

Multimedia appendix 1. Structured registration form coaches Partner in Balance

Participant number: _____

Action undertaken	Date	Time spent	(If applicable) Who took initiative?	Topics discussed	Other remarks
Preparation <ul style="list-style-type: none"> - Attending coach training - Reading protocol - Attending coach intervision meetings 					
Intake session <ul style="list-style-type: none"> - Getting acquainted - Needs assessment - Setting GAS goals - Choosing modules + adding modules to account - Explaining online procedure - Contact moment agreements - Providing login information 					
Online period <ul style="list-style-type: none"> - Responding to online assignments (email) - Other online help (support requests, reminders) - Telephone contacts (if applicable) 					
Evaluation session <ul style="list-style-type: none"> - General evaluation of modules and experience with the program - Evaluating GAS goals - Identify need for additional modules or types of aid 					