

Appendices

Supplementary table 1: Prevalence of clinically significant PTSS at each time point

Variable	Values	Baseline: ASDS ≥ 56 (N=219)		Eight months: PCL-S ≥ 44 (N=109)	
Total		60/219	(27.40%)	29/109	(26.61%)
Gender	Male	46/166	(27.71%)	19/79	(24.05%)
	Female	14/53	(26.42%)	10/30	(33.33%)
Age	18-25	14/57	(24.56%)	6/19	(31.58%)
	26-35	19/59	(32.20%)	9/30	(30.00%)
	36-45	13/43	(30.23%)	8/22	(36.36%)
	46-65	11/42	(26.19%)	5/25	(20.00%)
	66+	3/18	(16.67%)	1/13	(7.69%)
Ethnicity	White, White British	37/163	(22.70%)	20/90	(22.22%)
	Black, Black British	12/23	(52.17%)	5/8	(62.50%)
	Asian, Asian British	6/17	(35.29%)	2/5	(40.00%)
	Mixed, Multiple, Other	5/16	(31.25%)	2/6	(33.33%)
Mechanism	Accidental injury	28/143	(19.58%)	19/86	(22.09%)
	Violent injury	32/76	(42.11%)	10/23	(43.48%)

Supplementary table 2: Prevalence of clinically significant depressive symptoms at each time point

Variable	Values	Baseline: HADS-D ≥ 8 (N=219)		Eight months: HADS-D ≥ 8 (N=109)	
Total		72/219	(32.88%)	34/109	(31.19%)
Gender	Male	51/166	(30.72%)	24/79	(30.38%)
	Female	21/53	(39.62%)	10/30	(33.33%)
Age	18-25	19/57	(33.33%)	6/19	(31.58%)
	26-35	19/59	(32.20%)	12/30	(40.00%)
	36-45	18/43	(41.86%)	8/22	(36.36%)
	46-65	13/42	(30.95%)	5/25	(20.00%)
	66+	3/18	(16.67%)	3/13	(23.08%)
Ethnicity	White, White British	43/163	(26.38%)	23/90	(25.56%)
	Black, Black British	13/23	(56.52%)	7/8	(87.50%)
	Asian, Asian British	10/17	(58.82%)	2/5	(40.00%)
	Mixed, Multiple, Other	6/16	(37.50%)	2/6	(33.33%)
Mechanism	Accidental injury	39/143	(27.27%)	24/86	(27.91%)
	Violent injury	33/76	(43.42%)	10/23	(43.48%)