S1 Appendix. Stern-Volmer equation, Benesi-Hildebrand equation and equation used to calculate fluorescence quantum yield.

(A) Stern-Volmer equation

$$\frac{I^0}{I} = 1 + K_{sv} [Q]$$

In this equation, Ksv is the Stern-Volmer constant, which is related to the accessibility of the fluorophore to the quencher (better accessibility, higher Ksv); when the extinction is collisional (dynamic), the value of this constant is equal to the product of the reaction rate constant ( $K_q$ ) between the excited state and the quencher and the fluorophore lifetime ( $\tau_0$ ).

(**B**) Fluorescence intensity data for the CT51-Fe<sup>2+</sup> complex were plotted according to the Benesi-Hildebrand equation:

$$\frac{1}{F - F_0} = \frac{1}{(F_{max} - F_0) [Fe^{2+}]} + \frac{1}{F_{max} - F_0}$$

In this equation,  $K_a$  is the stability constant for 1:1 complex formation;  $F_o$  is the fluorescence intensity of the sensor at 460 nm (with  $\lambda$  excitation 329 nm) in the absence of Fe<sup>+2</sup>. F is the observed fluorescence intensity at 460 nm as a function of varying Fe<sup>+2</sup> concentration and F<sub>max</sub>, the maximal fluorescence intensity measured at 460 nm in the presence of Fe<sup>2+</sup>. Values for the y-axis intercept and the slope were, respectively, (-1.02 ± 0.30) x 10<sup>-6</sup> and (-6.76 ± 0.20) x 10<sup>-9</sup> M.

(C) Calculation of fluorescence quantum yield.

$$\Phi_S = \Phi_r \left(\frac{A_r F_s}{A_s F_r}\right) \left(\frac{\eta_s^2}{\eta_r^2}\right)$$

The fluorescence quantum yield ( $\Phi$ ) was determined using quinine sulfate dissolved in 0.5 M H<sub>2</sub>SO<sub>4</sub> ( $\Phi$ r = 0.546) as standard. The subscripts s and r in this equation denote sample and reference, respectively. A is absorbance at the excitation wavelength (very dilute solutions), F is the integrated fluorescence intensity, and  $\eta$  is the refractive index of the medium.