

Online Resource 3. Table 1. Methods of suicide among the study population (N=295)*

Method of suicide	Number of suicides (%)	Number of suicides among men (%)	Number of suicides among women (%)
Hanging, strangulation and suffocation	87 (29)	76 (38)	11 (11)
Poisoning	78 (26)	36 (18)	42 (44)
Jumping from a high place	36 (12)	23 (12)	13 (14)
Drowning and submersion	35 (12)	15 (8)	20 (21)
Firearm	31 (11)	31 (16)	0 (0)
Sharp object	6 (2)	5 (3)	1 (1)
Moving object	5 (2)	4 (2)	1 (1)
Other	17 (6)	9 (5)	8 (8)
Total	295	199	96

*Based on the International classification of Diseases (ICD-10) from the Cause of Death Register. Both diagnoses of international self-harm and of undetermined intent were included.

Online Resource 3. Table 2. Methods of suicide attempt among the study population (N=654)*

Method of suicide attempt	Number of suicide attempts (%)	Number of suicide attempts among men (%)	Number of suicide attempts among women (%)
Poisoning	509 (78)	201 (67)	308 (87)
Sharp object	82 (13)	55 (18)	27 (8)
Hanging, strangulation and suffocation	19 (3)	16 (5)	3 (1)
Jumping from a high place	15 (2)	10 (3)	5 (1)
Drowning and submersion	10 (2)	6 (2)	4 (1)
Moving object	4 (1)	4 (1)	0 (0)
Other	15 (3)	8 (3)	7 (2)
Total	654	300	354

*Based on the International classification of Diseases (ICD-10) from the National Patient Register. Both diagnoses of international self-harm and of undetermined intent were included.