

Supplementary material. The example of parent-reported diary measuring preschool children's screen time and reading time in the Increased Health and Wellbeing in Preschool (DAGIS) study conducted between years 2015 and 2016 in Finland

# Day X

The date: \_\_\_/\_\_\_/2015

Did your child do any of the following activities today in sitting or being still?

	YES	NO	Times	Total time (h/min)
1. Television viewing	<input type="radio"/>	<input type="radio"/>	_____	_____
2. DVD's or videos watching	<input type="radio"/>	<input type="radio"/>	_____	_____
3. Tablet computer or smart phone use	<input type="radio"/>	<input type="radio"/>	_____	_____
4. Computer use or playing computer games	<input type="radio"/>	<input type="radio"/>	_____	_____
6. Reading or being read to or looking at books	<input type="radio"/>	<input type="radio"/>	_____	_____