

### Appendix Three: Results for military trainees

There were 20 military trainee respondents. All 20 graduated from medical school in the UK: 19 (90%) graduated with debt on graduation (mean £18,650). 16 (80%) had a military grant at medical school, 10 (50%) had a government student loan and 4 (20%) had a bank or other loan. The mean amount paid out, that was not reimbursed, for courses was £4250, for conferences £1643, and £2130 for exams. Mean costs per year included surgical royal college subscription (£317), specialty society membership (£336), journals (£79), text books (£245). 7 had completed an MSc (35%), 5 an MD (25%) and 1 (5%) had done both since graduating from medical school (mean cost £12822).

Which specialty do you intend to pursue?	What is your stage of training?
General Surgery: 6 (30%) Trauma and Orthopaedics: 6 (30%) Vascular Surgery: 2 (10%)	Foundation Year 1: 1 (5%) Foundation Year 2: 0 (0%) ST1/CT1/SHO1: 4 (20%) ST2/CT2/SHO2: 2 (10%) ST3/SPR1: 1 (5%) ST4/SPR2: 4 (20%) ST5/SPR3: 2 (10%) ST6/SPR4: 1 (5%) ST7/SPR5: 1 (5%) ST8/SPR6: 1 (5%) Post CCT: 1 (5%) Research Post: 2 (10%)

Demographic	Military Trainees
<b>Number</b>	20
<b>Male: Female (%)</b>	14:6 (70:30%)
<b>Mean Age (years)</b>	33.8 (range 27-41)
<b>LTFT Trainees (%)</b>	0 (0)
<b>Academic Trainees (%)</b>	1 (5%)