

Additional File 2: Supplementary Tables

Table S1. Summary of findings for adiposity outcomes

Reference; Country; Larger Study/Cohort Name	Study Design	Sample	Exposure	Outcome	Main Findings	Covariates included in model (if applicable)
<i>Study Design: RCT</i>						
Yilmaz et al. 2014 [1]; Turkey	Randomized Controlled Trial (RCT)	N = 412 Intervention, n = 211; Control, n = 201 Mean age: Intervention, 3.52 yr Control, 3.49 yr <i>Pre-schoolers</i>	Intervention: 3 printed materials and interactive CDs and one counselling call, intending to decrease screen time. Control: Usual care; unaware of counselling interventions. Screen time (min/day) was assessed by parent- report 1-week time-record diary (unpublished format). The intervention was 8 weeks in duration, with follow-up at 2, 6 and 9 months post-intervention.	BMI z-score calculated from "recorded" heights and weights (unclear if these were objectively measured or proxy- reported).	Screen time was significantly lower in the intervention vs control group at 2, 6 and 9 month follow-up post- intervention (mean \pm SD: 2 month: 39.48 \pm 16.36 vs 86.64 \pm 21.63 min/day; 6 month: 24.72 \pm 4.45 vs 84.95 \pm 14.77 min/day; 9 month: 21.15 \pm 6.12 vs 93.96 \pm 18.84 min/day; all p < 0.001). BMI z-scores were not different between the intervention and control groups at baseline (mean \pm SD: intervention, -0.19 \pm 1.12; control, -0.22 \pm 0.81, p = 0.375) or 9- month follow-up (mean \pm SD: intervention, -0.13 \pm 1.05; control, -0.15 \pm 0.95, p = 0.80). BMI z-scores increased in both groups (no data provided).	N/A

<i>Study Design:</i> Longitudinal						
<p>Sijtsma et al. 2013 [2]; Netherlands</p> <p>Groningen Expert Center for Kids with Obesity (GECKO) Drenthe birth cohort</p>	<p>Longitudinal [~15 mo (1.25 yr) follow-up]</p>	<p>N = 1276</p> <p>Approximate age: T1, 9 mo (0.75 yr); Infants</p> <p>T2, 24 mo (2 yr); Toddlers</p>	<p>Time in baby seats (hr/day; e.g., car seat or child seat) assessed by parent-report questionnaire (unpublished).</p>	<p>Weight-for-height (z-score) calculated from objectively measured weight and height.</p> <p>Weight-for-age (z-score) calculated using objectively measured weight.</p> <p>Waist circumference-for-age (z-score) calculating using objectively measured waist circumference (measured at the mid-point between the lower costal margin and the level of the anterior superior iliac spine).</p>	<p>Time in baby seats at age ~9 mo was not associated with weight-for-height (Never, -0.02, SD = 1.05; <1 hr, 0.02, SD = 0.98, ≥ 1 hr, -0.06, SD = 1.03; $p > 0.05$) or weight-for-age (Never, 0.12, SD = 1.01; <1 hr, 0.04, SD = 1.00; ≥ 1 hr, -0.11, SD = 0.92; $p > 0.05$) at ~24 mo.</p> <p>Time in baby seats at age ~9 mo was favourably associated with waist circumference-for-age at 24 mo (Never, 0.17, SD = 0.91; <1 hr, 0.04, SD = 1.00; ≥ 1 hr, -0.19, SD = 0.90; $p < 0.01$; <1 hr vs ≥ 1 hr, $p < 0.05$), and with change in waist circumference-for-age from 9 to 24 mo (Never, 0.00, SD = 1.26; <1 hr, 0.03, SD = 1.15; ≥ 1 hr, -0.22, SD = 1.04; $p < 0.05$; <1 hr vs ≥ 1 hr, $p < 0.05$).</p> <p>Time in baby seats at age ~9 mo was unfavourably associated with change in weight-for-height (Never, -0.34, SD = 0.63; <1 hr, -0.02, SD = 0.77; ≥ 1 hr, 0.00, SD = 0.71; $p < 0.05$; never vs <1 hr and never</p>	<p>N/A</p>

					vs ≥ 1 hr, $p < 0.05$) and change in weight-for-age (Never, -0.30, SD = 0.82; < 1 hr, 0.00, SD = 0.78; ≥ 1 hr, -0.11, SD = 0.74, $p < 0.05$) from 9 mo to 24 mo.	
Gooze et al. 2011 [3]; USA; Early Childhood Longitudinal Study, Birth Cohort (ECLS-B)	Longitudinal (~3.5 yr follow-up)	N \approx 6650 (rounded to the nearest 50) Approximate age: T1, 24 mo (2 yr) Toddlers T2, 5.5 yr School-age	Screen time (\leq or > 2 hr/day; TV and videos) assessed by parent-report questionnaire (unpublished).	Weight status (2000 US growth reference cut-points [4]; categories: BMI-for-age $\geq 95^{\text{th}}$ percentile, obese; $< 95^{\text{th}}$ percentile, non-obese) determined from BMI (calculated from objectively measured height and weight).	The prevalence of obesity at age ~5.5 yr was significantly greater in children with > 2 hr/day screen time (20.8%, 95% CI: 18.3, 23.2) compared to those with ≤ 2 hr/day screen time (15.5%, 95% CI: 14.1, 16.9) at age ~2 yr ($p < 0.001$).	N/A
Griffiths et al. 2010 [5]; England, Wales, Scotland, Northern Ireland; Millennium Cohort Study	Longitudinal (~2 yr follow-up)	N = 11652 Approximate age: T1, 3 yr Toddlers T2, 5 yr School-age	TV time (hr/day; categories: < 1 hr/day, ≥ 1 to < 3 hr/day, ≥ 3 hr/day) assessed by parent-report questionnaire (unpublished).	Weight gain rate from ages 3 to 5 yr (categories: “rapid weight gain”, children in the top quarter of the weight gain z-score distribution; “normal weight gain”, children below the top quarter of the weight gain z-score distribution) calculated from objectively measured height and weight.	TV time at age ~3 yr was not associated with rapid weight gain (compared to < 1 hr/day: ≥ 1 to < 3 hr/day, OR = 1.03, 95% CI: 0.92, 1.17; ≥ 3 hr/day, OR = 1.17, 95% CI: 1.00, 1.38; $p = 0.10$) from ages ~3 to 5 yr.	N/A
Schmidt et al. 2009 [6]; USA Project Viva	Longitudinal (~2.5 yr follow-up)	N = 872 T1, Age Range: 6 mo to 2 yr Toddlers and Pre-schoolers T2, ~Age: 3 yr Pre-schoolers	TV time (hr/day) assessed by parent-report questionnaire (unpublished) at ages 6 mo, 1 yr and 2 yr, and as the weighted average of TV exposure from birth and 2 yr [adapted from questionnaire used in the National Longitudinal Survey of Children and	BMI z-score (calculated from objectively measured height and weight).	TV time from birth to 2 yr was unfavourably associated with BMI z-score at age 3 yr (mean BMI z-score by TV time: 0 to 0.5 hr/day, mean = 0.20, SD = 1.04; 0.5 to < 1 hr/day, mean = 0.40, SD = 0.89; 1 to < 2 hr/day, mean = 0.58, SD = 0.97; ≥ 2 hr/day, mean = 0.58, SD =	N/A

			Youth study (NLSY)].		1.14; $p = 0.0001$).	
Fuller-Tyszkiewicz et al. 2012 [7]; Australia Longitudinal Study of Australian Children (LSAC)	Longitudinal (~2 yr follow-up)	N = 4724 Mean age: T1, 2.29 yr Toddlers T2, 4.25 yr Pre-schoolers T3, 6.42 yr School-age	TV time (min/week) assessed by parent-report interview (unpublished format). Change in TV time (hr/week) between age 29 mo and age 53 mo.	BMI (kg/m^2) calculated from objectively measured height and weight. Waist circumference (cm) measured objectively (at the midway points between the iliac crest and the lowest rib on children's left and right sides).	TV time at age 2.29 yr was unfavourably associated with BMI at age 4.25 yr ($r = 0.03$, $p < 0.05$) and age 6.42 yr ($r = 0.40$, $p < 0.05$). TV time at age 4.25 yr was unfavourably associated with BMI at age 6.42 yr ($r = 0.04$, $p < 0.05$).	N/A
Fitzpatrick et al. 2012 [8]; Canada Quebec Longitudinal Study of Child Development (QLSCD)	Longitudinal (~8 yr follow-up)	N = 1314 T1, ~Age: 29 mo (2.4 yr) Toddlers T2, ~Age: 53 mo (4.4 yr) Pre-schoolers T3, Mean age: 121.8 mo (10.15 yr; Grade 4) School-age	TV time (hr/week) at age 29 mo assessed by parent report questionnaire (unpublished) Change in TV time (hr/week) between age 29 mo and age 53 mo.	Waist circumference (cm) measured objectively (at the midway points between the iliac crest and the lowest rib on children's left and right sides).	TV time at age ~29 mo was not associated with waist circumference at 121.8 mo ($B = 0.009$, 95% CI: -0.005, 0.073, $p > 0.05$). Change in TV time from ~29 to ~53 mo was unfavourably associated with waist circumference at 121.8 mo ($B = 0.047$, 95% CI: 0.001, 0.094, $p < 0.05$).	Maternal BMI, immigration status, level of education, child age in mo in Grade 2, weight status in Grade 2.
Pagani et al. 2010 [9]; Canada QLSCD	Longitudinal (~8 yr follow-up)	N = 1314 T1, ~Age: 29 mo (2.4 yr) Toddlers T2, ~Age: 53 mo (4.4 yr) Pre-schoolers T3, Grade 4 (in	TV time (hr/week) at age 29 mo assessed by parent-report questionnaire (unpublished). Change in TV time (hr/week) from age 29 mo to 53 mo.	BMI (kg/m^2) calculated from objectively measured height and weight.	TV time at age 29 months was unfavourably associated with BMI in Grade 4 (age ~9-10 yr; $\beta = 0.05$, SE = 0.02; $B = 0.05$, 95% CI: 0.01, 0.09; $p < 0.01$). The change in TV time from age 29 mo to 53 mo was unfavourably	TV time: Change in TV time, concurrent TV time, sex, temperament, cognitive ability, impulsivity, emotional distress, physical aggression, <i>hours of sleep</i> , maternal education, family makeup, family functioning.

		Grade 4 in Quebec, children are aged 9 to 10; School-age)			associated with BMI in Grade 4 (age ~9-10 yr; $\beta = 0.03$, SE = 0.01; B = 0.03, 95% CI: 0.01, 0.05; p < 0.01).	Change in TV time: Same as above, except inclusion of “baseline TV time” instead of “change in TV time”.
Reilly et al. 2005 [10]; England Avon Longitudinal Study of Parents and Children (ALSPAC)	Longitudinal (~4 yr follow-up)	N = 5493 Approximate age at exposure measurement: 38 mo (3.2 yr) Pre-schoolers Median age at follow-up: 7.6 yr (range: 6.9 to 8.5 yr) School-age	TV time (hr/week) and time spent in the car on weekdays and weekend days (hr/day) assessed by parent-report questionnaire (unpublished).	Weight status (United Kingdom reference standards in 1990; categories: categories: obese, non-obese) determined from BMI (calculated from objectively measured height and weight).	There was a linear dose-response unfavourable relationship between TV time at age 38 mo and odds of obese weight status at age ~7 yr (<i>unadjusted</i> : compared to ≤ 4 hr/week: 4.1-8 hr/week: OR=1.66, 95% CI: 1.28, 2.17; > 8 hr/week: OR=2.10, 95% CI: 1.60, 2.77; p < 0.001; <i>adjusted</i> : compared to ≤ 4 hr/week: 4.1-8 hr/week: OR=1.37, 95% CI: 1.02, 1.83; > 8 hr/week: OR=1.55, 95% CI: 1.13, 2.12; p < 0.010). Time spent in the car on weekdays at age ~38 months was not associated with obese weight status at age ~7 yr (<i>unadjusted</i> : compared to none: < 1 hr/week: OR = 1.19, 95% CI: 0.84, 1.69; ≥ 1 hr/week: OR = 1.37, 95% CI: 0.90, 2.07; p = 0.34). Time spent in the car on weekend days at age ~38 months was not associated	Birth weight, maternal smoking, infant feeding, parental obesity, <i>sleep</i> , dietary patterns, maternal education, energy intake at age 3 years, sex.

					with obese weight status at age ~7 yr (<i>unadjusted</i> : compared to none: <1 hr/week: OR = 0.62, 95% CI: 0.40, 0.95; ≥1 hr/week: OR = 0.64, 95% CI: 0.41, 0.99; p = 0.090).	
Leary et al. 2015 [11]; England ALSPAC	Longitudinal (~12 yr follow-up)	N = 4750 Approximate ages: T1, “38 month [3.2 yr] clinic visit” (TV and car measures) or “58 month [4.8 yr] clinic visit” (computer game exposure) Pre-schoolers T2, 15.5 yr School-age	Time spent in the car (hr/week) and TV time (hr/week) at age 38 mo assessed by parent-report questionnaire (unpublished). Frequency of playing computer games (categories: rarely/not at all, once a month, once a week, 2-7 times/week) at age 57 mo assessed by parent-report questionnaire (unpublished)	Total fat mass (SD score) and lean mass (SD score) measured objectively by DXA. BMI (SD score) calculated from objectively measured height and weight.	Time spent in the car at age ~38 mo was not significantly associated with fat mass (compared to <4 hr/week: 4-5 hr/week, $\beta = -0.02$, 95% CI: -0.10, 0.06; >5 hr/week, $\beta = 0.05$, 95% CI: -0.06, 0.15, p = 0.50), lean mass (compared to <4 hr/week: 4-5 hr/week, $\beta = -0.005$, 95% CI: -0.05, 0.04; >5 hr/week, $\beta = 0.02$, 95% CI: -0.04, 0.08, p = 0.60), or BMI (compared to <4 hr/week: 4-5 hr/week, $\beta = -0.04$, 95% CI: -0.13, 0.05; >5 hr/week, $\beta = 0.09$, 95% CI: -0.03, 0.20, p = 0.30) at age ~15 yr. TV time at age ~38 mo was unfavourably associated with fat mass (compared to ≤ 4 hr/week: 4.1-8 hr/week, $\beta = 0.04$, 95% CI: -0.04; >8 hr/week, $\beta = 0.11$, 95% CI: 0.02, 0.21, p = 0.01), but not lean mass	Time spent in the car: Gender, age at time of 15-yr clinic visit, height, parental factors, social factors, birthweight and gestation (plus energy intake at 38 mo for dietary patterns), maternal smoking, paternal smoking, breastfeeding, age at introduction to solids, time watching TV at 38 mo, frequency playing computer games at 57 mo. TV time: Same as above, except instead of “time watching TV at 38 mo” inclusion of “time spent in the car at 38 mo”. Frequency of playing computer games: Same as for “time spent in the car”, except with the addition of “time spent in the car at 38 mo”.

					<p>(compared to ≤ 4 hr/week: 4.1-8 hr/week, $\beta = -0.01$, 95% CI: -0.06, 0.03; >8 hr/week, $\beta = -0.03$, 95% CI: -0.08, 0.02, $p = 0.30$) or BMI (compared to ≤ 4 hr/week: 4.1-8 hr/week, $\beta = 0.01$, 95% CI: -0.08, 0.10; >8 hr/week, $\beta = 0.08$, 95% CI: -0.03, 0.18, $p = 0.10$), at age ~ 15 yr.</p> <p>Frequency of playing computer games at age ~ 57 mo was not significantly associated with fat mass (compared to rarely/not at all: once a month, $\beta = -0.03$, 95% CI: -0.12, 0.06; once a week, $\beta = 0.05$, 95% CI: -0.03, 0.13; 2-7 times/week, $\beta = -0.01$, 95% CI: -0.10, 0.08, $p = 0.70$), lean mass (compared to rarely/not at all: once a month, $\beta = 0.005$, 95% CI: -0.05, 0.06; once a week, $\beta = 0.03$, 95% CI: -0.02, 0.07; 2-7 times/week, $\beta = 0.05$, 95% CI: -0.002, 0.11, $p = 0.05$), or BMI (compared to rarely/not at all: once a month, $\beta = -0.005$, 95% CI: -0.10, 0.09; once a week, $\beta = 0.10$, 95% CI: 0.003, 0.19; 2-7 times/week, $\beta = 0.07$, 95% CI: -0.03, 0.17, $p =$</p>	
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					0.06) at age ~15 yr.	
Flores and Lin 2013[12]; USA Early Childhood Longitudinal Study-Birth Cohort (ECLS-B)	Longitudinal (~1 to 2 yr follow-up)	N = 6800 Approximate ages: Baseline, “preschool age” (3 to 4 yr) Pre-schoolers Follow-up, “kindergarten entry” School-age	TV time (hr/day) and time watching DVDs (hr/day) on weekdays assessed by parent-report questionnaire (unpublished).	Weight status (Centers for Disease Control and Prevention (CDC) cut-points; categories: not overweight, overweight) determined from BMI (calculated from objectively measured height and weight).	Children with overweight status had greater TV time (2.5 hr/day) at preschool age than children without overweight status (2.2 hr/day) at entry to kindergarten (p = 0.03). Time watching DVDs on weekdays at preschool age was unfavourably associated with overweight status at entry to kindergarten (compared to not overweight, for each additional hour of time watching DVDs, OR = 1.1, 95% CI: 1.01, 1.14).	Pacific islander race/ethnicity, non-English primary language spoken at home, and number of children in the household.
Olafsdottir et al. 2014 [13]; Estonia, Sweden, Germany, Belgium, Hungary, Italy, Spain and Cyprus Identification and prevention of dietary and lifestyle-induced health effects in children and infants (IDEFICS)	Longitudinal (2 yr follow-up)	N = unclear (only the total study sample is reported, but this includes other age groups that are not of interest) Age range at baseline: 2 to < 6 yr Toddlers and Pre-schoolers	TV time (hr/day; TV, video, DVD) and screen time (hr/day; TV, video, DVD, computer) assessed by parent-report questionnaire (unpublished).	BMI (kg/m ²) calculated from objectively measured height and weight. Waist-to-height ratio (WHtR; no units, ratio) calculated from objectively measured height and waist circumference (measured at the midpoint between the iliac crest and the lower costal border or 10 th rib). Weight status (IOTF cut-points [14]; categories: normal weight or	TV time at baseline was unfavourably associated with % change in BMI from baseline to 2-yr follow-up (odds of being in highest quintile of % change in BMI for each hr/day of TV: OR = 1.23, 95% CI: 1.08, 1.40, p < 0.01). TV time at baseline was unfavourably associated with % change in WHtR from baseline to 2-yr follow-up (odds of being in highest quintile of % change in WHtR for each	Age, sex, parental education, intervention and study centre.

				<p>underweight, overweight or obese) determined from BMI (calculated from objectively measured height and weight).</p>	<p>hr/day of TV: OR = 1.32, 95% CI: 1.14, 1.52, $p < 0.001$).</p> <p>Screen time at baseline was unfavourably associated with % change in BMI from baseline to 2-yr follow-up (odds of being in highest quintile of % change in BMI for each hr/day of screen time: OR = 1.15, 95% CI: 1.04, 1.28, $p < 0.01$).</p> <p>Screen time at baseline was unfavourably associated with % change in WHtR from baseline to 2-yr follow-up (odds of being in highest quintile of % change in WHtR for each hr/day of screen time: OR = 1.22, 95% CI: 1.09, 1.36, $p < 0.01$).</p>	
<p>Wheaton et al. 2015 [15]; Australia</p> <p>LSAC</p>	<p>Longitudinal (~ 6 yr follow-up)</p>	<p>N = 4169</p> <p>Mean age: T1, 4.80 yr; Pre-schoolers</p> <p>T2, 6.87 yr; T3, 8.85 yr; T4, 10.89 yr School-age</p>	<p>TV time (hr/day) and computer time (hr/day) on weekdays and weekend days assessed by parent-report questionnaire (unpublished).</p>	<p>Change in weight status [World Health Organization (WHO) cut-points; overweight (OW; $>+1$ SD), obese (OB; $>+2$ SD); categories: normal (NW) to OW/OB, OW/OB to NW, remained NW, OW/OB] determined from BMI z-score (calculated from objectively measured height and weight).</p>	<p>Weekday TV time at age ~5 yr was not associated with change in weight status from 5 to ~7 yr (compared to remained NW: NW to OW/OB, RRR = 0.84, SE = 0.19, $p = 0.45$; remained OW/OB, RRR = 1.02, SE = 0.15, $p = 0.91$; OW/OB to NW, RRR = 0.99, SE = 0.21, $p = 0.34$), 5 to ~9 yr (compared to remained</p>	<p>Weekday TV time: Fruit and vegetable intake, high-fat foods, sugar-sweetened beverages; computer use week and weekend day; TV use weekend day; sex; ethnicity; socioeconomic position; mother and father BMI.</p> <p>Weekend TV time: Same as above, except “TV use</p>

					<p>NW: NW to OW/OB, RRR = 1.01, SE = 0.18, p = 0.95; remained OW/OB, RRR = 1.18, SE = 0.18, p = 0.26; OW/OB to NW, RRR = 0.97, SE = 0.17, p = 0.87), or 5 to ~11 yr (compared to remained NW: NW to OW/OB, RRR = 0.96, SE = 0.18, p = 0.82; remained OW/OB, RRR = 1.10, SE = 0.18, p = 0.54; OW/OB to NW, RRR = 1.08, SE = 0.17, p = 0.65).</p> <p>Weekend TV time at age ~5 yr was not associated with change in weight status from 5 to ~7 yr (compared to remained NW: NW to OW/OB, RRR = 1.27, SE = 0.26, p = 0.24; remained OW/OB, RRR = 1.21, SE = 0.15, p = 0.14; OW/OB to NW, RRR = 1.05, SE = 0.15, p = 0.76), or 5 to ~11 yr (compared to remained NW: NW to OW/OB, RRR = 1.17, SE = 0.17, p = 0.28; remained OW/OB, RRR = 1.12, SE = 0.15, p = 0.39; OW/OB to NW, RRR = 1.19, SE = 0.18, p = 0.25), but was unfavourably associated with likelihood of changing from normal</p>	<p>weekday” instead of “TV use weekend day”.</p> <p>Weekday computer time: Same as for “weekday TV time”, except “TV use weekday” instead of “computer use weekday”.</p> <p>Weekend computer time: Same as for “weekday TV time”, except “TV use weekday” instead of “computer use weekend day”.</p>
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					<p>weight to overweight/obese status at age ~9 yr (compared to remained NW: NW to OW/OB, RRR = 1.39, SE = 0.23, $p < 0.05$; remained OW/OB, RRR = 1.24, SE = 0.16, $p = 0.87$; OW/OB to NW, RRR = 1.11, SE = 0.17, $p = 0.47$).</p> <p>Weekday computer time at age ~5 yr was not associated with change in weight status from 5 to ~7 yr (compared to remained NW: NW to OW/OB, RRR = 1.17, SE = 0.21, $p = 0.38$; remained OW/OB, RRR = 1.04, SE = 0.12, $p = 0.74$; OW/OB to NW, RRR = 0.83, SE = 0.12, $p = 0.19$), 5 to ~9 yr (compared to remained NW: NW to OW/OB, RRR = 0.94, SE = 0.13, $p = 0.66$; remained OW/OB, RRR = 1.00, SE = 0.12, $p = 0.98$; OW/OB to NW, RRR = 0.78, SE = 0.12, $p = 0.10$), or 5 to ~11 yr (compared to remained NW: NW to OW/OB, RRR = 0.95, SE = 0.13, $p = 0.87$; remained OW/OB, RRR = 1.06, SE = 0.13, $p = 0.70$; OW/OB to NW, RRR = 0.78, SE = 0.11, $p = 0.09$).</p>	
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					<p>Weekend computer time at age ~ 5 yr was not associated with change in weight status from 5 to ~7 yr (compared to remained NW: NW to OW/OB, RRR = 0.87, SE = 0.15, p = 0.43; remained OW/OB, RRR = 1.07, SE = 0.11, p = 0.53; OW/OB to NW, RRR = 0.99, SE = 0.13, p = 0.96), 5 to ~9 yr (compared to remained NW: NW to OW/OB, RRR = 0.94, SE = 0.12, p = 0.63; remained OW/OB, RRR = 1.09, SE = 0.11, p = 0.40; OW/OB to NW, RRR = 1.01, SE = 0.14, p = 0.97), or 5 to ~11 yr (compared to remained NW: NW to OW/OB, RRR = 0.93, SE = 0.11, p = 0.56; remained OW/OB, RRR = 1.04, SE = 0.12, p = 0.73; OW/OB to NW, RRR = 1.01, SE = 0.13, p = 0.92).</p>	
De Coen et al. 2013[16]; Belgium	Longitudinal [~30 mo (2.5 yr) follow-up]	<p>N = 538</p> <p>Mean age, baseline: 4.95 yr</p> <p>Pre-schoolers</p> <p>Follow-up at “18 mo” or “30 mo” after baseline (mean age</p>	Screen time (hr/day; TV, computer, DVD, etc.) on weekdays and weekend days assessed by parent-report questionnaire (unpublished).	Weight status [Flemish reference data; categories: normal weight, overweight (>+1 SD)] determined from BMI z-scores (calculated from objectively measured height and weight).	<p>Weekday screen time at age ~5 yr was not associated with having overweight weight status at ~18 mo follow-up (compared to ≤1 hr/day, OR = 1.91, 95% CI: 0.91, 3.06, p = 0.08) or ~30 mo (compared to ≤1 hr/day,</p>	Weight status at baseline, living situation, number of children in the family, maternal education level, paternal education level, language spoken at home, maternal professional status, paternal professional status, soft

		not reported) School-age			OR = 2.07, 95% CI: 0.98, 4.25, p = 0.06). Weekend screen time at age ~5 yr was not associated with having overweight weight status at ~18 mo follow-up (compared to ≤ 2 hr/day, OR = 1.07, 95% CI: 0.49, 2.34, p > 0.10) or ~30 mo (compared to ≤ 2 hr/day, OR = 1.00, 95% CI: 0.39, 2.56, p > 0.10).	drinks consumption, water consumption, milk products consumption, fruit consumption, vegetable consumption, sweet and savory snacks consumption, <i>physical activity at home</i> , <i>structured physical activity</i> , screen time on weekends <i>or</i> weekdays.
<i>Study Design:</i> Case-Control						
Koleilat et al. 2012 [17]; USA	Case-Control	N = 556 Cases (overweight), n = 260 Controls (healthy weight), n = 263 Age Range: 3-4 yr Pre-schoolers	TV time (hr/day) assessed by parent-report interview (unpublished format).	Weight status (CDC cut-points; categories: overweight >95th percentile, healthy weight 25-75th percentile) determined from BMI (calculated from objectively measured height and weight).	The proportion of children with <1hr/day or ≥ 1 hr/day TV time was not different between the healthy weight and overweight groups (<1 hr/day: healthy weight, 20.27%; overweight, 14.23%; ≥ 1 hr/day: healthy weight, 79.73%; overweight, 85.77%; p > 0.05). Watching TV for ≥ 1 hr/day was unfavourably associated with having overweight status (OR = 1.71, 95% CI: 1.07, 2.75, p = 0.02).	Gender, race, maternal BMI, maternal education, maternal occupation, number of hours in child care, number of days in child care, quality of the home environment.
Kain and Andrade 1999 [18]; Chile	Case-Control	N=686 Cases (Obese),	TV time (hr/day) and total sedentary time (hr/day; activities with	Weight status (WHO cut-points; categories: obese, weight/height ≥ 2 SD; non-	TV time was not different between children with obese weight status	N/A

		n=237 Control, n=449 Approximate age: 4 yr Pre-schoolers	energy expenditure < 1.2-1.4 METs using previously published reference values for activities) assessed by one-day parent-recall of usual activities during a week day (unpublished format).	obese, weight/height -1 to 1 SD) determined from the ratio of objectively measured height to weight.	(<i>boys</i> : 3.2 hr/day; <i>girls</i> : 3.3 hr/day) and non-obese weight status (<i>boys</i> : 3.4 hr/day; <i>girls</i> : 3.2 hr/day) (both $p > 0.05$). Total sedentary time was not different between children with obese weight status (<i>boys</i> : 7.8 hr/day; <i>girls</i> : 8.0 hr/day) and non-obese weight status (<i>boys</i> : 7.9 hr/day; <i>girls</i> : 8.1 hr/day) (both $p > 0.05$).	
<i>Study Design:</i> Cross-sectional						
Sijtsma et al. 2013[2]; Netherlands Groningen Expert Center for Kids with Obesity (GECKO) Drenthe birth cohort	Cross-sectional	N = 1722 Approximate age: 9 mo (0.75 yr) Infants	Time in baby seats (hr/day; categories: never, <1 hr/day, ≥1 hr/day; e.g., car seat or child seat) assessed by parent-report questionnaire (unpublished).	Weight-for-height (z-score) calculated from objectively measured weight and height. Weight-for-age (z-score) calculated using objectively measured weight. Waist circumference-for-age (z-score) calculating using objectively measured waist circumference (measured at the mid-point between the lower costal margin and the level of the anterior superior iliac spine).	Time in baby seats was not associated with weight-for-height (Never, 0.28, SD = 1.06; <1 hr, 0.04, SD = 0.98; ≥1 hr, 0.02, SD = 1.01; $p > 0.05$), weight-for age (Never, 0.31, SD = 1.05; <1 hr, 0.03, SD = 0.98; ≥1 hr, 0.07, SD = 0.98; $p > 0.05$) or waist circumference-for-age (Never, 0.10, SD = 1.09; <1 hr, -0.02, SD = 1.00; ≥1 hr, 0.07, SD = 0.97; $p > 0.05$).	N/A

<p>Wen et al. 2014 [19]; Australia</p> <p>Healthy Beginnings Trial</p>	<p>Cross-sectional</p>	<p>N = 242</p> <p>Approximate age: 2 yr</p> <p>Toddlers</p>	<p>TV time (hr/week) assessed by parent-report questionnaire [20].</p>	<p>BMI (kg/m²) calculated from objectively measured height and weight.</p> <p>Weight status (categories: normal weight, overweight, obese) determined from BMI and IOTF cut-points from [14].</p>	<p>TV time was unfavourably associated with BMI (unadjusted: $\beta = 0.08$, 95% CI: 0.02, 0.14; adjusted: $\beta = 0.09$, 95% CI: 0.03, 0.15, $p = 0.003$) and having overweight/obese weight status in unadjusted (OR = 1.1, 95% CI: 1.01, 1.21) but not adjusted (data not reported) analyses.</p>	<p>Breastfeeding, birth weight, mothers' weight status, mothers' country of birth, marital status, education level.</p>
<p>Johansson et al. 2015 [21]; Sweden</p> <p>Early Stockholm Obesity Prevention Project (Early STOPP)</p>	<p>Cross-sectional</p>	<p>N = 123</p> <p>Mean age: 2.03 yr</p> <p>Toddlers</p>	<p>Total sedentary time (min/day; ≤ 89 counts/5 sec epoch) measured objectively by accelerometer (Actigraph, GT3X+ worn on the wrist).</p> <p>Number of 30 min bouts of sedentary behaviour and total time in 30 min bouts of sedentary behaviour (number and min/day; 30 min of ≤ 89 counts/5 sec with a 1 min interruption of > 89 counts/5 sec allowed).</p>	<p>Weight status (IOTF cut-point [14]; categories: normal weight, overweight/obese) determined from BMI (calculated from objectively measured height and weight).</p>	<p>Total sedentary time was not different between children with normal (432, SD = 48 min/day) and overweight (422, SD = 40 min/day) weight status ($p = 0.42$).</p> <p>The number of 30 min bouts of sedentary behaviour was not different between children with normal (2.2, SD = 1.3 bouts) and overweight (2.4, SD = 0.8 bouts) weight status ($p = 0.73$), nor was the total time in 30 min bouts of sedentary behaviour (normal weight: 155, SE = 83 min; overweight: 146, SD = 51 min; $p = 0.63$).</p>	
<p>Wijtzes et al. 2013 [22]; Netherlands</p> <p>Generation R Study</p>	<p>Cross-sectional</p>	<p>N = 347</p> <p>Approximate age: 25 mo (2.1 yr)</p> <p>Toddlers</p>	<p>Total sedentary time (% of monitored time; measured on 1 weekday and 1 weekend day; ≤ 301 counts/15 sec epoch)</p>	<p>BMI z-score (no units) calculated from objectively measured height and weight.</p>	<p>Total sedentary time was not associated with BMI z-score ($\beta = 0.10$, 95% CI: -0.4 - 0.6, $p > 0.05$).</p>	<p>N/A</p>

			measured objectively by accelerometer (Actigraph, AM-7164).			
Fuller-Tyszkiewicz et al. 2012 [7]; Australia LSAC	Cross-sectional	N = 4724 Mean age: T1, 2.29 yr Toddlers T2, 4.25 yr Pre-schoolers	TV time (min/week) assessed by parent-report interview (unpublished format).	BMI (kg/m ²) calculated from objectively measured height and weight.	TV time was not cross-sectionally associated with BMI at age 2.29 yr ($r = 0.01$, $p > 0.05$), but was unfavourably associated with BMI at age 4.25 yr ($r = 0.03$, $p < 0.05$).	N/A
Williams et al. 2008 [23]; USA Children's Activity and Movement in Preschool Study (CHAMPS)	Cross-sectional	N = 198 Approximate age: 3 yr and 4 yr Pre-schoolers	Total sedentary time (hr/day; <37.5 counts/15 sec epoch) measured objectively by accelerometer (Actigraph, 7164).	BMI z-score (no units) calculated from objectively measured height and weight	Total sedentary time was not associated with BMI z-score ($r = -0.09$, $p > 0.05$).	N/A
Chiasson et al. 2016 [24]; USA	Cross-sectional	N = 47,287 Approximate age: 3 yr Toddlers	Screen time (hr/day; TV videos, DVDs, using the computer, computer games) assessed by parent-report interview (unpublished format).	Weight status (CDC cut-points; categories: not obese, <85 th percentile; obese, ≥95 th percentile) determined from BMI (calculated from objectively measured height and weight).	Screen time was unfavourably associated with obese weight status (<i>unadjusted</i> : compared to >2 hr/day, ≤2 hr/day: OR = 0.85, 95% CI: 0.77, 0.93, $p < 0.001$; <i>adjusted</i> : OR = 0.87, 95% CI: 0.79, 0.95, $p < 0.001$).	Race, residence, birthweight, breastfeeding package, exposure to new "Women Infants and Children" food package, healthy food daily.
Dennison et al. 2002 [25]; USA	Cross-sectional	N = 1182 Age range: 1 to 4 yr Toddlers and Pre-schoolers	Screen time (hr/day; TV, video) assessed by parent-report questionnaire (unpublished).	Weight status (categories: overweight, > 85 th percentile; non-overweight, ≤85 th percentile) determined from BMI (calculated from objectively measured height and weight).	Screen time was not associated with weight status (OR = 0.99, 95% CI: 0.91, 1.08, $p = 0.80$).	Child age, child sex, parental educational attainment, race/ethnicity, maternal BMI, TV set in bedroom.
Twarog et al. 2015 [26]; USA	Cross-sectional	N = 1282	Screen time (hr/day; TV and videos) assessed by	Weight status (CDC cut-points; categories: not	Screen time was unfavourably associated	Age, race/ethnicity, gender, poverty status.

National Health and Nutrition Examination Survey (NHANES) (2009 to 2012)		Age range: 2 to 4 yr Toddlers and Pre-schoolers	parent-report using the Physical Activity section of the Family Questionnaire used in NHANES.	obese, <95 th percentile; obese, ≥95 th percentile) determined from BMI (calculated from objectively measured height and weight).	with obese weight status (compared to not obese weight status, odds for screen time >2 hr/day with obese weight status, OR = 1.58, 95% Wald Confidence Interval: 1.03, 2.44, p < 0.05).	
Manios et al. 2009 [27]; Greece The Growth, Exercise and Nutrition Epidemiological Study in preSchoolers (GENESIS)	Cross-sectional	N = 2374 Age Range: 1 to 5 yr Toddlers and Pre-schoolers	TV time (hr/day) assessed by parent-report questionnaire (unpublished).	Weight status (CDC cut-points; categories: underweight/normal weight, overweight, obese) determined from BMI (calculated from “recorded” height and weight).	Children with ≥2 hr/day TV time had a higher prevalence of overweight obesity (18.6% vs 16.8%) and obesity (21.7% vs. 16.1%) than children with <2 hr/day (p = 0.003). In those aged 3-5 yr , but not those <3 yr (data not reported), ≥2 hr/day TV time was unfavourably associated with obesity in <i>unadjusted</i> (compared to <2 hr/day, <i>unadjusted</i> : OR = 1.3, 95% CI: 1.01, 1.70, p = 0.049), but not <i>adjusted</i> analyses (<i>adjusted</i> : OR = 1.26, 95% CI: 0.89, 1.79, p > 0.05). In those aged 3-5 yr , each additional hour of TV per day was associated with 12% higher probability of having obese weight status (<i>unadjusted</i> : OR = 1.12, 95% CI: 1.03, 1.26; p = 0.042).	Child's gender, birthweight for gestational age, weight gain in the first 6 months, place of living, mother's educational status, mother's TV viewing time, father's TV viewing time, mother's smoking during pregnancy, parental weight status, <i>child's physical activity</i> , child's total energy intake.

Asplund et al. 2015 [28]; USA	Cross-sectional	<p>N = 302</p> <p>Age range: 0 to 5 yr Also grouped into those <2 yr and ≥2 yr</p> <p>Infants, Toddlers, Pre-schoolers</p>	<p>Total screen time (hr/day; TV, video games, computers, cell phones and other electronic devices) assessed by parent-report questionnaire (unpublished).</p> <p>Children were grouped into categories based on “screen time guideline adherence”: for those aged <2 yr, “no screen time”, or “greater than no screen time”; for those aged “≥2 yr”, <2 hr/day, or “≥2 hr/day”.</p>	<p>Weight status (WHO cut-points, categories: underweight, healthy weight, overweight, obese) determined from BMI percentile (calculated from objectively measured height and weight).</p>	<p>Total screen time did not differ by weight status category (obese, 1.6 hr/day, SD = 1.1; overweight, 1.8 hr/day, SD = 1.7; healthy weight, 1.6 hr/day, SD = 1.7; p = 0.51).</p> <p>There was no association between “guideline adherence” and weight status in children < 2 yr of age (% in each category with no screen time: obese, 28; overweight, 37; healthy weight, 56; p = 0.06) or ≥2 yr of age (% in each category with <2hr/day screen time: obese, 65; overweight, 59; healthy weight, 54; p = 0.50).</p> <p>Children who were overweight/obese were not more or less likely to meet the screen time guidelines than children who were normal weight (healthy weight, reference; ages <2 yr: overweight/obese, OR = 0.35, 95% CI: 0.12, 1.05; ages ≥2 yr, overweight/obese, OR = 1.51, 95% CI: 0.67, 3.42).</p>	<p>Age, parent age, ethnicity, survey language, parent-weighted daily screen time, TV on during dinner, and number of TVs in home.</p>
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Nelson et al. 2006 [29]; USA	Cross-sectional	N = 375 Age range: 2 to 4 yr Toddlers and Pre-schoolers	Screen time (min/day; TV and computer) assessed by parent-report questionnaire (modified NHANES 1999-2003 questionnaire).	Weight status (CDC cut-points; categories: at risk of overweight/overweight, $\geq 85^{\text{th}}$ percentile; healthy weight, $< 85^{\text{th}}$ percentile) determined from BMI (calculated from objectively measured height and weight).	Screen time was not associated with weight status (compared to < 2 hr: OR = 1.54, 95% CI: 0.99, 2.38, $p = 0.07$) in <i>unadjusted analysis</i> , but was unfavourably associated with at risk of overweight/overweight status (compared to < 2 hr: OR = 1.74, 95% CI = 1.00, 3.04, $p = 0.05$) in <i>adjusted analysis</i> .	Race, ethnicity, asthma, non-juice fruit drink, <i>physical activity</i> .
LaRowe et al. 2010 [30]; USA Healthy Children Strong Families (HCSF)	Cross-sectional	N = 135 Age range: 2 to 5 yr Toddlers and Pre-schoolers	TV time (hr/day) assessed by parent-report questionnaire (unpublished). Sedentary time (hr/day; Pfeiffer et al. 2006 or Evenson et al. 2008 cut-points) measured objectively by accelerometer (Actical).	Weight status (CDC cut-points; categories: normal weight, $< 85^{\text{th}}$ percentile; overweight, $\geq 85^{\text{th}}$ percentile) determined from BMI (unclear if calculated from objectively measured or proxy-reported height and weight).	TV time was not different between children with overweight and normal weight status (mean TV time: overweight, 2.17, SD = 0.18 hr/day; normal weight, 1.83, SD = 0.14 hr/day; $p < 0.23$). Sedentary time was not different between children with overweight and normal weight status (mean sedentary time: overweight, 9.4, SD = 0.61 hr/day; normal weight, 8.5, SD = 0.40 hr/day, $p = 0.44$).	
Fulton et al. 2009; USA [31]; National Health and Nutrition Examination Survey (NHANES; 1999 to 2006)	Cross-sectional	N = 2861 Girls, n = 1423 Boys, n = 1438 Age range: 2 to 5 yr Toddlers to Pre-schoolers	Screen time (hr/day; TV, video, computer) assessed by interviewer-administered parent-report questionnaire (unpublished).	Weight status (CDC cut-points; categories: normal weight, BMI $< 85^{\text{th}}$ percentile; overweight/obese, BMI $\geq 85^{\text{th}}$ percentile) determined from BMI (calculated from	Screen time was not associated with overweight/obese weight status in <i>boys</i> (compared to 0 to 2 hr/day: <i>unadjusted</i> : 2.5 to 4 hr/day, OR = 1.2, 95% CI: 0.8, 1.7; ≥ 4.5 hr/day, OR	Race/ethnicity

				objectively measured height and weight).	= 1.4, 95% CI: 0.8, 2.3; <i>adjusted</i> : 2.5 to 4 hr/day, OR = 1.2, 95% CI: 0.8, 1.7; ≥ 4.5 hr/day, OR = 1.5, 95% CI: 0.9, 2.6) or <i>girls</i> (compared to 0 to 2 hr/day: <i>unadjusted</i> : 2.5 to 4 hr/day, OR = 1.0, 95% CI: 0.7, 1.4; ≥ 4.5 hr/day, OR = 1.4, 95% CI: 0.9, 2.3; <i>adjusted</i> : 2.5 to 4 hr/day, OR = 1.0, 95% CI: 0.7, 1.4; ≥ 4.5 hr/day, OR = 1.4, 95% CI: 0.8, 2.3).	
Chen et al. 2011 [32]; USA	Cross-sectional	N = 2036 Age range: 2 to 5.99 yr Toddlers and Pre-schoolers	Screen time (hr/day) assessed by parent-report questionnaire (unpublished).	Weight status (CDC cut-points; categories: normal weight, <85th percentile; overweight, ≥ 85 th to 90th percentile; obese, ≥ 95 th percentile) determined from BMI (calculated from objectively measured height and weight).	Screen time was not associated with overweight status (compared to 3+ hr/day, ≤ 2 hr/day: OR = 0.91, 95% CI: 0.66, 1.27, $p = 0.599$) but was unfavourably associated with obese weight status (compared to 3+ hr/day, ≤ 2 hr/day: OR = 0.67, 95% CI: 0.46, 0.98, $p = 0.039$).	Gender, age, ethnicity, <i>physical activity</i> , fruit and vegetables, sweet drinks, fast food, chips.
Olafsdottir et al. 2014 [13]; Estonia, Sweden, Germany, Belgium, Hungary, Italy, Spain and Cyprus IDEFICS	Cross-sectional	N = unclear (only the total study sample is reported, but this includes other age groups that are not of interest) Age range: 2 to < 6 yr Toddlers and Pre-schoolers	TV time (hr/day; TV, video, DVD) and screen time (hr/day; TV, video, DVD, computer) assessed by parent-report questionnaire (unpublished).	BMI (kg/m^2) calculated from objectively measured height and weight. Waist-to-height ratio (no units; ratio) calculated from objectively measured height and waist circumference (measured at the midpoint between the iliac crest and the lower costal border or 10 th	TV time was unfavourably associated with having overweight/obese weight status (OR = 1.23, 95% CI: 1.11, 1.35, $p < 0.01$) and with having a WHtR > 5 (OR = 1.17, 95% CI: 1.07, 1.27, $p < 0.01$). Screen time was unfavourably associated	Age, sex, parental education, intervention and study centre.

				rib). Weight status (IOTF cut-points [14]; categories: normal weight or underweight, overweight or obese) determined from BMI (calculated from objectively measured height and weight).	with having overweight/obese weight status (OR = 1.19, 95% CI: 1.10-1.29, $p < 0.001$) and with having a WHR > 5 (OR = 1.13, 95% CI: 1.05, 1.21, $p < 0.001$).	
Kourlaba et al. 2009 [33]; Greece The GENESIS Study	Cross-sectional	N = 2374 Age range: 1 to 2 yr (Toddlers) and 3-5 yr (Pre-schoolers)	TV time (hr/day) assessed by parent-report questionnaire (unpublished).	Weight status (CDC cut-points; categories: underweight/normal weight, overweight, obese) determined from BMI (calculated from “recorded” height and weight).	TV time was not different between those who were normal weight (1-2 yr, 0.73, SD = 0.88 hr/day; 3-5 yr, 1.52, SD = 1.09 hr/day), overweight (1-2 yr, 0.97, SD = 1.02; 3-5 yr, 1.48, SD = 1.06), and obese (1-2 yr, 0.85, SD = 0.99 hr/day; 3-5 yr, 1.66, SD = 1.16 hr/day) ($p > 0.05$).	
Burdette and Whitaker 2005 [34]; USA; Fragile Families and Child Wellbeing Study	Cross-sectional	N = 2291 Mean age: 39 mo (~3.25 yr) Pre-schoolers	TV time (min/day) assessed by parent-report interview (unpublished format).	BMI (kg/m^2) calculated from objectively measured height and weight.	TV time was not correlated with BMI ($r = -0.001$, $p = 0.952$; values from author correspondence).	N/A
Dolinsky et al. 2011 [35]; USA; KAN-DO Study	Cross-sectional	N = 329 Mean age: 3.5 yr Pre-schoolers	Total sedentary time hr/day; <12 counts/15 sec epoch) measured objectively by accelerometer (Actical; Mini Mitter Co, Inc.).	Weight status (cut-points from American Academy of Pediatrics 2007 [36]; categories: underweight, $<5^{\text{th}}$ percentile; healthy weight, $\geq 5^{\text{th}}$ to $<85^{\text{th}}$ percentile; overweight, $\geq 85^{\text{th}}$ to $<95^{\text{th}}$ percentile; obese, $\geq 95^{\text{th}}$ percentile) determined from	Total sedentary time was not associated with weight status (Reference, underweight; Healthy weight: % difference = 0.9, 95% CI: -6.5, 8.9; Overweight: % difference = -2.4, 95% CI: -10.1, 5.9; Obese: % difference = 0.2, 95% CI: -8.1, 9.2; $p =$	Study site, child’s mean hours per day of accelerometry monitoring.

				objectively measured height and weight.	0.32).	
Minh Do et al. 2015 [37]; Vietnam	Cross-sectional	N = 2,677; Urban, n = 1,364; Rural, n = 1,313 Mean age: Urban, 4.3 yr Rural, 4.0 yr <i>Pre-schoolers</i>	Screen time (hr/day; TV time and time spent playing computer games) assessed by parent-report questionnaire (unpublished).	Weight status (WHO cut-points; categories: overweight/obese, other) determined from BMI z-scores (calculated from objectively measured height and weight).	The odds of overweight/obesity were not different between those with <2 or ≥ 2 hr/day screen time in an urban (unadjusted: <2 hr/day, reference; ≥2hr/day, OR = 0.79, 95% CI: 0.56, 1.11, p = 0.16; adjusted: OR = 0.75, 95% CI: 0.50, 1.12) or rural (unadjusted: <2 hr/day, reference; ≥ 2 hr/day, OR = 0.38, 95% CI: 0.12, 1.23, p = 0.06; adjusted: OR = 0.74, 95% CI: 0.21, 2.57) sample of children.	Sex, age, amount of food, fatty food, fried food, irregular snack, eating speed, <i>outdoor activity</i> , <i>indoor activity</i> , mother's education, household size, watching food advertisements on TV by mother, watching food advertisements on TV by father, snack availability.
Hajian-Tilaki and Heidari 2013 [38]; Iran	Cross-sectional	N = 760 Age range: 2-5 yr Mean age: Boys, 4.23 yr; Girls, 4.24 yr <i>Pre-schoolers</i>	TV time (hr/day) and time spent playing computer games (hr/day) assessed by parent-report questionnaire (unpublished).	Weight status (CDC cut-points; categories: overweight/obese, ≥85th percentile; normal/underweight, <85th percentile) determined from BMI (calculated from objectively measured height and weight).	TV time of ≥ 2 hr/day did not elevate odds of overweight/obesity compared to <2 hr/day (OR = 1.31, 95% CI: 0.92, 1.82, p = 0.13). Playing computer games for ≥ 1 hr/day did not elevate the odds of overweight/obesity compared to <1 hr/day (OR = 1.46, 95% CI: 0.97, 2.19, p = 0.06).	N/A
Mendoza et al. 2007 [39]; USA NHANES; 1999-2002	Cross-sectional	N = 1340 Mean age: 3.5 yr <i>Pre-schoolers</i>	TV/video time (hr/day), computer time (hr/day), and screen time (hr/day; TV/video and computer time) assessed by parent-report questionnaire	Weight status (WHO cut-points; categories: overweight/at risk for overweight, ≥85th percentile; normal weight, ≥5th and <85th percentile;	TV time (>2 hr/day vs ≤2 hr/day) was unfavourably associated with being overweight or at risk for overweight (PR = 1.34, 95% CI: 1.07, 1.66, p =	Age, gender, race/ethnicity, income.

			(unpublished).	<p>underweight excluded) determined from BMI (calculated from objectively measured height and weight).</p> <p>Sum of skinfolds (triceps and subscapular; mm) measured using standardized techniques and equipment.</p>	<p>0.01) and with skinfold thickness ($\beta = 1.08$, 95% CI: 0.19, 1.96, $p = 0.02$).</p> <p>Computer use (>0 hr/day vs 0 hr/day) was not associated with weight status (PR = 1.16, 95% CI: 0.89, 1.51, $p > 0.05$) but was unfavourably associated with skinfold thickness ($\beta = 0.56$, 95% CI: 0.04, 1.07, $p = 0.04$).</p> <p>Screen time (>2 hr/day vs ≤ 2 hr/day) was not associated with weight status (PR = 1.21, 95% CI: 0.96, 1.54, $p > 0.05$) or skinfold thickness ($\beta = 0.85$, 95% CI: -0.04, 1.75, $p = 0.061$).</p>	
Sijtsma et al. 2015 [40]; The Netherlands; Groningen Expert Center for Kids with Obesity (GECKO) Drenthe birth cohort	Cross-sectional	<p>N = 759</p> <p>Age range: 3 to 4 yr</p> <p>Pre-schoolers</p>	Screen time (min/day; TV and computer) assessed by parent-report questionnaire (unpublished).	<p>BMI (kg/m^2) calculated from objectively measured height and weight.</p>	<p>Screen time was unfavourably associated with BMI ($r = 0.101$, $p = 0.006$).</p> <p>In path analysis, screen time was directly unfavourably associated with BMI (screen time \rightarrow BMI: B = 0.0027, 95% CI: 0.0004, 0.0050, $p = 0.024$) and indirectly unfavourably associated with BMI via reduced sleep duration (screen time \rightarrow sleep duration \rightarrow BMI: B = 0.0004, 95%</p>	Gender; <i>sleep duration</i> is a mediator.

					<p>CI: 0.0001, 0.0010, $p < 0.05$). Therefore 1 hr (60 min) of screen time is directly associated with a higher BMI of $0.0027 \times 60 = 0.16 \text{ kg/m}^2$, and $60 \times 0.1153 = 7$ min less sleep (i.e., screen time \rightarrow sleep), which is associated with $7 \times 0.0038 = 0.03$ higher BMI (sleep \rightarrow BMI), for a total effect of $0.16 + 0.03 = 0.19 \text{ kg/m}^2$.</p>	
Proctor et al. 2003 [41]; USA; Framingham Children's Study	Cross-sectional	<p>N = 103</p> <p>Mean age: 4.0 yr</p> <p>Pre-schoolers</p>	<p>TV time (hr/day) assessed by parent-report questionnaire (unpublished).</p>	<p>BMI (kg/m^2) calculated from objectively measured height and weight.</p> <p>Triceps skinfold thickness (mm), and sum of skinfolds (mm; triceps, subscapular, suprailiac, abdominal, thigh), measured using Lange calipers and a standard protocol.</p>	<p>TV time was not associated with BMI (BMI by tertile of TV time: Lowest, 16.3 kg/m^2, SD = 1.1; Middle, 16.1 kg/m^2, SD = 1.2; Highest, 16.2 kg/m^2, SD = 1.1; $p > 0.05$), triceps skinfold (triceps skinfold by tertile of TV time: Lowest, 11.5 mm, SD = 2.5; Middle, 10.9 mm, SD = 2.4; Highest, 11.5 mm, SD = 2.1; $p > 0.05$) or sum of skinfolds (sum of skinfolds by tertile of TV time: Lowest, 41.6 mm, SD = 10.8; Middle, 41.5 mm, SD = 10.4; Highest, 43.0 mm, 11.0; $p > 0.05$).</p> <p>Tertiles of TV time: Lowest, 1.1 hr/day, SD = 0.5; Middle, 1.6 hr/day, SD = 0.7; Highest, 2.4 hr/day, SD = 1.6.</p>	N/A

<p>Byun et al. 2013 [42]; USA</p> <p>CHAMPS</p> <p><i>and</i></p> <p>Environmental Determinants of Physical Activity in Preschool Children (EDPAPC) study</p>	<p>Cross-sectional</p>	<p>CHAMPS sample: N = 263 Mean age, 4.2 yr <i>Pre-schoolers</i></p> <p>EDPAPC sample: N = 155 Mean age, 4.0 yr <i>Pre-schoolers</i></p>	<p>Total sedentary time (min/hr; measured throughout the whole day in the CHAMPS sample and the school day in the EDPAPC sample, over a 2-week period) measured objectively by accelerometer (Actigraph, 7164).</p> <p>Different accelerometry cut-points were applied to determine whether the association was dependent on the cut-points used:</p> <ul style="list-style-type: none"> - <37.5 counts/15 sec; Pate et al. 2006 [43] - <200 counts/15 sec; Pate et al. 2006 [43] - <373 counts/15 sec van Cauwenberghe et al. 2011 [44] 	<p>BMI z-score (no units) calculated from objectively measured height and weight.</p>	<p>In both samples, there was no association between sedentary time and BMI z-score, regardless of the accelerometer cut-points used.</p> <p><i>CHAMPS sample:</i></p> <ul style="list-style-type: none"> - <37.5 counts/15 sec: $\beta = -0.019$, 95% CI: -0.078, 0.039, $p = 0.53$ - <200 counts/15 sec: $\beta = -0.076$, 95% CI: -0.235, 0.083, $p = 0.35$ - <373 counts/15 sec: $\beta = -0.333$, 95% CI: -1.342, 0.676, $p = 0.52$ <p><i>EDPAPC sample:</i></p> <ul style="list-style-type: none"> - <37.5 counts/15 sec: $\beta = -0.041$, 95% CI: -0.275, 0.192, $p = 0.73$ - <200 counts/15 sec: $\beta = -0.247$, 95% CI: -0.581, 0.086, $p = 0.14$ - <373 counts/15 sec: $\beta = -0.417$, 95% CI: -0.991, 0.156, $p = 0.15$. 	<p>Age, gender, race, parent education, preschool, <i>moderate-to-vigorous intensity physical activity</i>.</p>
<p>Brown et al. 2010 [45]; Australia; Longitudinal Study of Australian Children (LSAC)</p>	<p>Cross-sectional</p>	<p>N = 4965</p> <p>Age range: T1: 4 to 5 yr <i>Pre-schoolers</i></p>	<p>TV time (hr/day; TV, video, DVD, or movie) assessed by parent-report time-use diary (unpublished).</p>	<p>Weight status (IOTF cut-points; categories: non-overweight, overweight/obese) determined from BMI (calculated from objectively measured height and weight).</p>	<p>TV time was unfavourably associated with overweight/obese weight status (for every additional hour of TV, OR = 1.06, 95% CI: 1.01, 1.11; B = 0.056, $p < 0.05$).</p>	<p>N/A</p>

<p>Taverno Ross et al. 2013 [46]; USA</p> <p>Study of Health and Activity in Preschool Environments (SHAPES)</p>	<p>Cross-sectional</p>	<p>N = 339</p> <p>Mean age: 4.5 yr</p> <p>Pre-schoolers</p>	<p>TV time (categories: high TV and low TV, based on combined scores for TV time at home and TV exposure at preschool) assessed by parent-report and preschool director-report questionnaires (unpublished).</p> <p>At home: High TV, ≥ 2 hr/day; Low TV, < 2 hr/day.</p> <p>At preschool: High TV, above the mean questionnaire score; Low TV, below the mean questionnaire score</p> <p>Combined: High TV, in the “high” group both at home and preschool; Low TV, all other TV exposure combinations.</p>	<p>BMI (kg/m^2 and z-score) calculated from objectively measured height and weight.</p> <p>Waist circumference (cm) measured objectively (with the child in the standing position; landmarks not specified).</p>	<p>BMI was not different between the low TV and high TV groups (<i>unadjusted</i>: low TV vs high TV; absolute: 16.3, SD = 1.7 kg/m^2 vs 16.4, SD = 2.3 kg/m^2, $p = 0.59$; z-scores: 0.5, SD = 1.0 vs 0.5, SD = 1.2, $p = 0.80$; <i>adjusted</i>: low TV vs high TV; absolute: 16.4, SD = 0.2 kg/m^2 vs 16.2, SD = 0.3 kg/m^2, $p = 0.65$; z-scores: 0.6, SD = 0.1 vs 0.3 SD = 0.2, $p = 0.14$).</p> <p>Waist circumference was not different between the low TV and high TV groups (<i>unadjusted</i>: 52.8, SD = 0.3 cm, vs 52.4, SD = 0.7, $p = 0.68$; <i>adjusted</i>: 53.0, SD = 0.4 cm, vs 52.7, SD = 0.7, $p = 0.61$).</p>	<p>Gender, race/ethnicity and socioeconomic status ((SES) (parental education)), length of school day.</p>
<p>Boling Turer et al. 2013 [47]; USA</p> <p>Kids and Adults Now: Defeat Obesity! (KAN-DO)</p>	<p>Cross-sectional</p>	<p>N = 400</p> <p>Mean age: 42 mo (3.5 yr)</p> <p>Pre-schoolers</p>	<p>Screen time (hr/day; TV, videos, computer, computer games) assessed by parent-report questionnaire (unpublished).</p>	<p>Weight status (CDC cut-points; categories: not overweight; overweight, $\geq 85^{\text{th}}$ percentile) determined from objectively measured weight and length.</p>	<p>Screen time was not associated with weight status (compared to ≤ 2 hr/day: <i>unadjusted</i>: OR = 1.0, 95% CI: 0.6, 1.6; <i>adjusted</i>: OR = 1.2, 95% CI: 0.7, 1.9).</p>	<p>Age (in months), gender, race/ethnicity, and maternal weight status.</p>
<p>Collings et al. 2013 [48]; England</p> <p>Southampton</p>	<p>Cross-sectional</p>	<p>N = 398</p> <p>Median age: 4.1 yr</p> <p>Pre-schoolers</p>	<p>Total sedentary time (min/day; < 30 counts/60 sec epoch) measured objectively by</p>	<p>Percentage body fat (%BF; (%)) measured objectively using DXA.</p>	<p>In <i>unadjusted analyses</i>, sedentary time was unfavourably associated with %BF ($r = 0.08$, $p <$</p>	<p>Age, sex, birth weight, maternal education, maternal BMI, smoking during pregnancy, <i>sleep</i></p>

Women's Survey			accelerometer (Actiheart).	<p>Fat mass index (FMI; kg/m²), lean mass index (LMI; kg/m^{2.5}) and trunk fat mass index (TFMI; kg/m²) calculated from objectively measured height and fat mass, lean mass, and trunk fat mass respectively.</p>	<p>0.001), FMI ($r = 0.058$, $p < 0.01$), LMI ($r = -0.084$, $p < 0.001$) and TFMI ($r = 0.062$, $p < 0.01$).</p> <p>In <i>adjusted analyses</i>, sedentary time was not associated with % BF ($\beta = 0.013$, 95% CI: -0.54, 0.57, $p = 0.96$), FMI, ($\beta = -0.7$, 95% CI: -3.30, 1.97, $p = 0.60$), LMI ($\beta = -0.058$, 95% CI: -0.16, 0.040, $p = 0.25$), or TFMI ($\beta = -0.26$, 95% CI: -3.67, 3.26, $p = 0.88$).</p> <p>Note: β's are interpreted as the % change in outcome variable for a 120 min/day change in total sedentary time.</p>	<i>duration, moderate-to-vigorous intensity physical activity.</i>
Espana-Romero et al. 2013 [49]; USA; Study of Health and Activity in Preschool Environments (SHAPES)	Cross-sectional	<p>N = 357 Boys, n = 183 Girls, n = 174</p> <p>Mean age: Boys, 4.5 yr Girls, 4.6 yr Pre-schoolers</p>	<p>Total sedentary time (min/hr; ≤ 200 counts/15 sec epoch; Pate et al. 2006 [43]) measured objectively by accelerometer (ActiGraph models GT1M and GT3X).</p>	<p>BMI z-score percentile (no units) calculated from objectively measured height and weight.</p> <p>Waist circumference (cm and percentile; measured to the nearest 0.1 cm midway between the inferior edge of the lowest rib and the superior border of the iliac crest).</p>	<p>Total sedentary time was not associated with BMI z-score percentile in <i>boys</i> ($\beta = -0.050$, SE = 0.028, $p = 0.07$) or <i>girls</i> ($\beta = 0.014$, SE = 0.023, $p = 0.51$).</p> <p>Total sedentary time was not associated with waist circumference in <i>boys</i> ($\beta = -0.152$, SE = 0.113, $p = 0.18$) or <i>girls</i> ($\beta = 0.154$, SE = 0.117, $p = 0.19$).</p> <p>Using quantile regression, total sedentary behaviour was not associated with BMI z-</p>	<p>Total sedentary time and BMI z-score percentile or waist circumference: Race/ethnicity, parental education, preschool.</p> <p>Total sedentary time and waist circumference percentile: Race/ethnicity, parental education.</p>

					<p>score percentile in boys (10th: $\beta = -0.017$, SE = 0.045; 25th: $\beta = -0.033$, SE = 0.034; 50th: $\beta = -0.054$, SE = 0.034; 75th: $\beta = -0.072$, SE = 0.039; 90th: $\beta = -0.092$, SE = 0.074; all $p > 0.05$) or <i>girls</i> (10th: $\beta = 0.007$, SE = 0.036; 25th: $\beta = -0.010$, SE = 0.035; 50th: $\beta = -0.003$, SE = 0.024; 75th: $\beta = -0.024$, SE = 0.03; 90th: $\beta = 0.038$, SE = 0.039; all $p > 0.05$).</p> <p>Using quantile regression, total sedentary behaviour was not associated with the 0th, 25th, 50th, 75th or 90th waist circumference percentiles in boys (10th: $\beta = -0.022$, SE = 0.156; 25th: $\beta = -0.195$, SE = 0.108; 50th: $\beta = -0.039$, SE = 0.143; 75th: $\beta = -0.094$, SE = 0.158; 90th: $\beta = -0.247$, SE = 0.314; all $p > 0.05$), but in <i>girls</i> there was an unfavourable association between total sedentary time and the 90th waist circumference percentile (10th: $\beta = -0.060$, SE = 0.146; 25th: $\beta = -0.079$, SE = 0.147; 50th: $\beta = 0.071$, SE = 0.102; 75th: $\beta = 0.005$, SE = 0.128; 90th: $\beta = 0.441$, SE</p>	
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					= 0.191; 90 th percentile p < 0.05, all others p > 0.05).	
Lioret et al. 2007 [50]; France; French INCA food consumption survey	Cross-sectional	N = 234 Age range: 3 to 5 yr <i>Pre-schoolers</i>	Screen time (hr/day and categories: “low”, 20 th percentile; “intermediate” 20-80 th percentile; “high”, 80 th percentile; TV and video games) assessed by self-report questionnaire (unpublished).	Weight status (IOTF cut-points; categories: normal weight, overweight/obese) determined from BMI (calculated from self-reported height and weight).	Screen time was not associated with overweight/obese weight status (compared to “low” screen time: “intermediate”, OR = 0.9, 95% CI: 0.3, 2.5; “high”, OR = 2.1, 95% CI: 0.7, 6.6).	SES, sex, age, <i>leisure time physical activity</i> , total energy intake.
Koubaa et al. 2012 [51]; Tunisia	Cross-sectional	N = 121 Median age: 4.8 yr <i>Pre-schoolers</i>	Screen time (hr/day; TV and playing video games) assessed by parent-report questionnaire (unpublished).	Weight status (Rolland Cachera reference curves; categories: healthy weight, ≤97 th percentile; overweight, >97 th percentile) determined from BMI calculated from objectively measured height and weight.	The prevalence of >1hr/day screen time was not different between the healthy weight (69%) and overweight (84%) groups (p = 0.09).	N/A
Bonvin et al. 2012 [52]; Switzerland Youp'la bouge study	Cross-sectional	N = 251 Mean age: 3.4 yr <i>Pre-schoolers</i>	Total sedentary time epochs/hr <37.5 counts; <37.5 counts/15 sec epoch) measured objectively by accelerometer (ActiGraph GT1M).	Weight status (IOTF cut-points; categories: healthy weight, excess weight) determined from BMI (calculated from objectively measured height and weight).	Sedentary time was not different between children classified as having healthy weight (130, SD = 22 epochs/hr <37.5 counts) or excess weight (132, SD = 24 epochs/hr <37.5 counts). Sedentary time was not associated with weight status (β = 1.6, 95% CI: - 5.4, 8.5, p ≥ 0.6).	Age, sex, child care center.
van Stralen et al. 2012 [53]; Germany and Greece	Cross-sectional	N = 3664 Germany, n = 2956; Greece, n = 708	TV time (hr/day) and screen time (hr/day) assessed by parent-report questionnaire	BMI (kg/m ²) calculated from objectively measured height and weight.	<i>Germany</i> : Screen time was unfavourably associated with BMI (B = 0.14, 95%	<i>Germany</i> : Sex, age. <i>Greece</i> :

TigerKids <i>and</i> GENESIS		Mean age: Germany, 4.5 yr Greece, 4.4 yr Pre-schoolers	(unpublished).	Waist circumference (cm) measured objectively (landmarks not specified).	CI: 0.08, 0.12; $\beta = 0.10$, $p < 0.05$. <i>Greece:</i> TV time was not associated with BMI ($B = 0.003$, 95% CI: -0.003, 0.009, $\beta = 0.039$, $R^2 = 0.006$, $p > 0.05$) or waist circumference ($B = 0.001$, 95% CI: -0.003, 0.006, $\beta = 0.026$, $R^2 = 0.015$, $p > 0.05$).	Sex, age, maternal education.
Byun et al. 2011 [54]; USA CHAMPS	Cross-sectional	N = 331 Mean age: 4.3 yr Pre-schoolers	Total sedentary time (min/hr; <37.5 counts/15 sec epoch) measured objectively by accelerometer (ActiGraph 7164).	BMI z-score (no units; calculated as the deviation of each participant's value from the mean values reported in CDC growth charts) calculated from objectively measured height and weight.	<i>Unadjusted analysis:</i> Sedentary time was favourably associated with BMI z-scores ($r = -0.16$, $p \leq 0.05$). <i>Adjusted analysis:</i> Sedentary time was not associated with BMI z-scores ($\beta = -0.30$, $SE = 0.1$, $p \leq 0.10$).	Gender, adult job, birth weight, , family support for physical activity, , perceived enough physical activity, <i>perceived level of physical activity</i> , athletic coordination, weekday TV/video game, physical activity equipment.
Tremblay and Rinaldi 2010 [55]; Canada QLSCD	Cross-sectional	N = 1192 Girls, n = 581 Boys, n = 611 Approximate age: 4 yr Pre-schoolers	TV time (hr/day) on weekdays and weekend days assessed by parent-report questionnaire (unpublished).	BMI (kg/m^2) calculated from objectively measured height and weight. Skinfold ratio (no units; ratio of triceps skinfold thickness to subscapular skinfold thickness – i.e., limb to trunk) calculated from objectively measured skinfold thicknesses.	TV time on weekdays was not associated with BMI (<i>boys</i> : $r = -0.005$, $p > 0.05$; <i>girls</i> : $r = 0.059$, $p > 0.05$). TV time on weekdays was not associated with skinfold ratio in <i>boys</i> ($r = -0.072$, $p > 0.05$), but was favourably associated with skinfold ratio in <i>girls</i> ($r = -0.09$, $p < 0.05$). TV time on weekend	

					<p>days was not associated with BMI (<i>boys: r = -0.046, p > 0.05; girls: r = 0.001, p > 0.05</i>) or skinfold ratio (<i>boys: r = 0.013, p > 0.05; girls: r = -0.068, p > 0.05</i>).</p>	
Sasaki et al. 2010 [56]; Japan	Cross-sectional	<p>N = 449</p> <p>Mean age: 4.5 yr</p> <p>Pre-schoolers</p>	<p>Screen time (hr/day; TV and computer games) assessed by parent-report questionnaire (unpublished).</p>	<p>Weight status (categories: normal, BMI <25 kg/m²; obese, BMI ≥25 kg/m²) determined from BMI (calculated from parent-report height and weight).</p>	<p>The prevalence of obesity was not associated with screen time (prevalence of obesity: <2hr/day screen time, 8.2%; ≥2 hr/day screen time, 8.3%; p = 0.56).</p> <p>Screen time was not associated with obese weight status (<i>unadjusted: compared to <2hr/day screen time, ≥2 hr/day: OR = 1.11, 95% CI: 0.50, 2.49, p > 0.05; adjusted: compared to <2hr/day screen time, ≥2 hr/day: OR = 1.08, 95% CI: 0.58, 2.44, p > 0.05</i>).</p>	<p><i>Sleep duration, breastfeeding status, maternal obesity, maternal education, maternal smoking.</i></p>
Anderson and Whitaker. 2010 [57]; USA ECLS-B	Cross-sectional	<p>N ≈ 8550</p> <p>Mean age: 52.3 mo (~4.4 yr)</p> <p>Pre-schoolers</p>	<p>Screen time (hr/weekday; TV, videos, DVDs) on weekdays assessed by parent-report questionnaire (unpublished).</p>	<p>Weight status (categories: normal, <95th percentile; obese, ≥95th percentile) determined from BMI (calculated from objectively measured height and weight).</p>	<p>Screen time was unfavourably associated with obese weight status in <i>unadjusted</i> analysis (compared to >2 hr/weekday, ≤2 hr/weekday: OR = 0.77, 95% CI: 0.64, 0.91), but was not associated after adjustments (compared to >2 hr/weekday, ≤2 hr/weekday: OR = 0.85,</p>	<p>≥10.5 hr of sleep per weekday night, eating dinner as a family >5 evenings/week, child age, gender, racial/ethnic group, household income-to-poverty ratio, single-parent household, maternal education, maternal BMI, maternal age.</p>

					95% CI: 0.71, 1.03). The prevalence of obesity was greater in those with >2 hr/day screen time (20.0%) than those with ≤2 hr/day screen time (16.1%) on weekdays (p = 0.002).	
Dubois et al. 2008 [58]; Canada Longitudinal Study of Child Development in Quebec (LSCDQ; 2002)	Cross-sectional	N = 1540 Mean age: 49 mo (~4.1 yr) Pre-schoolers	TV time (hr/day) assessed by parent-report interview (unpublished format).	BMI (kg/m ²) calculated from objectively measured height and weight.	BMI was not different between children with < 3 hr/day TV time (15.7 kg/m ²) and ≥ 3 hr/day TV time (15.7 kg/m ²) (p > 0.05).	N/A
Jouret et al. 2007 [59]; France	Cross-sectional	N = 593; Boys, n = 298; Girls, n = 295 Mean age: 4.6 yr Pre-schoolers	TV time (hr/day) assessed by parent-report questionnaire (unpublished).	Weight status (French reference standards; ≥90th percentile or z-score ≥1.28 considered overweight/obese; categories: overweight/obese, non-overweight) determined from BMI (calculated from objectively measured height and weight).	In <i>unadjusted analysis</i> , TV time was unfavourably associated with overweight status in <i>boys</i> (compared to ≤1 hr/day, >1 hr/day: OR = 3.80, 95% CI: 1.54, 9.38, p = 0.0042) but not <i>girls</i> (compared to ≤1 hr/day, >1 hr/day: OR = 2.02, 95% CI: 0.89, 4.57, p = 0.0911). In <i>adjusted analysis</i> , TV time was unfavourably associated with overweight status in <i>boys</i> (compared to ≤1 hr/day, >1 hr/day: OR = 3.76, 95% CI: 1.52, 9.31, p = 0.004) and <i>girls</i>	Participation in organized <i>physical activity</i> .

					(compared to ≤ 1 hr/day, >1 hr/day: OR = 2.43, 95% CI: 1.04, 5.66, $p = 0.0401$).	
Jiang et al. 2006 [60]; China	Cross-sectional	N = 930 Mean age: 4.6 yr Pre-schoolers	TV time (hr/day) and time playing computer games (hr/day) assessed by parent-report questionnaire (unpublished).	Weight status (IOTF cut-points; categories: overweight/obese, non-overweight) determined from BMI (calculated from objectively measured height and weight).	TV time was unfavourably associated with overweight status (<i>unadjusted</i> : no values reported; <i>adjusted</i> : compared to <2 hr/day, ≥ 2 hr/day, OR = 1.56, 95% CI: 1.17, 2.09, $p = 0.012$). Time playing computer games was not associated with weight status (no values reported)	Sex, age, family income, kindergarten class.
Jago et al. 2005 [61]; USA Studies of Child Activity and Nutrition (SCAN) Program (Texas site)	Cross-sectional	N = 149 Mean age: 4.4 yr Pre-schoolers	TV time (min/hr) assessed by direct observation (each child was observed for ~6-12hr/day for a mean of 2.15 days; observers noted whether the child was paying attention to the TV during each minute). Total sedentary time (min/hr) assessed by direct observation using the Children's Activity Rating Scale (CARS).	BMI (kg/m ²) calculated from objectively measured height and weight.	TV time was not associated with BMI ($r = -0.027$, $p > 0.05$). Total sedentary time was not associated with BMI ($r = 0.121$, $p > 0.05$).	N/A
Levin et al. 2004 [62]; USA	Cross-sectional	N = 148 Approximate age: 4 yr Pre-schoolers	TV time (hr/week) assessed by parent-report questionnaire (unpublished).	BMI (kg/m ²) calculated from objectively measured height and weight. Weight status	TV time was not significantly different across quartiles of BMI (25th percentile: 2.5 hr/day; 25-75th percentile:	N/A

				(categories: obese, BMI ≥ 95 th percentile; non-obese) determined from BMI.	3.3 hr/day; 75th percentile: 3.6 hr/day; p-value not reported). A greater proportion of children who had non-obese weight status (43.9%) had ≤ 2 hr/day TV time than those who had obese weight status (19.4%) ($p = 0.01$). TV time was unfavourably associated with obese weight status (compared to < 1 hr/day: > 5 hr/day, OR = 5.0, 95% CI: 0.5, 49.3).	
DuRant et al. 1994 [63]; USA Family Health Project (Texas site of the Studies of Child Activity and Nutrition program)	Cross-sectional	N = 110 Mean age: 4.23 yr Pre-schoolers	TV time (% min/day) assessed by direct observation using the CARS. Children were observed up to 4 times over 3 years and observations were averaged.	BMI (kg/m^2) calculated from objectively measured height and weight. Sum of skinfolds (mm; biceps, triceps, substcapular, suprailiac, abdomen, thigh, calf). Waist-to-hip ratio (no units) calculated from objectively measured circumferences.	TV time was not associated with BMI ($r = 0.07$, $p = 0.450$), sum of skinfolds ($r = 0.13$, $p = 0.168$), or waist-to-hip ratio ($r = 0.06$, $p = 0.560$).	N/A
Cardon et al. 2016 [64]; Belgium, Bulgaria, Germany, Greece, Poland, Spain ToyBox-study (baseline data;	Cross-sectional	N = 3301 Boys, $n = 1716$ Girls, $n = 1585$ Mean age: 4.7 yr Pre-schoolers	TV time (min/day), computer time (min/day), and screen time (min/day; TV and computer time) assessed by parent-report questionnaire (Primary Caregivers' Questionnaire (PCQ); www.toybox-	Weight status (International Obesity Task Force (IOTF) cut-points; categories: normal weight, overweight/obese) determined from BMI (calculated from objectively measured	TV time on weekdays was not associated with weight status in <i>boys</i> ($\beta = 0.024$, 95% CI: -0.001, 0.003, $p = 0.52$) or <i>girls</i> ($\beta = -0.032$, 95% CI: -0.003, 0.001, $p = 0.421$).	Country, age, educational level of the mother.

2012)			<p>study.eu).</p> <p>Sedentary quiet play (min/day; e.g., looking into books, playing with blocks, playing with dolls, drawing, construction) on weekdays and weekend days assessed by parent-report questionnaire (PCQ; www.toybox-study.eu).</p>	<p>height and weight).</p>	<p>TV time on weekend days was not associated with weight status in <i>boys</i> ($\beta=0.038$, 95% CI: 0.000, 0.002. $p = 0.31$) but was unfavourably associated with weight status in <i>girls</i> ($\beta = 0.145$, 95% CI: 0.001, 0.004; $p < 0.001$).</p> <p>Computer time on weekdays or weekend days was not associated with weight status in <i>boys</i> (weekdays: $\beta=0.025$, 95% CI: -0.004, 0.004, $p = 0.53$; weekend days: $\beta=0.018$, 95% CI: -0.001, 0.003, $p = 0.65$) or <i>girls</i> (weekdays: $\beta=0.032$, 95% CI: -0.004, 0.008, $p = 0.53$; weekend days: $\beta=-0.072$, 95% CI: -0.006, 0.001, $p = 0.65$).</p> <p>Screen time was not associated with overweight/obese weight status in <i>boys</i> (compared with <1 hr/day, ≥ 1 hr/day: weekdays: OR = 1.099, 95% CI: 0.754, 1.601, $p = 0.63$; weekend days: OR = 1.054, 95% CI: 0.636, 1.748, $p = 0.84$) or <i>girls</i> (compared with <1 hr/day, ≥ 1 hr/day: weekdays: OR = 1.152, 95% CI: 0.806, 1.647, $p = 0.44$; weekend</p>	
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					<p>days: OR = 1.024, 95% CI: 0.639, 1.640, p = 0.92).</p> <p>Sedentary quiet play was not associated with overweight/obese weight status in <i>boys</i> (weekday: β = -0.001, 95% CI: -0.001, 0.001, p = 0.99; weekend: β = -0.040, 95% CI: -0.002, 0.000, p = 0.26) or <i>girls</i> (weekday: β = -0.007, 95% CI: -0.002, 0.001, p = 0.99; weekend: β = 0.014, 95% CI: -0.001, 0.001, p = 0.26).</p> <p>Compared with <i>boys</i> who had <90 min sedentary quiet play per weekday or weekend day, boys with \geq90 min/day were not more likely to have overweight/obese weight status (weekday: OR = 1.073, 95% CI: 0.727, 1.584, p = 0.72; weekend day: OR = 0.993, 95% CI: 0.638, 1.547, p = 0.98).</p> <p><i>Girls</i> who engaged in sedentary quiet play for \geq90 min/day on weekend days (but not weekdays) were more likely to have overweight/obese weight status than those who engaged in <90 min/day</p>
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					(weekday: OR = 0.790, 95% CI: 0.557, 1.122, p = 0.19; weekend day: OR = 1.715, 95% CI: 1.047, 2.810, p = 0.03).	
Harrison et al. 2012 [65]; USA	Cross-sectional	N = 354 Mean age: 37.37 mo (~3.1 yr) Pre-schoolers	TV time (hr/day), time watching videos/DVDs (hr/day), time playing video games (hr/day), time using the internet (hr/day), and time using books (hr/day) assessed by parent-report questionnaire (unpublished).	BMI percentile (percentile) calculated from objectively measured height and weight.	TV time was not associated with BMI percentile ($r = 0.09$, $p > 0.05$; $\beta = -0.01$, $p > 0.05$). Time watching videos/DVDs was not associated with BMI percentile ($r = 0.11$, $p > 0.05$; $\beta = 0.03$, $p > 0.05$). Time playing video games was unfavourably associated with BMI percentile ($r = 0.12$, $p < 0.05$; $\beta = 0.10$, $p < 0.05$). Time using the internet was not associated with BMI percentile ($r = -0.03$, $p > 0.05$; $\beta = -0.01$, $p > 0.05$). Time using books was not associated with BMI percentile ($r = 0.07$, $p > 0.05$; $\beta = 0.08$, $p > 0.05$).	Child race/ethnicity, parent BMI, parent education, household income, child gender, TV time, time watching videos/DVDs, time playing video games, time using the internet, and time using books (where applicable).
Vandebosch and van Cleemput 2007 [66]; Belgium	Cross-sectional	N = 608 Mean age: 56.3 mo (~4.7 yr) Pre-schoolers	TV time (min/week) assessed by parent-report questionnaire (unpublished).	BMI z-score (no units) calculated from parent-reported height and weight. Weight status (Flemish growth charts [67];	In the <i>full sample</i> , in <i>unadjusted analysis</i> , TV time was not associated with BMI z-score ($r = 0.063$, $p = 0.174$). In <i>adjusted analyses</i> , TV	Age father, age mother, educational level father, educational level mother, percentage employment of the family, BMI father, BMI mother, parent's amount of TV viewing,

				<p>categories: underweight/normal weight; overweight, <i>boys</i>, BMI-SD ≥ 1.214, <i>girls</i>, BMI-SD ≥ 1.012; obese, <i>boys</i>, BMI-SD > 2.13, <i>girls</i>, BMI-SD > 1.90) determined from parent-reported height and weight.</p>	<p>time was favourably associated with BMI z-score in <i>boys</i> ($\beta = -0.434$, $p < 0.01$) but not <i>girls</i> ($\beta = -0.030$, $p > 0.05$).</p> <p>Children with obese weight status had greater TV time (918.9, SD = 390.5 min/week) than those with underweight/normal weight status (608.1, SD = 391.2 min/week) ($p = 0.001$), but those with overweight weight status did not (683.5, SD = 388.8 min/week).</p>	<p>media as a cause of childhood obesity, parental mediation of physical activity, parental mediation of food intake, restrictive parental TV mediation, watching TV because of parent time limitations, watching TV because of parent tiredness, age child, TV dependency, child eating meal while watching TV, child snacking while watching TV, TV in child's bedroom.</p>
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ALSPAC, Avon Longitudinal Study of Parents and Children; B, unstandardized beta; β , standardized beta; BMI, body mass index; CARS, Children's Activity Rating Scale; CD, compact disk; CDC, Centers for Disease Control and Prevention; CHAMPS, Children's Activity and Movement in Preschool Study; CI, confidence interval; DXA, Dual-energy X-ray absorptiometry; Early STOPP, Early Stockholm Obesity Prevention Project; ECLS-B, Early Childhood Longitudinal Study-Birth Cohort; EDPAPC, Environmental Determinants of Physical Activity in Preschool Children; FMI, fat mass index; GECKO, Groningen Expert Center for Kids with Obesity; GENESIS, Growth, Exercise and Nutrition Epidemiological Study in preSchoolers; HCSF, Healthy Children Strong Families; IDEFICS, Identification and prevention of dietary and lifestyle-induced health effects in children and infants; IOTF, International Obesity Task Force; KAN-DO, Kids and Adults Now: Defeat Obesity!; LMI, lean mass index; LSAC, Longitudinal Study of Australian Children; LSCDQ, Longitudinal Study of Child Development in Quebec; MET, metabolic equivalent of task; NHANES, National Health and Nutrition Examination Survey; NLSY, National Longitudinal Survey for Children and Youth study; NW, normal weight; OB, obese; OR, odds ratio; OW, overweight; PCQ, Primary Caregivers' Questionnaire; PR, prevalence ratio; QLSCD, Quebec Longitudinal Study of Child Development; RRR, relative risk ratio; SCAN; Studies of Child Activity and Nutrition; SE, standard error; SES, socioeconomic status; SD, standard deviation; SHAPES, Study of Health and Activity in Preschool Environments; T1-T4, Time 1 to Time 4; TFMI, trunk fat mass index; TV, television; WHO, World Health Organization; WHtR, Waist-to-height ratio; WIC, Supplemental Nutrition Program for Women, Infants, and Children; %BF, percentage body fat.

Table S2. Summary of findings for motor development outcomes

Reference; Country; Larger Study/Cohort Name	Study Design	Sample	Exposure	Outcome	Main Findings	Covariates included in model (if applicable)
<i>Study Design:</i> Longitudinal						
Hesketh et al. 2015 [68]; Australia; Melbourne Infant Feeding, Activity and Nutrition Trial Program (INFANT)	Longitudinal [~16 mo (1.3 yr) follow-up]	N = 542 T1, 3.9 mo (0.3 yr) <i>Infants</i> T2, 9.1 mo (0.76 yr) <i>Infants</i> T3, 19.9 mo (1.7 yr) <i>Toddlers</i>	TV time (hr/day), time spent in a stroller/pram (hr/day), time spent in a car seat/capsule (hr/day), time spent in a high chair or other chair (hr/day), time spent in a playpen (hr/day), time spent in a baby carrier/sling (hr/day) assessed by parent-report questionnaire (unpublished).	Age at first sitting (months), age at first crawling (months), and age at first walking (months) , assessed by parent-report questionnaire (unpublished).	TV time at age ~4 mo was not associated with age at first sitting ($\beta = -0.02$, $p = 0.629$), age at first crawling ($\beta = 0.02$, $p = 0.645$), or age at first walking ($\beta = -0.02$, $p = 0.661$). Time spent in a stroller/pram at age ~4 mo was not associated with age at first sitting ($\beta = 0.02$, $p = 0.670$), age at first crawling ($\beta = 0.03$, $p = 0.631$), or age at first walking ($\beta = 0.00$, $p = 0.941$). Time spent in a car seat/capsule at age ~4 mo was not associated with age at first sitting ($\beta = -0.01$, $p = 0.788$), age at first crawling ($\beta = -0.07$, $p = 0.185$), or age at first walking ($\beta = -0.06$, $p = 0.096$). Time spent in a high chair or other chair at age ~4 mo was not	Exact age, intervention arm.

					<p>associated with age at first sitting ($\beta = -0.02$, $p = 0.775$), age at first crawling ($\beta = 0.01$, $p = 0.753$), or age at first walking ($\beta = -0.05$, $p = 0.373$).</p> <p>Time spent in a playpen at age ~4 mo was not associated with age at first sitting ($\beta = -0.06$, $p = 0.203$), age at first crawling ($\beta = -0.05$, $p = 0.187$), or age at first walking ($\beta = -0.06$, $p = 0.106$).</p> <p>Time spent in a baby carrier/sling at age ~4 mo was not associated with age at first sitting ($\beta = -0.07$, $p = 0.179$), age at first crawling ($\beta = -0.07$, $p = 0.194$), or age at first walking ($\beta = -0.06$, $p = 0.243$).</p> <p>TV time at age ~9 mo was not associated with age at first sitting ($\beta = 0.00$, $p = 0.957$), age at first crawling ($\beta = 0.03$, $p = 0.443$), or age at first walking ($\beta = -0.02$, $p = 0.692$).</p> <p>Time spent in a stroller/pram at age ~9</p>	
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					<p>mo was not associated with age at first sitting ($\beta = -0.09$, $p = 0.079$), age at first crawling ($\beta = -0.07$, $p = 0.243$), or age at first walking ($\beta = 0.00$, $p = 0.995$).</p> <p>Time spent in a car seat/capsule at age ~9 mo was favourably associated with age at first sitting ($\beta = -0.11$, $p = 0.017$), and age at first crawling ($\beta = -0.11$, $p = 0.012$), but was not associated with age at first walking ($\beta = 0.04$, $p = 0.472$).</p> <p>Time spent in a high chair or other chair at age ~9 mo was not associated with age at first sitting ($\beta = 0.02$, $p = 0.751$), age at first crawling ($\beta = -0.04$, $p = 0.322$), or age at first walking ($\beta = -0.00$, $p = 0.963$).</p> <p>Time spent in a playpen at age ~9 mo was not associated with age at first sitting ($\beta = 0.04$, $p = 0.730$), age at first crawling ($\beta = -0.02$, $p = 0.783$), or age at first walking ($\beta = 0.04$, $p = 0.540$).</p>	
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					<p>Time spent in a baby carrier/sling at age ~9 mo was not associated with age at first sitting ($\beta = -0.02$, $p = 0.615$), age at first crawling ($\beta = -0.06$, $p = 0.226$), or age at first walking ($\beta = -0.02$, $p = 0.672$).</p> <p>TV time at age ~20 mo was not associated with age at first sitting ($\beta = -0.01$, $p = 0.857$), age at first crawling ($\beta = 0.03$, $p = 0.538$), or age at first walking ($\beta = 0.04$, $p = 0.352$).</p> <p>Time spent in a stroller/pram at age ~20 mo was not associated with age at first sitting ($\beta = 0.10$, $p = 0.070$), age at first crawling ($\beta = 0.04$, $p = 0.433$), or age at first walking ($\beta = 0.05$, $p = 0.281$).</p> <p>Time spent in a car seat/capsule at age ~20 mo was not associated with age at first sitting ($\beta = 0.01$, $p = 0.815$), age at first crawling ($\beta = -0.02$, $p = 0.632$), or age at first walking ($\beta = 0.06$, $p = 0.212$).</p>	
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					<p>Time spent in a high chair or other chair at age ~20 mo was not associated with age at first sitting ($\beta = 0.05$, $p = 0.435$), age at first crawling ($\beta = 0.03$, $p = 0.596$), or age at first walking ($\beta = 0.04$, $p = 0.379$).</p> <p>Time spent in a playpen at age ~20 mo was not associated with age at first sitting ($\beta = 0.10$, $p = 0.225$), age at first crawling ($\beta = -0.01$, $p = 0.848$), or age at first walking ($\beta = 0.09$, $p = 0.164$).</p>	
Schmidt et al. 2009 [6]; USA; Project Viva	Longitudinal (2.5 yr follow-up)	<p>N = 872</p> <p>T1, Age Range: 6 mo to 2 yr <i>Toddlers to Pre-schoolers</i></p> <p>T2, ~Age: 3 yr <i>Pre-schoolers</i></p>	TV time (hr/day) assessed by parent-report questionnaire (unpublished) at ages 6 mo, 1 yr and 2 yr, and as the weighted average of TV exposure from birth and 2 yr [adapted from questionnaire used in the National Longitudinal Survey of Children and Youth study (NLSY)].	Visual-motor abilities (standardized to a mean and SD of 15) assessed by trained research assistants using the Wide-Range Assessment of Visual Motor Ability (WRAVMA) test.	<p>TV time from birth to 2 yr was not related to visual-motor abilities at age 3 yr (mean WRAVMA score by TV time: 0 to 0.5 hr/day, mean = 103.4, SD = 11.5; 0.5 to < 1 hr/day, mean = 103.1, SD = 11.1; 1 to <2 hr/day, mean = 102.1, SD = 10.8; ≥ 2 hr/day, mean = 102.2, SD = 11.9; $p = 0.57$).</p> <p>TV time from birth to 2 yr was not associated with visual-motor abilities at age 3 yr ($B = -0.24$, 95%</p>	<p>TV time from age birth to 2 yr: Age, gender, maternal age, education, marital status, parity, Peabody Picture Vocabulary Test III (PPVT-III) score, household income, child birth weight for gestational age z score, breastfeeding duration, race/ethnicity, English language, <i>average daily sleep duration from 6 mo to 2 yr</i>.</p> <p>TV time at ages 6 mo, 1</p>

					CI: -1.15, 0.66, $p > 0.05$). TV time at 6 mo, 1 yr and 2 yr of age was not associated with visual-motor abilities at age 3 yr (6 mo: B = 0.01, 95% CI: -0.65, 0.66; 1 yr: B = -0.02, 95% CI: -0.55, 0.52; 2yr: B = -0.29, 95% CI: -1.06, 0.48).	1 yr and 2 yr: Maternal age, education, marital status, parity, PPVT-III score, household income, child birth weight for gestational age z score, breastfeeding duration, race/ethnicity, English language, <i>average daily sleep duration</i> .
Pagani et al. 2013 [69]; Canada; QLSCD (Quebec Longitudinal Study of Child Development)	Longitudinal (3 yr follow-up)	N = 1999 Approximate Age: T1, 29 mo (~2.4 yr) Toddlers T2, 65 mo (~5.4 yr) School-Age	TV time (hr/day) at age 29 mo assessed by parent-report questionnaire (unpublished).	Locomotion skills (no units; higher scores are better) and object control (no units; higher scores are better) assessed by the “test of gross motor development”.	TV time at age ~29 mo was unfavourably associated with locomotion skills (B = -0.024, 95% CI: -0.034, -0.014, $p < 0.000$), but was not associated with object control (values not reported; $p > 0.05$), at age ~65 mo.	Maternal education, early stimulation of literacy, early childhood temperament, family functioning.
<i>Study Design:</i> Cross-sectional						
De Kegel et al. 2012 [70]; Belgium	Cross-sectional	N = 210 Age range: 4 to 18 mo (~0.33 to 1.5 yr) Infants to Toddlers	Amount of play time in the supine position (categories: often to frequently, >30 min/day; sometimes to never, <30 min/day) assessed by parent-report questionnaire (unpublished).	Gross motor performance (no units; age-corrected score; greater scores indicate better gross motor performance) assessed using the Alberta Infant Motor Scale (AIMS) tool.	Infants who played in the supine position often or frequently before the age of 6 mo did not have different gross motor performance compared to those who played in the supine position sometimes to never (motor performance, means \pm SD: often or frequently, -0.38 ± 5.63 ; sometimes to never, 0.94 ± 8.11 ; $p = 0.355$; Cohen’s	N/A

					<p>$d = -0.19$).</p> <p>Infants/toddlers who played in the supine position often or frequently after the age of 6 mo had significantly lower gross motor performance compared to those who played in the supine position sometimes to never (motor performance, means \pm SD: often or frequently, -2.28 ± 6.10; sometimes to never, 1.84 ± 7.48; $p = 0.001$; Cohen's $d = -0.60$).</p>	
Lin et al. 2015 [71]; Taiwan	Cross-sectional	<p>N = 150 TV exposure, n = 75; Control, n = 75</p> <p>Mean age: 24.8 mo (~2.1 yr) Toddlers</p>	<p>TV time (min/day) assessed by parent-report interview.</p> <p>Children were divided into categories based on their average TV time: frequently exposed (>0 hr/day TV for children <2 yr, and >2 hr/day TV for children ≥ 2 yr), or infrequently exposed (no TV for children <2 yr, and ≤ 2 hr/day for children ≥ 2 yr).</p>	<p>Motor skill development [gross and fine; categorized as “typical” ($>15^{\text{th}}$ percentile) or “delayed” ($\leq 15^{\text{th}}$ percentile)] assessed by the Peabody Developmental Motor Scales-second edition (PDMS-2; 6 subtests: reflexes, stationary, locomotion, object manipulation, grasping, and visual-motor integration).</p>	<p>Children with delayed motor skill development spent more time watching TV compared to children with typical motor skill development (116.9 vs 64.4 min/day; $t = 2.3$, $p < 0.05$).</p> <p>Children who were frequently exposed to TV were more likely to have delayed motor skill development than those who were infrequently exposed (OR = 3.7, 95% CI: 1.5, 9.3). % of sample with typical and delayed motor skill development in those</p>	Analyses were multivariate, but covariates were not specified.

					frequently vs infrequently exposed respectively: typical (69.3 vs 84.0%), delayed (30.7 vs 16.0%) ($X^2 = 4.5$, $p < 0.05$).	
Johansson et al. 2015 [21]; Sweden; Early Stockholm Obesity Prevention Project (Early STOPP)	Cross-sectional	N = 123 Mean age: 2.03 yr Toddlers	Total sedentary time min/day; ≤ 89 counts/5 sec epoch) measured objectively by accelerometer (Actigraph, GT3X+ worn on the wrist). Number of 30 min bouts of sedentary behaviour and total time in 30 min bouts of sedentary behaviour (number and min/day; 30 min of ≤ 89 counts/5 sec with a 1 min interruption of > 89 counts/5 sec allowed).	Motor skills [“neurological optimality score”; scores range from 0 to 58; higher scores are better; categories: “low” (scores of < 53) and “normal” (scores of ≥ 53)].	Total sedentary time was not different between children with low (416, SD = 48 min/day) and normal (434, SD = 47 min/day) motor skills ($p = 0.09$). The number of 30 min bouts of sedentary behaviour was not different between children with low (2.4, SD = 1.3 bouts) and normal (2.5, SD = 1.2 bouts) motor skills ($p = 0.67$), nor was the total time in 30 min bouts of sedentary behaviour (low: 143, SE = 67 min; normal: 157, SD = 83 min; $p = 0.44$).	N/A
Williams et al. 2008 [23]; USA; Children’s Activity and Movement in Preschool Study (CHAMPS)	Cross-sectional	N = 198 Approximate age: 3 yr and 4 yr Pre-schoolers	Total sedentary time hr/day and % time; < 37.5 counts/15 sec epoch) measured objectively by accelerometer (Actigraph, 7164).	Locomotor skills (score out of 73) and object control skills (score out of 80), and total motor skills (score out of 153) assessed by observers using the CHAMPS Motor Skill Protocol (CMSP).	Total sedentary time was not associated with locomotor skills ($r = -0.10$), object control skills ($r = -0.09$), or total motor skills ($r = -0.11$) (all $p > 0.05$). Total % sedentary time did not vary by tertile of	Sex, BMI, race, and parent education, and preschool center (as a random variable).

					<p>total motor skill performance (tertiles: low, 56.1, SE = 0.9; intermediate, 54.5, SE = 0.9; high, 53.7, SE = 0.9; $p > 0.05$) or object control skills (tertiles: low, 55.7, SE = 0.9; intermediate, 54.5, SE = 0.9; high, 53.9, SE = 1.0; $p > 0.05$).</p> <p>Children in the highest tertile of locomotor skills score had significantly less total % sedentary time than children in the low and intermediate tertiles (tertiles: low, 55.7, SE = 0.9; intermediate, 55.6, SE = 0.9; high, 53.1 SE = 0.9; $p < 0.05$).</p>
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B, unstandardized beta; β , standardized beta; CHAMPS, Children's Activity and Movement in Preschool Study; CI, confidence interval; CMSP, CHAMPS Motor Skill Protocol; Early STOPP, Early Stockholm Obesity Prevention Project; INFANT, Melbourne Infant Feeding, Activity and Nutrition Trial Program; NLSY, National Longitudinal Survey for Children and Youth study; PDMS-2, Peabody Developmental Motor Scales-second edition; PPVT-III, Peabody Picture Vocabulary Test III; QLSCD, Quebec Longitudinal Study of Child Development; SD, standard deviation; T1-T4, Time 1 to Time 4; TV, television; WRAVMA, Wide-Range Assessment of Visual Motor Ability.

Table S3. Summary of findings for psychosocial health outcomes

Reference; Country; Larger Study/Cohort Name	Study Design	Sample	Exposure	Outcome	Main Findings	Covariates included in model (if applicable)
<i>Study Design: RCT</i>						
Yilmaz et al. 2014 [1]; Turkey	Randomized Controlled Trial (RCT)	N = 412 Intervention, n = 211; Control, n = 201 Mean age: Intervention, 3.52 yr Control, 3.49 yr <i>Pre-schoolers</i>	Intervention: 3 printed materials and interactive CDs and one counselling call, intending to decrease screen time. Control: Usual care; unaware of counselling interventions. Screen time (min/day) was assessed by parent- report 1-week time-record diary (unpublished). The intervention was 8 weeks in duration, with follow-up at 2, 6 and 9 months post-intervention.	Aggressive behavior (units not indicated) and delinquent behavior (units not indicated) assessed by parent-report using the Child Behavior Checklist (CBCL).	Screen time was significantly lower in the intervention vs control group at 2, 6 and 9 month follow-up post- intervention (mean \pm SD: 2 month: 39.48 \pm 16.36 vs 86.64 \pm 21.63 min/day; 6 month: 24.72 \pm 4.45 vs 84.95 \pm 14.77 min/day; 9 month: 21.15 \pm 6.12 vs 93.96 \pm 18.84 min/day; all p < 0.001). Aggressive behavior was not different between groups at baseline (mean \pm SD: intervention, 6.94 \pm 1.66; control, 7.17 \pm 1.52; p = 0.283), but significantly lower in the intervention vs control group at 9-months post- intervention (mean \pm SD: intervention, 3.35 \pm 1.46; control, 3.85 \pm 1.38; p = 0.001). Delinquent behavior was not different between groups at baseline (mean \pm SD: intervention, 3.02 \pm 1.23; control, 3.02 \pm 1.24;	N/A

					p=0.858), but significantly lower in the intervention vs control group at 9-months post-intervention (mean \pm SD: intervention, 3.45 \pm 1.56; control, 3.83 \pm 0.95; p=0.006).	
<i>Study Design:</i> Longitudinal						
Cheng et al. 2010 [72]; Japan Japan Children's Study	Longitudinal (~1 yr follow-up)	N = 302 Approximate age: T1, 18 mo (~1.5 yr) T2, 30 mo (~2.5 yr) <i>Toddlers</i>	TV time (hr/day) at ages ~18 and 30 mo assessed by parent-report questionnaire (unpublished). TV time patterns from age ~18 mo to age ~30 mo [categories: high-high , ≥ 4 hr/day at 18 and 30 mo; high-low , ≥ 4 hr/day at 18 mo and < 4 hr/day at 30 mo; low-high , < 4 hr/day at 18 mo and ≥ 4 hr/day at 30 mo; low-low < 4 hr/day at 18 and 30 mo] assessed by parent-report questionnaire (unpublished).	Emotional symptoms, conduct problems, peer-problems, and prosocial behaviour (all measured on a scale from 0 to 10; higher numbers are unfavourable for all except prosocial behaviour) assessed by parent-report using the Japanese version of the Strengths and Difficulties Questionnaire (SDQ).	Emotional symptoms at age ~30 mo were not different between categories of TV time at age ~18 mo (mean scores by TV time categories: <i>unadjusted</i> , < 1 hr/day, 1.83; 95% CI: 1.4, 2.3; ≥ 1 to < 3 hr/day, 2.03, 95% CI: 1.7, 2.4; ≥ 3 to < 4 hr/day, 2.11, 95% CI: 1.7, 2.6; ≥ 4 hr/day, 1.79, 95% CI: 1.4, 2.2; p-value for mean differences, p = 0.599). Conduct problems at age ~30 mo were not different between categories of TV time at age ~18 mo (mean scores by TV time categories: <i>unadjusted</i> , < 1 hr/day, 3.07; 95% CI: 2.5, 3.7; ≥ 1 to < 3 hr/day, 3.17, 95% CI: 2.8, 3.5; ≥ 3 to < 4 hr/day, 3.11, 95% CI: 2.6, 3.6; ≥ 4 hr/day, 3.22, 95% CI: 2.8, 3.7; p-value for mean differences, p = 0.973).	Child sex, birth weight, gestational age, birth order, maternal education and family income and maternal stimulation.

					<p>Peer-problems at age ~30 mo were not different between categories of TV time at age ~18 mo (mean scores by TV time categories: <i>unadjusted</i>, <1hr/day, 2.14; 95% CI: 1.6, 2.7; ≥ 1 to <3 hr/day, 2.17, 95% CI: 1.9, 2.5; ≥ 3 to <4 hr/day, 2.08, 95% CI: 1.7, 2.5; ≥ 4 hr/day, 2.28, 95% CI: 1.9, 2.7; p-value for mean differences, $p = 0.844$).</p> <p>There was an unfavourable dose-response relationship between TV time at age ~18 mo and prosocial behaviour at age ~30 mo in <i>unadjusted</i> but not <i>adjusted</i> analyses (mean scores by TV time categories: <i>unadjusted</i>, <1hr/day, 5.98; 95% CI: 5.2, 6.7; ≥ 1 to <3 hr/day, 5.42, 95% CI: 5.0, 5.9; ≥ 3 to <4 hr/day, 5.26, 95% CI: 4.7, 5.8; ≥ 4 hr/day, 4.65, 95% CI: 4.1, 5.2; p-value for mean differences, $p = 0.020$; p-value for linear trend for means, $p = 0.004$; <i>adjusted</i>, <1hr/day, 5.80; 95% CI: 4.9, 6.7; ≥ 1 to <3 hr/day, 5.50, 95% CI: 4.9,</p>	
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					<p>6.0; ≥ 3 to < 4 hr/day, 5.21, 95% CI: 4.5, 5.9; ≥ 4 hr/day, 4.73, 95% CI: 4.2, 5.3; p-value for mean differences, $p = 0.132$; p-value for linear trend, $p = 0.039$).</p> <p>Prosocial behaviour was not different across TV time patterns (high-high, 5.00, 95% CI: 4.3, 5.7; high-low, 4.32, 95% CI: 3.4, 5.2; low-high, 5.31, 95% CI: 4.2, 6.4; low-low, 5.48, 95% CI: 5.1, 5.8; p-value for mean differences, $p = 0.088$).</p>	
<p>Verlinden et al. 2012 [73]; Netherlands</p> <p>The Generation R Study</p>	<p>Longitudinal (~1 yr follow-up)</p>	<p>N = 3309</p> <p>Approximate age: T1, 24 mo (~2 yr) T2, 36 mo (~3 yr)</p> <p>Toddlers</p>	<p>TV time (hr/day) at age ~24 mo and TV time pattern (categories: never, continued low, continued moderate, continued high, increased exposure) from age ~24 to ~36 mo, assessed by parent-report questionnaire (unpublished).</p> <p>Categories of “change in TV time pattern” were defined as follows:</p> <ul style="list-style-type: none"> – never: never or less than 0.5 hr/day at both time points; – continued low: 0.5-1 hr/day; 	<p>Externalizing problems (categories: externalizing problems, score ≥ 18; no externalizing problems, score < 18) assessed by parent-report using the CBCL.</p>	<p>TV time at age ~24 mo was not associated with the incidence of externalizing problems at age ~36 mo (<i>unadjusted</i>: OR = 2.24, 95% CI: 0.97, 5.18; <i>adjusted</i>: OR = 1.53, 95% CI: 0.62, 3.81).</p> <p>Continued high TV time and increased TV time between ~24 to ~36 mo of age were associated with an increased incidence of externalizing problems at age ~36 mo (compared to “never”: <i>unadjusted</i>: continued low, OR = 1.13, 95% CI: 0.58, 2.23, $p = 0.72$; continued moderate,</p>	<p>Externalizing symptoms at age 18 mo, and child's age, national origin, sex, day care attendance, maternal and paternal age, maternal and paternal educational level, marital status, monthly income, maternal symptoms of psychiatric disorders, parenting stress, parity.</p>

			<ul style="list-style-type: none"> – continued moderate: 1 hr/day; – high: both continued high (≥ 0.5 hr/day at 24 mo and ≥ 1 hr/day at 36 mo) and increased (< 0.5 hr/day at 24 mo and ≥ 1 hr/day at 36 mo); – continued high: ≥ 0.5 hr/day at 24 mo and ≥ 1 hr/day at 36 mo; – increased: < 0.5 hr/day at 24 mo and ≥ 1 hr/day at 36 mo 		<p>OR = 1.47, 95% CI: 0.73, 2.93, $p = 0.28$; high, OR = 2.62, 95% CI: 1.48, 4.66, $p = 0.001$; continued high, OR = 2.66, 95% CI: 1.47, 4.79, $p = 0.001$; increased, OR = 2.50, 95% CI: 1.15, 5.41, $p = 0.02$; <i>adjusted</i>: continued low, OR = 1.01, 95% CI: 0.55, 2.57, $p = 0.98$; continued moderate, OR = 1.20, 95% CI: 0.57, 2.50, $p = 0.63$; high, OR = 2.00, 95% CI: 1.07, 3.75, $p = 0.03$; continued high, OR = 2.09, 95% CI: 1.08, 4.01, $p = 0.03$; increased, OR = 1.90, 95% CI: 1.90, 4.21, $p = 0.17$).</p>	
<p>Pagani et al. 2010 [9]; Canada</p> <p>QLSCD (Quebec Longitudinal Study of Child Development)</p>	<p>Longitudinal (~8 yr follow-up)</p>	<p>N = 1314</p> <p>T1, ~Age: 29 mo (~2.4 yr) Toddlers</p> <p>T2, ~Age: 53 mo (4.4 yr) Pre-schoolers</p> <p>T3, Grade 4 (in Grade 4 in Quebec, children are aged 9 to 10; School-age)</p>	<p>TV time (hr/week) at age 29 mo assessed by parent-report questionnaire (unpublished).</p> <p>Change in TV time (hr/week) from age 29 mo to 53 mo.</p>	<p>Victimization (no units) assessed by teacher-report using the Social Behaviour Questionnaire (SBQ).</p>	<p>TV time at age 29 months was unfavourably associated with victimization in Grade 4 (age ~9-10 yr; $\beta = 0.10$, SE = 0.01; B = 0.03, 95% CI: 0.01, 0.05; $p < 0.0001$).</p> <p>The change in TV time from age 29 mo to 53 mo was not associated with victimization in Grade 4 (age ~9-10 yr; $\beta = 0.06$, SE = 0.01; B = 0.01, 95% CI: -0.01, 0.03; $p \leq 0.05$).</p>	<p>TV time: Change in TV time, concurrent TV time, sex, temperament, cognitive ability, impulsivity, emotional distress, physical aggression, <i>hours of sleep</i>, maternal education, family makeup, family functioning.</p> <p>Change in TV time: Same as above, except inclusion of “baseline TV time” instead of “change in TV time”.</p>
<p>Pagani et al. 2013 [69]; Canada</p>	<p>Longitudinal (3 yr follow-up)</p>	<p>N = 1999</p> <p>Approximate Age:</p>	<p>TV time (hr/day) at age 29 mo assessed by parent-report questionnaire</p>	<p>Anxiety, physical aggression, prosocial behaviour, and</p>	<p>TV time at age ~29 mo was unfavourably associated victimization</p>	<p>Maternal education, early stimulation of literacy, early childhood</p>

QLSCD		T1, 29 mo (~2.4 yr) <i>Toddlers</i> T2, 65 mo (~5.4 yr) <i>School-age</i>	(unpublished).	victimization (scores ranging from 1 to 10; higher scores indicate a greater degree of the factor) assessed by teachers using the SBQ.	by classmates (B = 0.008, 95% CI: 0.002, 0.014, p = 0.005) at age ~65 mo. TV time at age ~29 mo was not associated with anxiety, physical aggression, or prosocial behaviour at age ~65 mo (values not reported).	temperament, family functioning.
Watt et al. 2015 [74]; Canada; Quebec Longitudinal Study of Child Development (QLSCD)	Longitudinal (~9.5 yr follow-up)	N = 1314 Approximate age: T1, 29 mo (~2.4 yr) <i>Toddlers</i> T2, Grade 6 (~12 yr) <i>School-age</i>	TV time (hr/day; categories: ≤2 hr/day, >2 hr/day) assessed by parent-report questionnaire (unpublished).	Victimization (scores from 0 to 10; higher values indicate more victimization) assessed by self-report with the Social Behavior Questionnaire. Children were categorized as being in the high victimization group if their scores were beyond 71.2% of the sample (cutoff selected using the frequency distribution).	TV time at age ~2.4 yr was unfavourably associated with victimization at age ~12 yr (B = 0.031, SE = 0.01, 95% CI: 0.014, 0.042, p = 0.001; β = 0.11). Children who had >2 hr/day TV time were more likely than children who had ≤2 hr/day TV time to show a 0.086 SD unit increase in victimization (B = 0.428, 95% CI: 0.159, 0.696, p = 0.002), and were 54% more likely to be in the high victimization group .	Gender, factors at age ~2.4 yr (externalizing behaviour, cognitive ability, emotional distress), factors at age ~12 yr (concurrent TV time, family configuration, family functioning, family income, maternal education).
Mistry et al. 2007 [75]; USA; Healthy Steps for Young Children	Longitudinal (~3 yr follow-up)	N = 2707 Approximate age: T1: 30 to 33 mo (2.5 to 2.8 yr) <i>Toddlers</i> T2: 5.5 yr	TV time (hr/day, and categories: >2 hr/day, ≤2 hr/day) assessed by parent-report interview (unpublished format).	The following were assessed by parent-report using the Child Behavior Checklist (CBCL): emotionally reactive (scale from 0 to 18), anxious or depressed (scale from 0 to 16),	TV time at age ~2.5 yr was favourably associated with emotionally reactivity scores (<i>unadjusted</i> : β = -0.33, 95% CI: -0.59, -0.07, p ≤ 0.05; <i>adjusted</i> : -β = -0.43, 95% CI: -0.69, -0.17, p ≤	Maternal demographic characteristics (age at child's birth, race, ethnicity, marital status, employment, education), child's gender, parity, household income, child's health status, maternal

		School-age		<p>aggressive behavior (scale from 0 to 38), and externalizing scale (scale from 0 to 48; sum of attention problems and aggressive behavior scores). Higher scores indicate more problems.</p> <p>The following were assessed by parent-report using the Social Skills Rating System: cooperation, assertion, responsibility, self-control, and total social skills (a composite of the other items). All items rated on a scale from 0 to 20; higher scores indicate greater social skills.</p>	<p>0.01), but was not associated with anxious or depressed scores (<i>unadjusted</i>: $\beta = 0.01$, 95% CI: -0.25, 0.25; <i>adjusted</i>: $\beta = -0.22$, 95% CI: -0.47, 0.04; both $p > 0.05$), aggressive behavior (<i>unadjusted</i>: $\beta = 0.11$, 95% CI: -0.57, 0.80; <i>adjusted</i>: $\beta = -0.30$, 95% CI: -0.98, 0.39; both $p > 0.05$), or externalizing (<i>unadjusted</i>: $\beta = 0.25$, 95% CI: -0.56, 1.06; <i>adjusted</i>: $\beta = -0.37$, 95% CI: -1.18, 0.43; both $p > 0.05$) at age ~5.5 yr.</p> <p>TV time at age ~2.5 yr was unfavourably associated with cooperation and self-control at age ~5.5 yr in <i>unadjusted</i> (cooperation: $\beta = -0.39$, 95% CI: -0.73, -0.05; self-control: $\beta = -0.46$, 95% CI: -0.82, -0.10; both $p \leq 0.05$) but not <i>adjusted</i> (cooperation: $\beta = -0.19$, 95% CI: -0.52, 0.15; self-control: $\beta = -0.16$, 95% CI: -0.52, 0.20; both $p > 0.05$) analyses.</p> <p>TV time at age ~2.5 yr was not associated with assertion (<i>unadjusted</i>: $\beta = -0.07$, 95% CI: -0.41, 0.26; <i>adjusted</i>: $\beta = 0.16$,</p>	<p>depressive symptoms, parental involvement in child's activities, intervention status (note: the intervention is designed to enhance the delivery of developmental services for families).</p>
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					95% CI: -0.18, 0.50; both $p > 0.05$), responsibility (<i>unadjusted</i> : $\beta = 0.08$, 95% CI: -0.43, 0.27; <i>adjusted</i> : $\beta = 0.02$, 95% CI: -0.33, 0.36; both $p > 0.05$) or total social skills (<i>unadjusted</i> : $\beta = -0.97$, 95% CI: -2.11, 0.16; <i>adjusted</i> : $\beta = -0.16$, 95% CI: -1.26, 0.94; both $p > 0.05$) at age ~5.5 yr.	
Verlinden et al. 2014 [76]; Netherlands Generation R Study	Longitudinal (~4 yr follow-up)	N = 3423 Approximate age at baseline: T1, assessed at least twice between ages 2 to 5 yr Pre-schoolers Mean age at follow-up: T2: Teacher report, 6.8 yr; Self/proxy-report, 7.6 yr School-age	TV time (hr/day) at age 2 yr, age 3 yr, age 4 yr, and at least twice between ages 2-5 (combined for analysis) assessed by parent-report questionnaire (unpublished). TV time was divided into four categories for analysis for 2 year olds: never, <0.5 hr/day, 0.5-1 hr/day, >1 hr/day; and five categories for 3, 4 and 5 year olds: never, <0.5 hr/day, 0.5-1 hr/day, 1-2 hr/day, >2 hr/day. TV time measures were also combined into a latent variable (categories: low, mid-low, mid-high, high) to reflect TV time patterns throughout ages 2-5 years.	Risk of being a bully, victim, bully-victim (categories: bully, victim, bully-victim, uninvolved in bullying) assessed by teacher-report questionnaire (unpublished) and by self- and proxy-report (peer nomination; unpublished questionnaire) in Grades 1-2.	<i>Unadjusted and Adjusted Analyses:</i> High TV time at ages 2-5 yr was unfavourably associated with teacher-report of being a bully at age ~7 yr compared to low TV time in <i>unadjusted</i> but not <i>adjusted analyses</i> , but there was no difference for mid-low or mid-high TV time in either <i>unadjusted</i> or <i>adjusted analyses</i> (compared to low TV time: <i>unadjusted</i> : mid-low, OR = 1.07, 95% CI: 0.79, 1.44, $p = 0.66$; mid-high, OR = 1.35, 95% CI: 0.98, 1.84, $p = 0.07$; high, OR = 1.74, 95% CI: 1.22, 2.50, $p = 0.002$; <i>adjusted</i> : mid-low, OR = 1.0, 95% CI: 0.74, 1.35, $p = 0.99$; mid-high, OR = 1.15, 95% CI: 0.83, 1.59, $p = 0.42$; high, OR = 1.27, 95% CI:	Child gender, age, national origin, internalizing and externalizing problems and day-care attendance, and maternal age, parity, education, income, marital status, maternal symptoms of depression, parenting stress.

					<p>0.86, 1.86, $p = 0.23$).</p> <p>TV time patterns at ages 2-5 yr were not associated with self- or proxy-report of being a bully at age ~7 yr (compared to low TV time: <i>unadjusted</i>: mid-low, OR = 0.85, 95% CI: 0.51, 1.43, $p = 0.54$; mid-high, OR = 1.28, 95% CI: 0.75, 2.18, $p = 0.37$; high, OR = 1.33, 95% CI: 0.66, 2.65, $p = 0.43$; <i>adjusted</i>: mid-low, OR = 0.68, 95% CI: 0.39, 1.18, $p = 0.17$; mid-high, OR = 0.86, 95% CI: 0.47, 1.55, $p = 0.61$; high, OR = 0.71, 95% CI: 0.33, 1.54, $p = 0.39$).</p> <p>High TV time at ages 2-5 yr was unfavourably associated with teacher-report of being a victim at age ~7 yr compared to low TV time, but there was no difference for mid-low or mid-high TV time (compared to low TV time: <i>unadjusted</i>: mid-low, OR = 1.17, 95% CI: 0.71, 1.92, $p = 0.54$; mid-high, OR = 1.11, 95% CI: 0.64, 1.95, $p = 0.71$; high, OR = 2.38, 95% CI: 1.33, 4.28, $p = 0.004$; <i>adjusted</i>: mid-low, OR = 1.16, 95% CI: 0.70, 1.91, $p = 0.57$;</p>	
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					<p>mid-high, OR = 1.02, 95% CI: 0.57, 1.82, p = 0.96; high, OR = 1.80, 95% CI: 0.94, 3.41, p = 0.07).</p> <p>TV time patterns at ages 2-5 yr were not associated with self- or proxy-report of being a victim at age ~7 yr (compared to low TV time: <i>unadjusted</i>: mid-low, OR = 0.91, 95% CI: 0.63, 1.32, p = 0.64; mid-high, OR = 0.98, 95% CI: 0.61, 1.56, p = 0.93; high, OR = 1.10, 95% CI: 0.57, 2.13, p = 0.77; <i>adjusted</i>: mid-low, OR = 0.88, 95% CI: 0.61, 1.28, p = 0.51; mid-high, OR = 0.83, 95% CI: 0.50, 1.37, p = 0.47; high, OR = 0.85, 95% CI: 0.43, 1.68, p = 0.63).</p> <p>High TV time and mid-high TV time at ages 2-5 yr were unfavourably associated with teacher-report of being a bully-victim at age ~7 yr compared to low TV time in <i>unadjusted</i> but not <i>adjusted analyses</i>, and there was no difference for mid-low TV time in <i>unadjusted</i> or <i>adjusted analyses</i> (compared to low TV time: <i>unadjusted</i>: mid-low, OR = 1.21, 95% CI:</p>
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					<p>0.88, 1.65, $p = 0.24$; mid-high, OR = 1.73, 95% CI: 1.25, 2.40, $p = 0.001$; high, OR = 2.11, 95% CI: 1.42, 3.13, $p < 0.001$; <i>adjusted</i>: mid-low, OR = 1.08, 95% CI: 0.79, 1.48, $p = 0.64$; mid-high, OR = 1.31, 95% CI: 0.93, 1.85, $p = 0.13$; high, OR = 1.35, 95% CI: 0.88, 2.08, $p = 0.17$).</p> <p>High TV time at ages 2-5 yr was unfavourably associated with self- or proxy-report of being a bully-victim at age ~7 yr compared to low TV time in <i>unadjusted</i> but not <i>adjusted analyses</i>, and there was no difference for mid-low or mid-high TV time in <i>unadjusted</i> or <i>adjusted analyses</i> (compared to low TV time: <i>unadjusted</i>: mid-low, OR = 1.71, 95% CI: 0.88, 3.32, $p = 0.11$; mid-high, OR = 1.95, 95% CI: 0.99, 3.83, $p = 0.05$; high, OR = 3.68, 95% CI: 1.75, 7.74, $p = 0.001$; <i>adjusted</i>: mid-low, OR = 1.36, 95% CI: 0.70, 2.65, $p = 0.37$; mid-high, OR = 1.21, 95% CI: 0.59, 2.46, $p = 0.60$; high, OR = 1.60, 95% CI: 0.72, 3.55, $p = 0.25$).</p>
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					<p><i>Adjusted analyses only:</i></p> <p>TV time at age 2 yr was not associated with being a bully at age ~7 yr (compared to “never”: <i>teacher-report:</i> <0.5 hr/day, OR = 1.29, 95% CI: 0.82, 2.09, p = 0.29; 0.5-1 hr, OR = 1.12, 95% CI: 0.69, 1.82, p = 0.65; >1 hr, OR = 1.34, 95% CI: 0.80, 2.27, p = 0.27; <i>self- or proxy-report:</i> <0.5 hr, OR = 1.18, 95% CI: 0.54, 2.58, p = 0.63; 0.5-1 hr, OR = 0.98, 95% CI: 0.42, 2.27, p = 0.20; >1 hr, OR = 1.22, 95% CI: 0.48, 3.09, p = 0.84).</p> <p>TV time at age 2 yr was not associated with being a victim at age ~7 yr (compared to “never”: <i>teacher-report:</i> <0.5 hr/day, OR = 2.69, 95% CI: 0.81, 8.97, p = 0.113; 0.5-1 hr, OR = 1.97, 95% CI: 0.58, 6.64, p = 0.28; >1 hr, OR = 3.38, 95% CI: 0.99, 11.56, p = 0.05; <i>self- or proxy-report:</i> <0.5 hr, OR = 1.06, 95% CI: 0.54, 2.07, p = 0.86; 0.5-1 hr, OR = 0.92, 95% CI: 0.46, 1.86, p = 0.82; >1 hr, OR = 0.89, 95% CI: 0.39,</p>	
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					<p>2.06, $p = 0.79$).</p> <p>TV time at age 2 yr was not associated with being a bully-victim at age ~7 yr (compared to “never”: <i>teacher-report</i>: <0.5 hr/day, OR = 0.64, 95% CI: 0.39, 1.04, $p = 0.07$; 0.5-1 hr, OR = 0.82, 95% CI: 0.50, 1.34, $p = 0.43$; >1 hr, OR = 0.85, 95% CI: 0.50, 1.42, $p = 0.53$; <i>self- or proxy-report</i>: <0.5 hr, OR = 1.72, 95% CI: 0.52, 5.75, $p = 0.38$; 0.5-1 hr, OR = 1.82, 95% CI: 0.55, 6.02, $p = 0.33$; >1 hr, OR = 1.40, 95% CI: 0.39, 5.02, $p = 0.60$).</p> <p>TV time at age 3 yr was not associated with being a bully at age ~7 yr (compared to “never” and <0.5 hr/day: <i>teacher-report</i>: 0.5-1 hr, OR = 0.95, 95% CI: 0.71, 1.26, $p = 0.71$; 1-2 hr, OR = 1.09, 95% CI: 0.80, 1.50, $p = 0.57$; >2 hr, OR = 1.00, 95% CI: 0.65, 1.53, $p = 0.98$; <i>self- or proxy-report</i>: 0.5-1 hr, OR = 0.66, 95% CI: 0.39, 1.12, $p = 0.13$; 1-2 hr, OR = 0.85, 95% CI: 0.48, 1.51, $p = 0.57$; >2 hr, OR = 0.72, 95% CI: 0.32, 1.59,</p>	
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					<p>p = 0.42).</p> <p>TV time at age 3 yr was not associated with being a victim at age ~7 yr (compared to “never” and <0.5 hr/day: <i>teacher-report</i>: 0.5-1 hr, OR = 1.51, 95% CI: 0.89, 2.56, p = 0.12; 1-2 hr, OR = 1.36, 95% CI: 0.75, 2.45, p = 0.31; >2 hr, OR = 1.80, 95% CI: 0.86, 3.75, p = 0.12; <i>self- or proxy-report</i>: 0.5-1 hr, OR = 0.80, 95% CI: 0.53, 1.21, p = 0.29; 1-2 hr, OR = 0.87, 95% CI: 0.51, 1.48, p = 0.61; >2 hr, OR = 0.61, 95% CI: 0.24, 1.55, p = 0.30).</p> <p>TV time at age 3 yr was not associated with being a bully-victim at age ~7 yr (compared to “never” and <0.5 hr/day: <i>teacher-report</i>: 0.5-1 hr, OR = 0.97, 95% CI: 0.71, 1.31, p = 0.83; 1-2 hr, OR = 1.30, 95% CI: 0.93, 1.82, p = 0.12; >2 hr, OR = 1.17, 95% CI: 0.74, 1.87, p = 0.50; <i>self- or proxy-report</i>: 0.5-1 hr, OR = 1.40, 95% CI: 0.77, 2.55, p = 0.27; 1-2 hr, OR = 1.32, 95% CI: 0.65, 2.69, p = 0.45; >2 hr, OR =</p>	
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					<p>2.06, 95% CI: 0.81, 5.25, p = 0.13).</p> <p>TV time at age 4 yr was not associated with being a bully at age ~7 yr (compared to <0.5 hr/day: <i>teacher-report</i>: 0.5-1 hr, OR = 0.80, 95% CI: 0.54, 1.18, p = 0.27; 1-2 hr, OR = 0.80, 95% CI: 0.53, 1.21, p = 0.30; >2 hr, OR = 0.99, 95% CI: 0.61, 1.63, p = 0.98; <i>self- or proxy-report</i>: 0.5-1 hr, OR = 0.84, 95% CI: 0.84, 1.56, p = 0.58; 1-2 hr, OR = 0.69, 95% CI: 0.58, 2.31, p = 0.69; >2 hr, OR = 0.97, 95% CI: 0.41, 2.29, p = 0.95).</p> <p>TV time at age 4 yr was not associated with being a victim at age ~7 yr (compared to <0.5 hr/day: <i>teacher-report</i>: 0.5-1 hr, OR = 0.70, 95% CI: 0.40, 1.22, p = 0.23; 1-2 hr, OR = 0.63, 95% CI: 0.33, 1.20, p = 0.56; >2 hr, OR = 1.34, 95% CI: 0.67, 2.69, p = 0.40; <i>self- or proxy-report</i>: 0.5-1 hr, OR = 2.03, 95% CI: 1.02, 4.07, p = 0.04; 1-2 hr, OR = 1.46, 95% CI: 0.70, 2.98, p = 0.29; >2 hr, OR = 2.12, 95% CI: 0.86,</p>	
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					5.22, $p = 0.10$). TV time at age 4 yr was not associated with being a bully-victim at age ~7 yr (compared to <0.5 hr/day: <i>teacher-report</i> : 0.5-1 hr, OR = 1.03, 95% CI: 0.66, 1.60, $p = 0.90$; 1-2 hr, OR = 1.10, 95% CI: 0.69, 1.75, $p = 0.68$; >2 hr, OR = 1.28, 95% CI: 0.73, 2.24, $p = 0.39$; <i>self- or proxy-report</i> : 0.5-1 hr, OR = 0.59, 95% CI: 0.33, 1.06, $p = 0.08$; 1-2 hr, OR = 0.61, 95% CI: 0.32, 1.16, $p = 0.13$; >2 hr, OR = 0.85, 95% CI: 0.38, 1.93, $p = 0.70$).	
Zimmerman et al. 2005 [77]; USA National Longitudinal Survey of Youth 1979 Children and Youth Adults (NLSY-Child)	Longitudinal (~5 yr follow-up)	N = 1266 Approximate age: T1, “survey year occurring closest to the 4-year birthday” <i>Pre-schoolers</i> Mean age: T2, 9.19 yr <i>School-age</i>	TV time (hr/day) assessed by parent-report questionnaire (unpublished).	Bullying (categories: bullies, nonbullies) assessed by parent-report questionnaire (unpublished).	TV time at age ~4 yr was unfavourably associated with being a bully at age ~9 yr (for each hr/day TV time: OR = 1.06, 95% CI: 1.02, 1.11).	Age, sex, race or ethnicity, parents' income and education.
Hinkley et al. 2014 [78]; Belgium, Cyprus, Estonia, Germany, Hungary, Italy, Spain, Sweden	Longitudinal (~2 yr follow-up)	N = 3604 T1, 4.3 yr <i>Pre-schoolers</i> T2, 6.3 yr <i>School-age</i>	TV time (approximate min/hr) on weekdays and weekend days, and time spent e-gaming or on a computer (approximate min/hr) on weekdays and weekend days, assessed	Emotional problems (e.g., often worried, unhappy, depressed), and peer problems (e.g., rather solitary, picked on/bullied), assessed by parent-report using the	TV time at age 4.3 yr was not associated with being at-risk for emotional problems at age 6.3 yr (weekdays: <i>boys</i> : OR = 1.2, 95% CI: 0.9, 1.5; <i>girls</i> : OR = 1.3, 95% CI:	Region, age, socioeconomic position, body mass index, clustering by centre of recruitment, baseline levels of SDQ or KINDL outcome variable under

<p>Identification and Prevention of Dietary-and Lifestyle-Induced Health Effects in Children and Infants (IDEFICS)</p>			<p>by parent-report questionnaire (adapted from the “Generation M-study” [79]).</p>	<p>SDQ. Items are scored as “healthy” (normal) or “at-risk” (borderline and abnormal).</p> <p>Self-esteem (e.g., proud of self pleased with self), emotional well-being (e.g., had fun, was scared), family functioning (e.g., felt fine at home, got on well with parents), and social networks (e.g., liked by other children, got on well with friends) assessed by parent-report using the KINDL^R (Questionnaire for Measuring Health-Related Quality of Life in Children and Adolescents-Revised Version). Each item receives a total scaled score of 100 possible points (higher scores are more favourable); scores $\leq 25^{\text{th}}$ percentile considered “at risk”, and scores $> 25^{\text{th}}$ percentile considered “not at risk”.</p>	<p>1.0, 1.7; weekend days: <i>boys</i>: OR = 1.0, 95% CI: 0.8, 1.3; <i>girls</i>: OR = 1.3, 95% CI: 1.0, 1.6; all $p > 0.05$).</p> <p>TV time at age 4.3 yr was not associated with being at-risk for peer problems at age 6.3 yr (weekdays: <i>boys</i>: OR = 1.0, 95% CI: 0.8, 1.3; <i>girls</i>: OR = 1.1, 95% CI: 0.9, 1.5; weekend days: <i>boys</i>: OR = 1.0, 95% CI: 0.9, 1.2; <i>girls</i>: OR = 1.1, 95% CI: 1.0, 1.5; all $p > 0.05$).</p> <p>TV time at age 4.3 yr was not associated with being at-risk for self-esteem problems (weekdays: <i>boys</i>: OR = 1.1, 95% CI: 0.9, 1.3; <i>girls</i>: OR = 1.0, 95% CI: 0.8, 1.3; weekend days: <i>boys</i>: OR = 1.1, 95% CI: 0.9, 1.3; <i>girls</i>: OR = 1.0, 95% CI: 0.8, 1.1; all $p > 0.05$).</p> <p>TV time at age 4.3 yr was not associated with being at-risk for emotional well-being problems at age 6.3 yr (weekdays: <i>boys</i>: OR = 1.2, 95% CI: 1.0, 1.4; <i>girls</i>: OR = 1.1, 95% CI: 0.9, 1.4; weekend days: <i>boys</i>: OR = 1.1, 95%</p>	<p>investigation</p>
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					<p>CI: 1.0, 1.3; <i>girls</i>: OR = 1.1, 95% CI: 0.9, 1.3; all $p > 0.05$).</p> <p>TV time on weekdays at age 4.3 yr was unfavourably associated with being at-risk for family functioning problems at age 6.3 yr (<i>boys</i>: OR = 1.2, 95% CI: 1.0, 1.5; <i>girls</i>: OR = 1.3, 95% CI: 1.0, 1.6; both $p > 0.05$). TV time on weekend days at age 4.3 yr was unfavourably associated with being at risk for family functioning problems at age 6.3 yr in <i>girls</i> (OR = 1.3, 95% CI: 1.0, 1.5, $p < 0.05$) but not <i>boys</i> (OR = 1.1, 95% CI: 0.9, 1.3, $p > 0.05$).</p> <p>TV time at age 4.3 yr was not associated with being at-risk for social functioning problems at age 6.3 yr (weekdays: <i>boys</i>: OR = 1.2, 95% CI: 1.0, 1.4; <i>girls</i>: OR = 0.9, 95% CI: 0.7, 1.1; weekend days: <i>boys</i>: OR = 1.0, 95% CI: 0.9, 1.2; <i>girls</i>: OR = 1.1, 95% CI: 0.9, 1.3; all $p > 0.05$).</p> <p>Time spent e-gaming or</p>	
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					<p>on a computer on weekdays at age 4.3 yr was unfavourably associated with being at-risk for emotional problems at age 6.3 yr in <i>girls</i> (OR = 2.0, 95% CI: 1.0, 4.0, $p < 0.05$) but not <i>boys</i> (OR = 1.3, 95% CI: 0.8, 2.1, $p > 0.05$). Time spent e-gaming or on a computer on weekend days at age 4.3 yr was not associated with being at-risk for emotional problems at age 6.3 yr (<i>boys</i>: OR = 1.0, 95% CI: 0.7, 1.4; <i>girls</i>: OR = 1.1, 95% CI: 0.7 1.8; both $p > 0.05$).</p> <p>Time spent e-gaming or on a computer at age 4.3 yr was not associated with being at-risk for peer problems at age 6.3 yr (weekdays: <i>boys</i>: OR = 0.8, 95% CI: 0.5, 1.3; <i>girls</i>: OR = 1.9, 95% CI: 1.0, 3.8; weekend days: <i>boys</i>: OR = 0.9, 95% CI: 0.6, 1.2; <i>girls</i>: OR = 1.2, 95% CI: 0.8, 1.8; all $p > 0.05$).</p> <p>Time spent e-gaming or on a computer at age 4.3 yr was not associated with being at-risk for self-</p>	
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					<p>esteem problems at age 6.3 yr (weekdays: <i>boys</i>: OR = 1.0, 95% CI: 0.7, 1.4; <i>girls</i>: OR = 1.0, 95% CI: 0.6, 1.9; weekend days: <i>boys</i>: OR = 1.1, 95% CI: 0.8, 1.4; <i>girls</i>: OR = 1.0, 95% CI: 0.7, 1.4; all $p > 0.05$).</p> <p>Time spent e-gaming or on a computer at age 4.3 yr was not associated with being at-risk for social well-being problems at age 6.3 yr (weekdays: <i>boys</i>: OR = 1.1, 95% CI: 0.8, 1.5; <i>girls</i>: OR = 1.2, 95% CI: 0.7, 2.0; weekend days: <i>boys</i>: OR = 1.0, 95% CI: 0.8, 1.3; <i>girls</i>: OR = 0.9, 95% CI: 0.7, 1.3; all $p > 0.05$).</p> <p>Time spent e-gaming or on a computer at age 4.3 yr was not associated with being at-risk for family functioning problems at age 6.3 yr (weekdays: <i>boys</i>: OR = 1.0, 95% CI: 0.6, 1.4; <i>girls</i>: OR = 0.9, 95% CI: 0.5, 1.7; weekend days: <i>boys</i>: OR = 0.8, 95% CI: 0.6, 1.0; <i>girls</i>: OR = 1.0, 95% CI: 0.7, 1.5; all $p > 0.05$).</p> <p>Time spent e-gaming or</p>
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					<p>on a computer at age 4.3 yr was not associated with being at-risk for social functioning problems at age 6.3 yr (weekdays: <i>boys</i>: OR = 0.7, 95% CI: 0.5, 1.1; <i>girls</i>: OR = 0.8, 95% CI: 0.5, 1.5; weekend days: <i>boys</i>: OR = 0.9, 95% CI: 0.7, 1.1; <i>girls</i>: OR = 0.8, 95% CI: 0.6, 1.2; all $p > 0.05$).</p>	
<p><i>Study Design:</i> Cross-sectional</p>						
<p>Intusoma et al. 2013 [80]; Thailand</p> <p>Prospective Cohort Study of Thai Children (PCTC) cohort study</p>	<p>Cross-sectional</p>	<p>N = 3802</p> <p>Approximate age: T1, 1 yr T2, 3 yr Toddlers</p>	<p>TV time (hr/day) at ages 1 yr and 3 yr (combined for analysis), assessed by parent-report questionnaire (unpublished).</p>	<p>Social-emotional competence (categories: low, not low) at ages 1 yr and 3 yr (combined for analysis) assessed by parent-report interview using the Modified Infant-Toddler Social and Emotional Assessment (MIT-SEA) instrument.</p>	<p>TV time was favourably associated with social-emotional competence, but the beneficial effect diminished or disappeared when TV duration exceeded 120 min/day (compared to no TV time: 1-30 min/day, OR = 0.86, 95% CI: 0.70, 1.06, $p > 0.05$; 31-60 min/day, OR = 0.64, 95% CI: 0.46, 0.87, $p < 0.01$; 61-90 min/day, OR = 0.57, 95% CI: 0.26, 1.28, $p > 0.05$; 91-120 min/day, OR = 0.53, 95% CI: 0.34, 0.82, $p < 0.01$; 121-150 min/day, OR = 0.37, 95% CI: 0.05, 2.77, $p > 0.05$; 151-180 min/day, OR = 0.55, 95% CI: 0.31, 0.98, $p < 0.05$; >180 min/day, OR = 0.66, 95% CI: 0.35, 1.23, $p > 0.05$).</p>	<p>Temperament, mother's education, recreational places visited, positive reinforcement, gender, main caregiver, family income, father's education, number of siblings, interactive play, negative reinforcement.</p>

<p>Cheng et al. 2010 [72]; Japan</p> <p>Japan Children's Study</p>	<p>Cross-sectional</p>	<p>N = 302</p> <p>Approximate age: 30 mo (~2.5 yr)</p> <p>Toddlers</p>	<p>TV time (hr/day) assessed by parent-report questionnaire (unpublished).</p>	<p>Emotional symptoms, conduct problems, peer-problems, and prosocial behaviour (all measured on a scale from 0 to 10; higher numbers are unfavourable) assessed by parent-report using the SDQ.</p>	<p>Emotional symptoms were not different between categories of TV time (scores by TV time categories: <i>unadjusted</i>, <1hr/day, 2.03; 95% CI: 1.4, 2.6; ≥1 to <3 hr/day, 2.04, 95% CI: 1.8, 2.3; ≥3 to <4 hr/day, 1.81, 95% CI: 1.3, 2.3; ≥4 hr/day, 1.82, 95% CI: 1.4, 2.3; p-value for group mean differences, p = 0.739).</p> <p>Conduct problems were not different between categories of TV time (scores by TV time categories: <i>unadjusted</i>, <1hr/day, 2.86; 95% CI: 2.1, 3.6; ≥1 to <3 hr/day, 3.19, 95% CI: 2.9, 3.5; ≥3 to <4 hr/day, 3.44, 95% CI: 2.8, 4.1; ≥4 hr/day, 3.00, 95% CI: 2.6, 3.4; p-value for group mean differences, p = 0.449).</p> <p>Peer-problems were not different between categories of TV time (scores by TV time categories: <i>unadjusted</i>, <1hr/day, 2.31; 95% CI: 1.7, 2.9; ≥1 to <3 hr/day, 2.09, 95% CI: 1.8, 2.4; ≥3 to <4 hr/day, 2.50, 95% CI: 1.9, 3.1; ≥4 hr/day, 2.08, 95% CI: 1.7, 2.4; p-</p>	<p>Child sex, birth weight, gestational age, birth order, maternal education and family income and maternal stimulation.</p>
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					<p>value for group mean differences, $p = 0.359$).</p> <p>Prosocial behavior was not different between categories of TV time (scores by TV time categories: <i>unadjusted</i>, <1hr/day, 5.71; 95% CI: 4.7, 6.6; ≥ 1 to <3 hr/day, 5.39, 95% CI: 5.0, 5.8; ≥ 3 to <4 hr/day, 4.88, 95% CI: 4.2, 5.4; ≥ 4 hr/day, 5.08, 95% CI: 4.6, 5.7; $p = 0.361$; <i>adjusted</i>, <1hr/day, 5.56; 95% CI: 4.3, 6.5; ≥ 1 to <3 hr/day, 5.36, 95% CI: 4.9, 5.8; ≥ 3 to <4 hr/day, 4.96, 95% CI: 4.0, 5.6; ≥ 4 hr/day, 5.09, 95% CI: 4.6, 5.8; p-value for group mean differences $p = 0.718$).</p>	
<p>Manganello and Taylor 2009 [81]; USA</p> <p>The Fragile Families and Child Wellbeing Study</p>	Cross-sectional	<p>N = 3023</p> <p>Mean age: 36 mo (~3 yr)</p> <p>Pre-schoolers</p>	TV time (hr/day) assessed by parent-report questionnaire (unpublished).	Aggression (score from 0 to 30; higher scores indicate greater aggression) assessed by parent-report using the CBCL/2-3.	TV time was unfavourably associated with aggression (<i>unadjusted</i> : $r = 0.15$, $p < 0.001$; $\beta = 0.39$, $p < 0.001$; <i>adjusted</i> : $\beta = 0.16$, 95% CI: 0.08, 0.25, $p < 0.001$).	Child sex; maternal characteristics: age, nativity, race, education, work hr/wk, relationship status; paternal characteristics: age, education; Household risk characteristics: married at child's birth, income, used food stamps in the past year, additional adults in home, additional children in home.
Teramoto et al. 2005 [82]; Japan	Cross-sectional	N = 670	TV time (hr/day) assessed by parent-report	Total behaviour problems, externalizing	TV time was unfavourably associated	Coffee drinking during pregnancy, number of

		Age range: 36 to 47 mo (~3 to 4 yr) Pre-schoolers	questionnaire (unpublished).	behaviour problems (oppositional, aggressive/destructive and attention domains), and internalizing behaviour problems (withdrawn behaviour, separation anxiety and anxious/neurotic domains) (units for all were <i>T</i> scores; abnormal range $T \geq 64$) measured using the Japanese CBCL/2-3.	with total behaviour problems (OR = 1.23, 95% CI: 1.06, 1.43, $p = 0.011$), and externalizing behaviour problems (OR = 1.26, 95% CI: 1.08, 1.48, $p = 0.004$), but not internalizing behaviour problems (values not reported).	older brothers/sister, family income.
Miller et al. 2012 [83]; USA	Cross-sectional	N = 150 Mean age: 3.64 yr Pre-schoolers	TV time (categories: 0-1 hr/day, 2-5 hr/day, 6-9 hr/day, 10 or more hr/day) assessed by parent-report interview (unpublished format).	Aggression toward a sibling (scale from 1 to 4; higher scores indicate more aggression) assessed by parent-report using the Aggressive Sibling Social Behavior Scale.	TV time was not associated with aggression toward a sibling ($r = 0.14$, $p > 0.01$; $\beta = 0.11$, $p > 0.05$).	Child sex, income, maternal depression, father-child physical aggression, intimate partner violence, hours of violent TV, community violence.
Irwin et al. 2015 [84]; Canada Learning Environments' Activity Potential for Preschoolers (LEAPP) study	Cross-sectional	N = 216 Age range: 2.5 to 5 yr Pre-schoolers	Total sedentary time (min/day; collected during the preschool day only; <50 counts/15 sec epoch) measured by accelerometer (Actical).	Soothability (unit-weighted scale scores), sociability (units not indicated), and emotionality (units not indicated) assessed by parent-report using the Child Temperament Questionnaire (CTQ).	Total sedentary time was not associated with soothability ($r = 0.07$, 95% CI: -0.06, 0.21), sociability ($r = -0.01$, 95% CI: -0.15, 0.12), or emotionality ($r = -0.09$, 95% CI: -0.22, 0.04).	N/A
Zimmerman et al. 2005 [77]; USA NLSY-Child	Cross-sectional	N = 1266 Approximate age: "survey year occurring closest to the 4-year birthday" Pre-schoolers	TV time (hr/day) assessed by parent-report questionnaire (unpublished).	Bullying (categories: bullies, nonbullies) assessed by parent-report questionnaire (unpublished).	Bullies had significantly greater TV time than non-bullies at age 4 yr (Bullies, 5.03 hr/day, SD = 3.92; nonbullies, 3.23 hr/day, SD = 3.92; $p = 0.004$).	N/A

AFQT, Armed Forces Qualification Test; B, unstandardized beta; β , standardized beta; BASC-2, Behavior Assessment System for Children, second edition; BPI, Behavior Problems Index; CD, compact disk; CBCL, Child Behavior Checklist; CI, confidence interval; CTQ, Child Temperament Questionnaire; IDEFICS, Identification and Prevention of Dietary-and Lifestyle-Induced Health Effects in Children and Infants; KINDL, Questionnaire for Measuring Health-Related Quality of Life in Children and Adolescents-Revised Version; LEAPP, Learning Environments' Activity Potential for Preschoolers; MIT-SEA, Modified Infant-Toddler Social and Emotional Assessment; NLSY-Child, National Longitudinal Survey of Youth 1979 Children and Youth Adults; NLSY79, National Longitudinal Survey of Youth; OR, odds ratio; PSID, Panel Study of Income Dynamics; PCTC, Prospective Cohort Study in Thai Children; QLSCD, Quebec Longitudinal Study of Child Development; RCT, Randomized Controlled Trial; SBQ, Social Behavior Questionnaire; SD, standard deviation; SDQ, Strengths and Difficulties Questionnaire; SE, standard error, T1-T4, Time 1 to Time 4; TV, television.

Table S4. Summary of findings for cognitive development outcomes

Reference; Country; Larger Study or Cohort Name	Study Design	Sample	Exposure	Outcome	Main Findings	Covariates included in model (if applicable)
<i>Study Design:</i> Longitudinal						
Tomopoulos et al. 2010 [85]; USA Bellevue Project for Early Language, Literacy, and Education Success (BELLE)	Longitudinal (~8 mo follow-up)	N = 259 Approximate age: T1, 6 mo (~0.5 yr) T2, 14 mo (~1.2 yr) Infants	Electronic media exposure (min/day) assessed by maternal-report interview (24-hour recall diary).	Cognitive development assessed using Bayley Scales of Infant Development-third edition (BSID-III). Language development (total) and two subscales, auditory comprehension and expressive communication , assessed using the Preschool Language Scale-4 (PLS-4).	Electronic media exposure at age 6 mo was unfavourably associated with cognitive development ($r = -0.07$, $p = 0.008$; $B = -1.5$, 95% CI: -2.7, -0.3; $\beta = -0.15$, $p = 0.02$), language development ($r = -0.16$, $p = 0.009$; $B = -1.2$, 95% CI: -2.0, -0.4; $\beta = -0.16$, $p = 0.005$), and auditory comprehension ($r = -0.16$, $p = 0.01$; $B = -1.1$, 95% CI: -2.0, -0.2; $\beta = -0.14$, $p = 0.02$) at age 14 mo. Electronic media exposure at age 6 mo was not associated with expressive communication at age 14 mo in unadjusted analysis ($r = -0.12$, $p = 0.06$) but was unfavourably associated after adjustments ($B = -1.0$, 95% CI: -1.9, -0.1; $\beta = -0.13$, $p = 0.02$).	Sex, position in birth order, maternal factors (age, educational level, country of origin, primary language, marital status, depressive symptoms, cognitive home environment), intervention status.

Reference; Country; Larger Study or Cohort Name	Study Design	Sample	Exposure	Outcome	Main Findings	Covariates included in model (if applicable)
<p>McKean et al. 2015 [86]; Australia</p> <p>Early Language in Victoria Study (ELVS)</p>	<p>Longitudinal (~5 yr follow-up)</p>	<p>N = 763</p> <p>Approximate Ages: T1, 8 mo (Infants) T2, 1 yr (Infants) T3, 2 yr (Toddlers) T4, 3 yr (Toddlers) T5, 4 yr (Pre-schoolers) T6, 7 yr</p>	<p>TV time (hr/day) at age ~4 yr assessed by parent-report questionnaire (unpublished).</p> <p>Average frequency of parents reading [scored as: not very often (1), sometimes (2), or often (3)] to their child; assessed at 8 mo, 1, 2, 3 and 4 yr.</p>	<p>Language development (SD) assessed by: (1) the Australian adaptation of the Clinical Evaluation of Language Fundamentals-Preschool, Second Edition (CELF-P2) at age 4 yr, (2) the Clinical Evaluation of Language Fundamentals, Fourth Edition (CELF-4) Australian Standardisation at ages 5 and 7 yr.</p> <p>Rate of change in language development (SD change per year) between ages 4 yr and 7 yr.</p>	<p>There was a dose-response unfavourable relationship between TV time at age 4 and the rate of change in language development between ages 5-7, such that those with more TV time had a slower rate of change (improvement) in language development; compared to the lowest Quartile: Q2: Coefficient = -0.3, 95% CI: -0.07, 0.01, $p < 0.10$ Q3: Coefficient = -0.04, 95% CI: -0.08, 0.10, $p < 0.10$ Q4: Coefficient = -0.07, 95% CI: -0.13, -0.03, $p < 0.001$.</p> <p>There was a dose-response favourable relationship between frequency of reading to child from ages 8 mo to 4 yr and language development at age 4 yr, such that children in the Q3 and Q4 of frequency of parents reading to child from ages 8 mo to 4 yr, but not those in Q2, had lower language development</p>	<p>Gender, birth weight, non-verbal IQ, family history, developmental disorder, shy/approach-withdrawal, language background, social disadvantage index, low income, maternal age, birth position, maternal education, family literacy, conduct score, peer score, pro-social score, emotional score, hyperactivity/inattention, speech development, frequency of reading to child, number of children's books in the home.</p>

Reference; Country; Larger Study or Cohort Name	Study Design	Sample	Exposure	Outcome	Main Findings	Covariates included in model (if applicable)
					<p>than children in Q1 at age 4 yr; compared to Q1 (score 3, “often”): Q2 (score 2.6-2.8): Coefficient = -0.15, 95% CI: -0.30, 0.01, $p < 0.10$ Q3 (score >2.2 and <2.6): Coefficient = -0.21, 95% CI: -0.35, -0.06, $p < 0.01$ Q4 (score ≤ 2.2, “sometimes or not very often”): Coefficient = -0.38, 95% CI: -0.56, -0.21, $p < 0.001$</p> <p>There was a dose-response favourable relationship between frequency of reading to child between ages 8 mo to 4 yr and the rate of change in language development between ages 5-7, such that those with a greater frequency of reading to child had a faster rate of change (improvement) in language development; compared to the highest Quartile (Q1): Q2: Coefficient = 0.05, 95% CI: 0.01, 0.10, $p < 0.05$ Q3: Coefficient = 0.05, 95% CI: 0.01, 0.10, $p <$</p>	

Reference; Country; Larger Study or Cohort Name	Study Design	Sample	Exposure	Outcome	Main Findings	Covariates included in model (if applicable)
					0.01 Q4: Coefficient = 0.02, 95% CI: -0.03, 0.07, p > 0.05.	
Cheng et al. 2010 [72]; Japan Japan Children's Study	Longitudinal (~1 yr follow- up)	N = 302 Approximate age: T1, 18 mo (~1.5 yr) T2, 30 mo (~2.5 yr) <i>Toddlers</i>	TV time (hr/day) at ages ~18 and 30 mo assessed by parent-report questionnaire (unpublished). TV time patterns from age ~18 mo to age ~30 mo [categories: high-high , ≥4 hr/day at 18 and 30 mo; high-low , ≥4 hr/day at 18 mo and <4 hr/day at 30 mo; low-high , <4 hr/day at 18 mo and ≥4 hr/day at 30 mo; low-low <4 hr/day at 18 and 30 mo] assessed by parent-report questionnaire (unpublished).	Hyperactivity- inattention (measured on a scale from 0 to 10; higher numbers are unfavourable) assessed by parent-report using the Japanese version of the Strengths and Difficulties Questionnaire (SDQ).	There was an unfavourable dose- response relationship between TV time at age ~18 mo and hyperactivity-inattention at age ~30 mo (mean scores by TV time categories: <i>unadjusted</i> , <1hr/day, 3.26; 95% CI: 2.7, 3.8; ≥1 to <3 hr/day, 3.83, 95% CI: 3.5, 4.2; ≥3 to <4 hr/day, 4.45, 95% CI: 3.9, 4.9; ≥4 hr/day, 4.61, 95% CI: 4.3, 5.0; p- value for mean differences, p < 0.0001; p- value for linear trend for means, p < 0.0001; <i>adjusted</i> , <1hr/day, 3.41; 95% CI: 2.7, 4.1; ≥1 to <3 hr/day, 3.81, 95% CI: 3.4, 4.2; ≥3 to <4 hr/day, 4.26, 95% CI: 3.7, 4.8; ≥4 hr/day, 4.59, 95% CI: 4.1, 5.0; p-value for mean differences, p = 0.012; p- value for linear trend, p = 0.002).	Child sex, birth weight, gestational age, birth order, maternal education and family income and maternal stimulation.

Reference; Country; Larger Study or Cohort Name	Study Design	Sample	Exposure	Outcome	Main Findings	Covariates included in model (if applicable)
					Children with high-high and high-low TV time patterns had more unfavourable hyperactivity-inattention scores compared to children with low-low TV time patterns (high-high, 4.49, 95% CI: 3.9, 5.1; high-low, 4.70, 95% CI: 4.0, 5.4; low-high, 4.40, 95% CI: 3.5, 5.3; low-low, 3.79, 95% CI: 3.5, 4.1; p-value for mean differences, $p = 0.029$; p-values for post hoc tests for specific group differences, not reported).	
Mistry et al. 2007 [75]; USA; Healthy Steps for Young Children	Longitudinal (~3 yr follow-up)	N = 2707 Approximate age: T1: 30 to 33 mo (2.5 to 2.8 yr) Toddlers T2: 5.5 yr School-age	TV time (hr/day, and categories: >2 hr/day, ≤2 hr/day) assessed by parent-report interview (unpublished format).	Attention problems (scale from 0 to 10; higher scores indicate more problems) assessed by parent-report using the Child Behavior Checklist (CBCL).	TV time at age ~2.5 yr was not associated with attention problems (<i>unadjusted</i> : $\beta = 0.14$, 95% CI: -0.05, 0.33; <i>adjusted</i> : $\beta = -0.07$, 95% CI: -0.25, 0.12; both $p > 0.05$) at age ~5.5 yr.	Maternal demographic characteristics (age at child's birth, race, ethnicity, marital status, employment, education), child's gender, parity, household income, child's health status, maternal depressive symptoms, parental involvement in child's activities, intervention status (note: the intervention is designed to enhance the delivery of developmental services for families).

Reference; Country; Larger Study or Cohort Name	Study Design	Sample	Exposure	Outcome	Main Findings	Covariates included in model (if applicable)
<p>Foster and Watkins 2010 [87]; USA</p> <p>National Longitudinal Survey of Youth (NLSY79)</p> <p><i>NOTE:</i> This study is a reanalysis of data in Christakis et al. 2004 [88].</p>	<p>Longitudinal (~6 yr follow-up)</p>	<p>N = 946</p> <p>Approximate age:</p> <p>T1, 1 yr</p> <p>T2, 3 yr</p> <p>Toddlers</p> <p>T3, 7 yr</p> <p>School-age</p>	<p>TV time (hr/day) at ages 1 and 3 yr assessed by parent-report interview (unpublished format).</p>	<p>Attentional problems (categories: no attentional problems, score <120; attentional problems, score ≥120) assessed by parent-report using the hyperactivity subscale of the Behavior Problems Index (BPI).</p>	<p>TV time at age ~1 yr was not associated with attentional problems at age ~7 yr (OR = 1.06, SE = 0.05, p > 0.05; compared to 0 hr/day: 0-1 hr/day, OR= 0.80, SE = 0.50; 1-2 hr/day, OR=1.25, SE = 0.52; 2-3 hr/day, OR=1.04, SE = 0.44; 3-4 hr/day, OR=1.82, SE = 0.82; 4-5 hr/day, OR=1.99, SE = 1.03; 5-6 hr/day, OR=0.74, SE = 0.60; 6-7 hr/day, OR= 1.24, SE = 1.18; >7 hr/day, OR=1.58, SE = 0.90; all p > 0.05).</p> <p>TV time at age ~3 yr was not associated with attentional problems at age ~7 yr (OR = 1.05, SE = 0.05, p > 0.05; compared to 0-1 hr/day: 1-2 hr/day, OR=0.39, SE = 0.25; 2-3 hr/day, OR=0.77, SE = 0.43; 3-4 hr/day, OR=0.82, SE = 0.46; 4-5 hr/day, OR=0.49, SE = 0.30; 5-6 hr/day, OR=0.83, SE = 0.57; 6-7 hr/day, OR=3.29, SE = 2.53; >7 hr/day, OR=1.41, SE =</p>	<p>Gender, age, race, gestational age of child, alcohol and tobacco consumption during pregnancy, number of children in the household, presence of two parents, cognitive stimulation and emotional support scores, mother's age, urbanicity, year fixed effects, maternal depression, maternal self-esteem, mother's Armed Forces Qualification Test (AFQT) score, family poverty status.</p>

Reference; Country; Larger Study or Cohort Name	Study Design	Sample	Exposure	Outcome	Main Findings	Covariates included in model (if applicable)
					0.92; all $p > 0.05$).	
Pagani et al. 2013 [69]; Canada Quebec Longitudinal Study of Child Development (QLSCD)	Longitudinal (~3 yr follow- up)	N = 1999 Approximate Age: T1, 29 mo (~2.4 yr) Toddlers T2, 65 mo (~5.4 yr) School-age	TV time (hr/day) at age 29 mo assessed by parent- report questionnaire (unpublished).	Receptive vocabulary (SD; higher scores are better) assessed by trained research assistants using the Peabody Picture Vocabulary Test (PPVT) score (French adaptation). Number knowledge (units) assessed from the Number Knowledge Test (NKT) (abridged version). Classroom engagement (scores ranging from 1 to 5; higher scores are better) assessed by teacher-report questionnaire [89].	TV time at age ~29 mo was unfavourably associated with receptive vocabulary ($B = -0.22$, 95% CI: -0.291, -0.149, p < 0.000) number knowledge ($B = -0.029$, 95% CI: -0.043, -0.015, p < 0.000), and classroom engagement ($B = -0.002$, 95% CI: -0.004, -0.000, p = 0.015) at age ~65 mo.	Receptive vocabulary: Not reported. Number knowledge: Maternal education, early stimulation of literacy, early childhood temperament, family functioning.
Pagani et al. 2010 [9]; Canada QLSCD	Longitudinal (~8 yr follow- up)	N = 1314 Approximate age: T1, 29 mo (~2.4 yr) Toddlers T2, 53 mo (~4.4 yr) Pre-schoolers T3, Grade 4 (in Grade 4 in Quebec, children are aged 9 to 10; School-age)	TV time (hr/week) at age 29 mo assessed by parent- report questionnaire (unpublished). Change in TV time (hr/week) from age 29 mo to 53 mo.	Cognitive ability (no units; higher scores are better) assessed using the Imitation Sorting Task. Classroom engagement assessed by teacher-report using a Classroom Engagement Scale (11 items representing task orientation, compliance, and persistence, rated on a 3-point Likert scale with higher values indicating a higher degree of the	TV time at age 29 months was unfavourably associated with classroom engagement in Grade 4 (β = -0.07, SE = 0.003; $B = -$ 0.01, 95% CI: -0.02, - 0.004; $p \leq 0.05$). TV time at age 29 mo was unfavourably associated with mathematical success in Grade 4 (age ~9-10 yr) (standardized regression: $\beta = -0.06$, SE = 0.01, $p \leq 0.05$) or not	TV time: Change in TV time, concurrent TV time, sex, temperament, cognitive ability, impulsivity, emotional distress, physical aggression, <i>hours of sleep</i> , maternal education, family makeup, family functioning. Change in TV time: Same as above, except inclusion of “baseline TV time” instead of “change

Reference; Country; Larger Study or Cohort Name	Study Design	Sample	Exposure	Outcome	Main Findings	Covariates included in model (if applicable)
				<p>factor).</p> <p>Mathematical success rated as relative to the distribution in the class (scale ranging from -2 to 2, with -2 being “bottom of the class”).</p>	<p>(unstandardized regression: $B = -0.01$, 95% CI: -0.03, 0.01, $p > 0.05$).</p> <p>The change in TV time from age 29 mo to 53 mo was not associated with classroom engagement in Grade 4 (age ~9-10 yr; $\beta = 0.03$, SE = 0.002, $p > 0.05$).</p> <p>The change in TV time from age 29 mo to 53 mo was not associated with mathematical success in Grade 4 (age ~9-10 yr; $\beta = 0.04$, SE = 0.004, $p > 0.05$).</p>	<p>in TV time”.</p>
<p>Schmidt et al. 2009 [6]; USA</p> <p>Project Viva</p>	<p>Longitudinal (~2.5 yr follow-up)</p>	<p>N = 872</p> <p>Approximate age: T1, 6 mo (~0.5 yr) to 2 yr <i>Toddlers to Pre-schoolers</i></p> <p>T2, 3 yr <i>Pre-schoolers</i></p>	<p>TV time (hr/day) assessed by parent-report questionnaire [adapted from questionnaire used in the National Longitudinal Survey of Children and Youth study (NLSY)] at ages 6 mo, 1 yr and 2 yr, and as the weighted average of TV exposure from birth and 2 yr.</p>	<p>Receptive vocabulary (units not indicated; higher scores are better) assessed by trained research assistants using the Peabody Picture Vocabulary Test III score (PPVT-III).</p>	<p>Receptive vocabulary scores at age 3 differed by TV time from birth to 2 yr of age (mean PPVT-III score by TV time: 0 to 0.5 hr/day, mean = 106.2, SD = 14.1; 0.5 to < 1 hr/day, mean = 103.1, SD = 14.1; 1 to < 2 hr/day, mean = 105.7, SD = 14.0; ≥ 2 hr/day, mean = 102.6, SD = 14.4; $p = 0.03$; post hoc tests not performed to identify specific</p>	<p>TV time from age birth to 2 yr: Age, gender, maternal age, education, marital status, parity, household income, child birth weight for gestational age z score, breastfeeding duration, race/ethnicity, English language, <i>average daily sleep duration from 6 mo to 2 yr.</i></p> <p>TV time at ages 6 mo, 1</p>

Reference; Country; Larger Study or Cohort Name	Study Design	Sample	Exposure	Outcome	Main Findings	Covariates included in model (if applicable)
					<p>differences).</p> <p>TV time from birth to 2 yr was not associated with receptive vocabulary at age 3 yr (B = 0.58, 95% CI: -0.45, 1.61).</p> <p>TV time at 6 mo, 1 yr and 2 yr of age was not associated with receptive vocabulary at age 3 yr (6 mo: B = 0.43, 95% CI: -0.32, 1.18; 1 yr: B = 0.24, 95% CI: -0.37, 0.85; 2yr: B = 0.59, 95% CI: -0.28, 1.46).</p>	<p>yr and 2 yr: Maternal age, education, marital status, parity, household income, child birth weight for gestational age z score, breastfeeding duration, race/ethnicity, English language, <i>average daily sleep duration</i>.</p>
<p>Zimmerman and Christakis 2005 [90]; USA</p> <p>National Longitudinal Survey of Youth 1979 Children and Young Adults (NLSY-Child)</p>	<p>Longitudinal (~4 yr follow-up)</p>	<p>N = 1797</p> <p>Age at baseline: “younger than 3 yr” (Toddlers) and “age 3 to 5 yr” (Pre-schoolers)</p>	<p>TV time (hr/day) assessed by parent-report questionnaire (unpublished) before age 3 yr and between ages 3 to 5 yr.</p> <p>Children were divided into TV time categories according to their viewing histories at baseline and follow-up:</p> <p>(1) "low-low TV": <3 hr/day before age 3 yr and at age 3-5 yr;</p> <p>(2) "low-high TV": <3 hr/day before age 3 yr and > 3hr/day at age 3-5 yr;</p>	<p>Mathematics, reading recognition, and reading comprehension Performance (all age-standardized scores with no units) measured by the Peabody Individual Achievement Test (PIAT).</p> <p>Short-term memory (age-standardized score; no units) measured by the Memory for Digit Span assessment from the Wechsler Intelligence Scale for Children (WISC).</p>	<p>TV time at <3 yr (B = -0.17, 95% CI: -0.50, 0.16) and 3-5 yr (B = -0.01, 95% CI: -0.41, 0.39) was not associated with Mathematics at age 6 yr.</p> <p>Compared to high-high TV (reference group), Mathematics at age 6 yr was more favourable in the low-high TV (B = 2.74, 95% CI: 0.89, 4.60) and low-low TV (B = 2.03, 95% CI: 0.24, 3.83) groups, but was not different in the high-low TV group (B = 1.99, 95%</p>	<p>TV time at age 6 yr; parental cognitive stimulation at ages 0 to 3 yr, 3 to 5 yr and at 6 yr; non-English native language; race/ethnicity; mother's education and intelligent quotient (IQ).</p>

Reference; Country; Larger Study or Cohort Name	Study Design	Sample	Exposure	Outcome	Main Findings	Covariates included in model (if applicable)
			<p>(3) "high-low TV": >3 hr/day before age <3 yr and <3hr/day at age 3-5 yr;</p> <p>(4) "high-high TV": >3hr/day at age <3 yr and at age 3-5 yr.</p>		<p>CI: -0.97, 4.96).</p> <p>Mathematics in the low-low TV and low-high TV groups were not different from each other.</p> <p>TV time at <3 yr was unfavourably associated with reading recognition at age 6 yr (B = -0.31, 95% CI: -0.61, -0.01).</p> <p>TV time at 3-5 yr was favourably associated with reading recognition at age 6 yr (B = 0.51, 95% CI: 0.17, 0.85).</p> <p>Compared to high-high TV (reference group), reading recognition at age 6 yr was more favourable in the low-high TV (B = 1.85, 95% CI: 0.15, 3.55), but not the low-low TV (B = 0.01, 95% CI: -1.74, 1.75) or high-low TV groups (B = -0.91, 95% CI: -3.56, 1.74).</p> <p>TV time at <3 yr was unfavourably associated with reading comprehension at age 6 yr (B = -0.58, 95% CI: -</p>	

Reference; Country; Larger Study or Cohort Name	Study Design	Sample	Exposure	Outcome	Main Findings	Covariates included in model (if applicable)
					<p>0.94, -0.21), but TV time at ages 3-5 yr was not (B = 0.28, 95% CI: -0.12, 0.68).</p> <p>Compared to high-high TV (reference group), reading comprehension at age 6 yr was more favourable in the low-high TV (B = 3.92, 95% CI: 1.89, 5.95) and low-low TV (B = 2.32, 95% CI: 0.43, 4.22) but not the high-low TV (B = 1.66, 95% CI: -1.82, 5.13) groups.</p> <p>TV time at <3 yr was not associated with short-term memory at age 7 yr (B = -0.10, 95% CI: -0.20, 0). TV time at ages 3-5 yr was not associated with short-term memory at age 7 yr (B = 0.09, 95% CI: -0.04, 0.22).</p> <p>Compared to high-high TV (reference group), short-term memory at age 7 yr was more favourable in the low-low TV group (B = 0.59, 95% CI: 0.03, 1.15), but not the</p>	

Reference; Country; Larger Study or Cohort Name	Study Design	Sample	Exposure	Outcome	Main Findings	Covariates included in model (if applicable)
					<p>low-high TV (B = 0.52, 95% CI: -0.07, 1.12) or high-low TV (B = 0.30, 95% CI: -0.67, 1.27) groups.</p>	
<p>Christakis et al. 2004 [88]; USA NLSY-Child (1986-2000)</p>	<p>Longitudinal (~6 yr follow-up)</p>	<p>N = 1345 Mean age: T1, 1.8 yr Toddlers T2, 3.8 yr Pre-schoolers T3, ~7 yr School-age</p>	<p>TV time (hr/day) assessed by parent-report questionnaire (unpublished).</p>	<p>Attentional problems (“present” if score ≥ 1.2 SDs above the mean age-specific standardized score) assessed using the hyperactivity subscale of the Behavioral Problems Index (BPI).</p>	<p>TV time at age ~1 yr was unfavourably associated with attentional problems at age ~7 yr (OR = 1.09, 95% CI: 1.03, 1.15). A 1 SD increase in TV hr/day at age ~1 yr was associated with a 28% increase in the probability of attentional problems at age ~7 yr.</p> <p>TV time at age ~3 yr was unfavourably associated with attentional problems at age ~7 yr (OR = 1.09, 95% CI: 1.02, 1.16).</p>	<p>Gender; race/ethnicity; child age at index interview; gestational age at birth; factors at or near ages 1 and 3: measures of cognitive stimulation and emotional support in the home environment, number of children in the household, presence of 2 parents in the household ; maternal factors: use of alcohol or tobacco during pregnancy, self-esteem as of 1987, age at index, 1 education at index; and calendar year at index.</p>
<p>Blankson et al. 2015 [91]; USA</p>	<p>Longitudinal (~0.5 and 1.5 yr follow-up)</p>	<p>N = 228 Approximate Ages: T1, 3.5 yr T2, 4 yr Pre-schoolers T3, 5 yr School-age</p>	<p>TV time (hr/week) at ages ~3.5 and ~4 yr assessed by parent-report questionnaire [“Watching Television, Reading, and Computers at Home measure” (TVRC); adapted from items by [92].</p>	<p>Vocabulary (scores ranging from 0 to 204; higher scores are better) assessed by trained examiner using the PPVT-III.</p> <p>Cognitive inhibitory control (scores ranging from 0-16; higher scores</p>	<p>In unadjusted analyses, TV time at age ~3.5 was unfavourably associated with vocabulary ($r = -0.28$, $p < 0.01$), working memory capacity ($r = -0.18$, $p < 0.01$), and executive function ($r = -0.19$, $p < 0.01$), but not with cognitive inhibitory</p>	<p>Socioeconomic status (SES), non-European American, home learning environment, parental scaffolding.</p>

Reference; Country; Larger Study or Cohort Name	Study Design	Sample	Exposure	Outcome	Main Findings	Covariates included in model (if applicable)
				<p>indicate stronger inhibitory control) assessed using the Animal Stroop Task.</p> <p>Working Memory Capacity (no units indicated; higher scores are better) assessed using the Animal Stroop Task (STROOP) and the Kaufman Assessment Battery for Children (K-ABC; [93]) number recall test.</p> <p>Executive function (standardized scores from two sub-tests; higher scores are better) assessed as a composite of cognitive inhibitory control and working memory capacity.</p>	<p>control ($r = -0.12$, $p > 0.05$) at age ~5 yr.</p> <p>In unadjusted analyses, TV time at age ~4 yr was unfavourably associated with vocabulary ($r = -0.20$, $p < 0.01$) and executive function ($r = -0.13$, $p < 0.05$), but not with its components, cognitive inhibitory control ($r = -0.11$, $p > 0.05$) and working memory capacity ($r = -0.10$, $p > 0.05$) at age ~5 yr.</p> <p>After adjusting for covariates, TV time at age ~3.5 yr was not associated with vocabulary ($\beta = -0.13$; $B = -0.25$, $SE = 0.13$), cognitive inhibitory control ($\beta = -0.08$; $B = -0.04$, $SE = 0.04$), working memory capacity ($\beta = -0.11$; $B = -0.03$, $SE = 0.02$), or executive function ($\beta = -0.12$; $B = -0.03$, $SE = 0.02$) (all $p > 0.05$).</p> <p>After adjusting for covariates, TV time at age</p>	

Reference; Country; Larger Study or Cohort Name	Study Design	Sample	Exposure	Outcome	Main Findings	Covariates included in model (if applicable)
<p>~4 yr was not associated with vocabulary ($\beta = -0.03$; $B = -0.06$, $SE = 0.12$), cognitive inhibitory control ($\beta = -0.07$; $B = -0.03$, $SE = 0.04$), working memory capacity ($\beta = -0.01$; $B = -0.004$, $SE = 0.02$), or executive function ($\beta = -0.01$; $B = -0.05$, $SE = 0.01$) (all $p > 0.05$).</p>						
<p><i>Study Design:</i> Case-Control</p>						
<p>Chonchaiya et al. 2008 [94]; Thailand</p>	<p>Case-Control</p>	<p>N = 166; Cases, n = 56; Controls, n = 110 Age range: 15-48 mo Mean age: Cases, 2.11 yr Controls, 2.23 yr Toddlers</p>	<p>TV time (hr/day) assessed by parent-report interview (interview protocol unpublished).</p>	<p>Delayed language development (cases) and normal language development (controls). Delayed language development determined by medical diagnosis, and developmental assessment using Denver-II test by trained developmental pediatricians. Language developmental level (years) was determined by the age at 75th percentile of language development milestones, which the child could attain in Denver-II.</p>	<p>Children with language delay (cases) had significantly greater TV time than those normal language development (mean TV time: cases, 3.05 hr/day, $SD = 1.90$; controls, 1.85 hr/day, $SD = 1.18$; mean difference between groups = 1.2 hr/day, 95% CI: 0.726, 1.6737; $t = 5.0016$; $df = 164$; SE of difference = 0.240). Compared with ≤ 2 hr/day TV time, children with > 2 hr/day TV time had increased odds of language delay ($OR = 3.94$, 95% CI: 2.00, 7.76, $p < 0.001$).</p>	<p>N/A</p>

Reference; Country; Larger Study or Cohort Name	Study Design	Sample	Exposure	Outcome	Main Findings	Covariates included in model (if applicable)
<i>Study Design:</i> Cross-sectional						
Zimmerman et al. 2007 [95]; USA	Cross-sectional	N = 729; Infants , n = 384; Toddlers , n = 345 Age range: Infants , 8-16 mo (~0.7 to 1.3 yr) Toddlers , 17-24 mo (~1.4 to 2 yr)	Reading (\geq once per day, <once per day) and storytelling (\geq once per day, <once per day) assessed by parent-report interview (interview protocol unpublished).	Language development (percentile norms) assessed by the short-form Communicative Development Inventory (CDI).	Reading with parents at least once per day, compared with less than once per day, was associated with more favourable language development scores in infants (B = 7.07, 95% CI: 0.53, 13.60, $p < 0.05$) and toddlers (B = 11.72, 95% CI: 1.86, 21.59, $p < 0.05$). Storytelling with parents at least once per day, compared with less than once per day, was associated with more favourable language development scores in infants (B = 6.47, 95% CI: 0.23, 12.71, $p < 0.05$), but was not associated with language development scores in toddlers (B = 7.13, 95% CI: -0.11, 14.37, $p < 0.10$).	Sex, age, number of siblings, premature birth, premature birth by age interaction, hours per week in daycare, whether both parents are present, maternal and paternal education, parental income, child race/ethnicity, state of birth (Minnesota or Washington).
Ferguson and Donnellan 2014 [96]; USA <i>NOTE:</i> This study used the same data set as Zimmerman	Cross-sectional	N = 750 6 to 16 mo, n = 392 17 to 27 mo, n = 358 Approximate age: 6 to 16 mo (0.5 to 1.3 yr)	Total media exposure (min/day, and categories: no exposure, any exposure; baby DVDs or movies, adult TV, children's educational TV, children's educational	Receptive language development (understanding words; scale from 0 to 89 for those aged 6 to 16 mo, and 0 to 100 for those aged 17 to 27 mo), expressive	No media exposure was unfavourably associated with receptive language development ($r = -0.22$, $p < 0.01$; $\beta = -0.13$, $p = 0.001$) and expressive language development (r	No media exposure: Age, gender. Reading and storytelling: age, gender, listening to music with parents, income, maternal

Reference; Country; Larger Study or Cohort Name	Study Design	Sample	Exposure	Outcome	Main Findings	Covariates included in model (if applicable)
et al. 2007 [95].		<p>Infants to Toddlers</p> <p>17 to 27 mo (1.4 to 2.3 yr)</p> <p>Toddlers</p>	<p>DVDs or videos, children's noneducational TV, and children's DVDs or videos of movies) assessed by parent-report questionnaire (unpublished).</p> <p>Reading and storytelling with parents (categories: never, once a month, a few times a month, once a week, a few times a week, once a day, more than once a day) assessed by parent-report interview (interview protocol unpublished).</p>	<p>language development (using words; scale from 0 to 100), and total language development (receptive and expressive language development; higher scores indicate greater language development) assessed using the Communicative Development Inventory (CDI).</p>	<p>= -0.19, $p < 0.01$; $\beta = -0.12$, $p = 0.007$) in children aged 6 to 16 mo, but was not associated with total language development ($r = -0.08$, $p > 0.05$; $\beta = -0.03$, $p > 0.05$) in children aged 17 to 27 mo.</p> <p>Reading with parents was favourably associated with receptive language development ($\beta = 0.11$, $p < 0.01$) but not expressive language development ($\beta = 0.05$, $p > 0.05$) at age 6 to 16 mo, or total language development at age 17 to 27 mo ($\beta = 0.08$, $p > 0.05$).</p> <p>Storytelling with parents was favourably associated with receptive language development ($\beta = 0.12$, $p < 0.01$) but not expressive language development ($\beta = 0.03$, $p > 0.05$) at age 6 to 16 mo, and was favourably associated with total language development at age 17 to 27 mo ($\beta = 0.18$, $p < 0.01$).</p>	<p>education, baby DVDs/video, adult TV, child educational TV, child noneducational TV, race (Caucasian vs ethnic minority).</p>

Reference; Country; Larger Study or Cohort Name	Study Design	Sample	Exposure	Outcome	Main Findings	Covariates included in model (if applicable)
Byeon and Hong 2015 [97]; Korea Panel Study on Korean Children (2010)	Cross- sectional	N = 1778 Age range: 24 to 30 mo (~2 to 2.5 yr) Toddlers	TV time (hr/day) assessed by parent-report questionnaire (unpublished).	Language development (categorized as “ normal ” or “ delayed ”) assessed by the Korean-Ages and Stages Questionnaire (K- ASQ). “Delayed” language development was defined as a score <2 SD below the mean on the communication domain of the K-ASQ.	There was a dose-response relationship; the risk of delayed language development increased proportionately with the increase in toddlers' TV watching time (all compared to <1hr/day; 1-2 hr/day: RR = 1.43, 95% CI: 0.59, 3.45, p > 0.05; 2- 3 hr/day: RR = 2.74, 95% CI: 1.13, 6.65, p < 0.05; >3 hr/day: RR = 3.03, 95% CI: 1.12, 8.21, p < 0.05; p-value for trend, p=0004).	Environmental factors (main fosterer, household income, size of home city), maternal factors (level of education, economic activities, level of satisfaction with marriage, communication pattern with children), paternal factors (level of education, occupation, communication pattern with children), child factors (gender, sociability, hospitalization experience within the past year due to disease or accident).
Lin et al. 2015 [71]; Taiwan	Cross- sectional	N = 150; TV exposure, n = 75; Control, n = 75 Mean age: 24.8 mo (~2.1 yr) Toddlers	TV time (min/day) assessed by parent-report interview. Children were divided into categories based on their average TV time: frequently exposed (>0 hr/day TV for children <2 yr, and >2 hr/day TV for children ≥2 yr), or infrequently exposed (no TV for children <2 yr, and ≤2 hr/day for children ≥2 yr).	Overall cognitive development and language development [categorized as “ typical ” (score ≥ 85) or “ delayed ” (score <85)] assessed using Bayley Scales of Infant Development- second edition (BSID-II).	Children with delayed overall cognitive development spent more time watching TV compared to children with typical overall cognitive development (129.3 vs 60.7 min/day; t = 3.1, p < 0.01). Children who were frequently exposed to TV were more likely to have delayed cognitive development than those who were infrequently exposed (OR = 3.9, 95%	Analyses were multivariate, but covariates were not specified.

Reference; Country; Larger Study or Cohort Name	Study Design	Sample	Exposure	Outcome	Main Findings	Covariates included in model (if applicable)
					<p>CI: 1.4, 5.9). % of sample with typical and delayed cognitive development in those frequently vs infrequently exposed respectively: typical (66.7 vs 86.7%), delayed (33.3 vs 13.3%) ($X^2 = 8.4$, $p < 0.01$).</p> <p>Children with delayed language development spent more time watching TV than children with typical language development (117.3 vs 53.2 min/day; $t = 3.8$, $p < 0.001$).</p> <p>Children who were frequently exposed to TV were more likely to have delayed language development than those who were infrequently exposed (OR = 3.3, 95% CI: 1.5, 7.3). % of sample with typical and delayed language development in those frequently vs infrequently exposed respectively: typical (50.7 vs 76.0%), delayed (49.3</p>	

Reference; Country; Larger Study or Cohort Name	Study Design	Sample	Exposure	Outcome	Main Findings	Covariates included in model (if applicable)
					vs 24.0%) ($X^2 = 10.4$, $p < 0.01$).	
Pagani et al. 2010 [9]; Canada QLSCD	Cross-sectional	N = 1314 Approximate age: 29 mo (~2.4 yr) Toddlers	TV time (hr/week) assessed by parent-report questionnaire (unpublished).	Cognitive ability (no units; higher scores are better) assessed using the Imitation Sorting Task.	TV time at age 29 mo was not associated with cognitive ability at age 29 mo ($\beta = -0.02$, $SE = 0.2$, $p > 0.05$).	N/A
Cheng et al. 2010 [72]; Japan Japan Children's Study	Cross-sectional	N = 302 Approximate age: 30 mo (~2.5 yr) Toddlers	TV time (hr/day) assessed by parent-report questionnaire (unpublished).	Hyperactivity-inattention (measured on a scale from 0 to 10; higher numbers are unfavourable) assessed by parent-report using the SDQ.	There was an unfavourable dose-response relationship between TV time at age and hyperactivity-inattention in <i>unadjusted</i> but not <i>adjusted</i> analyses (scores by TV time categories: <i>unadjusted</i> , <1hr/day, 3.31; 95% CI: 2.6, 4.1; ≥ 1 to <3 hr/day, 3.99, 95% CI: 3.7, 4.3; ≥ 3 to <4 hr/day, 4.28, 95% CI: 3.8, 4.8; ≥ 4 hr/day, 4.53, 95% CI: 4.1, 4.9; p-value for group mean differences, $p = 0.031$; p-value for linear trend for means, $p = 0.004$; <i>adjusted</i> , <1hr/day, 3.64; 95% CI: 2.8, 4.4; ≥ 1 to <3 hr/day, 3.94, 95% CI: 3.6, 4.3; ≥ 3 to <4 hr/day, 4.18, 95% CI: 3.5, 4.7; ≥ 4 hr/day, 4.48, 95% CI: 4.0, 5.0; p-value for group	Child sex, birth weight, gestational age, birth order, maternal education and family income and maternal stimulation.

Reference; Country; Larger Study or Cohort Name	Study Design	Sample	Exposure	Outcome	Main Findings	Covariates included in model (if applicable)
					mean differences, $p = 0.224$; p -value for linear trend for means, $p = 0.071$).	
Duch et al. 2013 [98]; USA	Cross-sectional	N = 119 Mean age: 21.09 mo (~1.8 yr) Toddlers	Screen time (hr/day; TV, cellphones, DVDs, computers) assessed by parent-report 24-hour recall questionnaire (unpublished).	Communication development (scores range from 25 to 60; scores >36.5 indicate typical development) assessed by the Ages and Stages Questionnaire: A Parent-Completed Child Monitoring System, Third Edition (ASQ3).	>2 hr/day screen time was unfavourably associated with communication development (unadjusted: $\beta = -1.71$, $p = 0.03$; adjusted: $\beta = -1.65$, $p = 0.04$).	Child's gender, parent education.
Zimmerman et al. 2009 [99]; USA The Language Environment Analysis (LENA) Natural Language Study	Cross-sectional	N = 275 Mean age: 21.2 mo (~1.8 yr) Toddlers	TV time (hr/day) measured objectively using LENA (a vest-worn voice recorder that can differentiate foreground TV, adult voices and child voices; worn for 12 hr/day, 1 day/mo, for 6 mo).	Language capacity (units not indicated) assessed by a speech language pathologist using the PLS-4.	TV time was not associated with language capacity ($B = -1.4$, 95% CI: -3.97, 1.14, $p > 0.05$).	Child's age, gender, race/ethnicity, mother's and father's education, household income, and number of LENA recording sessions, adult word count, adult-child conversational turns.
Ruangdaraganon et al. 2009 [100]; Thailand Prospective Cohort Study of Thai Children	Cross-sectional	N = 203 Approximate age: 2 yr Toddlers	TV time (hr/day) assessed by parent-report questionnaire (unpublished).	Language development [categorized as “pass” or “delayed” (if the child failed all items)] assessed using a modified (translated to Thai language) Clinical Linguistic Auditory Milestone Scale (CLAMS).	TV time was not associated with delayed language development (compared to <2 hr/day, ≥ 2 hr/day OR = 0.5, 95% CI: 0.2, 1.6, $p > 0.05$).	Gender, maternal education, monthly family income, number of children in family, number of televisions in households, television in child's bedroom.

Reference; Country; Larger Study or Cohort Name	Study Design	Sample	Exposure	Outcome	Main Findings	Covariates included in model (if applicable)
Rajchanovska and Ivanovska 2015 [101]; Macedonia	Cross-sectional	N = 1607 Age range: 3 to 5 yr Toddlers to Pre-schoolers	Computer use (yes, no) and mobile phone use (yes, no) assessed by parent-report questionnaire (unclear what questionnaire).	Speech disorders (categories: yes, no) assessed via questionnaires for children's behaviour (Chaturik test and Child Behavior Checklist by Achenbach), conversation with parents, and clinical examination.	<p>The prevalence of speech disorders was not different between those who used a computer and those who did not [used a computer: speech disorders, n = 239 (35.41%), no speech disorders, n = 436 (64.59%); did not use a computer: speech disorders, n = 366 (39.27%), no speech disorders, n = 566 (60.73%), p = 0.11].</p> <p>The prevalence of speech disorders was greater in those who used a mobile phone compared to those who did not [used a mobile phone: speech disorders, n = 291 (42.05%), no speech disorders, n = 401 (57.95%); did not use a mobile phone: speech disorders, n = 314 (34.32%), no speech disorders, n = 601 (65.68%), p = 0.001].</p> <p>Computer use was not associated with speech disorders (compared with</p>	N/A

Reference; Country; Larger Study or Cohort Name	Study Design	Sample	Exposure	Outcome	Main Findings	Covariates included in model (if applicable)
					<p>no computer use: OR = 0.848, 95% CI: 0.690, 1.041, p = 0.115).</p> <p>Mobile phone use was unfavourably associated speech disorders (compared with no mobile phone use: OR = 1.389, 95% CI: 1.133, 1.702, p = 0.002).</p>	
<p>McKean et al. 2015 [86]; Australia</p> <p>Early Language in Victoria Study (ELVS)</p>	<p>Cross-sectional</p>	<p>N = 763</p> <p>Approximate age: 4 yr</p> <p>Pre-schoolers</p>	<p>TV time (hr/day) assessed by parent-report questionnaire (unpublished).</p>	<p>Language development (SD) assessed by the Australian adaptation of the Clinical Evaluation of Language Fundamentals-Preschool, Second Edition (CELF-P2).</p>	<p>TV time at age 4 yr was not associated with language development scores at age 4 yr; compared to the lowest Quartile (Q1; <2.71 hr/day):</p> <p>Q2 (>2.71 to <3 hr/day): Coefficient = -0.08, 95% CI: -0.22, 0.06</p> <p>Q3 (>3 to <3.71 hr/day): Coefficient = -0.09, 95% CI: -0.26, 0.06</p> <p>Q4 (>3.71 hr/day): Coefficient = -0.11, 95% CI: -0.29, 0.07</p>	<p>Gender, birth weight, non-verbal IQ, family history, developmental disorder, shy/approach-withdrawal, language background, social disadvantage index, low income, maternal age, birth position, maternal education, family literacy, conduct score, peer score, pro-social score, emotional score, hyperactivity/inattention, speech development, frequency of reading to child, number of children's books in the home.</p>
<p>Irwin et al. 2015 [84]; Canada</p> <p>Learning Environments' Activity Potential for Preschoolers</p>	<p>Cross-sectional</p>	<p>N = 216</p> <p>Age range: 2.5-5 yr</p> <p>Pre-schoolers</p>	<p>Total sedentary time (min/day; collected during the preschool day only; <50 counts/15 sec epoch) measured by accelerometer (Actical).</p>	<p>Attention span (units not indicated) assessed by parent-report using the Child Temperament Questionnaire (CTQ).</p>	<p>Total sedentary time was not associated with attention span ($r = -0.14$, 95% CI: -0.27, 0.00).</p>	<p>N/A</p>

Reference; Country; Larger Study or Cohort Name	Study Design	Sample	Exposure	Outcome	Main Findings	Covariates included in model (if applicable)
(LEAPP) study						
Linebarger et al. 2014 [102]; USA	Cross-sectional	N = 788 Mean age: 47.22 mo (~3.9 yr) <i>Pre-schoolers</i>	Reading time (hr/day; time that the child read or was read to) assessed by 24-hour parent-report time diary (School Readiness Survey of the National Household Education Surveys Program, 2007).	Executive function (T-scores; higher scores indicate poorer executive function) assessed using the Behavior Assessment System for Children (BASC-2; parent-report).	Reading time was not associated with executive function (values not provided).	Birth order, in-home care, center care, language, cumulative risk status (high or low based on these factors: child minority, maternal age at birth, single parent, maternal education, income-to-needs, more than 3 siblings), parenting style, background TV and music, foreground educational and non-educational TV.
Linebarger 2015 [103]; USA	Cross-sectional	N = 788 Mean age: 47.22 mo (~3.9 yr) <i>Pre-schoolers</i>	Time playing video games (hr/day) assessed by parent-report 24-hour recall diary (adapted from the Panel Study of Income Dynamics (PSID) format).	Hyperactivity (T scores; higher scores are unfavourable) and attention problems (T scores; higher scores are unfavourable) assessed by parent-report using the Behaviour Assessment System for Children (BASC-2).	Time playing video games was not associated with hyperactivity ($\beta = 0.06$, CI: -0.09, 0.60; B = 1.38; $p < 0.10$) or attention problems ($\beta = -0.03$, 95% CI: -5.06, 0.31; B = -0.62; $p > 0.10$).	Birth order, child grade, literacy, demographic risk, responsive parenting, inconsistent parenting.
Miller et al. 2007 [104]; USA	Cross-sectional	N = 170 Mean age: 4.31 yr <i>Pre-schoolers</i>	TV time (hr/day) assessed by parent-report questionnaire in a semi-structured interview (method published by Christakis et al. 2004 [88]).	Parent- and teacher-reported attention-deficit/hyperactivity disorder (ADHD) symptoms (over the last 6 months; scale from 0 to 50; lower scores indicate fewer ADHD symptoms)	TV time was unfavourably associated with teacher-reported ($\beta=0.235$, $p = 0.002$) but not parent-reported ($\beta=0.146$, $p = 0.06$) ADHD symptoms .	Sex, age, SES.

Reference; Country; Larger Study or Cohort Name	Study Design	Sample	Exposure	Outcome	Main Findings	Covariates included in model (if applicable)
				measured by checklists based on the Diagnostic and Statistical Manual of Mental Disorders-4 (DSM-IV).		
Nathanson and Fries 2014 [105]; USA	Cross-sectional	N = 107 Mean age: 53.37 mo (~4.4 yr) <i>Pre-schoolers</i>	TV time (min/day) assessed by parent-report questionnaire (unpublished).	Executive function (no units; standardized composite score) assessed by four tasks (grass/snow, whisper, backward digit span, tower) taken from [106].	TV time was unfavourably associated with executive function (partial $r = -0.26$, $p < 0.01$).	Child's age, household income, parent education.

ADHD, attention-deficit/hyperactivity disorder; ASQ3, Ages and Stages Questionnaire: A Parent-Completed Child Monitoring System, third edition; B, unstandardized beta; β , standardized beta; BASC-2, Behavior Assessment System for Children, second edition; BELLE, Bellevue Project for Early Language, Literacy, and Education Success; BPI, Behavioral Problems Index; BSID-II and BSID-III, Bayley Scales of Infant Development-second and third edition; CDI, Communicative Development Inventory; CELF-4, Clinical Evaluation of Language Fundamentals, fourth edition; CELF-P2, Clinical Evaluation of Language Fundamentals-Preschool, second edition; CI, confidence interval; CLAMS, Clinical Linguistic Auditory Milestone Scale; CTQ, Child Temperament Questionnaire; DSM-IV, Diagnostic and Statistical Manual of Mental Disorders-4; ELVS, Early Language in Victoria Study; IQ, intelligent quotient; K-ABC, Kaufman Assessment Battery for Children; K-ASQ, Korean-Ages and Stages Questionnaire; LEAPP, Learning Environments' Activity Potential for Preschoolers study; LENA, Language Environment Analysis; NKT, Number Knowledge Test; NLSY, National Longitudinal Survey of Children and Youth study; NLSY-Child, National Longitudinal Survey of Youth 1979 Children and Youth Adults; OR, odds ratio; PIAT, Peabody Individual Achievement Test; PLS-4, Preschool Language Scale-4; PPVT, Peabody Picture Vocabulary Test; PPVT-III, Peabody Picture Vocabulary Test, third edition; Q1-Q4, Quartile 1 to Quartile 4; QLSCD, Quebec Longitudinal Study of Child Development; RR, relative risk; SD, standard deviation; SE, standard error; SES, socioeconomic status; STROOP, Animal Stroop Task; T1-T4, Time 1 to Time 4; TV, television; TVRC, Watching Television, Reading, and Computers at Home measure; WISC, Wechsler Intelligence Scale for Children.

Table S5. Summary of findings for bone and skeletal health outcomes

Reference; Country; Larger Study/Cohort Name	Study Design	Sample	Exposure	Outcome	Main Findings	Covariates included in model (if applicable)
<i>Study Design:</i> Cross-sectional						
Herrmann et al. 2015 [107]; Sweden, Germany, Hungary, Italy, Cyprus, Spain, Belgium, Estonia Identification and prevention of dietary- and lifestyle-induced health effects in children and infants (IDEFICS)	Cross- sectional	N = 1512 Mean age: 4.4 yr Pre-schoolers	Total sedentary time (hr/day; ≤ 100 cpm, 60 sec epochs) measured by accelerometer (Actigraph uniaxial, ActiTrainer or GT1M). Screen time (hr/week; TV, videos, DVDs, computer, game console) assessed by parent-report questionnaire (unpublished).	Bone stiffness index (no units) measured on the left and right calcaneus using quantitative ultrasound (Achilles Lunar Insight™ GE Healthcare)	After adjusting for moderate-to-vigorous- intensity physical activity (MVPA), accelerometer- derived sedentary time was not significantly associated with bone stiffness index ($\beta = -0.37$; R^2 (%) = 19; $p = 0.28$). There was no association between screen time and bone stiffness index ($\beta = -$ 0.04 ; R^2 (%) = 18.4; $p =$ 0.50).	Total sedentary time: age, sex, country, FFM, consumption of milk and dairy products, daylight duration, <i>MVPA</i> Screen time: age, sex, country, FFM, consumption of milk and dairy products, daylight duration, leisure time PA

β , standardized beta; FFM, fat free mass; IDEFICS, Identification and prevention of dietary- and lifestyle-induced health effects in children and infants; MVPA, moderate-to-vigorous-intensity physical activity; PA, physical activity; R^2 , correlation coefficient; TV, television.

Table S6. Summary of findings for cardiometabolic health outcomes

Reference; Country; Larger Study/Cohort Name	Study Design	Sample	Exposure	Outcome	Main Findings	Covariates included in model (if applicable)
Crispim et al. 2014 [108]; Brazil	Cross-sectional	N = 276 Mean age: 3.1 yr Pre-schoolers	TV time (hr/day) assessed by parent-report questionnaire (unpublished)	Blood pressure (categorized based on National High Blood Pressure Education Program in Pediatrics (2004) criteria as “normal”: SBP and/or DBP values <90 th percentile; or “high” SBP and/or DBP values ≥ 95 th percentile) measured using the second of two automatic blood pressure monitor measurements in sitting position (OMRON- HEM 705 CP).	Watching TV for ≥2 hr/day was not associated with high blood pressure (compared to <2 hr/day; PR = 0.9, 95% CI = 0.5, 1.4, p = 0.568).	N/A

CI, confidence interval; DBP, diastolic blood pressure; PR, prevalence ratio; SBP, systolic blood pressure; TV, television.

Table S7. Summary of findings for fitness outcomes

Reference; Country; Larger Study/Cohort Name	Study Design	Sample	Exposure	Outcome	Main Findings	Covariates included in model (if applicable)
<i>Study Design:</i> Longitudinal						
Fitzpatrick et al. 2012 [8]; Canada Quebec Longitudinal Study of Child Development (QLSCD)	Longitudinal (6 yr follow-up)	N = 1314 Approximate age: T1, 29 mo (~2.4 yr) Toddlers T2, 53 mo (~4.4 yr) Pre-schoolers Mean age: T3, 97.8 mo (~8.2 yr) School-age	TV time (hr/day) at age ~29 mo assessed by parent-report questionnaire (unpublished). Change in TV time (hr/week) from age ~29 mo to ~53 mo.	Lower body explosive strength (cm) assessed via standing long jump.	Higher TV time at age ~29 mo was unfavourably associated with standing long jump performance at age 97.8 mo (B = - 0.361; 95% CI: -0.576, - 0.145; p < 0.001). A greater increase in TV time between age ~29 and ~53 mo was unfavourably associated with standing long jump performance at age 97.8 months (B = - 0.285; 95% CI: -0.436,- 0.134; p < 0.01).	Sex, family income, weight for gestational age, overeating and <i>weekly participation in physical activity</i> at 29 mo (T1), age in mo at T3, and weight status at T3.
Pagani et al. 2010 [9]; Canada QLSCD	Longitudinal (8 yr follow-up)	N = 1314 Approximate age: T1, 29 mo (~2.4 yr) Toddlers T2, 53 mo (~4.4 yr) Pre-schoolers T3, Grade 4 (in Grade 4 in Quebec, children are aged 9 to 10	TV time (hr/week) at age ~29 mo assessed by parent-report questionnaire (unpublished) Change in TV time (hr/week) from age ~29 mo to ~53 mo.	Physical fitness levels [scale ranged from -2 (much less) to 2 (much more) relative to other children] assessed via parent-report questionnaire.	Higher TV time at age ~29 mo was unfavourably associated with physical fitness in Grade 4 ($\beta = -$ 0.09, SE = 0.0004; B = - 0.01, 95% CI: -0.002, - 0.02; p < 0.01). A greater increase in TV time between ~29 mo and ~53 mo of age was unfavourably associated with physical fitness in the Grade 4 ($\beta = -0.10$, SE = 0.0003, p < 0.01).	TV time: Change in TV time, concurrent TV time, sex, temperament, cognitive ability, impulsivity, emotional distress, physical aggression, <i>hours of sleep</i> , maternal education, family makeup, family functioning, BMI Change in TV time: Same as above, except inclusion of “baseline TV time” instead of “change in TV time”.

		yr) School-age				
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CI, confidence interval; B, unstandardized beta; β , standardized beta; BMI, Body Mass Index; QLSCD, Quebec Longitudinal Study of Child Development; SE, standard error; T1-T4, Time 1 to Time 4; TV, television.

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