

Multimedia Appendix

Appendix A
Index for IBD Knowledge

Instructions: Please answer the following questions to the best of your ability about inflammatory bowel disease.

Index Statement	Response Options*	
Cultural norms, such as diet, are presumed to be a leading cause of IBD by medical professionals.	True	False
Lack of exercise is presumed to be a leading cause of IBD.	True	False
People of all ages are equally likely to be diagnosed with IBD.	True	False
Crohn's disease can affect any part of the gastrointestinal tract, from the mouth to the anus.	True	False
Crohn's disease and Ulcerative Colitis are the same disease.	True	False
IBS also known as irritable bowel syndrome is a type of inflammatory bowel disease.	True	False
Ulcerative Colitis and Crohn's disease tend to run in families.	True	False
Medications can cure inflammatory bowel disease.	True	False
Patients with IBD have an increased risk of developing colon cancer.	True	False
Most patients with Crohn's disease will require surgery in their lifetime.	True	False
Natural and homeopathic remedies have been shown to improve and/or cure IBD.	True	False
Most people with IBD will eventually need to stop working due to their disease.	True	False

*Correct answer selection made bold to assist reader comprehension.