

Table S1. Correlates of a Panic-Like Experience

Clinical Correlate	B	95% CI
Panic symptoms	1.71 **	0.48 – 2.95
GAD symptoms	3.01 <sup>+</sup>	1.77 – 4.25
Separation anxiety symptoms	1.26 *	0.13 – 2.40
Social anxiety symptoms	0.29	-0.85 – 1.42
Extraversion	-0.48	-1.94 – 0.98
Neuroticism	2.12 **	0.51 – 3.74
Anxiety sensitivity	3.10 **	1.17 – 5.05
Behavioral activation	2.81 **	0.66 – 4.96
Behavioral inhibition	2.24 ***	0.87 – 3.61
Fearfulness	0.16 **	0.05 – 0.27
Irritability	1.73 ***	0.81 – 2.66
Depression symptoms	1.41 *	0.05 – 2.76
Baseline distress	0.94 ***	0.38 – 1.50
	OR	
Early termination	1.63	0.55 – 5.19

Note. GAD = generalized anxiety disorders.

\*  $p \leq .05$ , \*\*  $p \leq .01$ , \*\*\*  $p \leq .001$ , <sup>+</sup>  $p \leq .0001$ .

Table S2. Correlates of Participant Sex

Clinical Correlate	B	95% CI
Panic symptoms	1.21 ***	0.56 – 1.86
GAD symptoms	1.12 ***	0.48 – 1.76
Separation anxiety symptoms	0.89 **	0.29 – 1.49
Social anxiety symptoms	0.81 **	0.22 – 1.39
Extraversion	0.29	-0.47 – 1.06
Neuroticism	1.47 ***	0.63 – 2.32
Anxiety sensitivity	1.77 ***	0.74 – 2.80
Behavioral activation	-0.32	-1.40 – 0.75
Behavioral inhibition	1.62 <sup>+</sup>	0.91 – 2.33
Fearfulness	0.14 <sup>+</sup>	0.08 – 0.20
Irritability	0.10	-0.37 – 0.57
Depression symptoms	0.52	-0.21 – 1.24
Baseline distress	0.04	-0.23 – 0.32
	OR	
Early termination	1.20	0.68 – 2.16
Panic-like experience during task	1.25	0.51 – 3.18

Note. Participant sex is coded as 0 (male) and 1 (female). GAD = generalized anxiety disorders.

\*  $p \leq .05$ , \*\*  $p \leq .01$ , \*\*\*  $p \leq .001$ , <sup>+</sup>  $p \leq .0001$ .

Figure 1. Distress over time by class

Figure 2. Bar graph of class means for clinical correlates. Note: GAD = generalized anxiety disorder.

Figure S1. Bar graph of fearfulness by class membership