Supplementary Table 1 Linear Regression results for Quality of life and selected characteristics

	β Coefficient	95 % Confidence intervals
Education[a]		
Secondary	1.096**	(0.458, 1.734)
Tertiary	1.052**	(0.350, 1.754)
Grandchild care[b]		
Low intensity (1-59 hours)	0.766**	(0.190, 1.343)
High intensity (60+ hours)	0.671	(-0.371, 1.714)
Active social participation in last week[c]		
Yes	3.389***	(2.439, 4.340)

Model was adjusted for age, age2, gender, marital status, employment, income and disability; $F_{(18, 2352)}$ =   29.15, $p<0.001$, R^2 =0.176. SE adjusted for 2352 clusters in households and weighted for SCQ completion; P values, **<0.01, ***<0.001.

a. Reference group= primary education

b. Reference group=no grandchild care

c. Reference group=no