

Tracer	Prime infusion rate [$\mu\text{mol}/(\text{kg}\cdot\text{min})$]	Continuous infusion rate [$\mu\text{mol}/(\text{kg}\cdot\text{min})$]	Source
[1,2,3,4,5,6,6- ² H ₇]glucose	1.8	0.6	Cambridge Isotopes
[U- ¹³ C ₁₆]palmitate	2.1	0.7	Cambridge Isotopes
[1,1,2,3,3- ² H ₅]glycerol	4.5	1.5	Sigma
[U- ¹³ C ₄] β -OHB	3.0	1.0	Cambridge Isotopes
[2,3,3,3- ² H ₄]alanine	15.0	5.0	Cambridge Isotopes
[3- ¹³ C]lactate	120	40	Cambridge Isotopes

Table S2. Tracer infusion rates used in this study.