

Supplementary Table 2 Linear Regression results for depressive symptoms and selected characteristics

	$\beta$ Coefficient	95 % Confidence intervals
<b>Education<sup>a</sup></b>		
Secondary	-1.035***	(-1.566, -0.504)
Tertiary	-0.636*	(-1.262, -0.010)
<b>Grandchild care<sup>b</sup></b>		
Low intensity (1-59 hours)	-0.149	(-0.634, 0.335)
High intensity (60+ hours)	0.091	(-0.856, 1.037)
<b>Active social participation in last week<sup>c</sup></b>		
Yes	-1.918***	(-2.755, -1.081)

Model was adjusted for age, age2, gender, marital status, employment, income and disability;  $F(18, 2713) = 21.15, p < 0.001, R^2 = 0.140$ . SE adjusted for 2714 clusters in households and weighted for SCQ completion. P values, \* $<0.05$ , \*\*\* $<0.001$ .

a. Reference group= primary education

b. Reference group=no grandchild care

c. Reference group=no