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Predictive value of apelin-12 in ST-elevation myocardial infarction patients with different renal function

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Predictive value of apelin-12 in ST-elevation myocardial infarction patients with different renal function

Running head: apelin-12 predict MACEs

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indexing words: MACEs; ACS; renal function; adipokines; cardiac death; cardiogenic shock; congestive heart failure

Abstract:

Objectives: To investigate the factors predicting the onset of major adverse cardiovascular events (MACEs) after primary percutaneous coronary intervention (pPCI) for ST-segment elevation myocardial infarction (STEMI) patients.

Background: apelin-12 has been regarded acting essential role in cardiovascular homeostasis. However, current knowledge of the optimal prognostic predictive value is limited.

Methods: 464 STEMI patients (63.0 ± 11.9 years, 355 men) who underwent successful pPCI were enrolled. Patients were followed-up for 2.5 years. Multivariate cox regression analyses and receiver operating characteristic curve analysis were performed to determine the factors predicting MACEs.

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4 Results: There were 118 patients (25.4%) who experienced MACEs in the follow-up
5
6 period. Multivariate cox regression analysis demonstrated that low apelin-12 (HR=0.132,
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8 95% CI=0.060-0.292, $p < 0.001$), low left ventricular ejection fraction (LVEF) (HR=0.965,
9
10 95% CI=0.941-0.991, $p=0.007$), low estimated glomerular filtration rate (eGFR)
11
12 (HR=0.985, 95% CI=0.977-0.993, $p < 0.001$), Killip's classification $> I$ (HR=0.610, 95%
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14 CI=0.408-0.912, $p=0.016$) and pathological Q-wave (HR=1.536, 95% CI=1.058-2.230,
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16 $p=0.024$) were independent predictors of 2.5 MACEs. Low apelin-12 could also predict
17
18 worse in-hospital prognosis and showed advantage in predicting 2.5 year MACEs
19
20 compared with Δ apelin-12 ($p=0.0115$) and eGFR ($p=0.0071$) among patients with eGFR
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22 > 90 mL/min*1.73m². Further analysis prompt Δ apelin-12 $< 20\%$ was usually associated
23
24 with MACEs in patients whose apelin-12 admission below 0.76 ng/ml ($p=0.0075$).
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31 Conclusions: STEMI patients receiving pPCI with lower apelin-12 are more likely to
32
33 suffer MACEs in hospitalization and 2.5-year follow-up, especially for those with normal
34
35 level of eGFR.
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41 Key words: STEMI; Major adverse cardiovascular events; apelin-12; eGFR.
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46 Strengths and limitations

- 47 1. Our study enrolled the purely STEMI patients receiving
48
49 successful primary PCI and defined Δ apelin-12 with apelin-12 elevation
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51 percent 72h after pPCI compared with apelin-12 level immediately prior to pPCI.
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- 54 2. We analyzed the prognosis value of apelin-12 in predicting short-term (during
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4 hospitalization) and long-term (2.5 years) MACEs **respectively** among patients with
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6 eGFR exceeding and below 90 mL/min*1.73m²
7

8
9 3. Limitations: The relatively small cohort size included in our study may affect the
10
11 statistical result, in hence a larger-scale study is warranted to further assess the risk of
12
13 long-term MACEs after pPCI in STEMI patients with separate level of apelin-12.
14

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16 4. The basic level of apelin ahead of STEMI onset is difficult to acquire, so the decline
17
18 degree of apelin is unknown.
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21 5. We focus on apelin-12, analysis on other forms of apelin would be desirable in future
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23 investigations.
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46 INTRODUCTION

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48 Although primary percutaneous coronary intervention (pPCI) could rescue ischemic
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50 myocardium by revascularization, ST elevation myocardial infarction (STEMI) is still
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52 responsible for the major cardiovascular mortality and morbidity worldwide, mainly due to
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54 mechanical complications, acute heart failure, and even cardiac shock after successful
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4 procedure(1). The structural and functional alterations lead to progressive worsening of
5
6 cardiac performance. Prognosis of STEMI with pPCI is influenced by several clinical,
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8 biochemical, and echocardiographic factors. To precisely identify survived patients with
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10 high risk for adverse clinical end-points in the follow-up period and formulate
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12 individualized prevention programs, more reliable novel biomarkers are urgently
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14 continuously needed(2, 3).
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19 As the only known endogenous ligand for the human orphan G protein-coupled (APJ)
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21 receptor, apelin is synthesised as a peptide consisting of 77 amino acids adipocytokine,
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23 secreted by white adipose tissue and expressed in various cardiovascular tissues,
24
25 including endothelial cells, coronary vessels, vascular smooth muscle cells, and
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27 cardiomyocytes(4). The apelin-APJ system has been regarded acting essential role in
28
29 cardiovascular homeostasis(5). Apelin-12 may function its cardioprotective profile via the
30
31 complex mechanism of improving hypertension, insulin resistance, obesity and reducing
32
33 cardiovascular risk factors(6-8). However, whether serum apelin-12 level on admission
34
35 provide additional prognostic information among STEMI patients receiving pPCI remains
36
37 unknown. There is only limited evidence on apelin involvement in STEMI up to now,
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39 additionally, some articles suggest no prognostic value(9-11), individual research(12)
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41 even point out the inverse correlation between apelin-12 level and prognosis, the
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43 controversial result in real world worth pondering.
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51 In this study, we aimed to determine the compliance of plasma apelin-12 levels to
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53 predict short-term and long-term major adverse coronary events (MACEs) in patients with
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55 STEMI following successful pPCI. Additionally, the combined utilization of estimated
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glomerular filtration rate (eGFR) is further studied.

METHODS

Inclusion and Exclusion Criteria and diagnosis of MACEs

Patients were eligible and prospectively enrolled into our study if they presented with the onset of symptoms of STEMI in the First People's Hospital of Taizhou, Zhejiang, China between January 2010 and October 2014: persistent chest pain (>30 minutes), prolonged electrocardiogram (ECG) changes (including ischemic ST-segment elevation in 2 or more contiguous leads and/or depression) and significantly increased serum myocardial enzyme and troponin concentrations. Written informed consent was obtained, and the study was approved by the Research Ethics Committee of The First People's Hospital of Taizhou.

Exclusion criteria contains non-STEMI; severe vascular heart disease; balloon angioplasty alone, rescue PCI, conservative treatment without PCI, previous onset of ventricular fibrillation, cardiogenic shock, untreated 3rd or advanced degree of atrioventricular block, estimated life expectancy <12 months; secondary hypertension or endocrine diseases such as thyroid dysfunction or adrenal cortical dysfunction; history of cerebrovascular attack (within 1 year) or cerebrovascular attack with a significant residual neurologic deficit; a history of chronic hepatitis or cirrhosis; severe renal insufficiency needing dialysis; known contraindication to statins, heparin, aspirin, clopidogrel, contrast or glycoprotein IIb/IIIa inhibitor; recent serious infections, connective tissue disease, malignancy; active severe bleeding; significant gastrointestinal or genitourinary bleeding,

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4 major surgery or trauma in recent 6 weeks; and incomplete clinical data.

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6 Important definitions

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8
9 MACEs was defined as the composite of cardiac death, recurrent target vessel
10 myocardial infarction (RMI), and clinically driven target lesion revascularization (TLR),
11
12 cardiogenic shock or demonstrated congestive heart failure (DCHF). We estimated eGFR
13
14 with simplified Modification of Diet in Renal Disease (sMDRD) formula(13). We gave Δ
15
16 apelin-12 the meaning of apelin-12 elevation percent 72h after pPCI compared with
17
18 apelin-12 level immediately prior to pPCI.
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24 **Therapy Process**

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26 To begin with filtering the data using the eligibility and exclusion criteria, a total of 464
27
28 patients underwent successful pPCI. All patients were diagnosed definitely with STEMI
29
30 and admitted to emergency room within 12 hours from onset. All patients received 300 mg
31
32 oral aspirin and clopidogrel as well as standard heparin (initial 10,000 IU and boost as the
33
34 operation time prolonged), postprocedure glycoprotein IIb/IIIa antagonists. Ultrasound
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36 scans were taken within 5 days after PCI (median 4.2 days). The parameters of 2D
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38 echocardiography and Doppler were measured by standard methods described as follows:
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40 using biplane Simpson's method for measuring left ventricular volumes and ejection
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42 fraction. Volumes were expressed as indices by normalizing with body surface area.
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49 All the patients received 30 month follow-up after pPCI until MACEs; while few cases
50
51 suffered hospitalization MACEs. Based on these, the authors stratified the patients into
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53 MACEs group and non-MACEs group and tried to identify the independent predictors of
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55 poor prognosis. Biochemical indicators were measured: blood routine (including
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4 hemoglobin, neutrophil percent, hemoglobin, and platelet), coagulation routine, D-dimer,
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6 renal and hepatic function, apelin-12 preprocedure and 72h after pPCI, peak myocardial
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8 enzyme, lipid level and fast blood glucose on the 2nd day. We further stratified the
9
10 patients into 2 subgroups according to the median value of apelin-12 level on admission,
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12 and into 3 subgroups according to tertiles of eGFR.
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15 16 **Apelin-12 Elisa Detection**

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18 Serum was isolated by centrifugation within 1h at 2500g for 10min, and stored at
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20 -80°C. Serum concentrations of apelin-12 were assayed using commercially available
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22 enzyme immunoassay kits (Phoenix Pharmaceuticals, Belmont, CA). Protocol was as
23
24 follows: add 50µl/well of standard, sample, or positive control, 25µl of primary antibody
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26 and 25µl of biotinylated peptide. Incubate at room temperature (20°C–23°C) for 2 hours.
27
28 Wash immunoplate 4 times with 350µl/well of 1× assay buffer. Add 100µl/well of
29
30 Streptavidin-HRP solution and incubate at room temperature for 1h. Wash immunoplate 4
31
32 times with 350µl/well of 1× assay buffer. Add 100µl/well of 3,3', 5,5'-tetramethylbenzidine
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34 substrate solution and incubate at room temperature for 1h. Terminate reaction with
35
36 100µl/well of 2N HCl. The detection limit was 0.1mg/L, with 1.26% intra- and 5.4%
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38 inter-assay coefficients of variation respectively. The measurements were performed in
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40 triplicates.
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48 49 **Statistical Strategy**

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51 Continuous data were presented as mean±standard deviation or medians with
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53 interquartile ranges, whereas categorical data as percentage, unless otherwise denoted.
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55 univariate cox analysis and log-rank test were used for qualitative and quantitative
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4 variables to determine whether there is significant difference between MACEs and
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6 non-MACEs. The variables selected to be tested in the multivariate cox proportional
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8 hazard analysis were those with $P < 0.1$ in the above analysis. The adjusted hazard ratio
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10 and 95% confidence interval were calculated. Kaplan–Meier curves of MACE-free survival
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12 among 2 groups divided by the median apelin-12 were compared using the log-rank test.
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14 Additionally, the authors performed the receiver operating characteristic (ROC) analysis to
15
16 identify the appropriate cutoff value of some potential predictive indicators. The cutoff
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18 point we acquired lied at the maximum sum of sensitivity and specificity. The ROC curves
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20 were conducted with the Medcalc 12.3.0.0. All statistical tests were 2-tailed, performed
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22 using SPSS 17.0 (SPSS, Inc, Chicago, IL), and a P-value < 0.05 was considered
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24 statistically significant.
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34 RESULTS

36 Baseline Characteristics of Patients in Individual Groups

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38 Of the 464 enrolled patients, 118 (25.4%) had MACEs in the 2.5-year follow-up. 19
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40 (4.1%) patients suffered cardiac death, while 27 (5.8%) RMI; 85 (18.3%) received TLR
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42 due to RMI or progressive stenosis. 35 (7.5%) performed cardiogenic shock or
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44 demonstrated congestive heart failure onset. Among the MACEs group, 31 (6.7%)
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46 patients reached end point during hospitalization. Basic clinical characteristics, laboratory
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48 examinations, electrocardiogram results, angiographic and procedural characteristics are
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50 depicted in Table 1.
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56 Multivariate Logistic Regression Analysis of Predictor of MACEs

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4 Significant differences could be found between 2 groups in peak cardiac Troponin I
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6 (cTnl) [21.5 (9.3-32.4) vs 12.6 (3.0-28.8), $p=0.014$] and left ventricular ejection fraction
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8 (LVEF) ($47.3\% \pm 9.4\%$ vs $51.9\% \pm 7.3\%$, $P=0.010$). Consistent with our expectation,
9
10 patients who suffered from MACEs usually coincided with lower apelin-12 on admission
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12 [0.69 (0.53-0.87) vs 0.79 (0.63-1.03), $p < 0.001$]. Anterior wall MI, pathological Q-wave
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14 and higher Killip's classification were more often present in the MACEs group as
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16 compared with survivals ($p=0.003$, 0.003 , and 0.002 , respectively). There was an
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18 borderline significance of Δ apelin-12 [13.9 (5.6-17.6) vs 14.7 (5.3-22.3), $p=0.092$],
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20 neutrophil percent (76.8 ± 12.6 vs 74.9 ± 12.4 , $p=0.064$), eGFR (89.7 ± 25.8 vs 100.6 ± 25.9 ,
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22 $p=0.067$) and previous MI proportion (16.1% vs 10.4%, $p=0.071$) among 2 groups.
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29 Through the multivariate cox regression analysis, low apelin-12 (HR=0.132, 95%
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31 CI=0.060-0.292, $p < 0.001$), low eGFR (HR=0.985, 95% CI=0.977-0.993, $p < 0.001$), low
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33 LVEF (HR=0.965, 95% CI=0.941-0.991, $p=0.007$), and pathological Q-wave (HR=1.536,
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35 95% CI=1.058-2.230, $p=0.024$) were independent predictors of MACEs within 2.5 years
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37 after pPCI, along with Killip's classification $> I$ (HR=0.610, 95% CI=0.408-0.912, $p=0.016$),
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39 while anterior wall MI show its forecasting accuracy to some extent (HR=1.421, 95%
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41 CI=0.970-2.082, $p=0.071$) (Table 2).
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46 **Survival analysis**

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48 Kaplan-Meier curves in patients with higher (> 0.76 ng/ml, $n=229$) and lower (< 0.76
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50 ng/ml, $n=235$) apelin-12 during 2.5-year follow-up was showed in Figure 1. Significant
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52 differences in event-free survival were noted between patients with different apelin-12 on
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54 admission ($p=0.018$).
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ROC Analysis of Predictor of MACEs

We conducted the ROC analysis but failed to find the area under curve (AUC) of any indicator for 2.5-year MACEs exceeding 0.7, although the p value for apelin-12, eGFR and LVEF alone was 0.0001, 0.0369 and 0.0015 respectively, while the AUC of Δ apelin-12 for 2.5-year MACEs was 0.547 (95% CI= 0.500-0.593, p=0.0906, Figure 2). When we focused on in-hospital MACEs, no evidence predictive value was found except for LVEF < 52% (AUC=0.674, 95% CI=0.629-0.716, p=0.0005) and apelin-12 \leq 0.64 ng/ml (AUC=0.623, 95%CI=0.577-0.667, p=0.0169, Figure 3 & Table 3). ROC analysis prompt Δ apelin-12 provide relatively higher AUC with the cut-off point of 20% only in whose apelin-12 on admission \leq 0.76 ng/ml (p=0.0075, Table 3).

When we subgroup the patients according eGFR, we found eGFR exceeding 90 mL/min*1.73m² exist in 244 patients, among whom apelin-12 showed its advantage in predicting MACEs compared with Δ apelin-12 (p=0.0115) and eGFR (p=0.0071), moreover, LVEF only perform high predictive value in patients with eGFR > 90 mL/min*1.73m² (AUC=0.628, 95%CI=0.564-0.689, p=0.0039, Table 4).

Discussion

In this study, we found the clinical outcome in STEMI patients receiving pPCI is closely associated with the pre-PCI apelin-12 concentration, especially among those with relatively normal renal function. In further subgroup analysis, we discovered the change of apelin during hospitalization could predict long-term prognosis only among patients with relatively lower apelin level on admission (apelin-12 \leq 0.76 ng/ml).

Apelin present its potential role in assessing risk stratification among STEMI patients

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4 mainly due to its pivotal action in the pathophysiology of both heart failure and
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6 ischemia/reperfusion injury(14). Apelin was found to increase contractility and reduce
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8 peripheral resistance via an endothelial nitric oxide (NO)-dependent signaling(15) in
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10 failing myocardial cell to postpone the pathological progress of heart failure(16). Apelin
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12 expression is demonstrated to decline in decompensated states, while maintain or mildly
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14 augment in stable chronic heart failure(17).
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19 In patients with stable angina, plasma apelin was negatively associated with coronary
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21 artery stenosis severity marked by Gensini score and incidence of ACS independent of
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23 other cardiovascular risk factors(18). Weir et al.(19) showed that plasma apelin level
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25 reduces early after acute myocardial infarction and increases remarkably after
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27 revascularization, but remains depressed at 24 weeks, which could not be fully validated
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29 by our study due to the lack of long-term data, however, the regulation action against
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31 severe disease of apelin is further certified. We hypothesis the potential explanation of
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33 lower level of apelin following STEMI: (1) the demand of apelin among STEMI patients
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35 increase, so more apelin is consumed immediately after MI episodes; (2) product plunging
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37 due to MI. Recent study demonstrated the flow-mediated adjustment of the apelin/APJ
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39 system in human endothelial cells, apelin-12 expression is induced by shear stress
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41 independently of its ligand, especially when reperfusion(20). Besides, hypoxia-inducible
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43 factor (HIF)-mediated pathway participate in the apelin upregulation progress in
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45 myocardium, pulmonary circulation and skeletal muscle following systemic hypoxic
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47 exposure or myocardial injury(21), in turn, the apelin-APJ system could alleviate the
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49 myocardial reperfusion mediated oxidative stress and apoptosis by increasing superoxide
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dismutase degradation, decreasing the generation of reactive oxygen species, along with upregulating eNOS levels and activating ERK1/2 phosphorylation signaling(22). Above could be partially responsible for the short-term poor outcome and tendency of long-term worse prognosis observed in patients with low levels of apelin.

As we know, apelin provide myocardial protection against ischemic damage by decreasing permeability of microvascular endothelial cells via upregulating the expression of Tie-2 and VEGFR2(23), and improving neovascularization via recruiting circulating ApInr+ cells during early-phase myocardial repair as well(24). The Apelin/APJ system promotes angiogenesis and offer nutrients and oxygen to the ischemic area in MI animal models(25). Apelin gene therapy by myocardial injection ameliorates cardiac repair, improves cardiac metabolism via activating Sirt3 and up-regulating VEGF/VEGFR2 expression in post-MI mice(26, 27). Vice versa, apelin down-regulation exacerbates ischemia-reperfusion injury and myocardial infarction adverse remodeling(25). Apelin protects against angiotensin II-induced cardiovascular fibrosis and decreases plasminogen activator inhibitor type-1 production(28). The utilization rate of ACEI and β blockers were similar among patients with different prognosis in our study, which eliminates the drug-derived influence on angiotensin activity. Myeloid cell-derived Leucine-rich α 2-glycoprotein attenuates adverse cardiac remodeling after MI via upregulating the expression of apelin receptor(29). Direct anti-inflammatory(30) and anti-atherogenic properties(31) are also reported as mechanisms of atherosclerotic lesions and aortic aneurysms prevention by apelin. Stress-induced apoptosis in serious cardiovascular diseases is inhibited by cardiac apelin expression elevation(32). TIMP3

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4 maintains metabolic flexibility via apelin during cardiac stress seizure(33). Taken together,
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6 the above cardiovascular profile implies the beneficial effect of apelin on atherosclerosis,
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8 and makes apelin-APJ system a promising therapeutic target in acute coronary
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10 syndrome(34).
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14 Liu et al(35) have certified the effect of serum apelin-12 in predicting 1-year outcomes
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16 following pPCI in patients with STEMI. Topuz et al(36) found the lower serum apelin-12
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18 levels predict higher incidence of in-hospital MACEs after multivariate regression analysis
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20 and exist more in no-reflow group than in normal flow group, which was on account of NO
21
22 dependent vasodilatation caused by apelin-12 in clinical studies(37) as well as in animal
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24 models(38). Abnormal level of apelin and a series of adipokines observed in acute MI
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26 patients heralds high incidence of MACEs during 3-year follow-up(39). Low apelin seem
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28 to correlate with carotid plaque vulnerability in patients with carotid stenosis. The
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30 atorvastatin-induced apelin modification may beneficially
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32 affect carotid plaque stability(40).
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40 Several limitations should still be addressed in this study. First, the relatively small
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42 cohort size included in our study may affect the statistical result, in hence a larger-scale
43
44 study is warranted to further assess the risk of long-term MACEs after pPCI in STEMI
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46 patients with separate level of apelin-12. Second, the basic level of apelin ahead of
47
48 STEMI onset is difficult to acquire, so the decline degree of apelin is unknown. Third, we
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50 focus on apelin-12, analysis on other forms of apelin would be desirable in future
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52 investigations.
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55 56 57 **CONCLUSION**

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4 In conclusion, we report that STEMI patients receiving pPCI with lower levels of
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6 apelin-12 are more likely to perform worse short-term and long-term prognosis after
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8 adjusting for other confounding clinical parameters. Additionally, apelin-12 shows its
9
10 predominant value in predicting MACEs among patients with eGFR > 90 mL/min*1.73m².
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16 a. contributorship statement
17

18 Xiaoyu Wu conceived and designed the study. Xiongneng Mou, Hui Lin,
19
20 Yide Chen collect the statistics. Lingchang Yang, Ting Zheng, Haopeng Wu
21
22 performed the statistical analysis. Lingchang Yang wrote the paper. Wenwei
23
24 Xin and Xiaoyu Wu reviewed and edited the manuscript. All authors read and
25
26 approved the manuscript.
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31 b. competing interests
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33 There is no competing interests in our study.
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36 c. funding
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38 The authors received no financial support for the research, authorship,
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40 and/or publication of this article.
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44 d. data sharing statement
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46 No additional unpublished data are available
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51 **Figure legends**
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54 Figure 1. Kaplan-Meier curves in STEMI patients with individual levels of apelin-12 during
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56 2.5 year follow-up.
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4 Figure 2. Receiver operating characteristic curve of apelin-12, eGFR, LVEF, and
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6 Δ apelin-12 for predicting 2.5-year MACEs after pPCI among STEMI patients. LVEF, left
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8 ventricular ejection fraction; MACEs, major adverse cardiovascular events; eGFR,
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10 estimated glomerular filtration rate.
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14 Figure 3. Receiver operating characteristic curve of apelin-12, eGFR, LVEF, and
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16 Δ apelin-12 for predicting in-hospital MACEs after pPCI among STEMI patients. LVEF, left
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18 ventricular ejection fraction; MACEs, major adverse cardiovascular events; eGFR,
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20 estimated glomerular filtration rate.
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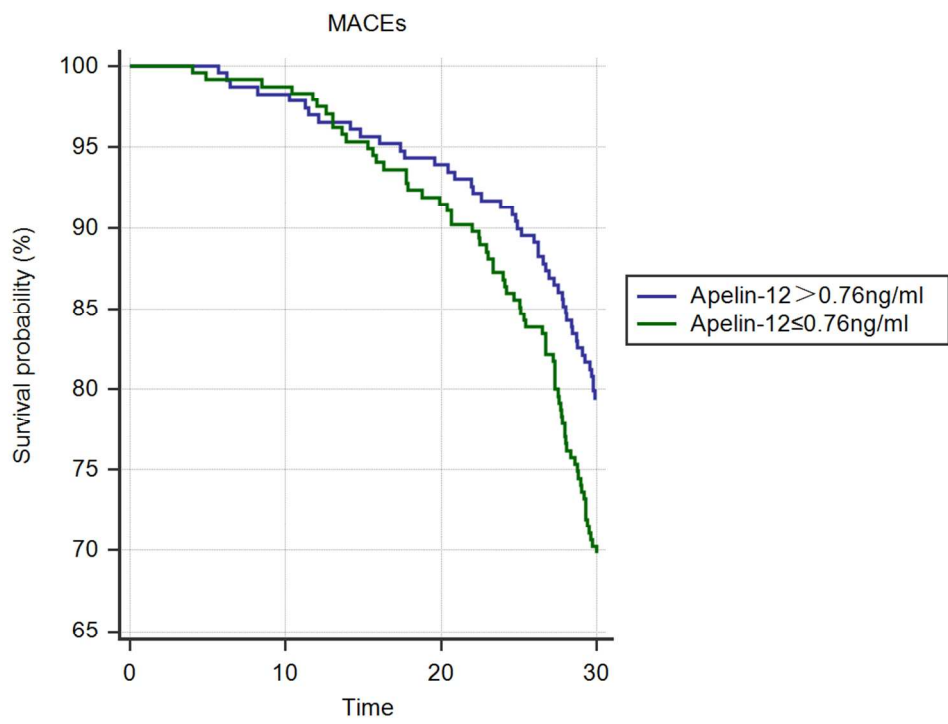


Figure 1. Kaplan-Meier curves in STEMI patients with individual levels of apelin-12 during 2.5 year follow-up.

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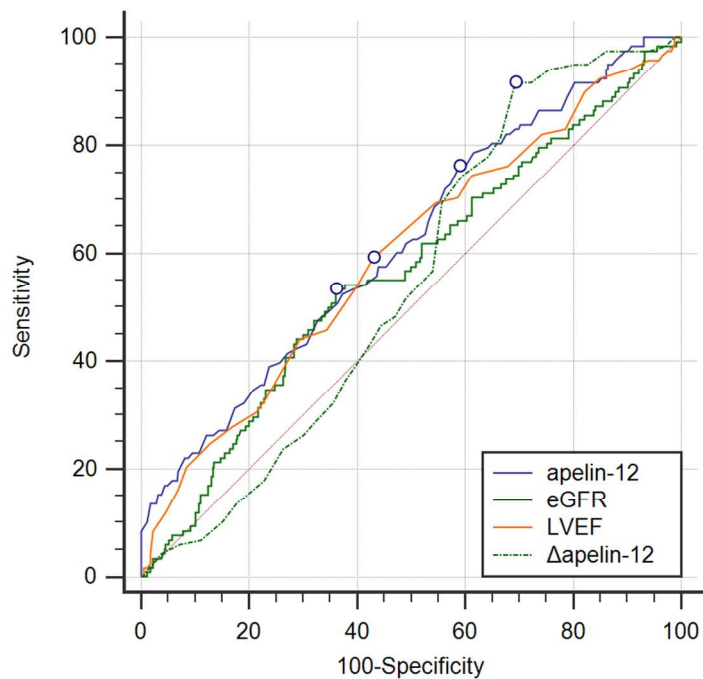


Figure 2. Receiver operating characteristic curve of apelin-12, eGFR, LVEF, and Δ apelin-12 for predicting 2.5-year MACEs after pPCI among STEMI patients. LVEF, left ventricular ejection fraction; MACEs, major adverse cardiovascular events; eGFR, estimated glomerular filtration rate.

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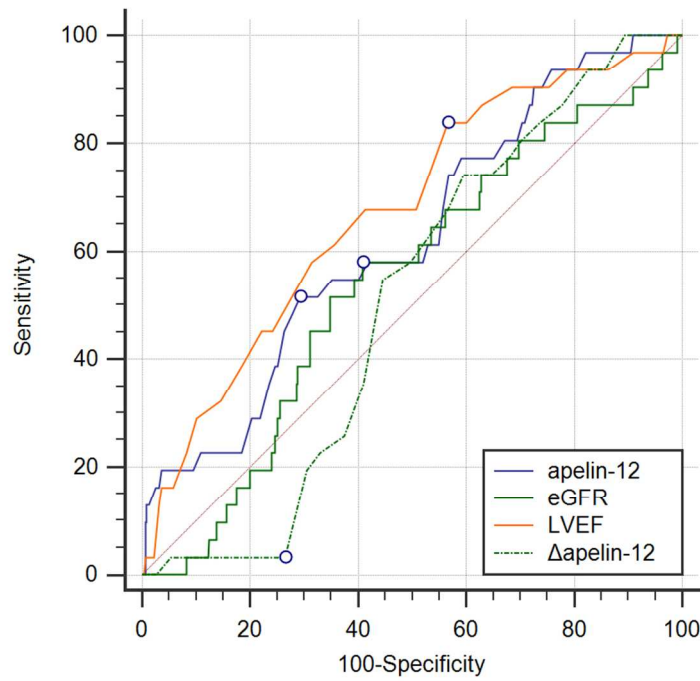


Figure 3. Receiver operating characteristic curve of apelin-12, eGFR, LVEF, and Δ apelin-12 for predicting in-hospital MACEs after pPCI among STEMI patients. LVEF, left ventricular ejection fraction; MACEs, major adverse cardiovascular events; eGFR, estimated glomerular filtration rate

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TABLE 1. Basic clinical characteristics, laboratory examinations, electrocardiogram results, angiographic and procedural characteristic

	MACEs (N=118)	Non-MACEs (N=346)	P value
Clinical characteristics			
Age, yr	67.0±12.2	61.7±11.6	0.252
Female, n (%)	33 (28.0)	76 (22.0)	0.115
Heart rate, beats per min	79.5±19.5	76.1±16.6	0.118
SBP, mm Hg	132.2±26.6	131.6±25.0	0.277
Anterior wall MI, n (%)	72 (61.0)	159 (46.0)	0.003 ^a
Killip's classification > I, n (%)	41 (34.7)	71 (20.5)	0.002 ^a
Diabetes mellitus, n (%)	41 (34.7)	109 (31.5)	0.294
Hypertension, n (%)	72 (61.0)	193 (55.8)	0.188
Previous MI, n (%)	19 (16.1)	36 (10.4)	0.071
Lab examination			
Apelin-12, ng/ml	0.69 (0.53-0.87)	0.79 (0.63-1.03)	< 0.001 ^a
Δapelin-12 (%)	13.9 (5.6-17.6)	14.7 (5.3-22.3)	0.092
WBC ×10 ⁹ /L	10.6±3.86	9.86±3.58	0.161
Neutrophil (%)	76.8±12.6	74.9±12.4	0.064
Hemoglobin, g/L	139.4±16.7	145.3±17.1	0.546
Platelet ×10 ⁹ /L	240.2±60.1	227.8±57.2	0.264
Albumin, g/L	37.9±3.9	38.0±3.8	0.424
TC, mmol/L	5.87±0.99	5.57±1.17	0.469

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4	TG, mmol/L	1.06±0.65	1.12±0.90	0.261
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6	HDL-C, mmol/L	1.25±0.28	1.18±0.27	0.982
7				
8				
9	LDL-C, mmol/L	3.07±0.72	3.03±0.73	0.744
10				
11	FBG, mmol/L	7.67±2.68	7.66±2.48	0.207
12				
13				
14	BUN, mmol/L	6.78±1.88	6.72±2.14	0.387
15				
16	Creatinine, mmol/L	76.3±15.6	74.1±21.7	0.392
17				
18				
19	Uric acid, mmol/L	333.3±80.7	338.5±72.9	0.153
20				
21	eGFR mL/min*1.73m ²	89.7±25.8	100.6±25.9	0.067
22				
23				
24	D-Dimer, mg/L	0.7 (0.2-1.6)	1.0 (0.2-1.7)	0.247
25				
26	Peak CK-MB, U/L	131.5	103.0 (39.3-193.4)	0.252
27				
28				
29		(51.6-208.5)		
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31	Peak cTnl, ng/ml	21.5 (9.3-32.4)	12.6 (3.0-28.8)	0.014 ^a
32				
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34	Treatment			
35				
36	ACEIs/ARBs, n (%)	94 (79.7)	294 (85.0)	0.116
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38	b-blocker, n (%)	65 (55.1)	211 (61.0)	0.154
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41	CCBs, n (%)	29 (24.6)	101 (29.2)	0.200
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44	Statins, n (%)	97 (82.2)	288 (83.2)	0.448
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46	Diuretics, n (%)	19 (16.1)	55 (15.9)	0.530
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49	Echocardiogram and electrocardiogram			
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51	LAD, mm	38.5±5.3	37.0±5.7	0.311
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53	LVEDD, mm	52.0±6.4	49.9±6.1	0.273
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56	LVEF, %	47.3±9.4	51.9±7.3	0.010 ^a
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Pathological Q-wave, n (%)	70 (59.3)	153 (44.2)	0.003 ^a
GENSINI	85.0 (48.8-100.1)	66.9 (37.2-101.7)	0.129
Culprit vessels, n (%)			
LAD	64 (54.2)	169 (48.8)	
LCX	18 (15.3)	54 (15.6)	0.557
RCA	36 (30.5)	123 (35.5)	
Stent number	1.33±0.55	1.39±0.57	0.524

Data are n/N (%) or mean±standard deviation or median (25th to 75th percentile).

^a P < 0.05.

ACEIs, angiotensin-converting enzyme inhibitors; ARB, angiotensin receptor blockers;

BUN, blood urea nitrogen; CCBs, calcium channel blockers; CK-MB, creatinine kinase MB;

cTnI, cardiac Troponin I; eGFR, estimated glomerular filtration rate; FBG, fasting blood

glucose; HDL-C, high density lipoprotein; LAD, left anterior descending; LAD, left atrial

diameter; LCX, left circumflex coronary artery; LDL-C, low-density lipoprotein; LVEF, left

ventricular ejection fraction; MACEs, major adverse cardiovascular events; MI, myocardial

infarction; RCA, right coronary artery; SBP, systolic blood pressure; TC, total cholesterol;

TG, triglyceride; WBC, white blood cells.

TABLE 2. Multivariate cox regression analysis for predictor of MACEs

Variables	P	OR	95% CI
Anterior wall MI	0.071	1.421	0.970-2.082
Previous MI	0.708	1.107	0.650-1.884
Apelin-12	< 0.001 ^a	0.132	0.060-0.292
Δapelin-12 (%)	0.411	0.991	0.970-1.012
Neutrophil (%)	0.186	1.011	0.995-1.027
eGFR	< 0.001 ^a	0.985	0.977-0.993
cTnl	0.203	1.017	0.991-1.044
LVEF	0.007 ^a	0.965	0.941-0.991
Pathological Q-wave	0.024 ^a	1.536	1.058-2.230
Killip's classification > I	0.016	0.610	0.408-0.912

^a Statistically significant value (P < 0.05).

CI, confidence interval; cTnl, cardiac Troponin I; eGFR, estimated glomerular filtration rate; LVEF, left ventricular ejection fraction; MACEs, major adverse cardiovascular events; MI, myocardial infarction; OR, odds ratio.

TABLE 3. ROC analysis for in-hospital and 2.5-year MACEs

Parameters	AUC	95% CI	P	Threshold	Sensitivity , %	Specificity , %
2.5-year MACEs						
Δ apelin-12	0.547	0.500-0.593	0.0906	20%	91.53	30.64
apelin-12	0.619	0.573-0.663	0.0001 ^a	0.87	75.36	42.03
eGFR	0.565	0.518-0.611	0.0369 ^a	86.13	53.39	63.87
LVEF	0.597	0.551-0.642	0.0015 ^a	50%	59.32	56.94
Apelin-12 > 0.76 ng/ml						
Δ apelin-12	0.530	0.454-0.605	0.4767	17%	92.31	39.81
Apelin-12 ≤ 0.76 ng/ml						
Δ apelin-12	0.613	0.547-0.675	0.0075 ^a	20%	100.00	30.77
In-hospital MACEs						

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Δapelin-12	0.507	0.460-0.553	0.8711	20%	3.23	73.44
apelin-12	0.623	0.577-0.667	0.0169 ^a	0.64	51.61	70.67
eGFR	0.543	0.497-0.589	0.4021	86.98	58.06	59.12
LVEF	0.674	0.629-0.716	0.0005 ^a	52%	83.87	43.42

^a Statistically significant value (P < 0.05).

TABLE 4. ROC analysis for 2.5-year MACEs among patients with separate level of renal function

Parameters	AUC	95% CI	P	Threshold	Sensitivity , %	Specificity , %
eGFR > 90 mL/min*1.73m ² (n=244)						
Δapelin-12	0.524	0.459-0.588	0.5556	20%	90.57	29.84
apelin-12	0.664	0.601-0.723	0.0001 ^a	0.65	66.04	58.12
eGFR	0.508	0.443-0.572	0.8634	91.67	100	7.33
LVEF	0.628	0.564-0.689	0.0039 ^a	50%	62.26	61.78
eGFR < 90 mL/min*1.73m ² (n=220)						
Δapelin-12	0.566	0.498-0.633	0.0885	20%	92.31	31.61
apelin-12	0.654	0.587-0.716	0.0001 ^a	0.89	67.69	60.65
eGFR	0.562	0.494-0.629	0.1186	86.13	96.92	19.35
LVEF	0.561	0.492-0.627	0.1651	51%	63.08	48.39

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^a Statistically significant value compared with apelin-12 (P < 0.05).

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Predictive value of apelin-12 in ST-elevation myocardial infarction patients with different renal function: a prospective observational study

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Predictive value of apelin-12 in ST-elevation myocardial infarction patients with different renal function: a prospective observational study

Running head: apelin-12 predict MACEs

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Abstract:

Objectives: To investigate factors predicting the onset of major adverse cardiovascular events (MACEs) after primary percutaneous coronary intervention (pPCI) for ST-segment elevation myocardial infarction (STEMI) patients.

Background: Apelin-12 plays an essential role in cardiovascular homeostasis. However, current knowledge of its predictive prognostic value is limited.

Methods: 464 STEMI patients (63.0±11.9 years, 355 men) who underwent successful pPCI were enrolled and followed for 2.5 years. Multivariate cox regression analysis and receiver operating characteristic (ROC) curve analysis were performed to determine the factors predicting MACEs.

Results: One hundred and eighteen patients (25.4%) experienced MACEs in the follow-up period. Multivariate cox regression analysis found low apelin-12 (HR=0.132, 95% CI=0.060-0.292, $p < 0.001$), low left ventricular ejection fraction (LVEF) (HR=0.965, 95%

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3 CI=0.941-0.991,p=0.007), low estimated glomerular filtration rate (eGFR) (HR=0.985, 95%
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5 CI=0.977-0.993, p < 0.001), Killip's classification > I (HR=0.610, 95% CI=0.408-0.912,p=0.016),
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7 and pathological Q-wave (HR=1.536, 95% CI=1.058-2.230,p=0.024) were independent predictors
8
9 of MACEs in the 2.5 year follow-up period. Low apelin-12 also predicted poorer in-hospital
10
11 prognosis and MACEs in the 2.5 years follow-up period compared with Δ apelin-12 (p=0.0115)
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13 and eGFR (p=0.0071) among patients with eGFR > 90 mL/min*1.73m². Further analysis showed
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15 Δ apelin-12 < 20% was associated with MACEs in patients whose apelin-12 was below 0.76 ng/ml
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17 (p=0.0075) upon admission.

18 Conclusions: STEMI patients receiving pPCI with lower apelin-12 are more likely to suffer
19
20 MACEs in hospital and 2.5-years post procedure, particularly in those with normal eGFR levels.

21 Key words: STEMI; Major adverse cardiovascular events; apelin-12; eGFR.

22 23 **Strengths and limitations**

- 24 1. Only STEMI patients receiving successful primary PCI and defined Δ apelin-12 with apelin-12
25 elevation percent 72h after pPCI compared with apelin-12 level immediately prior to pPCI were
26 enrolled.
- 27 2. The prognosis value of apelin-12 in predicting short-term (during hospitalization) and long-term
28 (2.5 years) MACEs respectively was analyzed among patients with eGFR exceeding and below 90
29 mL/min*1.73m².
- 30 3. Limitations: The relatively small cohort size may affect the statistical results, therefore a
31 larger-scale study is warranted.
- 32 4. The basic level of apelin prior to STEMI onset is difficult to measure; therefore the degree of
33 reduction in apelin is unknown.
- 34 5. The present study focuses only on apelin-12, and the analysis of other forms of apelin is
35 suggested.

36 37 **INTRODUCTION**

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40 ST elevation myocardial infarction (STEMI) following successful primary percutaneous
41 coronary intervention (pPCI) is the leading cause of mortality and morbidity worldwide in major
42 adverse coronary events (MACEs) due to mechanical complications, acute heart failure, and
43 cardiac shock after successful procedure^[1]. Structural and functional alterations lead to
44 progressive worsening of cardiac performance. The prognosis of STEMI following pPCI is
45 influenced by several clinical, biochemical, and echocardiographic factors. Novel, more reliable
46 biomarkers are urgently needed to precisely identify patients at high risk for adverse clinical
47 outcomes in the follow-up period after pPCI and to aid in the development of individualized
48 prevention programs^[2, 3].

49
50 Apelin, a 77-amino acid peptide is the endogenous ligand for the human orphan G
51 protein-coupled receptor (APJ) and is secreted by white adipose tissue. It is expressed in various
52 cardiovascular tissues, including endothelial cells, coronary vessels, vascular smooth muscle cells,
53 and cardiomyocytes^[4]. The apelin-APJ system plays a role in cardiovascular homeostasis^[5].
54 Apelin-12 may employ its cardio protective profile via the complex mechanism of improving
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3 hypertension, insulin resistance, obesity, and cardiovascular risk factors^[6-8]. However, the utility
4 of serum apelin-12 level on admission in providing additional prognostic information among
5 STEMI patients receiving pPCI remains unknown. There is limited evidence examining the
6 involvement of apelin in STEMI and some research suggests it has no prognostic value^[9-11], and
7 one study found an inverse correlation between the level of apelin-12 and prognosis^[12]. These
8 results highlight the need for additional research.
9

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11 The present study aims to determine the ability of plasma apelin-12 levels to predict
12 short-term and long-term MACEs in patients with STEMI following successful pPCI. Further, the
13 combined utilization of estimated glomerular filtration rate (eGFR) is examined.
14

15 **METHODS**

16 **Inclusion and Exclusion Criteria and definition of MACEs**

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18 Patients were enrolled in the study if they presented with the onset of symptoms of STEMI at
19 the First People's Hospital of Taizhou, Zhejiang, China between January 2010 and October 2014.
20 STEMI symptoms included: persistent chest pain (>30 minutes), prolonged electrocardiogram
21 (ECG) changes (including ischemic ST-segment elevation in two or more contiguous leads and/or
22 depression), and significantly increased serum myocardial enzyme and troponin concentrations.
23 Written informed consent was obtained, and the Research Ethics Committee of The First People's
24 Hospital of Taizhou approved the study.
25

26
27 Exclusion criteria included non-STEMI; severe vascular heart disease; balloon angioplasty
28 alone; rescue PCI; conservative treatment without PCI; previous onset of ventricular fibrillation;
29 cardiogenic shock; untreated 3rd or advanced degree of atrioventricular block; estimated life
30 expectancy <12 months; secondary hypertension; endocrine diseases such as thyroid dysfunction
31 or adrenal cortical dysfunction; history of cerebrovascular attack (within one year) or
32 cerebrovascular attack with a significant residual neurologic deficit; a history of chronic hepatitis
33 or cirrhosis; severe renal insufficiency needing dialysis; known contraindication to statins, heparin,
34 aspirin, clopidogrel, contrast or glycoprotein IIb/IIIa inhibitor (GPI); recent serious infection,
35 connective tissue disease; malignancy; active severe bleeding; significant gastrointestinal or
36 genitourinary bleeding; major surgery or trauma within six weeks; and incomplete clinical data.
37

38 **Important definitions**

39
40 A MACE is defined as the composite of cardiac death, recurrent target vessel myocardial
41 infarction (RMI); clinically driven target lesion revascularization (TLR); cardiogenic shock; or
42 demonstrated congestive heart failure (DCHF). The eGFR was estimated using the simplified
43 Modification of Diet in Renal Disease (sMDRD) formula^[13]. Δ apelin-12 was defined as the level
44 of apelin-12 elevation 72h after pPCI compared with apelin-12 level immediately before pPCI.
45

46 **Therapy Process**

47
48 A total of 464 patients underwent successful pPCI all of whom were diagnosed with STEMI
49 and admitted to emergency room within 12 hours from onset. All patients received 300 mg oral
50 aspirin and clopidogrel as well as standard heparin (initial 10,000 IU and boost during surgery),
51 patients with high thrombotic burden utilize the GPI (uniformly tirofiban in our center), which
52 was determined by our interventional physician. Ultrasound scans were taken within five days
53 after PCI (median 4.2 days). The parameters of 2D echocardiography and Doppler were measured
54 using standard methods (i.e. using biplane Simpson's method for measuring left ventricular
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3 volumes and ejection fraction). Volumes were expressed as indices by normalizing with body
4 surface area.

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6 All the patients received 30-month follow-up after pPCI until MACEs. A small number of
7 patients suffered MACEs requiring hospitalization. Patients were organized into MACEs group
8 and non-MACEs group and independent predictors of poor prognosis were identified. The
9 following biochemical indicators were measured: blood (including hemoglobin, neutrophil percent,
10 hemoglobin, and platelet), coagulation, D-dimer, renal and hepatic function, Δ apelin-12, peak
11 myocardial enzyme, lipid level and fast blood glucose on the second day. Patients were further
12 stratified into two subgroups according to the median value of apelin-12 level on admission, and
13 into three further subgroups according to tertiles of eGFR.

14 15 **Apelin-12 Elisa Detection**

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17 Serum was isolated by centrifugation within 1h at 2500g for 10 min, and stored at -80°C.
18 Serum concentrations of apelin-12 were assayed using commercially available enzyme
19 immunoassay kits (Phoenix Pharmaceuticals, Belmont, CA). The protocol was as follows: add
20 50µl/well of standard, sample, or positive control, 25µl of primary antibody and 25µl of
21 biotinylated peptide; incubate at room temperature (20°C–23°C) for two hours; wash immunoplate
22 four times with 350µl/well of 1×assay buffer; add 100µl/well of Streptavidin-HRP solution and
23 incubate at room temperature for one hour. Wash immunoplate four times with 350µl/well of
24 1×assay buffer. Add 100µl/well of 3,3', 5,5'-tetramethylbenzidinesubstrate solution and incubate
25 at room temperature for one hour. Terminate reaction with 100µl/well of 2N HCl. The detection
26 limit was 0.1mg/L, with 1.26% and 5.4% intra- and inter-assay coefficients of variation
27 respectively. The measurements were performed in triplicates.

28 29 **Statistical Strategy**

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31 Continuous data were presented as mean \pm standard deviation or medians with interquartile
32 ranges, whereas categorical data were presented as a percentage, unless otherwise denoted.
33 Univariate cox analysis and log-rank test were used for qualitative and quantitative variables to
34 determine whether there is significant difference between the MACE and non-MACE groups.
35 Variables with $P < 0.1$ in the above analysis were selected for the multivariate cox proportional
36 hazard analysis. The adjusted hazard ratio and 95% confidence interval were calculated. The
37 Log-rank test was used to compare Kaplan–Meier curves of MACE-free survival in the two
38 groups, divided by the median apelin-12. Finally, the receiver operating characteristic (ROC)
39 analysis was used to identify the appropriate cutoff value of potential predictive indicators. The
40 cutoff point was the maximum sum of sensitivity and specificity. The ROC curves were conducted
41 with the Medcalc 12.3.0.0. All statistical tests were 2-tailed, performed using SPSS 17.0 (SPSS,
42 Inc, Chicago,IL), and a P-value < 0.05 was considered statistically significant.

43 44 **RESULTS**

45 46 **Baseline Characteristics of Patients in Individual Groups**

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48 Of the 464 enrolled patients, 118 (25.4%) had MACEs in the 2.5-year follow-up. Nineteen
49 (4.1%) patients suffered cardiac death, while 27 (5.8%) RMI; 85 (18.3%) received TLR due to
50 RMI or progressive stenosis. Thirty-five (7.5%) performed cardiogenic shock or demonstrated
51 congestive heart failure onset. Among the MACEs group, 31 (6.7%) patients reached end point
52 during hospitalization. 21 (4.5%) patients loss to follow up after discharge (Figure 1). Basic
53 clinical characteristics, laboratory examinations, electrocardiogram results, angiographic, and
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procedural characteristics are depicted in Table 1.

TABLE 1. Basic clinical characteristics, laboratory examinations, electrocardiogram results, angiographic and procedural characteristic

	MACEs (N=118)	Non-MACEs (N=346)	P value
Clinical characteristics			
Age, yr	67.0±12.2	61.7±11.6	0.252
Female, n (%)	33 (28.0)	76 (22.0)	0.184
Heart rate, beats per min	79.5±19.5	76.1±16.6	0.118
SBP, mm Hg	132.2±26.6	131.6±25.0	0.277
Anterior wall MI, n (%)	72 (61.0)	159 (46.0)	0.005 ^a
Killip's classification > I, n (%)	41 (34.7)	71 (20.5)	0.002 ^a
Diabetes mellitus, n (%)	41 (34.7)	109 (31.5)	0.515
Hypertension, n (%)	72 (61.0)	193 (55.8)	0.321
Previous MI, n (%)	19 (16.1)	36 (10.4)	0.098
Lab examination			
Apelin-12, ng/ml	0.69 (0.53-0.87)	0.79 (0.63-1.03)	< 0.001 ^a
Δapelin-12 (%)	13.9 (5.6-17.6)	14.7 (5.3-22.3)	0.092
WBC ×10 ⁹ /L	10.6±3.86	9.86±3.58	0.161
Neutrophil (%)	76.8±12.6	74.9±12.4	0.064
Hemoglobin, g/L	139.4±16.7	145.3±17.1	0.546
Platelet ×10 ⁹ /L	240.2±60.1	227.8±57.2	0.264
Albumin, g/L	37.9±3.9	38.0±3.8	0.424

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4	TC, mmol/L	5.87±0.99	5.57±1.17	0.469
5				
6	TG, mmol/L	1.06±0.65	1.12±0.90	0.261
7				
8				
9	HDL-C, mmol/L	1.25±0.28	1.18±0.27	0.982
10				
11	LDL-C, mmol/L	3.07±0.72	3.03±0.73	0.744
12				
13	FBG, mmol/L	7.67±2.68	7.66±2.48	0.207
14				
15				
16	BUN, mmol/L	6.78±1.88	6.72±2.14	0.387
17				
18				
19	Creatinine, mmol/L	76.3±15.6	74.1±21.7	0.392
20				
21	Uric acid, mmol/L	333.3±80.7	338.5±72.9	0.153
22				
23				
24	eGFR mL/min*1.73m ²	89.7±25.8	100.6±25.9	0.067
25				
26	D-Dimer, mg/L	0.7 (0.2-1.6)	1.0 (0.2-1.7)	0.247
27				
28				
29	Peak CK-MB, U/L	131.5	103.0 (39.3-193.4)	0.252
30				
31		(51.6-208.5)		
32				
33				
34	Peak cTnl, ng/ml	21.5 (9.3-32.4)	12.6 (3.0-28.8)	0.014 ^a
35				
36	Treatment			
37				
38				
39	ACEIs/ARBs, n (%)	94 (79.7)	294 (85.0)	0.178
40				
41	b-blocker, n (%)	65 (55.1)	211 (61.0)	0.260
42				
43				
44	CCBs, n (%)	29 (24.6)	101 (29.2)	0.335
45				
46	Statins, n (%)	97 (82.2)	288 (83.2)	0.796
47				
48				
49	Diuretics, n (%)	19 (16.1)	55 (15.9)	0.958
50				
51	tirofiban, n (%)	15 (12.7)	52 (15.0)	0.536
52				
53				
54	Echocardiogram and electrocardiogram			
55				
56	LAD, mm	38.5±5.3	37.0±5.7	0.311
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LVEDD, mm	52.0±6.4	49.9±6.1	0.273
LVEF, %	47.3±9.4	51.9±7.3	0.010 ^a
Pathological Q-wave, n (%)	70 (59.3)	153 (44.2)	0.005 ^a
GENSINI	85.0 (48.8-100.1)	66.9 (37.2-101.7)	0.129
Culprit vessels, n (%)			
LAD	64 (54.2)	169 (48.8)	
LCX	18 (15.3)	54 (15.6)	0.557
RCA	36 (30.5)	123 (35.5)	
Stent number	1.33±0.55	1.39±0.57	0.524

Data are n/N (%) or mean±standard deviation or median (25th to 75th percentile).

^a P < 0.05.

ACEIs, angiotensin-converting enzyme inhibitors; ARB, angiotensin receptor blockers; BUN, blood urea nitrogen; CCBs, calcium channel blockers; CK-MB, creatinine kinase MB; cTnI, cardiac Troponin I; eGFR, estimated glomerular filtration rate; FBG, fasting blood glucose; HDL-C, high density lipoprotein; LAD, left anterior descending; LAD, left atrial diameter; LCX, left circumflex coronary artery; LDL-C, low-density lipoprotein; LVEF, left ventricular ejection fraction; MACEs, major adverse cardiovascular events; MI, myocardial infarction; RCA, right coronary artery; SBP, systolic blood pressure; TC, total cholesterol; TG, triglyceride; WBC, white blood cells.

Multivariate Logistic Regression Analysis of Predictor of MACEs

Significant differences were found between the two groups in peak cardiac Troponin I (cTnI) [21.5 (9.3-32.4) vs 12.6 (3.0-28.8), p=0.014] and left ventricular ejection fraction (LVEF) (47.3%±9.4% vs 51.9%±7.3%, P=0.010). Consistent with the hypothesis, patients who suffered

from MACEs had lower apelin-12 on admission [0.69 (0.53-0.87) vs 0.79 (0.63-1.03), $p < 0.001$].

Anterior wall MI, pathological Q-wave, and higher Killip's classification were found more in the MACEs group compared to survivals ($p=0.005$, 0.005 , and 0.002 , respectively). Differences in Δ apelin-12 [13.9(5.6-17.6) vs 14.7 (5.3-22.3), $p=0.092$], neutrophil percent (76.8 ± 12.6 vs 74.9 ± 12.4 , $p=0.064$), eGFR (89.7 ± 25.8 vs 100.6 ± 25.9 , $p=0.067$) and previous MI proportion (16.1% vs 10.4%, $p=0.098$) were approaching significance between the two groups.

Through the multivariate cox regression analysis, low apelin-12 (HR=0.132, 95% CI=0.060-0.292, $p < 0.001$), low eGFR (HR=0.985, 95% CI=0.977-0.993, $p < 0.001$), low LVEF (HR=0.965, 95% CI=0.941-0.991, $p=0.007$), and pathological Q-wave (HR=1.536, 95% CI=1.058-2.230, $p=0.024$) were independent predictors of MACEs within 2.5 years after pPCI, along with Killip's classification $> I$ (HR=0.610, 95% CI=0.408-0.912, $p=0.016$). Anterior wall MI was moderately predictive of MACEs within 2.5 years (HR=1.421, 95% CI=0.970-2.082, $p=0.071$) (Table 2).

TABLE 2. Multivariate cox regression analysis for predictor of MACEs

Variables	P	OR	95% CI
Anterior wall MI	0.071	1.421	0.970-2.082
Previous MI	0.708	1.107	0.650-1.884
Apelin-12	$< 0.001^a$	0.132	0.060-0.292
Δ apelin-12 (%)	0.411	0.991	0.970-1.012
Neutrophil (%)	0.186	1.011	0.995-1.027
eGFR	$< 0.001^a$	0.985	0.977-0.993
cTnl	0.203	1.017	0.991-1.044
LVEF	0.007^a	0.965	0.941-0.991
Pathological Q-wave	0.024^a	1.536	1.058-2.230
Killip's classification $> I$	0.016	0.610	0.408-0.912

^a Statistically significant value ($P < 0.05$).

CI, confidence interval; cTnl, cardiac Troponin I; eGFR, estimated glomerular filtration rate;

LVEF, left ventricular ejection fraction; MACEs, major adverse cardiovascular events; MI, myocardial infarction; OR, odds ratio.

Survival analysis

Kaplan-Meier curves in patients with higher (> 0.76 ng/ml, $n=229$) and lower (< 0.76 ng/ml, $n=235$) apelin-12 during 2.5-year follow-up (without MACEs during hospitalization) is shown in Figure 2. Significant differences in event-free survival were noted between patients with differing apelin-12 on admission ($p=0.018$).

ROC Analysis of Predictor of MACEs

ROC analysis failed to find the area under curve (AUC) of any indicator for 2.5-year MACEs exceeding 0.7, although the p value for apelin-12, eGFR and LVEF alone was 0.0001, 0.0369 and 0.0015 respectively, while the AUC of Δ apelin-12 for 2.5-year MACEs was 0.547 (95% CI=0.500-0.593, $p=0.0906$, Figure 3). When only in-hospital MACEs were observed, there was no evidence of predictive value except for LVEF $< 52\%$ (AUC=0.674, 95%CI=0.629-0.716, $p=0.0005$) and apelin-12 ≤ 0.64 ng/ml (AUC=0.623, 95%CI=0.577-0.667, $p=0.0169$, Figure 4 & Table 3). ROC analysis of Δ apelin-12 found a higher AUC with a cut-off point of 20% only for those with apelin-12 on admission ≤ 0.76 ng/ml ($p=0.0075$, Table 3).

TABLE 3. ROC analysis for in-hospital and 2.5-year MACEs

Parameter	AUC	95% CI	P	Threshold	Sensitivity , %	Specificity , %
s	d					
2.5-year						
MACEs						
Δ apelin-12	0.54	0.500-0.59	0.0906	20%	91.53	30.64
	7	3				
apelin-12	0.61	0.573-0.66	0.0001	0.87	75.36	42.03
	9	3	a			
eGFR	0.56	0.518-0.61	0.0369	86.13	53.39	63.87
	5	1	a			

LVEF	0.59	0.551-0.64	0.0015	50%	59.32	56.94
	7	2	a			
Apelin-12						
> 0.76						
ng/ml						
Δapelin-12	0.53	0.454-0.60	0.4767	17%	92.31	39.81
	0	5				
Apelin-12≤						
0.76 ng/ml						
Δapelin-12	0.61	0.547-0.67	0.0075	20%	100.00	30.77
	3	5	a			
In-hospital						
MACEs						
Δapelin-12	0.50	0.460-0.55	0.8711	20%	3.23	73.44
	7	3				
apelin-12	0.62	0.577-0.66	0.0169	0.64	51.61	70.67
	3	7	a			
eGFR	0.54	0.497-0.58	0.4021	86.98	58.06	59.12
	3	9				
LVEF	0.67	0.629-0.71	0.0005	52%	83.87	43.42
	4	6	a			

^a Statistically significant value (P < 0.05).

eGFR, estimated glomerular filtration rate; LVEF, left ventricular ejection fraction; MACEs, major adverse cardiovascular events; AUC, area under curves

When patients were further subdivided according to eGFR, it was found that 224 patient with eGFR over 90 mL/min*1.73m². Among these patients, apelin-12 had a predictive advantage for MACEs compared with Δapelin-12 (p=0.0115) and eGFR (p=0.0071). Moreover, LVEF was only predictive in patients with eGFR > 90 mL/min*1.73m² (AUC=0.628, 95%CI=0.564-0.689, p=0.0039, Table 4), in other words, among patients with eGFR over 90 mL/min*1.73m², apelin-12 perform the most ideal prognostic factor.

TABLE 4. ROC analysis for 2.5-year MACEs among patients with separate level of renal

Parameters	AUC	95% CI	P	Threshold	Sensiti	Specificity ,
					vity ,%	%
eGFR > 90 mL/min*1.73m ²						
(n=244)						
Δapelin-12	0.52	0.459-0.588	0.5556	20%	90.57	29.84
	4					
apelin-12	0.66	0.601-0.723	0.0001 ^a	0.65	66.04	58.12
	4					
eGFR	0.50	0.443-0.572	0.8634	91.67	100	7.33
	8					
LVEF	0.62	0.564-0.689	0.0039 ^a	50%	62.26	61.78
	8					

eGFR < 90 mL/min*1.73m²

(n=220)

Δapelin-12	0.56	0.498-0.633	0.0885	20%	92.31	31.61
	6					
apelin-12	0.65	0.587-0.716	0.0001 ^a	0.89	67.69	60.65
	4					
eGFR	0.56	0.494-0.629	0.1186	86.13	96.92	19.35
	2					
LVEF	0.56	0.492-0.627	0.1651	51%	63.08	48.39
	1					

^a Statistically significant value compared with apelin-12 (P < 0.05).

eGFR, estimated glomerular filtration rate; LVEF, left ventricular ejection fraction; MACEs, major adverse cardiovascular events; AUC, area under curves

Discussion

The clinical outcomes in STEMI patients receiving pPCI are closely associated with the pre-PCI apelin-12 concentration, particularly among those with normal renal function. In further subgroup analysis, the change of apelin during hospitalization was found to predict long-term prognosis among patients with low apelin level upon admission (apelin-12 ≤ 0.76 ng/ml).

Apelin may then play a role in assessing risk stratification among STEMI patients given its role in the pathophysiology of both heart failure and ischemia/reperfusion injury^[14]. Apelin has been found to increase contractility and reduce peripheral resistance via endothelial nitric oxide (NO)-dependent signaling^[15] in failing myocardial cells to slow the pathological progress of heart failure^[16]. Apelin expression has been found to decline in decompensated states, whereas it is maintained or augmented in stable chronic heart failure^[17].

In patients with stable angina, plasma apelin was negatively associated with coronary artery stenosis severity independent of other cardiovascular risk factors^[18]. Weir and colleagues demonstrated plasma apelin level is reduced immediately after acute myocardial infarction but increases markedly after revascularization. Despite this, it remains depressed at 24 weeks^[19]. A potential explanation of lower levels of apelin following STEMI include: (1) the demand of apelin among STEMI patients increases, therefore more apelin is consumed immediately after MI episodes; (2) product plunging due to MI. A recent study demonstrated the flow-mediated adjustment of the apelin/APJ system in human endothelial cells and found apelin-12 expression is induced by shear stress independently of its ligand, particularly during reperfusion^[20]. Further,

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3 hypoxia-inducible factor (HIF)-mediated pathways participate in the apelin up-regulation in
4 myocardium, pulmonary circulation, and skeletal muscles following systemic hypoxic exposure or
5 myocardial injury^[21]. Therefore, the apelin-APJ system may alleviate the myocardial reperfusion
6 mediated oxidative stress and apoptosis by increasing superoxide dismutase degradation, thereby
7 decreasing the generation of reactive oxygen species, along with up-regulating eNOS levels and
8 activating ERK1/2 phosphorylation signaling^[22]. The above results may be responsible for the
9 poor short-term outcomes and long-term prognosis observed in patients with low levels of apelin.

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11 Apelin can provide myocardial protection against ischemic damage by decreasing
12 permeability of microvascular endothelial cells via up-regulating the expression of Tie-2 and
13 VEGFR2^[23], and improving neovascularization via recruiting circulating Aplnr+ cells during
14 early-phase myocardial repair^[24]. The Apelin/APJ system promotes angiogenesis and provides
15 nutrients and oxygen to the ischemic area in MI animal models^[25]. Apelin gene therapy by
16 myocardial injection ameliorates cardiac repair, improves cardiac metabolism via activating Sirt3,
17 and up-regulating VEGF/VEGFR2 expression in post-MI mice^[26, 27]. Conversely, apelin
18 down-regulation exacerbates ischemia-reperfusion injury and myocardial infarction adverse
19 remodeling^[25]. A recently published study proved apelin 12 is able to protect pro-thrombotic
20 effects of other adipokine such as apelin-13^[28]. Apelin protects against angiotensin II-induced
21 cardiovascular fibrosis and decreases plasminogen activator inhibitor type-1 production^[29]. The
22 utilization rate of ACEI and β blockers was similar among patients with different prognosis in the
23 present study, eliminating the drug-derived influence on angiotensin activity. Myeloid
24 cell-derived Leucine-rich α 2-glycoprotein attenuates adverse cardiac remodeling after MI via
25 up-regulating the expression of apelin receptor^[30]. Direct anti-inflammatory^[31] and
26 anti-atherogenic properties^[32] are also reported as mechanisms of atherosclerotic lesions and
27 aortic aneurysms prevention by apelin. Stress-induced apoptosis in serious cardiovascular diseases
28 is inhibited by cardiac apelin expression elevation^[33]. TIMP3 maintains metabolic flexibility via
29 apelin during cardiac stress seizure^[34]. Taken together, the above cardiovascular profile suggests a
30 beneficial effect of apelin on atherosclerosis, and makes apelin-APJ system a promising
31 therapeutic target in acute coronary syndrome^[35].

32
33 Liu and colleagues^[36] have demonstrated the effect of serum apelin-12 in predicting
34 one-year outcomes following pPCI in patients with STEMI. Topuz and colleagues^[37] found lower
35 levels of serum apelin-12 predicts higher incidence of in-hospital MACEs after multivariate
36 regression analysis and is more likely in no-reflow vs normal flow group. This is a result of
37 NO-dependent vasodilatation caused by apelin-12 in clinical studies^[38] as well as in animal
38 models^[39]. Abnormal level of apelin and a series of adipokines observed in acute MI patients
39 resulted in a high incidence of MACEs during three-year follow-up^[40]. Low apelin appears to
40 correlate with carotid plaque vulnerability in patients with carotid stenosis. Atorvastatin-induced
41 apelin modification may beneficially affect carotid plaque stability^[41].

42
43 We hypothesis the potential explanation of the subgroup analysis according to different
44 renal function is that patients with relatively normal level of eGFR fail to perform enough
45 discrepancy to distinguish high-risk patients, to these patients, our novel index apelin-12 show its
46 superiority in predicting MACEs.

47
48 The present study is not without limitations. The study cohort was relatively small, which
49 may affect the statistical results. A larger-scale study is warranted to further assess the risk of

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2
3 long-term MACEs after pPCI in STEMI patients. The base level of apelin prior to STEMI onset is
4 difficult to obtain, therefore the degree of apelin reduction is unknown. Finally this study only
5 focused on apelin-12, analysis on other forms of apelin is recommended.
6

7 CONCLUSION

8 In conclusion, STEMI patients receiving pPCI with lower levels of apelin-12 are more likely
9 to have poor short-term and long-term prognosis after adjusting for other clinical parameters.
10

11 Further, apelin-12 may be beneficial in predicting MACEs among patients with $eGFR > 90$
12 $mL/min \cdot 1.73m^2$.
13

14 a. Contributor statement

15 Xiaoyu Wu conceived and designed the study. XiongngengMou, Hui Lin, Yide Chen collect
16 the statistics. Lingchang Yang, Ting Zheng, Haopeng Wu performed the statistical analysis.
17 Lingchang Yang wrote the paper. Wenwei Xin and Xiaoyu Wu reviewed and edited the manuscript.
18 All authors read and approved the manuscript.
19

20 b. competing interests

21 There is no competing interests in our study.
22

23 c. funding

24 The authors received no financial support for the research, authorship, and/or publication of
25 this article.
26

27 d. data sharing statement

28 No additional unpublished data are available
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32 Figure legends

33 Figure 1. patients selecting process and results reported.

34 Figure 2. Kaplan-Meier curves in STEMI patients with individual levels of apelin-12 during 2.5
35 years follow-up (without MACEs during hospitalization).
36

37 Figure 3. Receiver operating characteristic curve of apelin-12, eGFR, LVEF, and Δ apelin-12 for
38 predicting 2.5-year MACEs after pPCI among STEMI patients. LVEF, left ventricular ejection
39 fraction; MACEs, major adverse cardiovascular events; eGFR, estimated glomerular filtration
40 rate.
41

42 Figure 4. Receiver operating characteristic curve of apelin-12, eGFR, LVEF, and Δ apelin-12 for
43 predicting in-hospital MACEs after pPCI among STEMI patients. LVEF, left ventricular ejection
44 fraction; MACEs, major adverse cardiovascular events; eGFR, estimated glomerular filtration
45 rate.
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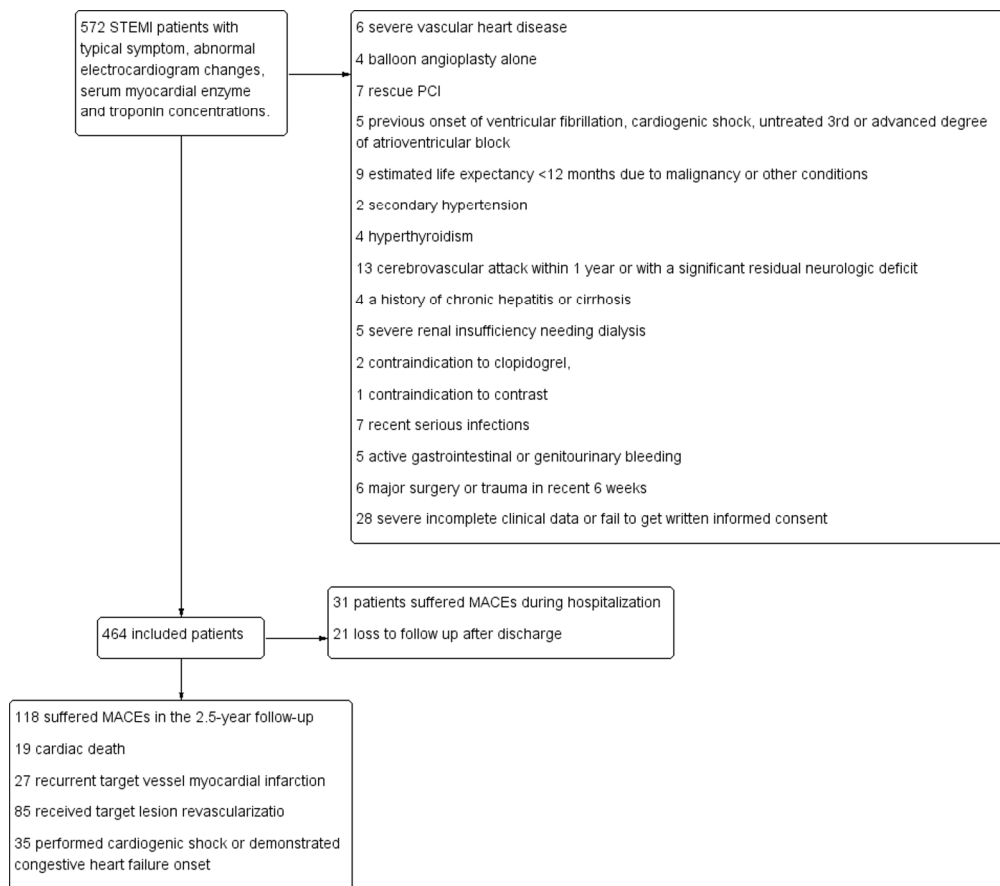


Figure 1. patients selecting process and results reported.

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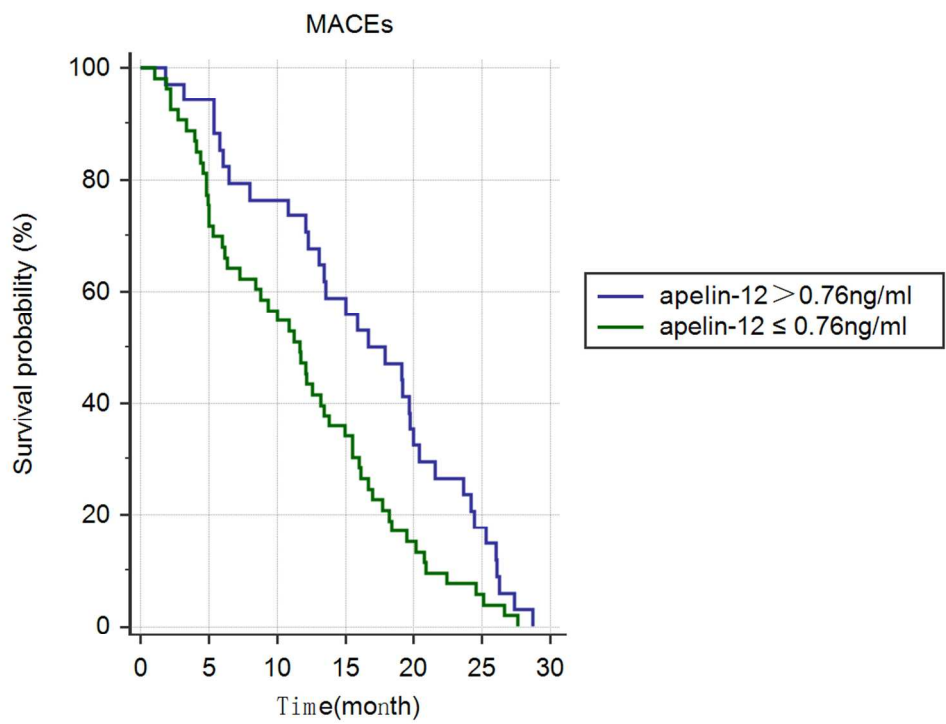


Figure 2. Kaplan-Meier curves in STEMI patients with individual levels of apelin-12 during 2.5 years follow-up (without MACEs during hospitalization).

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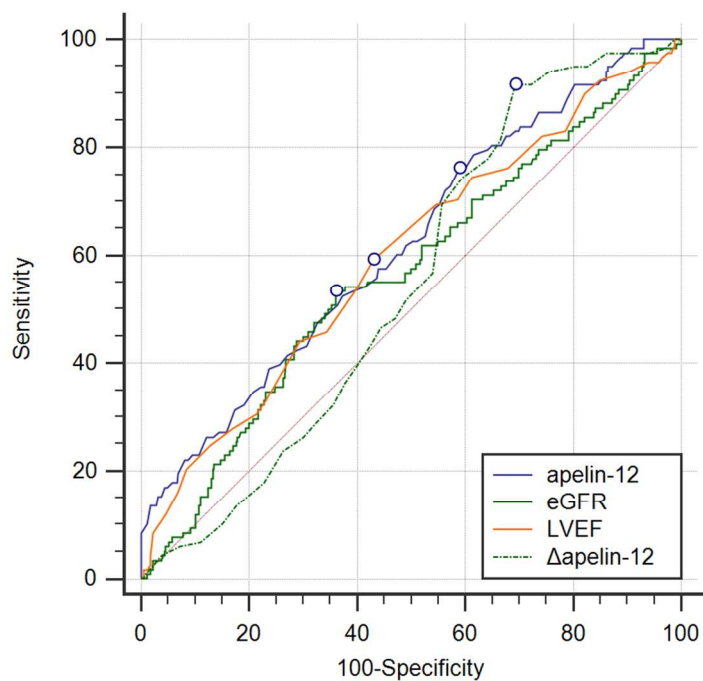


Figure 3. Receiver operating characteristic curve of apelin-12, eGFR, LVEF, and Δ apelin-12 for predicting 2.5-year MACEs after pPCI among STEMI patients. LVEF, left ventricular ejection fraction; MACEs, major adverse cardiovascular events; eGFR, estimated glomerular filtration rate.

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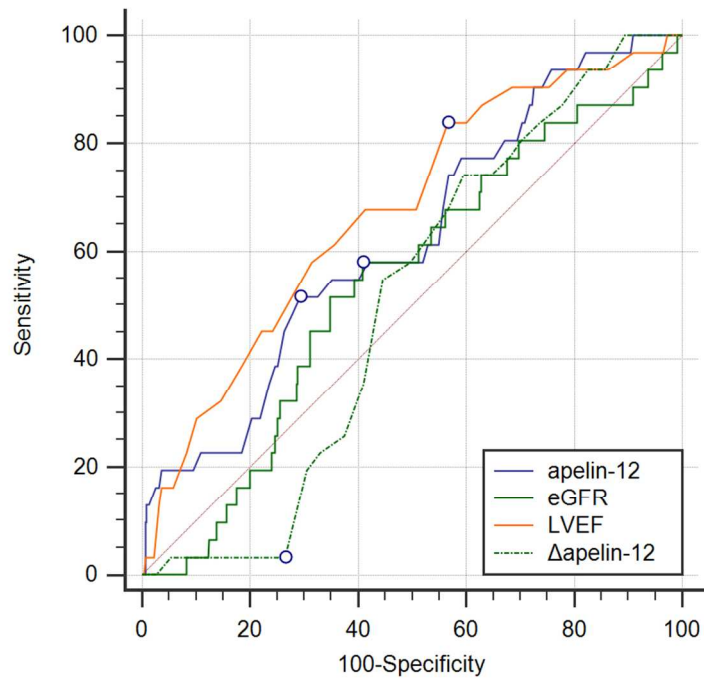


Figure 4. Receiver operating characteristic curve of apelin-12, eGFR, LVEF, and Δ apelin-12 for predicting in-hospital MACEs after pPCI among STEMI patients. LVEF, left ventricular ejection fraction; MACEs, major adverse cardiovascular events; eGFR, estimated glomerular filtration rate

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STROBE 2007 (v4) Statement—Checklist of items that should be included in reports of *cohort studies*

Section/Topic	Item #	Recommendation	Reported on page #
Title and abstract	1	(a) Indicate the study's design with a commonly used term in the title or the abstract	1
		(b) Provide in the abstract an informative and balanced summary of what was done and what was found	1
Introduction			
Background/rationale	2	Explain the scientific background and rationale for the investigation being reported	2
Objectives	3	State specific objectives, including any prespecified hypotheses	2
Methods			
Study design	4	Present key elements of study design early in the paper	2-3
Setting	5	Describe the setting, locations, and relevant dates, including periods of recruitment, exposure, follow-up, and data collection	3
Participants	6	(a) Give the eligibility criteria, and the sources and methods of selection of participants. Describe methods of follow-up	2-3
		(b) For matched studies, give matching criteria and number of exposed and unexposed	2-3
Variables	7	Clearly define all outcomes, exposures, predictors, potential confounders, and effect modifiers. Give diagnostic criteria, if applicable	3
Data sources/ measurement	8*	For each variable of interest, give sources of data and details of methods of assessment (measurement). Describe comparability of assessment methods if there is more than one group	2-3
Bias	9	Describe any efforts to address potential sources of bias	
Study size	10	Explain how the study size was arrived at	2-3
Quantitative variables	11	Explain how quantitative variables were handled in the analyses. If applicable, describe which groupings were chosen and why	2-4
Statistical methods	12	(a) Describe all statistical methods, including those used to control for confounding	3-4
		(b) Describe any methods used to examine subgroups and interactions	3-4
		(c) Explain how missing data were addressed	3-4
		(d) If applicable, explain how loss to follow-up was addressed	
		(e) Describe any sensitivity analyses	
Results			

Participants	13*	(a) Report numbers of individuals at each stage of study—eg numbers potentially eligible, examined for eligibility, confirmed eligible, included in the study, completing follow-up, and analysed (b) Give reasons for non-participation at each stage (c) Consider use of a flow diagram	4-5
Descriptive data	14*	(a) Give characteristics of study participants (eg demographic, clinical, social) and information on exposures and potential confounders (b) Indicate number of participants with missing data for each variable of interest (c) Summarise follow-up time (eg, average and total amount)	4-5
Outcome data	15*	Report numbers of outcome events or summary measures over time	4
Main results	16	(a) Give unadjusted estimates and, if applicable, confounder-adjusted estimates and their precision (eg, 95% confidence interval). Make clear which confounders were adjusted for and why they were included (b) Report category boundaries when continuous variables were categorized (c) If relevant, consider translating estimates of relative risk into absolute risk for a meaningful time period	4-5
Other analyses	17	Report other analyses done—eg analyses of subgroups and interactions, and sensitivity analyses	4-5
Discussion			
Key results	18	Summarise key results with reference to study objectives	5-6
Limitations			
Interpretation	20	Give a cautious overall interpretation of results considering objectives, limitations, multiplicity of analyses, results from similar studies, and other relevant evidence	6
Generalisability	21	Discuss the generalisability (external validity) of the study results	
Other information			
Funding	22	Give the source of funding and the role of the funders for the present study and, if applicable, for the original study on which the present article is based	

*Give information separately for cases and controls in case-control studies and, if applicable, for exposed and unexposed groups in cohort and cross-sectional studies.

Note: An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at <http://www.plosmedicine.org/>, Annals of Internal Medicine at <http://www.annals.org/>, and Epidemiology at <http://www.epidem.com/>). Information on the STROBE Initiative is available at www.strobe-statement.org.