

Supplementary Table 1: Controlled variables in individual mediation analyses

	<b>Self Esteem</b>	<b>Functioning</b>	<b>Physical Health</b>	<b>Psychological Health</b>	<b>Social Relationships</b>	<b>Environmental</b>
<b>Predictors</b>	$\beta$	$\beta$	$\beta$	$\beta$	$\beta$	$\beta$
<b>Total Sample</b>						
Age	0.102	-	0.375	0.357	0.476	-
Age of Onset of Illness	-	-	-	-0.269	-0.386	-0.280
Employment - Unemployed	-	-8.562	-3.594	-	-	-
Employment – Student/Homemaker/Retired	-	-	-	-	8.831	-
Ethnicity - Malay	-	-	-	-	7.567	-
Education – Primary and below	-	-	-	-	-	-12.616
Education- Secondary, O/N Levels	-	-	-	-	-	-4.518
<b>Anxiety</b>						
Age	-	-	-	-	-	0.930
Employment - Unemployed	-	-12.138	-	-	-	-
Employment – Student/Homemaker/Retired	-	-	-	-	19.975	-
Education – Secondary, O/N Levels	-3.735	-	-	-	-	-
Ethnicity - Indian	-	-	-	10.927	-	-
<b>Depression</b>						
Age	-	-	0.530	-	-	-
Employment - Unemployed	-	-	-6.998	-	-	-
Education – Primary and below	-	-	-	-	-	-17.465
Education- Secondary, O/N Levels	-	-	-	-	-	-14.420
Gender - Female	-	8.677	-	-	-	-
Marital Status – Married	-	15.152	-	-	-	-
<b>OCD</b>						
Age	0.264	-	-	0.887	-	-
Age of onset	-0.273	-	-	-0.771	-	-
<b>Schizophrenia</b>						
Employment – Student/Homemaker/Retired	-	-18.639	-	-	-	-
Education- Secondary, O/N Levels	-	9.399	-	-	-	-
Education - University	-	20.101	-	-	-	-
Marital Status - Married	-	-11.381	-	-	-	-
Hospitalisation - Yes	-	10.679	-	-	-	-

All  $\beta$  reported are significant at  $p < 0.05$ .

Reference category: Employment = Employed; Education = A level/ Diploma; Gender = male; Ethnicity = Chinese; Marital Status = Never married; Hospitalisation = No