimen was imaged using a JOEL 1230 TEM with 100 kV of electron acceleration voltage.

Analysis of fibril widths and lengths

The lengths of fibrils were measured using ImageJ software. We measured 178 RiAFP fibrils after 20 (40) h of sonication. The lengths of 209(82) sin-

gle RiAFP fibrils in DTT were measured after 20 (40) h of sonication. For the lengths of SBAFP fibrils, 200 (139) single fibrils were measured after 20 (40) h of sonication. Histograms of fibril lengths were analyzed using GraphPad Prism 5.01. The histogram bin width was set at 50 nm for RiAFP analysis and 20 nm for SBAFP analysis.

To assess the length versus width relationship of the fibrils we also used ImageJ to measure the width. We measured the widths of 61 single sonicated RiAFP fibrils, and of 89 sonicated RiAFP in DTT fibrils. We measured the widths of 185 unsonicated RiAFP fibrils with ImageJ. For SBAFP, we measured the widths for two independent syntheses of unsonicated fibrils, with 218 and 80 fibrils measured from the respective syntheses. For sonicated SBAFP, to assess the length versus width relationship, we simultaneously measured the length and width of 50 fibrils. For unsonicated SBAFP and for RiAFP, we analyzed the width histograms, and for sonicated SBAFP we carried out regression studies of length versus width and length² versus width.

Calculation of ultimate tensile strength from results of sonication

The average and standard deviation of the final lengths of the proteins after 40 h of sonication were used to calculate the ultimate tensile strength (UTS) values for the two proteins generalizing a simple model for circular filaments previously proposed by Huang et al. (16). The UTS was calculated using

UTS =
$$\left(2\eta \frac{R_i}{R_i}\right) \frac{C}{8} < \frac{1}{r} > \frac{L_{lim}^2}{A},$$
 (1)

where L_{lim} is the mean limiting (final) length of the protein after prolonged sonication, C is the circumference of the fibril, r is the distance from the fibril axial center to the surface (the angular brackets denote a geometric average over 1/r), A is the fibril cross-sectional area, R_i is the rate of cavitation bubble expansion during sonication, R_i is the cavitation bubble radius, and η is the solvent viscosity. Huang et al. (16) argue that the product $\eta R_i/R_i$ should be approximately independent of solvent, reasoning that in a more viscous solvent the cavitation rate will be slower. In fact, the solvent used by Huang et al. (16) is $10 \times more$ viscous than ours (water). Using their estimated value for this product, the expression reduces to

UTS =
$$(2 \times 10^6) \frac{C}{8} < \frac{1}{r} > \frac{L_{lim}^2}{A} \text{Pa}.$$
 (2)

As we show in the Appendix, the factor C < 1/r > /(8A) reduces to $1/d^2$ for a circular fibril, where d is the diameter. For an equilateral triangular fibril with edge size a, $C < 1/r > /(8A) = 1.41/a^2$. For a rectangular cross-section fibril with long edge b, short edge a, and aspect ratio $\gamma = b/a$, $C < 1/r > /(8A) = \gamma/(2b^2)(\ln(\gamma + \sqrt{(\gamma^2 + 1)}) + \ln(\gamma^{-1} + \sqrt{(\gamma^{-2} + 1)})$.

Nonequilibrium pulling simulations

To estimate the ultimate tensile strengths of RiAFP (10) and SBAFP (8,11) theoretically, classical MD simulations were used. The details of the simulation procedure were similar to (9). Briefly, we used Gromacs 4.6.5 (19), the Chemistry at Harvard Molecular Mechanics 27 force field (20), the transferrable intermolecular potential-three point water model (21), and periodic boundary conditions for all simulations. During the simulations, each protein was solvated in a box, with at least 1 nm distance between the protein and the box walls. The system was carefully equilibrated over many steps to remove any inherent stress in the protein structure and brought to a temperature of 300 K. These steps included energy minimization, heating the system to 300 K over a 50 ps period using a modified Berendsen

temperature coupling scheme (22,23), relaxation at constant volume and temperature again using the modified Berendsen temperature coupling scheme, and relaxation at constant pressure and temperature using Parrinello-Rahman pressure coupling (24). A simulation time step of 1 fs was used and coordinates were saved every 1 ps. After equilibration, the RiAFP system (the protein in a box of dimensions $12 \times 6 \times 4$ nm, surrounded by water) had a density of 1017 kg/m^3 and the SBAFP system (in box of dimensions $13 \times 4 \times 4$ nm) had a density of 1045 kg/m^3 .

The protein was then subjected to stretching along its helical axis by treating it as a cantilever beam fixed at one end. The c- α atoms of the first turn of the protein were fixed with a strong harmonic constraint (spring constant $k = 10,000 \text{ kJ/(mol-nm}^2)$). The protein was pulled by attaching a stiff spring (spring constant $k = 10,000 \text{ kJ/(mol-nm}^2)$) to the center of mass of the last turn, and moving that spring along the helical axis of the protein at a constant speed. Various pulling speeds spanning over four orders of magnitude (0.01, 0.1, 0.5, 1.0, 5.0, 10.0, 30.0, 60.0, 80.0, and 100.0 nm/ns) were studied, and at each speed a minimum of 10 independent simulations were performed. For reference, pulling at 0.1, 1, and 30 nm/ns resulted in strain rates before breaking on the order of 1×10^{-5} /ps, 1×10^{-4} /ps, and 1×10^{-3} /ps, respectively. All pulling simulations were done using a modified Berendsen temperature coupling (22) and Parrinello-Rahman pressure coupling (24). In each simulation, the protein was stretched until all the hydrogen bonds connecting the last turn to the second-to-last turn had been fully broken.

For calculating UTS and Young's modulus (Y), it was necessary to estimate the length and cross-sectional area of both proteins. The length of each protein was estimated as the average distance between the center of masses of its first and last turns, over a 50 ps simulation. The cross-sectional area was calculated by treating the atoms of each turn as van der Waals spheres projected onto a plane perpendicular to the helical axis, and a grid of $\sim 0.3 \text{ Å}$ was used to sample and measure the area of each projection. The average of the areas of each turn was used as the protein's cross-sectional area. See Supporting Material for more details on area estimation.

RESULTS AND DISCUSSION

The tensile strength of fibrils of two BSPs, SBAFP (8,11) and RiAFP (10) (for sequences, see the Supporting Material), which have well-defined, helical, rod-like structures with different cross-sectional shapes (triangular and flat-rectangular, respectively) (Fig. 1), were measured using computational simulations and sonication experiments. Both proteins chosen for the study readily self-assemble in vitro into linear polymers, forming long

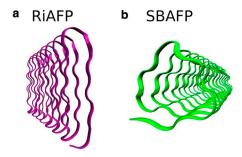


FIGURE 1 The backbone structure of the (a) RiAFP and (b) SBAFP studied in this work. The two proteins have distinct cross-sectional shapes (flat-rectangular for (a) RiAFP and triangular for (b) SBAFP). Images created using visual molecular dynamics (49). To see this figure in color, go online.

(micron-length) nanowires (8) (Z.P., M.D.T, unpublished data on RiAFP).

Results from sonication experiments

Both the RiAFP and SBAFP assemble into micrometer-long fibrils (Fig. 2). After 20 h of sonication, the mean length of oxidized (reduced) RiAFP fibrils is 186 \pm 86 nm (129 \pm 65 nm), and the mean length of SBAFP is 46 \pm 16 nm (Figs. 2 and 3). After an additional 20 h of sonication, the protein fibrils are not further shortened (Figs. 2 and 3). Fits to Gaussian- and γ -distributions at both 20 and 40 h gave very similar mean length and SD, though the skewed γ -distribution produces a somewhat better fit to the histograms.

The widths of unsonicated and sonicated mutant RiAFP fibrils have narrow distributions centered around 7 nm, with similar distributions as shown in Fig. 4. This size is consistent with fibrils that are dimeric with two possible geometries as illustrated in Fig. 5 a. For the mutant SBAFP fibrils, the unsonicated distributions have long tails consistent with a distribution of multimers in one transverse dimension driven by lateral assembly of the individual (monomeric) filaments, as shown in Fig. 5 b. We have observed such lateral self-assembly in (8), and conjecture that the likely driver of lateral self-assembly are salt bridges between the added acidic and basic residues (relative to wild-type SBAFP) that reside mostly on two of the triangular facets of the engineered protein.

Because the mutant SBAFP fibrils have variable width, we can hypothesize that the ratio of length to width has a particular functional form to generate the same UTS value. For example, if the multiwidth fibrils were formed by radial accumulations of monomeric thickness polymers, we would expect the measured length L to width b ratio, L/b, to be a constant. If, as we anticipate from the width histograms, they have a ribbon geometry with monomeric thickness in one dimension, we would anticipate that L^2/b is constant, since the cross-sectional area of the fibril goes as ab, where W is variable but a is held fixed. A plot of L^2 versus b is shown in Fig. 6. The average value of $Cs\langle 1/8r \rangle$ for these fibrils is 1.06(0.07), and the height of SBAFP fibrils (8) is 2.6 nm, so this gives an estimate of the UTS as 0.66(0.08)GPa. The same L^2 versus W recession was observed for several fibrils of different proteins elsewhere (25).

The correlation of length and width for the sonicated mutant SBAFP fibrils allows us to make a rather precise estimate of the UTS. For the mutant RiAFP sonicated fibrils, the uniform thickness does not allow this, and our estimates of UTS are intrinsically broad due to the breadth of the L_{lim} distributions. They are also dependent upon the assumed geometry of the fibrils per Fig. 5. We present the UTS estimates obtained from sonication for the mutant RiAFP fibrils in Table 1.

Our approach for estimating widths suffers somewhat from potential artifacts of the negative stain in the TEM images (26,27), which can include aggregation effects and

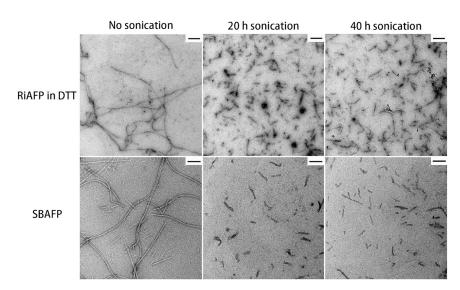


FIGURE 2 TEM images of fibrils, synthesized from RiAFP and SBAFP before and after sonication, are shown. Prolonged sonication-induced length reduction of fibrils is observed. The scale bars represent 200 nm for RiAFP and 100 nm for SBAFP

flattening effects, as well as intrinsic image resolution limits. Although we cannot rule out the former, the latter is a problem with proteins that have hollow interiors; the tight hydrophobic packing of the BSPs makes flattening unlikely. More precise measurements of fibril heights using atomic force microscopy, as in (25), could help yield better estimates of geometric ratio used for estimating the UTS and will be considered in future studies.

Results from MD simulations

To measure the tensile strength of the solenoid proteins using MD simulations, we treated each monomeric protein as a cantilever beam fixed at one end, whereas the other end was pulled along the direction of the protein's helical axis for a variety of pulling speeds (see Materials and Methods for details). Each simulation at a different pulling speed resulted in force-displacement curves similar to Fig. 7 a and b (purple and green curves for RiAFP and SBAFP, respectively). In our earlier study on bending and torsion of BSPs, we used quasi-equilibrium umbrella sampling simulations to estimate the mechanical properties (9). Unlike bending and torsion, the tensile strengths of solenoid proteins are not amenable to equilibrium measurements in MD simulations, owing to very little displacement along the pulling direction before breakage. Hence, we employed nonequilibrium measurements using forced pulling simulations to estimate the tensile strength and verified the results by running no less than 10 simulations at each speed.

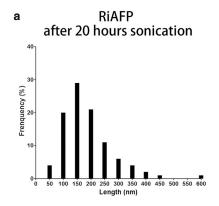
To reduce the noise due to thermal fluctuation, the force-displacement curves were smoothed using a displacement window of \sim 0.02 nm. It can be seen that the smoothed curves (*black lines* in Fig. 7) are roughly linear until the first peak, at which point the secondary structure of the protein breaks. By this we mean that the hydrogen bonds between the pulled turn and the turn adjacent to it are ruptured.

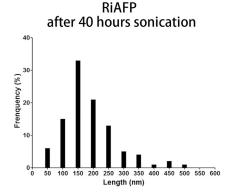
This phenomenon can be seen in the trajectory visualizations, as well as in plots of the number of hydrogen bonds versus displacement. See Supporting Material for examples of the latter. For simulations at very high pulling speeds, there are fewer data points before breakage, necessitating smaller averaging windows. The peak value of the force (F_{max}) is the maximum value of the smoothed force-displacement curves.

The average value of F_{max} from 10 different simulation runs at pulling speed of 1 m/s are shown in Fig. 7 c. F_{max} for RiAFP (1751.3 \pm 219.0 pN) is higher when compared to that of SBAFP (1256.3 \pm 177.8 pN), suggesting that in general RiAFP needs higher tensile force to break the self-assembly. This comparison holds true for other pulling velocities as well (see Fig. S3).

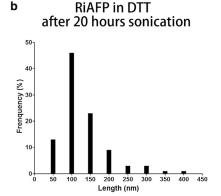
The UTS, obtained as the ratio of $F_{runture}$ to the crosssectional area of the peptide (see Supporting Material for details on the area measurement), was also calculated (Fig. 7 d). Unlike the maximum force, the UTS values for the peptides (at pulling velocity of 1 m/s) are comparable and within the measurement error (Fig. 2 d). This is true at most other pulling speeds as well (see Fig. 8). Note that Fig. 7 d shows UTS values for a single pulling speed (1 m/s) but, as noted earlier, these values vary with the pulling speed. Hence, the dependence of UTS on the pulling speed was also examined (Fig. 8 a and b). For both solenoid proteins, there is a clear increase in the average UTS (and F_{max}) with increasing pulling speed, as can be seen in Fig. 8 a and b. Over the four orders of magnitude in pulling speed (0.01-100 m/s), UTS varies between \sim 0.2 and 1.0 GPa, showing the dependence of the measurements on the pulling speed.

Notably, we observe two different linear regimes in these plots with the slopes changing sharply at ~ 10 m/s (black lines in Fig. 8 a and b). In general, the linear relationship between the natural logarithm of the pulling speed $(\ln(v))$ and F_{max} is seen for many other materials, including composites





RiAFP in DTT



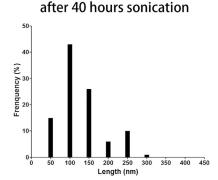
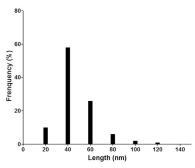
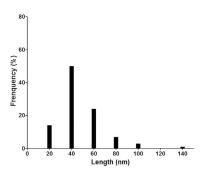


FIGURE 3 The frequency distributions of fibril lengths after sonication for 20 and 40 h are shown for (a) RiAFP, (b) RiAFP in DTT, and (c) SBAFP. In (a) and (b), the bin width is set at 50 nm. For (a), the average length after 20 (40) h is 186 \pm 87 nm $(186 \pm 86 \text{ nm})$. For (b), the average length of RiAFP fibrils after 20 (40) h of sonication is 129 \pm 65 nm (130 \pm 60 nm). For (c), the bin width is set at 20 nm. The average length of SBAFP fibrils after 20 (40) h of sonication is 46 \pm 16 nm $(47 \pm 19 \text{ nm}).$









(28), alloys (29), and steel (30). In the case of proteins, the two different linear regimes likely signify two different rupture mechanisms at different pulling speeds. Ackbarow et. al. (31) have also seen such behavior for simple α -helices and β -sheets, and they suggested that under slower pulling speeds, sets of hydrogen bonds within the protein secondary structure break in a concerted fashion, whereas at higher pulling speeds hydrogen bonds break serially, causing biphasic behavior. This idea is supported by the differences in energy barrier heights and barrier distances that need to be overcome to break the hydrogen bond structure at high and low pulling speeds.

A phenomenological kinetic transition model with an energy barrier (32) can be used to understand the mechanical breakage during pulling. In this model, the slopes and y-intercepts of the two linear regimes can be used to back-calculate the barrier height (E_h) and bond-breaking length (x_h) during the two different linear pulling regimes. This follows from the model's assumption that the likelihood of transitioning through the energy barrier (E_b) (for example, from folded to an unfolded, or broken, conformation) increases with an applied force along the reaction coordinate (31,33). E_b and x_b for each regime can therefore be determined from the linear fits to the maximum force versus ln(v) (Fig. S4), as done previously (31).

The results for our BSPs are very similar to those for β sheet structures (31). For RiAFP, the values are $E_{b.R.slow} =$ 8.05 kcal/mol, $x_{b,R,slow} = 0.20 \text{ Å}$; $E_{b,R,fast} = 1.27 \text{ kcal/mol}$,

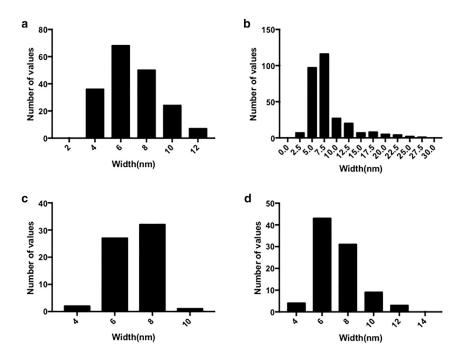


FIGURE 4 Histograms of fibril widths (measured with ImageJ software). (A) Unsonicated mutant RiAFP fibrils. (B) Unsonicated mutant SBAFP fibrils. (C) Sonicated mutant RiAFP fibrils. (D) Sonicated mutant fibrils of RiAFP in DTT.

and $x_{b,R,fast} = 0.03$ Å. For SBAFP, the values are $E_{b,S,slow} =$ 10.29 kcal/mol, $x_{b,S,slow} = 0.34 \text{ Å}$; $E_{b,S,fast} = 2.37 \text{ kcal/mol}$, and $x_{b,S,fast} = 0.05$ Å. Here, we have adopted the use of "slow" and "fast" to refer to the shallower and steeper slope regimes, respectively. A typical hydrogen bond disassociation energy is \sim 2 kcal/mol (34), which is about the same as the energy barrier in the fast regime. In the slow regime, on the other hand, the energy barrier is about four or five times the energy required to break a single hydrogen bond, suggesting that to transition from the native to unfolded state, we must break multiple bonds simultaneously.

We also analyzed the relationship between Young's modulus (Y) and pulling speed for the proteins. Y is given by $Y = kL_0/A$, where L_0 is the original length of the protein, A is again the cross-sectional area, and $k = F/\Delta L$ is the spring constant of the protein. The slope of the linear fit to the smoothed force-displacement curves before breakage is used to obtain an estimate of the spring constant (k) for the proteins. The average and SD of the spring constant at any given pulling speed is measured from 10 independent simulations (for example, see Fig. 7 e), and the results are plotted against the natural logarithm of the pulling speed in Fig. 9.

For both proteins, there is an increase in Y (and spring constant) with increasing pulling speed, as found with UTS values. The rate of increase is greater at higher speeds,

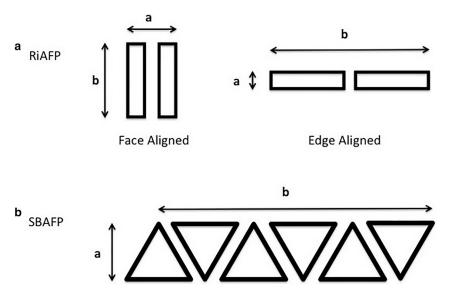


FIGURE 5 Possible fibril cross-sections. (A) The observed widths of unsonicated and sonicated RiAFP fibrils are consistent with monomeric thickness in one transverse dimension and (most likely) dimeric thickness in the other. (B) SBAFP fibrils, both unsonicated and sonicated, show variable width. We assume it is most likely that they are of monomeric thickness in one transverse dimension and multimeric (with variable multimer number) in the other transverse dimension.

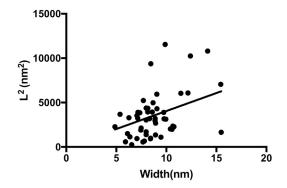


FIGURE 6 Regression of L^2 to fibril width b for engineered SBAFP fibrils after sonication, consistent with a ribbon geometry assumption per Fig. 5. We have assumed zero intercept, and obtain a slope of 404 (36) nm with an R^2 value of 0.71. The same regression of fibril squared length to width were observed in (25).

and as the speed decreases, Y seems to be approaching an asymptotic value, suggesting that the slope of the forcedisplacement curve remains fairly constant at slow pulling speeds. Similar behavior was also observed for a tropocollagen molecule (35), and other polymer composites (36,37) where the modulus increases with the strain rate. Here, the RiAFP and SBAFP clearly approach similar Y values at 0.01 m/s, and by fitting an exponential to each set of points and extrapolating to low speeds we find asymptotic values of 6 GPa for both proteins. For SBAFP, the Y value at 1 m/s is comparable to the bending and torsional moduli of the protein calculated earlier ($E_{bending} = 8.1$ GPa and $G_{torsion} = 11.3$ GPa). Although Y for the RiAFP and SBAFP approach similar values at low speeds, perhaps suggesting that their moduli, and therefore elastic behaviors, are similar under low mechanical loading conditions, they differ at higher pulling speeds. Thus, we view the theory results as lower bounds to the experimental ones, because the experimental values are for interface breakage whereas the theory values reflect intramolecular unraveling. Nevertheless, these two processes are very similar mechanistically.

Although both Y and UTS increase with pulling speed, there must be some difference in the origin of the increase, because Y is measured in the linear stress-strain region whereas UTS is measured close to rupture. In the case of silica glass, detailed MD simulations have revealed that the increase in modulus is associated with stress relaxation at high strain rates (38), but the mechanisms for relaxation in that solid-state system must be in detail different than what we have observed for our proteins here. This is an interesting and important question that is beyond the scope of our study.

Comparison of theory and experiment

The experimental values can be compared to the computational ones indirectly by extrapolating the pulling speeds to those expected in typical cavitation events in sonication. The typical speed of fluid propagation around cavitation bubbles in sonication is \sim 1000 m/s. Extrapolating to those speeds on our simulation plot yields 1.5 GPa for RiAFP and 1.4 GPa for SBAFP (marked as stars in Fig. 8 a and b). We note that we overestimate the mutant SBAFP value found from the experiment and underestimate the RiAFP value (no DTT), although the latter agrees within the generous error bars engendered by the broad distribution of final lengths from the sonication. The values are certainly comparable. A key difference between theory and experiment is that the sonication experiments split the fibrils at interfaces, whereas the pulling experiments unravel the hydrogen bonds in a given layer at the UTS in a way restorable at equilibrium.

At least part of the discrepancy between theory and experiment might be related to the estimation of effective areas and diameters for the proteins. Calculation of UTS values from sonication experiments requires a diameter for the fibrils in the model of (16). The theory simulations are on individual filaments and, as noted, the data strongly suggests that the RiAFP and SBAFP fibrils studied here are not monomeric.

Separately, classical MD with the nonreactive CHARMM force field cannot directly model disulfide bond breakage in the unreduced RiAFP case. This is because the electronic structure is not being modeled directly, and the "bonded" interactions are fixed in the topology. Therefore, we can only capture the unraveling of hydrogen bonded structures. Sonication is expected to break all types of bonds, but is most likely to pull apart proteins at the weaker noncovalent interfaces. For the two cases here that lack an interfacial disulfide bond, fibril scission assuredly occurs at the noncovalent interface. The disulfide bond at the interface of the nonreduced RiAFP fibrils has a bond dissociation energy of 60 kcal/mol, which is significantly less than the covalent bonds of the polypeptide backbone (85 kcal/mol), and

TABLE 1 Parameter Values and Resulting UTS for RiAFP and RiAFP in DTT Assuming Either Edge Centered or Face-Centered Geometries, and for SBAFP

Proteins	b(nm)	a(nm)	Area (nm²)	$< L_{lim} >$	C < 1/(8r) >	UTS (GPa)
Edge RiAFP	6.9(1.0)	2.0	14	186	1.12	5.5(5.1)
Edge RiAFP(DTT)	7.1(1.6)	4.1	14.8	130	1.13	2.5(2.3)
Face RiAFP	6.9(1.0)	2.1	28	186	1.38	3.5(3.2)
Face RiAFP(DTT)	7.1(1.6)	4.2	29.6	130	1.41	1.6(1.5)
SBAFP	4.9-15.5	2.6	ba	$20.1b^{1/2}$	1.06(07)	0.66(0.08)

UTS, ultimate tensile strength; RiAFP, insect antifreeze BSP from R. inquisitor; DTT, dithiothreitol; SBAFP, insect antifreeze BSP from spruce budworm.

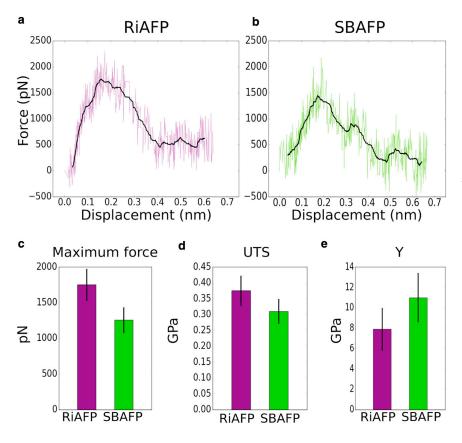


FIGURE 7 Plots (a) and (b) show typical force-displacement curves for RiAFP and SBAFP (purple and green), respectively. In black, the smoothed curves are shown. Below, histograms show the mean and SD of the (c) maximum force, (d) UTS, and (e) Young's modulus Y, for RiAFP and SBAFP (purple and green, respectively). The values shown in the histograms are as follows: (c) RiAFP: 1751.3 ± 219.0 pN, SBAFP: 1256.3 ± 177.8 pN; (d) RiAFP: 0.38 ± 0.05 GPa, SBAFP: 0.31 ± 0.04 GPa; and (e) RiAFP: 7.91 ± 2.06 GPa, SBAFP: 11.00 ± 2.41 GPa. To see this figure in color, go online.

remains the weakest link in the polymer and the most likely point of scission.

CONCLUSIONS

In summary, we used nonequilibrium MD simulations of two BSPs, SBAFP and RiAFP, to extract theoretical estimates for UTS and Young's modulus *Y* by averaging multiple runs over widely varying pulling speeds. Experimental UTS values were measured by sonication-induced scission. The extrapolated high pulling speed UTS values agree within error with the experimental values.

Our results are also consistent with those of other hydrogen-bonded structures. For example, the low pulling speed Y values derived from simulations here are a factor of two smaller than the 11–13 GPa cited for spider silk, whereas the UTS values estimated from sonication bracket those of spider silk (39). UTS values for a set of β -helical proteins of \sim 0.5–0.7 GPa, and Young's moduli of 13–27 GPa, have been found using similar theoretical methods (40), and a review of the mechanics of amyloid materials reports Young's moduli of about 0.01–30 GPa and strengths of 0.1–1 GPa for amyloid fibrils (41). For a more thorough comparison to other studies of amyloid structures, see Supporting Material for a table in which we report other experimental and theoretical Young's modulus and UTS values from the amyloid literature (16,25,40,42–45).

UTS values for our noncovalent fibrils are also similar to those for Kevlar (39,46), although Kevlar-49 has a much higher Y value. A study of Kevlar using MD simulations on the nanometer length scale gives a UTS of 1.19 GPa for tension in the direction of the hydrogen bond network (47). In our case, the simple addition of a disulfide

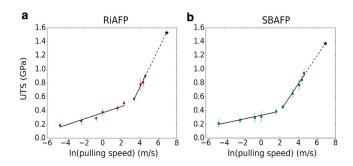


FIGURE 8 The ultimate tensile strength with respect to the natural log of the pulling speed is plotted for (a) RiAFP (purple) and (b) SBAFP (green). The errors are calculated using the SD of the maximum forces at each speed. For each protein, we note two distinct linear regimes, to which we fit two lines (black). For RiAFP, the lines are given by UTS_{slow} = 0.045ln(v) + 0.367 and UTS_{fast} = 0.275ln(v) - 0.369. For SBAFP, the lines are given by UTS_{slow} = 0.029ln(v) + 0.330 and UTS_{fast} = 0.202ln(v) - 0.023. To estimate the UTS at speeds achieved during sonication, we extrapolate UTS_{fast} to v = 1000 m/s, which gives a UTS of 1.5 GPa for RiAFP and a 1.4 GPa for SBAFP. To see this figure in color, go online.

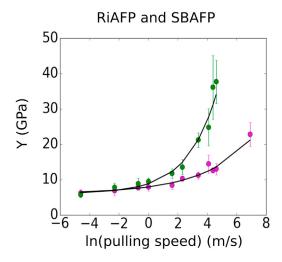


FIGURE 9 The average and SD of the Young's modulus Y as a function of the natural logarithm of the pulling speed is shown. The results for RiAFP and SBAFP are shown in purple and green, respectively. The proteins have similar asymptotic values for Y at low pulling speeds of 6.0 GPa, which can be estimated by fitting exponentials (black) and extrapolating the fits to low speeds. At high speeds, Y for SBAFP increases more quickly than that of RiAFP. The value for Y of RiAFP at ln(1000m/s) is plotted to more clearly illustrate its behavior as the speed increases. To see this figure in color, go online.

bridge across the RiAFP interface nearly doubles its UTS value.

Given the known sequence-to-structure match of BSPs, they appear to be strong candidates for engineering mechanically tough fibers for materials applications such as filtration meshes and high strength "smart" fabrics.

APPENDIX

In this Appendix, we provide the analysis of the estimate of <1/r>> for fibrils of noncircular cross section. The basic model (before scission) is envisioned in Fig. 10.

The imploding bubble sets up a radially inward velocity flow with solvent velocity

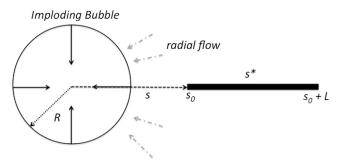


FIGURE 10 Model of prescission conditions for fibrils undergoing sonication. The picture is that fibrils of length L align radially in the vicinity of an imploding bubble of radius R thanks to the radial fluid flow. The radial coordinate from the center of the bubble is s and the fibril has an edge closest to the bubble of s_0 . The position s^* denotes the radial distance at which the fixed fibril velocity matches the fluid velocity, so that the net viscous stress vanishes there. To see this figure in color, go online.

$$v_s(s) = \frac{R^2 \dot{R}}{s^2},\tag{3}$$

where \dot{R} is the velocity of the collapsing bubble surface. At a distance s^* from the center of the bubble, the assumed uniform fibril speed matches the speed of the surrounding solvent, so that the fibril velocity is identified as

$$v_f = \frac{R^2 \dot{R}}{s^{*2}}. (4)$$

As clarified in (48), the viscous stress at a given distance s from the bubble center is given by

$$\sigma_s(s,l) = \frac{\eta(v_s(s) - v_f)}{2r(l)}$$
 (5)

where r(l) is the distance from the center of the fibril to the surface of the fibril at arc position l on the fibril surface and η is the solvent viscosity. The total scission force is determined by identifying the distance s^* where the fluid velocity equals the fluid velocity such that

$$\int_{s_0}^{s^*} ds \phi dl \sigma_s(s, l) = - \int_{s^*}^{s_0 + L} ds \phi dl \sigma_s(s, l)$$
 (6)

where s_0 represents the end of the fibril of length L proximate to the bubble, s is integrated along the length of the fibril, and l is integrated around the fibril circumference. Note that the maximum scission force will be generated when $s_0 \rightarrow R$, and this is assumed in (16,48). Hence, it is very natural to introduce the factor

$$\zeta = C \langle \frac{1}{r} \rangle = C \frac{\phi dl r^{-1}}{\phi dl}.$$
 (7)

where $C = \oint dl$ is the circumference of the fibril.

The resulting cross-section fibril geometry influence on the force can be summarized in the factor $\phi=\zeta/(8A)$, where A is the fibril cross sectional area. For a circle $\phi=1/d^2$ where d is the diameter, it is straightforward to evaluate the corresponding integral for triangular and rectangular geometry to obtain the results quoted in Calculation of ultimate tensile strength from results of sonication.

SUPPORTING MATERIAL

Supporting Materials and Methods, five figures and three tables are available at http://www.biophysj.org/biophysj/supplemental/S0006-3495(17)30988-8.

AUTHOR CONTRIBUTIONS

Synthesis – Conducting, Z.P. and M.D.R.P.; Synthesis – Protocol Design, M.D.T.; Sonication, Z.P. and M.D.R.P.; TEM Measurements/Analysis, Z.P. (RiAFP) and M.P. (SBAFP); Simulation Studies, A.S.P. (conducting) and D.L.C. (supervision); Designed Engineered Fibrils and Developed the Sonication Protocol, M.D.T.; Image Analysis of Unsonicated Fibrils and Analysis of the Ultimate Tensile Strength from Sonicated Fibrils, D.L.C.; Writing, Z.P., A.S.P., M.D.T., and D.L.C.

ACKNOWLEDGMENTS

The authors thank Dr. Fei Guo from the Electron Microscopy Imaging Facility of the Department of Molecular and Cellular Biology at the

University of California, Davis for training and assistance with the TEM. We thank T.P. Knowles for a useful conversation.

We gratefully acknowledge the support of the University of California, Davis Office of Research RISE Program for support of the ANSWER project. We acknowledge support from the US National Science Foundation grant DMR-1207624 (A.S.P. and K.M.R.).

REFERENCES

- Flynn, C., S. Lee, ..., A. Belcher. 2003. Viruses as vehicles for growth, organization and assembly of materials. Acta Mater. 51:5867–5880.
- Lee, Y. J., H. Yi, ..., A. M. Belcher. 2009. Fabricating genetically engineered high-power lithium-ion batteries using multiple virus genes. Science. 324:1051–1055.
- Seeman, N. C. 2010. Nanomaterials based on DNA. Annu. Rev. Biochem. 79:65–87.
- Castro, C. E., F. Kilchherr, ..., H. Dietz. 2011. A primer to scaffolded DNA origami. *Nat. Methods*. 8:221–229.
- Chiti, F., and C. M. Dobson. 2006. Protein misfolding, functional amyloid, and human disease. Annu. Rev. Biochem. 75:333–366.
- Sára, M., and U. B. Sleytr. 1996. Crystalline bacterial cell surface layers (S-layers): from cell structure to biomimetics. *Prog. Biophys. Mol. Biol.* 65:83–111.
- King, N. P., W. Sheffler, ..., D. Baker. 2012. Computational design of self-assembling protein nanomaterials with atomic level accuracy. Science. 336:1171–1174.
- Peralta, M. D. R., A. Karsai, ..., D. L. Cox. 2015. Engineering amyloid fibrils from β-solenoid proteins for biomaterials applications. ACS Nano. 9:449–463.
- Heinz, L. P., K. M. Ravikumar, and D. L. Cox. 2015. In silico measurements of twist and bend moduli for β-solenoid protein self-assembly units. *Nano Lett.* 15:3035–3040.
- Hakim, A., J. B. Nguyen, ..., W. Meng. 2013. Crystal structure of an insect antifreeze protein and its implications for ice binding. *J. Biol. Chem.* 288:12295–12304.
- Leinala, E. K., P. L. Davies, ..., Z. Jia. 2002. A beta-helical antifreeze protein isoform with increased activity. Structural and functional insights. J. Biol. Chem. 277:33349–33352.
- Isralewitz, B., M. Gao, and K. Schulten. 2001. Steered molecular dynamics and mechanical functions of proteins. *Curr. Opin. Struct. Biol.* 11:224–230. http://www.sciencedirect.com/science/article/pii/S0959440X00001949.
- Lu, H., B. Isralewitz, ..., K. Schulten. 1998. Unfolding of titin immunoglobulin domains by steered molecular dynamics simulation. *Biophys. J.* 75:662–671. http://www.sciencedirect.com/science/article/pii/S0006349598775563.
- Keten, S., Z. Xu, ..., M. J. Buehler. 2010. Nanoconfinement controls stiffness, strength and mechanical toughness of beta-sheet crystals in silk. *Nat. Mater.* 9:359–367. http://www.nature.com/nmat/journal/v9/ n4/pdf/nmat2704.pdf.
- Keten, S., and M. J. Buehler. 2008. Asymptotic strength limit of hydrogen-bond assemblies in proteins at vanishing pulling rates. *Phys. Rev. Lett.* 100:198301. http://journals.aps.org/prl/pdf/10.1103/ PhysRevLett.100.198301.
- Huang, Y. Y., T. P. J. Knowles, and E. M. Terentjev. 2009. Strength of nanotubes, filaments, and nanowires from sonication-induced scission. *Adv. Mater.* 21:3945–3948.
- Gibson, D. G. L., L. Young, ..., H. O. Smith. 2009. Enzymatic assembly of DNA molecules up to several hundred kilobases. *Nat. Methods*. 6:343–345.
- Gibson, D. G. 2011. Enzymatic assembly of overlapping DNA fragments. *Methods Enzymol*. 498:349–361.

- Hess, B., C. Kutzner, ..., E. Lindahl. 2008. GROMACS 4: algorithms for highly efficient, load-balanced, and scalable molecular simulation. *J. Chem. Theory Comput.* 4:435–447.
- Brooks, B. R., C. L. Brooks, III, and M. Karplus. 2009. CHARMM: the biomolecular simulation program. J. Comput. Chem. 30:1545–1614.
- Jorgensen, W. L., J. Chandrasekhar, J. D. Madura, R. W. Impey, and K. M. L. 1983. Comparison of simple potential functions for simulating liquid water. *J. Chem. Phys.* 79:926–935.
- Berendsen, H. J. C., J. P. M. Postma, ..., W. F. van Gunsteren. 1984.
 Molecular dynamics with coupling to an external bath. *J. Chem. Phys.* 81:3684–36905.
- Bussi, G., D. Donadio, and M. Parrinello. 2007. Canonical sampling through velocity rescaling. J. Chem. Phys. 126:014101.
- Martonák, R., A. Laio, and M. Parrinello. 2003. Predicting crystal structures: the Parrinello-Rahman method revisited. *Phys. Rev. Lett.* 90:075503.
- Lamour, G., R. Nassar, ..., J. A. Gsponer. 2017. Mapping the broad structural and mechanical properties of amyloid fibrils. *Biophys J*. 112:584–594.
- Sander, B., and M. M. Golas. 2011. Visualization of bionanostructures using transmission electron microscopical techniques. *Microsc. Res.* Tech. 74:642–663.
- Rames, M., Y. Yu, and G. Ren. 2014. Optimized negative staining: a high-throughput protocol for examining small and asymmetric protein structure by electron microscopy. J. Vis. Exp. 90:e51087.
- 28. Miwa, M., and N. Horiba. 1993. Strain rate and temperature dependence of tensile strength for carbon/glass fibre hybrid composites. *J. Mater. Sci.* 28:6741–6747.
- Zinkle, S. J., and W. S. Eatherly. 1997. Effect of Test Temperature and Strain rate on the Tensile Properties of High-Strength, High-Conductivity Copper Alloys. Oak Ridge National Lab, Tennessee, pp. 165–174.
- Boyce, B. L., T. B. Crenshaw, and M. F. Dilmore. 2007. The Strain-Rate Sensitivity of High-Strength High-Toughness Steels. Sandia National Lab, California.
- Ackbarow, T., X. Chen, ..., M. J. Buehler. 2007. Hierarchies, multiple energy barriers, and robustness govern the fracture mechanics of alphahelical and beta-sheet protein domains. *Proc. Natl. Acad. Sci. USA*. 104:16410–16415.
- 32. Bell, G. I. 1978. Models for the specific adhesion of cells to cells. *Science*. 200:618–627.
- Kumar, S., and M. S. Li. 2010. Biomolecules under mechanical force. *Phys. Rep.* 486:1–74.
- 34. Sheu, S. Y., D. Y. Yang, ..., E. W. Schlag. 2003. Energetics of hydrogen bonds in peptides. *Proc. Natl. Acad. Sci. USA*. 100:12683–12687.
- Gautieri, A., M. J. Buehler, and A. Redaelli. 2009. Deformation rate controls elasticity and unfolding pathway of single tropocollagen molecules. J. Mech. Behav. Biomed. Mater. 2:130–137.
- Jacob, G. C., J. M. Starbuck, ..., R. G. Boeman. 2004. Strain rate effects on the mechanical properties of polymer composite materials. J. Appl. Polym. Sci. 94:296–301.
- Wang, Z., Y. Zhou, and P. Mallick. 2002. Effects of temperature and strain rate on the tensile behavior of short fiber reinforced polyamide-6. *Polym. Compos.* 23:858–871.
- Chowdhury, S. C., B. Z. Haque, and J. W. Gillespie. 2016. Molecular dynamics simulations of the structure and mechanical properties of silica glass using ReaxFF. J. Mater. Sci. 51:10139–10159.
- Altman, G. H., F. Diaz, ..., D. L. Kaplan. 2003. Silk-based biomaterials. Biomaterials. 24:401–416.
- Solar, M., and M. J. Buehler. 2014. Tensile deformation and failure of amyloid and amyloid-like protein fibrils. *Nanotechnology*. 25:105703.
- Knowles, T. P., and M. J. Buehler. 2011. Nanomechanics of functional and pathological amyloid materials. *Nat. Nanotechnol.* 6:469–479.
- Adamcik, J., C. Lara, ..., R. Mezzenga. 2012. Measurement of intrinsic properties of amyloid fibrils by the peak force QNM method. *Nano-scale*. 4:4426–4429.

- 43. Ruggeri, F. S., J. Adamcik, ..., G. Dietler. 2015. Influence of the beta-sheet content on the mechanical properties of aggregates during amyloid fibrillization. Angew. Chem. Int. Ed. Engl. 54:2462-2466.
- 44. Paul, T. J., Z. Hoffmann, ..., R. Prabhakar. 2016. Structural and mechanical properties of amyloid beta fibrils: a combined experimental and theoretical approach. J. Phys. Chem. Lett. 7:2758-2764.
- 45. Makky, A., L. Bousset, ..., R. Melki. 2016. Nanomechanical properties of distinct fibrillar polymorphs of the protein alpha-synuclein. Sci. Rep.
- 46. Bunsell, A. 1975. The tensile and fatigue behaviour of Kevlar-49 (PRD-49) fibre. J. Mater. Sci. 10:1300-1308.
- 47. Chowdhury, S. C., S. Sockalingam, and J. W. Gillespie. 2017. Molecular dynamics modeling of the effect of axial and transverse compression on the residual tensile properties of ballistic fiber. Fibers. 5:7.
- 48. Huang, Y. Y., and E. M. Terentjev. 2012. Dispersion of carbon nanotubes: mixing, sonication, stabilization, and composite properties. Polymers (Basel). 4:275–295.
- 49. Humphrey, W., A. Dalke, and K. Schulten. 1996. VMD: visual molecular dynamics. J. Mol. Graph. 14:33-38, 27-28.

Biophysical Journal, Volume 113

Supplemental Information

High Tensile Strength of Engineered β -Solenoid Fibrils via Sonication and Pulling

Zeyu Peng, Amanda S. Parker, Maria D.R. Peralta, Krishnakumar M. Ravikumar, Daniel L. Cox, and Michael D. Toney

Supplementary Information for "High Tensile Strength of Engineered Beta Solenoid Fibrils Determined in Sonication Experiments and Pulling Simulations"

Zeyu Peng¹, Amanda S. Parker², Maria D.R. Peralta¹, Krishnakumar M. Ravikumar², Daniel L. Cox², Michael D. Toney¹

1 Protein sequences

Here we report the sequences of the proteins used in the study, the antifreeze protein of the *Rhagium* inquisitor beetle, RiAFP, and the antifreeze protein of the spruce budworm, SBAFP.

MAHHHHHSGS	
GSRAEARGEAMAEGHSRGCA	ASRAEARGEAMAEGHSRGCA
TSHANATGHADARSMSEGNA	TSHANATGHADARSMSEGNA
	EAYTEAKGTAMATSEASGEA
EAYTEAKGTAMATSEASGEA	RAQTNADGRAHSSSRTHGRA
RAQTNADGRAHSSSRTHGRA	DSTASAKGEAMAEGTSDGDA
DSTASAKGEAMAEGTSDGDA	KSYASADGNACAKSMSTGHA
KSYASADGNACAKSMSTGHA	
DATTNAHGTAMADSNAIGEA	DATTNAHGTAMADSNAIGEA
RAETRAEGRAESSSDTDGC	RAETRAEGRAESSSDTDGC

Table 1: Sequences of RiAFP used in experiment (left) and simulation (right). The initial tag of 12 amino acids (first row) of experimental sequence (left) was exluded in MD simulations. The rows represent individual turns of the beta-solenoid. The termination sequence does not affect the beta sheet structure crucial for the tensile strength or Young's modulus of the protein.

¹Department of Chemistry, University of California, Davis, California, USA, ²Department of Physics, University of California, Davis, California

M	•	
A OD TENIOOTIVOE A E		ASRITNSQIVKSEAT
ASRITNSQIVKSEAT		NSDINNSQLVDSIST
NSDINNSQLVDSIST		DOOMOD WITH TOTAL
RSQYSDANVKKSVTT		RSQYSDANVKKSVTT
DSNIDKSQVYLTTST		DSNIDKSQVYLTTST
ומווווישעמעווומע		GSQYNGIYIRSSDTT
GSQYNGIYIRSSDTT		GSEISGSSISTSRIT
GSEISGSSISTSRIT		
NSRITNSQIVKSEAT		NSRITNSQIVKSEAT
,		NSDINNSQLVDSIST
NSDINNSQLVDSIST		RSQYSDANVKKSVTT
RSQYSDANVKKSVTT		•
DSNIDKSQVYLTTST		DSNIDKSQVYLTTST
,		GSQYNGIYIRSSDTT
GSQYNGIYIRSSDTT		GSEISGSSISTSRIT
GSEISGSSISTSRIT		

Table 2: Sequences of SBAFP used in experiment (left) and simulation (right). The initial tag of one amino acid (first row) of experimental sequence (left) was exluded in MD simulations. The rows represent individual turns of the beta-solenoid. The termination sequence does not affect the beta sheet structure crucial for the tensile strength or Young's modulus of the protein.

2 Interface structure of oxidized RiAFP fibrils

Here we include an image of the interface between two RiAFP proteins when in the non-reduced state. See Fig. 1.

3 Cross-sectional area

The average cross-sectional area of the protein was calculated by treating each atom as a van der Waals' sphere and projecting these spheres on a planar surface perpendicular to the helical axis of the protein. A planar-grid of about 0.3 Ang was used to measure the area of this projection. This was done by sampling the grid. The ratio of points that fell inside the projection to total grid points, multiplied by the area of the grid, was taken as the area of the projection. This was repeated for each turn, and the average of all turns was taken as the cross-sectional area of the protein.

An illustration of this is shown in Fig. 3, where on the left is shown the atoms of one turn of each protein, represented as van der Waal's spheres, and on the right are those spheres projected onto a 2D grid and then sampled to produce an estimate of the cross-sectional area and perimeter or circumference.

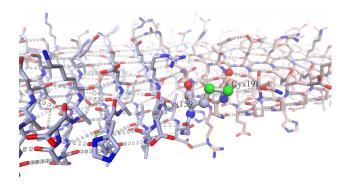


Figure 1: Model of the fibril interface between two RiAFP proteins in the nonreduced (oxidized) state. The design includes a single disulfide bond between a cysteine near the C-terminus (Cys159) and one near the N-terminus (Cys19). The backbone hydrogen bonding structure is also shown. This picture was created in YASARA [5].

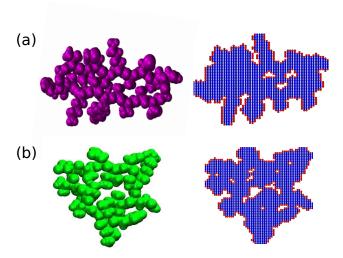


Figure 2: On the left, renderings of one turn of (a) RiAFP and (b) SBAFP, using van der Waal's spheres are shown. (Images created using VMD.) On the right, a grid sampling representation of the projection of these areas are shown in blue, as well as the circumferences in red.

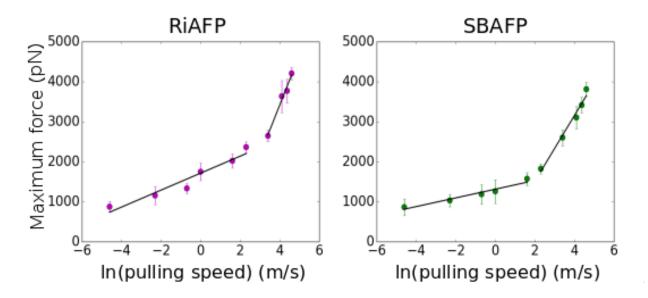


Figure 3: The average and standard deviation of the maximum force at each speed is shown for the RiAFP (purple) and SBAFP (green). Note that as with UTS, we observe two linear regimes, to which we fit two lines. Unlike the UTS, the rupture force values for RiAFP are generally larger than for SBAFP.

4 Displacement at maximum force and pulling speed

In addition to investigating the dependence of maximum force on pulling speed, the average breaking displacement at each speed was studied. Note that for the simulations results of Fig. 7 of the main article, the displacement at maximum force is nearly the same for both proteins (in the shown examples around 0.2 nm), which is true at all pulling speeds. Like the maximum force, the displacement also increased linearly with increasing pulling speed. Though the error bars are larger for the displacement values than for the forces, there does not seem to be two linear regimes when plotted against the natural log of the speeds, as there are for the forces.

5 Maximum forces and pulling speed

The ultimate tensile strength (UTS) is calculated by finding the breaking force, which we identify as the maximum force over the constant-speed pulling simulation, divided by the cross-sectional area. In Fig. 3, we plot the breaking forces alone as a function of the natural log of the pulling speed.

6 Hydrogen bonds and displacement

During a constant-speed pulling simulation, the force on the protein increases until the hydrogen bond network maintaining the secondary structure is broken. This can be observed in the trajectories (visualized in software such as VMD [4]) and in an analysis of the numbers of hydrogen bonds during the simulation.

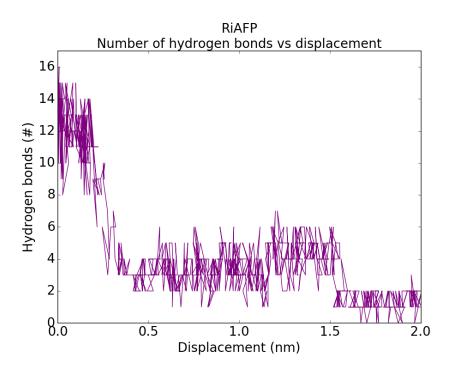


Figure 4: Number of hydrogen bonds between the turn being pulled and the adjacent turn versus the displacement of the pulled turn is plotted for RiAFP. This data is from one pulling simulation at 1 m/s, but is representative of all simulations.

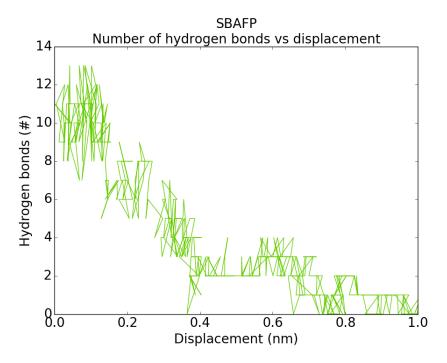


Figure 5: Number of hydrogen bonds between the turn being pulled and the adjacent turn versus the displacement of the pulled turn is plotted for SBAFP. This data is from one pulling simulation at 1 m/s, but is representative of all simulations.

Examples of this analysis are shown in Fig. 4 and Fig. 5. These figures show, on the y-axis, the number of hydrogen bonds between the pulled turn of the protein and the turn adjacent to it, during one pulling simulation done at 1 m/s. On the x-axis, is the displacement of the protein, analogous to what is shown on the x-axes in the plots in Fig. 7 of the main paper.

These plots show that before about 0.2 nm of displacement, the numbers of hydrogen bonds between the pulled turn and its neighbor fluctuates around a constant value (approximately 13 hydrogen bonds for RiAFP and 11 for SBAFP). At about 0.2 nm of displacement, there is a sharp drop in the number of hydrogen bonds for both proteins and this number continues to decline as the simulation continues. These results are consistent with the peaks of the force vs. displacement plots in Fig. 7 of the main paper, which occur at approximately the same displacement values.

Calculation of the number of hydrogen bonds between turns was done using the "gmx energy" tool in GROMACS [2].

7 Comparison to previous experimental and theoretical results for amyloids

Table 3 compares our results from theory and experiment to a range of other results for amyloid fibrils from other theoretical and experimental research. Note that the Young's modulus, experimentally, is ordinarily derived from an AFM based deflection method [1], while UTS is typically derived from sonication experiments like the one here. It is apparent that the values obtained in our work are well within the ranges of experimental and/or theoretical values from the literature.

Fibril	$Y_{exp}(GPa)$	$Y_{th}(GPa)$	$UTS_{exp}(GPa)$)	$UTS_{th}(GPa)$	References
Modified SBAFP		11.0	0.66	0.31	This Paper
Modified RiAFP		7.9	1.6-5.5	0.38	This Paper
PrP	0.09	2.1/3.3	0.07	0.15/0.2	Lamour et al. [6]
Insulin	2.1	3.3	0.5	0.4	Lamour et al. [6]
Insulin	3.2				Adamcik et al. [1]
Insulin			0.7		Huang et al. [3]
Het-S	10.0	15.0	2.0	0.7	Lamour et al. [6]
Het-S		9.8		0.92	Solar & Buehler [10]
A-beta(1-42)		4.5		0.33	Lamour et al. [6]
A-beta(1-42)	3.2				Adamcik et al. [1]
A-beta(1-42)	1.79	4.5-38.0			Paul et al. [8]
A-beta(1-42)	3.2				Ruggeri et al. [9]
A-beta(1-40)		13.0		0.24	Solar & Buehler [10]
A-beta $(1-40)_{mut}$		11.7		0.4	Solar & Buehler [10]
α -Synuclein	2.2				Adamcik et al. [1]
α -Synuclein (ellip.)	0.08-0.17				Makky et al. [7]
α -Synuclein (tape)	0.15-0.3				Makky et al. [7]
β -Lactoglobin	3.7				Adamcik et al. [1]
Lysozyme	2.8				Adamcik et al. [1]
BSA	3.0				Adamcik et al. [1]
Ovalbumin	2.7				Adamcik et al. [1]
Tau	3.4				Adamcik et al. [1]
YadA CBP		12.6		0.55	Solar & Buehler [10]
LblBP		26.9		.69	Solar & Buehler [10]
GlmU		23.3		.63	Solar & Buehler [10]

Table 3: Selected Summary of Young's modulus and Ultimate Tensile Strength data from the amyloid literature

References

- [1] J. Adamcik, C. Lara, I. Usov, J. S. Jeong, F. S. Ruggeri, G. Dietler, H. A. Lashuel, I. W. Hamley, and R. Mezzenga. Measurement of intrinsic properties of amyloid fibrils by the peak force qnm method. *Nanoscale*, 4(15):4426–4429, 2012.
- [2] B Hess, C Kutzner, D van der Spoel, and E Lindahl. Gromacs 4: Algorithms for highly efficient load-balanced, and scalable molecular simulation. J. Chem. Theory comput., (4):435–447, 2008.
- [3] Yan Yi Huang, Tuomas P J Knowles, and Eugene M Terentjev. Strength of nanotubes, filaments, and nanowires from sonication-induced scission. Advanced Materials, 21:3945–3948, 2009.
- [4] W Humphrey, A Dalke, and K Schulten. Vmd-visual molecular dynamics. J. Molec. Graphics, 14:33–38, 1996.
- [5] E Krieger and G Vriend. Yasara view molecular graphics for all devices from smartphones to workstations. *Bioinformatics*, 30:2981–2982, 2014.
- [6] G. Lamour, R. Nassar, P. H. W. Chan, G. Bozkurt, J. X. Li, J. M. Bui, C. K. Yip, T. Mayor, H. B. Li, H. Wu, and J. A. Gsponer. Mapping the broad structural and mechanical properties of amyloid fibrils. *Biophysical Journal*, 112(4):584–594, 2017.
- [7] A. Makky, L. Bousset, J. Polesel-Maris, and R. Melki. Nanomechanical properties of distinct fibrillar polymorphs of the protein alpha-synuclein. *Scientific Reports*, 6, 2016.
- [8] T. J. Paul, Z. Hoffmann, C. Z. Wang, M. Shanmugasundaram, J. DeJoannis, A. Shekhtman, I. K. Lednev, V. K. Yadavalli, and R. Prabhakar. Structural and mechanical properties of amyloid beta fibrils: A combined experimental and theoretical approach. *Journal of Physical Chemistry Letters*, 7(14):2758–2764, 2016.
- [9] F. S. Ruggeri, J. Adamcik, J. S. Jeong, H. A. Lashuel, R. Mezzenga, and G. Dietler. Influence of the beta-sheet content on the mechanical properties of aggregates during amyloid fibrillization. *Angewandte Chemie-International Edition*, 54(8):2462–2466, 2015.
- [10] M. Solar and M.J. Buehler. Tensile deformation and failure of amyloid and amyloid-like protein fibrils. Nanotechnology, 25(10), 2014.