NEW PSYCHOACTIVE SUBSTANCES STUDY PROTOCOL

Background

This study aims to examine the effect of two public health interventions on presentations to psychiatric services following use of new psychoactive substances. We will aim to quantify number of presentations, which drugs were used and whether there was psychiatric symptomatology, as well as looking at outcome of presentation (hospital admission, referral to other services).

REH Study

- 1. Identify individuals admitted to REH acute wards/taken on by IHTT for 6/12 prior to banning of ethylphenidate (10/04/15) and 6/12 after City Council forfeiture order (15/10/15) using Trak patient record database.
- 2. Using Trak, review discharge letters and extract information on: age, gender, drug used, method of administration, psychiatric diagnosis (if given), duration of admission, other substance use & symptomatology.
- 3. Data analysis:
 - a. Make comparison of numbers of patients being admitted with psychiatric problems following NPS use compared to previous findings.
 - b. Examine any changes in patterns of psychiatric presentation or admission to psychiatric hospital

Data Collection Sheet

Patient Demographics			
Subject no:		Gender:	Male
			Female 🗆
Age:			Transgender
Employment status:	Unemployed	Home circumstances:	Independent
	Full time		Supported
	Part time		Homeless □
	Self employed □		Not recorded
	Student		
Admission to:	REH 🗆	·	
	A&E 🗆		
	CAA6 🗆		
	Other		

Primary diagnosis:			
Other diagnoses:			
Admission date:		Discharge date:	
Use of Mental Health	Yes 🗆	Previous	
Act:	No 🗆	admissions/IHTT:	
Forensic History:	Yes 🗆	Previous custodial	Yes 🗆
	No 🗆	sentence noted:	No 🗆
	Not recorded		Not recorded
			Not applicable

Substance Use

Substance Use					
NPS Use:	Yes	Contribution to	Yes		
	No	psychiatric	No		
	Not recorded	presentation?	Not recorded		
		presentation	Notrecolded		
	Previous				
Names of NPS(s):					
Route of	IV				
administration:	Insufflation				
aurimistration.					
	Oral				
	Smoked				
	Other				
Other substance use:	Alcohol: current previous Cannabis: current previous				
	Benzodiazepines: current previous				
	Cocaine: current previous				
	Amphetamines: current previous				
	MDMA: current previous				
	GBL/GHB - current previous				
	Opiates (substitute):current previous				
	Which Opiates (non substitute): current previous				
	Other:				
Psychiatric	Agitation Thought-disordered Paranoia Hallucinations				
symptoms:	Suicidal thoughts Disinhibition Delusions Disorientation				
Symptoms.					
	Labile affect Low mood Lack of insight Anxiety				
	Self-referential ideas	Passivity phenomena			