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# BMJ Open

## Diagnostic markers of acute infections in infants aged 1 week to 3 months - a retrospective cohort study

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Complete List of Authors:	Hamiel, Uri; Assaf Harofeh Medical Center, Pediatrics; Tel Aviv University Sackler Faculty of Medicine, Bahat, Hilla; Assaf Harofeh Medical Center, Pediatrics; Tel Aviv University Sackler Faculty of Medicine Kozler, Eran; Assaf Harofeh Medical Center, Emergency Department ; Tel Aviv University Sackler Faculty of Medicine Hamiel, Yotam; Tel Aviv University Blavatnik School of Computer Science Ziv-Baran, Tomer; Tel Aviv University, School of Public Health, Sackler Faculty of Medicine Goldman, Michael; Assaf Harofeh Medical Center, Pediatrics; Tel Aviv University, Sackler Faculty of Medicine
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3 **Diagnostic markers of acute infections in infants aged 1 week to 3 months -**  
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5 **a retrospective cohort study**  
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7

8 **Uri Hamiel<sup>a,b</sup>, Hilla Bahat<sup>a,b</sup>, Eran Kozer<sup>a,b</sup>, Yotam Hamiel<sup>c</sup>,**  
9  
10 **Tomer Ziv-Baran<sup>d</sup>, Michael Goldman<sup>a,b</sup>**  
11  
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13  
14  
15  
16  
17 <sup>a</sup>Department of Pediatrics, Assaf Harofeh Medical Centre, Zerifin, Israel.

18  
19 <sup>b</sup>Sackler School of Medicine, Tel Aviv University, Tel Aviv, Israel.

20  
21 <sup>c</sup>Blavatnik School of Computer Science, Tel Aviv University, Tel Aviv, Israel,  
22  
23

24  
25 <sup>d</sup>School of Public Health, Sackler Faculty of Medicine, Tel-Aviv University , Tel-Aviv,  
26  
27 Israel.  
28

29  
30 Correspondence to:

31  
32 Uri Hamiel

33  
34 Department of Pediatrics, Assaf Harofeh Medical Centre, Zerifin, 70300, Israel

35  
36 [urihamiel@gmail.com](mailto:urihamiel@gmail.com), Tel: 972-89779133 Fax: 972-89779136  
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41 UH and HB contributed equally  
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45  
46 Abbreviations: SBI: serious bacterial infection, IBI: Invasive bacterial infection, NLR: neutrophil to lymphocyte  
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48 count ratio, ANC: absolute neutrophil count, CRP: C-reactive protein, AUC: area under the ROC curve, WBC:  
49  
50 White blood count, ED: emergency department, CSF: cerebrospinal fluid, UTI: Urinary tract infections  
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54 **Word Count: 3053**  
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## ABSTRACT

**Objective:** History and physical examination do not reliably exclude serious bacterial infections (SBIs) in infants. We examined potential markers of SBI in young febrile infants.

**Design:** We reviewed white blood cell (WBC) count, absolute neutrophil count (ANC), neutrophil to lymphocyte count ratio (NLR), and C-Reactive Protein (CRP) in infants aged one week to 90 days, admitted for fever to one medical center during 2012-2014.

**Results:** SBI was detected in 111 (10.6%) of 1039 infants. Median values of all investigated diagnostic markers were significantly higher in infants with than without SBI: WBC (14.4 vs. 11.4 K/ $\mu$ L,  $p < 0.001$ ), ANC (5.8 vs 3.7 K/ $\mu$ L,  $p < 0.001$ ), CRP (19 vs 5 mg/L  $p < 0.001$ ) and NLR (1.2 vs 0.7,  $p < 0.001$ ).

Areas under the ROC curve (AUC) for predicting SBI were: 0.65 (95% CI 0.59-0.71), 0.69 (95% CI 0.63-0.74), 0.71 (95% CI 0.65-0.76), and 0.66 (95% CI 0.60-0.71) for WBC, ANC, CRP and NLR, respectively. Logistic regression showed the best discriminative ability for the combination of CRP and ANC, with AUC: 0.73 (95% CI 0.67-0.78). For invasive bacterial infection, AUCs were 0.70 (95% CI 0.56-0.85), 0.80 (95% CI 0.67-0.92), 0.78 (95% CI 0.68-0.89) and 0.78 (95% CI 0.66-0.90), respectively. CRP combined with NLR or ANC were the best discriminators of infection, AUCs: 0.82 (95% CI 0.70-0.95) and 0.82 (95% CI 0.68-0.95), respectively.

**Conclusions:** Among young febrile infants, CRP was the best single discriminatory marker of SBI, and ANC was the best for invasive bacterial infection. ANC and NLR can contribute to evaluating this population.

### Strengths and limitations of this study

- This large cohort is one of only a few descriptions of bacterial epidemiology of serious bacterial infection evaluation in young febrile infants seen in the emergency department in the last 10 years.
- We determined cutoff values for a number of infection markers for the evaluation of serious bacterial infection in the 1-week to 3-months age group.
- This is the first study to examine the neutrophil to lymphocyte ratio as a diagnostic marker for bacterial infections in young infants.
- Absolute neutrophil count and the neutrophil to lymphocyte ratio are inexpensive, readily available markers that can be used in settings in which C-reactive protein is not available.
- This is a retrospective study. Not all the older infants in the study underwent a complete workup. Some fairly rare neonatal bacterial infections, such as bacterial pneumonia, gastroenteritis and arthritis were not ruled out. Only a relatively low number of invasive bacterial infections occurred in the study group.

**INTRODUCTION:**

Fever (body temperature > 38.0°C) is a common complaint in infants aged up to 3 months.[1,2] Several protocols have been developed to help clinicians differentiate infants with low risk for serious bacterial infection (SBI), who can be managed as outpatients, from those requiring treatment and hospitalization.[3–5] These protocols use primarily laboratory values such as: leukocytosis (WBC>15,000/ $\mu$ L) or leukopenia (WBC<5000/ $\mu$ L), the presence of leukocyturia or urinary nitrites, and cerebrospinal fluid (CSF) WBC-count to create a stratification of low-risk and high-risk febrile infants. The use of C-reactive protein (CRP) as a marker for SBI is in common clinical use.[6,7] Nonetheless, the prediction value of these laboratory tests remains controversial.

Neutrophil to lymphocyte ratio (NLR) is a measure of systemic inflammation.[8] In adults, NLR was found to predict bacteremia in the emergency department (ED),[9] indicate short and long-term mortalities among critically ill patients and guide prognosis in various acute infections, ischemic heart disease, metabolic diseases, cancer and other medical conditions.[10,11] In children, NLR was found to differentiate between viral and bacterial pneumonia,[12] to be a useful diagnostic marker of acute appendicitis [13] and to predict an attack of familial Mediterranean fever in children already diagnosed with this condition.[14]

The aim of this study was to assess, in hospitalized febrile infants aged 1 week to 3 months, the discriminatory ability of various, commonly available, markers of SBI, including NLR, which has not been previously studied in this age group; and to determine cutoff values that could aid clinicians in the evaluation of febrile infants.

## METHODS

### Study population

This retrospective cohort study comprised previously healthy, full-term infants ( $\geq 37$  weeks at birth), 1 week to 90 days of age, who were admitted to the ED or pediatric department of Assaf Harofeh, a tertiary medical center in Israel, during 2012-2014. Febrile infants (body temperature  $> 38^{\circ}\text{C}$ ) from whom at least a blood count, CRP test and blood culture were taken were included in the analysis. Blood was drawn from all febrile infants who were admitted to the ED. Urine and CSF cultures were taken from all neonates ( $\leq 28$  days old). Urine cultures were taken from infants aged  $> 28$  days who were to receive antibiotics. CSF cultures were taken upon clinical consideration. SBI was defined as the growth of a known pathogen in culture. Invasive bacterial infection (IBI) was determined as the presence of bacteremia or meningitis. Infants with underlying hematologic, immunologic, respiratory or other medical conditions that might involve corticosteroid or antibiotic use in the previous 72 hours were excluded from the analysis. For analysis, we divided the cohort into two age groups: neonatal ( $\leq 28$  days old) and older infants (29 to 90 days old).

### Laboratory data

The following data were collected from the medical records: complete history and physical examination, laboratory evaluation including blood counts, CRP testing, blood cultures, urine cultures and lumbar puncture. Samples were drawn by venepuncture. Blood tests were taken upon admission; when the first sample was technically unsatisfactory and tests were repeated, results of blood counts or CRP were considered only if taken within 24 hours of taking cultures. Blood cell count was

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3 performed using the Beckman coulter LH750 design (United States). If a blood  
4 smear was performed, bands were added to the total number of neutrophils. CRP  
5 serum level was measured by immunoturbidimetric assay using the Roche Cobas  
6 c701 (Japan). Blood was drawn for cultures as recommended in a BACTEC-PED.  
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8 Blood culture results were examined and identified using the microbiology database.  
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10 Urine cultures were obtained by transurethral bladder catheterization or suprapubic  
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12 aspiration.  
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21 From the blood count, ANC was retrieved and NLR was calculated as the ratio of  
22 neutrophils to lymphocytes. An age-adjusted NLR ratio was also created, by dividing  
23 NLR by a mean NLR based on the medical literature,[15] according to age groups  
24 (1-2 weeks, 2 weeks to 1 month, 1 month and older). UTI was defined as the  
25 isolation of >50,000 colony forming units per milliliter of urine of a single pathogen,  
26 not deemed as a contamination by a pediatric infectious specialist. Urinary analysis  
27 was not considered in this study. Cultures with more than one isolate were  
28 considered to be contaminated. Blood cultures were considered contaminated by  
29 pathogens and by the clinical course of the patient, following review of a pediatric  
30 infectious specialist. Patients were either discharged home from the ED or  
31 hospitalized at the pediatric department. The study was approved by the local  
32 institutional ethics review board.  
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### 49 **Statistical Analysis**

50 Statistical analyses were performed using SPSS (IBM Corp. Released 2015. IBM  
51 SPSS Statistics for Windows, Version 23.0. Armonk, NY: IBM Corp.). All tests were  
52 two-sided, and values of  $P < 0.05$  were considered statistically significant. Descriptive  
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3 statistics are presented as numbers and percentages for categorical variables, and  
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5 as means and standard deviations (SD), or medians and interquartile ranges (IQR).  
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7 Continuous variables were evaluated for normal distribution using histogram.  
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9 Categorical variables were compared by  $\chi^2$  test or Fisher exact, and continuous  
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11 variables were compared by t test or Mann-Whitney test, as appropriate. Univariate  
12  
13 logistic regression was used to evaluate the association of age, sex and blood tests  
14  
15 with SBI. Logistic regression was used to evaluate the probability of having SBI. The  
16  
17 multivariate logistic regression included the infection markers studied, and the  
18  
19 probability calculated was the basis for the ROC curve analysis. The discriminative  
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21 ability of each studied predictor was observed using the area under the receiver  
22  
23 operating characteristic curve (AUC). Chi-squared Automatic Interaction Detection  
24  
25 (CHAID) [16] and Classification and Regression Trees (CART) [17] were used to  
26  
27 identify threshold values of blood tests for SBI. Sensitivity, specificity, positive  
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29 likelihood ratio, negative likelihood ratio, positive predicted values and negative  
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31 predicted values were reported.  
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## 39 RESULTS

40 During the study period, 1790 febrile infants aged 7 to 90 days were admitted to the  
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42 ED or pediatric department. Of them, 68 preterm infants, 87 with underlying disease  
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44 and 336 with incomplete medical records were excluded from the analysis.  
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47 Incomplete medical records were mainly due to the absence of one of the following:  
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49 a blood count within 24 hours of blood cultures, a CRP value, a blood culture, or any  
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51 bacterial culture in the neonatal age group. Of 1299 patients who met the inclusion  
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53 criteria, 260 were excluded since their cultures were considered contaminated, as  
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55 detailed below (Figure 1). There were no statistically significant differences in the  
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3 mean values of any of the markers studied, between those with contaminated  
4 cultures and those without an SBI ( $p>0.05$ ). Females and younger infants were more  
5 likely to have contaminated cultures ( $p<0.01$ ). Since no statistically significant  
6 differences were found between the contaminated and the non-SBI groups, we  
7 decided to exclude the contaminated cultures so as to avoid misclassification bias.  
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12 The final study cohort comprised 1039 infants; of them, 208 (20%) were neonates  
13 (ages 7-28 days old). In addition to blood cultures, urine culture results were  
14 available for 827 infants, and CSF cultures for 587.  
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18 SBI was detected in 111 (10.6%) infants. Infants with SBI tended to be younger,  
19 median 34 (IQR 18-56) vs 46 (IQR 32-60) days,  $p<0.001$ . Boys comprised 60.4% of  
20 the febrile infants but only 54% of the infants with SBI. UTI was detected in 104  
21 (10%) infants, bacteremia in 11 (1.1%) and meningitis in 2 (0.2%). Four of the  
22 patients with UTI had concurrent bacteremia and two had concurrent meningitis. UTI  
23 was the most common SBI (94%). *Escherichia coli* was the most common pathogen,  
24 detected in 74 (71.1%) of the UTIs; followed by *klebsiella pneumoniae* in 13 (12.5%),  
25 and *enterococcus faecalis* in 8 (7.6%).  
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46 Median values of all the diagnostic markers investigated were significantly higher in  
47 patients with than without SBI: WBC count (14.4 vs. 11.4 K/ $\mu$ L  $p<0.001$ ), ANC (5.8  
48 vs 3.7K/ $\mu$ L  $p<0.001$ ), CRP (19 vs 5 mg/L  $p<0.001$ ) and NLR (1.2 vs 0.7)  $p<0.001$   
49 (Table 1). There was no statistically significant difference in the assessment of SBI  
50 between the unadjusted NLR ratio and the adjusted for age NLR ratio.  
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56 The sensitivity, specificity and ratio values of WBC, CRP and NLR for the prediction  
57 of SBI are shown in Tables 2 and 3. AUCs for the prediction of SBI were 0.65 (95%  
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3 CI: 0.6-0.71), 0.69 (95% CI 0.63-0.74), 0.71 (95% CI 0.65-0.76) and 0.66 (95% CI  
4 0.6-0.71) for WBC, ANC, CRP and NLR, respectively. CRP combined with ANC or  
5 NLR showed the best discriminatory values for a SBI: AUC of 0.73 (95% CI 0.67-  
6 0.78) and 0.72 (95% CI 0.66-0.78), respectively (Table 4 and Figure 2).  
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14 In an analysis of infants with an IBI such as bacteremia or meningitis, the ANC, CRP  
15 and NLR performed similarly as discriminatory factors, with AUC of 0.80 (95% CI  
16 0.67-0.92), 0.78 (95% CI 0.68-0.89) and 0.78 (95% CI 0.66-0.90), respectively,  
17 compared to AUC 0.70 (95% CI 0.56-0.85) for WBC. The combinations of CRP with  
18 NLR and with ANC were the best predictors of bacterial infection: AUCs of 0.82  
19 (95% CI 0.70-0.95) and 0.82 (95% CI 0.68-0.95), respectively. (Figure 3)  
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30 All neonatal infants (aged <28 days) had undergone a full sepsis workup (CSF, blood  
31 and urine cultures were obtained); 44 infants (21.1%) had at least one positive  
32 culture. All mean investigated diagnostic markers were significantly higher in patients  
33 with than without SBI (Table 1). The sensitivity and specificity of NLR, CRP and  
34 WBC for predicting SBI tended to be greater for the younger than the older age  
35 group (Tables 2 and 3).  
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45 CRP combined with either ANC or NRL increased the prediction of a SBI, compared  
46 to CRP alone (AUC 0.78 to AUC 0.79) in the neonatal age group. The combination  
47 of optimal cutoff values for CRP and NLR in identifying a SBI is depicted in a  
48 decision tree (Figure 4). For the neonatal age group, the overall SBI rate was 21.2%.  
49 For infants with CRP>46.1 mg/L (11% of the neonates), the risk for a SBI was 87%,  
50 compared to 13% for those with CRP<46.1 mg/L. Using a cutoff point of NLR<2.4 we  
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3 found that infants with CRP<46.1 mg/L and NLR<2.4 have a risk of 9.7% for a SBI,  
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5 compared with a 29% risk for those with NLR>2.4. The risk is further reduced to  
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7 5.4% for infants with NLR<0.77.  
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## 10 11 **DISCUSSION**

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13 Our data reveal that NLR, ANC and CRP performed better in predicting SBI in the  
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15 neonatal age group than among older infants. CRP was found to be the single best  
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17 indicator for predicting a non-invasive SBI in both the neonates and older infants. In  
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19 the absence of CRP, the markers ANC and NLR have similar sensitivity for  
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21 identifying serious bacterial disease, especially in neonates. Both were similar as  
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23 indicators for predicting an IBI in infants younger than 3 months of age. The  
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25 composite of ANC with CRP, or NLR with CRP, outperforms any of the single  
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27 studied markers for SBI or IBI.  
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34 In the United States, the incidence rate of all SBIs in infants younger than 90 days  
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36 was estimated at 3.75/1000 full-term infants.[18] Bacterial infection still represents an  
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38 important cause of morbidity and mortality among young infants.[19] Our results  
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40 concur with other large studies that reported SBI to be ultimately diagnosed in about  
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42 10% of febrile infants in this age group. [20] Differentiating between bacterial and  
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44 viral infections in young infants is of utmost importance. Failure to identify bacterial  
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46 pathogens may lead to delayed initiation of therapy and severe illness on one hand;  
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48 or to prolonged and unnecessary therapy and the emergence of resistant  
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50 microorganisms on the other hand. Several clinical and laboratory parameters are  
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52 generally considered together to diagnose SBIs in this age group, although the  
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54 optimal combination has not been determined.[5]  
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5 The early hyperdynamic phase of infection is characterized by a proinflammatory  
6 state and mediated by neutrophils, macrophages and monocytes, with the release of  
7 inflammatory cytokines. The onset of acute neutrophilia is associated with the  
8 generation of endotoxin, TNF, IL-1, IL-8 and hematopoietic growth factors such as  
9 G-CSF. Maximal response usually occurs within 4 to 24 hours of exposure to these  
10 agents and probably results from the release of neutrophils from the marrow into  
11 circulation.[21] The systemic inflammatory response is also associated with  
12 suppression of neutrophil apoptosis and increase in lymphocyte apoptosis.[22]  
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25 To the best of our knowledge this is the first study to assess NLR as a diagnostic  
26 marker of bacterial infection in febrile young infants. In this large cohort of young  
27 febrile infants, we found that those with a SBI had statistically significant higher  
28 mean values of WBC, ANC, NLR and CRP. Of these markers, CRP was the best  
29 discriminatory parameter for a SBI. These findings concur with the results of another  
30 prospective Israeli study that found CRP to be a valuable laboratory test in the  
31 assessment of febrile infants aged <3 months old.[6] However, in other studies,  
32 plasma CRP level was found to inadequately predict serious bacterial infection in  
33 neonates. In a study conducted in Taiwan, CRP level was not elevated at the onset  
34 of clinical sepsis in approximately one-fourth of the cases of SBI in neonates.[23]  
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36 The low sensitivity of CRP may be due to its delayed elevation; an estimated 6-12  
37 hours is needed for a significant increase.[24] This is especially relevant in young  
38 febrile infants who usually arrive to the ED soon after the onset of fever. Thus, the  
39 identification of other predictors for neonatal sepsis is important. There is no one  
40 acceptable cutoff value of CRP for assessing an SBI in the febrile infant; however,  
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3 studies use the cutoff values of 40 and 20 mg/L to rule in and rule out an SBI  
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5 respectively.[25]  
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10 WBC parameters are known to vary with age. NLR was shown to be positively  
11 associated with age in a healthy population,[26] with the lowest NLR found in the  
12 youngest age group (age<20 years, mean 16 years). The mean value in this age  
13 group was  $1.53 \pm 0.56$ . We did not find any report of normal ranges of NLR values for  
14 healthy neonatal or pediatric populations, though mean values for neutrophils vs  
15 lymphocytes as components of the WBC are 41% vs. 45% at 1 week of age, 40% vs.  
16 48% at 2 weeks, 35% vs. 56% at 1 month and 32% vs. 61% at 6 months.[15] This  
17 suggests a mean NLR value of between 0.52-0.91 for healthy children in the studied  
18 age group. Due to the significant changes in neutrophil and lymphocyte counts from  
19 birth to young adulthood, cutoff values used to distinguish infections in adults differ  
20 from those that we identified for young infants. An NLR cutoff value of >5, when  
21 sufficient exclusion criteria are used, was suggested for detecting bacteremia or  
22 sepsis in adults.[27]  
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40 Among our neonates, a NLR of 2 did not show statistically different sensitivity from a  
41 CRP value of 40 mg/L (52.3% vs 45.5%  $p < 0.001$ ), though it had lower specificity  
42 (78% vs 97%  $p = 0.67$ ) in distinguishing a SBI in the neonatal age group. Likewise,  
43 compared to the CRP value of 40 mg/L, an ANC of  $7 \times 10^3 / \mu\text{L}$  had similar sensitivity:  
44 56.8% ( $p < 0.001$ ) with a lower specificity: 84.1% ( $P = 0.166$ ). Therefore, we suggest  
45 that when CRP is not available, ANC of  $> 7 \times 10^3 / \mu\text{L}$  or NLR >2 may raise the  
46 suspicion level for an SBI, due to their similar sensitivity to CRP, though lower  
47 specificity.  
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3 We have created a decision tree (Figure 4) that shows the added value of NLR to  
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5 CRP in assessing febrile neonates. When CRP is high ( $>46.1$  mg/L), so is the risk of  
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7 a SBI. In the low-CRP group ( $<46.1$  mg/L), NLR contributes to the assessment of  
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9 SBI risk, lowering it by as much as 58% compared to the entire low-CRP group when  
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11 NLR is not considered; and by 81% for neonates with  $NLR < 0.77$ , compared to  
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13 infants in the low-CRP group but with  $NLR > 2.4$ . Although we currently recommend  
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15 antibiotic treatment for all febrile neonates, these data aid in the assessment of SBI  
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17 risk upon admission to the ED, and may in the future, together with new markers,  
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19 diminish the need for antibiotic use for well-looking febrile neonates.  
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25 ANC outperformed NLR and CRP in the prediction of invasive bacterial infection;  
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27 bacteremia or meningitis. This finding might be attributed to the delay in rise of CRP  
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29 compared to other inflammation markers. The combination of NLR with CRP, and  
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31 ANC with CRP, is superior to any of the single markers.  
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36 The strengths of this study are its large cohort, and its being the first to test NLR as a  
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38 diagnostic marker for bacterial infections in young infants. The study has some  
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40 limitations. As a retrospective study, treatment of the infants enrolled was according  
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42 to clinical considerations and hospital policy, and not research considerations. For  
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44 example, not all the older infants underwent a full sepsis workup, though all infants of  
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46 neonatal age did. We are, however, confident that we have not undercalled true  
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48 bacterial infections, since the policy at our hospital warrants at least blood and urine  
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50 cultures prior to the initiation of antibiotics for any young febrile infant, and CSF  
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52 cultures for any ill-looking one. Bacterial infections, such as bacterial pneumonia,  
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54 gastroenteritis and arthritis were not ruled out. However, these infections are fairly  
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3 rare in this age group. Due to a low number of IBIs, the analysis in the group as a  
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5 whole is more reflective of UTI than of meningitis or bacteremia. There was a 20%  
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7 rate of contaminated cultures, compared with 12-14% in studies citing urine catheter  
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9 specimen contamination rates alone in infants <24 months.[28-29] ]. Our study did  
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11 not examine procalcitonin, since our aim was to study commonly available diagnostic  
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13 markers.  
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18 In our comparison of various diagnostic markers for infections in young infants, we  
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20 found CRP to be a valuable marker for predicting SBI. However, CRP values are not  
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22 always available. We showed that ANC and NLR, which are readily available, can  
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24 aid, together with other markers of infection, in identifying children in the 1-week to 3-  
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26 month age group who are at risk of serious as well as invasive bacterial infections.  
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28 We showed the discriminatory ability of detecting SBI infections based on a number  
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30 of possible cut-off values of all tested markers, including NLR, which has not been  
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32 previously studied in this age group. We recommend drawing blood for all febrile  
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34 infants aged 3 months or less, and suggest using the cutoff values we determined,  
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36 as well as other available ones, to aid in the management of febrile infants. The  
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38 specificity of the markers studied is not sufficient to rule out bacterial infections.  
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40 However, due to the reasonably high sensitivity, we recommend antibiotic use for all  
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42 patients with one or more tests indicative of a possible bacterial infection, as well as  
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44 for ill-looking patients.  
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**What is already known on this topic**

Differentiating febrile infants with high risk for serious bacterial infection is challenging. Laboratory values such as: leukocytosis, leukopenia, the presence of leukocyturia or urinary nitrites, cerebrospinal fluid WBC-count, and more recently C-reactive protein and procalcitonin, are frequently used, yet, the discriminatory capability of these laboratory tests remains inconclusive.

**What this study adds:**

We report the discriminatory ability of a number of markers of SBI in hospitalized febrile infants aged 1 week to 3 months. The neutrophil to lymphocyte ratio was not previously studied in this age group. We determined cutoff values that could aid clinicians in the evaluation of febrile infants.

**Table 1:** Median values (IQR) for investigated diagnostic markers by age groups

Age group	Status	Age	NLR	WBC	CRP	ANC
7-28 days	Non SBI	20 (15-25)	0.90 (0.52-1.8)	11.35 (8.82-14.28)	3.93 (1.25-9.43)	4.3 (2.82-6.48)
	SBI	15 (12-19)	2.15 (0.95-2.98)	15.4 (10.7-21.23)	31.2 (6.94-66.11)	7.45 (5.03-12.08)
		P<0.001	P<0.001	P<0.001	P<0.001	P<0.001
29-90 days	Non SBI	51 (40-63)	0.71 (0.4-1.25)	11.4 (8.6-14.78)	5.24 (1.49-12.33)	3.6 (2.3-5.8)
	SBI	54 (41-61)	0.87 (0.55-1.52)	14 (10.1-17.9)	15.74 (3.78-33.7)	5.1 (3.6-5.1)
		P=0.81	P=0.008	P=0.001	P<0.001	P<0.001
All age group	Non SBI	46 (32-60)	0.74 (0.42-1.33)	11.4 (8.6-11.4)	4.95 (1.48-12.1)	3.7 (2.4-5.98)
	SBI	34 (18-56)	1.23 (0.68-2.5)	14.4 (10.1-18.1)	19.03 (5.18-50.5)	5.8 (4.3-9.2)
		P<0.001	P<0.001	P<0.001	P<0.001	P<0.001

White Blood Cell counts (WBC); C-reactive protein (CRP); Absolute Neutrophil Count (ANC) ;  
Neutrophils to Lymphocytes Ratio (NLR)

**Table 2:** The sensitivity, specificity and likelihood ratio values of NLR, CRP and WBC for prediction of SBI in infants aged 7-28 days (95% CI)

Parameter and threshold value		Sensitivity	Specificity	LR+	LR-	PPV	NPV
NLR	>0.85	86.4% (74.1-94.4)	47% (39.5-54.6)	1.6 (1.4-2)	0.3 (0.1-0.6)	30.3%	92.8%
	>1	72.7% (58.2-83.7)	55.5% (57.8-62.9)	1.6 (1.3-2.1)	0.5 (0.3-0.8)	30.4%	88.3%
	> 1.5	56.8% (42.2-70.3)	67.7% (60.2-73.4)	1.8 (1.3-2.5)	0.6 (0.5-0.9)	32%	85.4%
	> 2	52.3% (37.9-66.2)	78% (71.1-83.7)	2.4 (1.6-3.6)	0.6 (0.4-0.8)	38.9%	85.9%
	> 3	22.7% (12.8-37)	90.9% (85.5-94.4)	2.5 (1.2-5.1)	0.9 (0.72-1)	40%	81.4%
CRP (mg/L)	> 5	79.5% (65.5-88.9)	56.7% (49.1-64.1)	1.8 (1.5-2.3)	0.4 (0.2-0.7)	32.9%	91.1%
	> 20	54.4% (40.1-68.3)	89% (83.3-92.9)	5 (3-8.3)	0.5 (0.4-0.7)	56.9%	87.9%
	> 40	45.5% (31.7-59.9)	97% (93.1-98.7)	14.9 (5.9-37.5)	0.6 (0.4-0.7)	80.2%	86.9%
	> 80	15.9% (7.9-29.3)	99.4% (96.6-99.9)	26 (3.3-206.5)	0.9 (0.7-1)	87.6%	81.5%
NEU ABS ( $10^3/\mu\text{L}$ )	> 5	75% (60.6-85.4)	58.5% (50.9-65.8)	1.8 (1.4-2.3)	0.4 (0.3-0.7)	32.6%	89.7%
	> 7	56.8% (42.2-70.3)	84.1% (77.8-89)	3.6 (2.3-5.6)	0.5 (0.4-0.7)	48.9%	87.9%
	>10	34.1% (21.9-48.9)	93.9% (89.1-96.7)	5.6 (2.7-11.6)	0.7 (0.6-0.9)	59.9%	84.2%
	>15	13.6% (6.4-26.7)	100% (97.7-100)	n/a	0.9 (0.8-1)	100%	81.2%
WBC ( $10^3/\mu\text{LL}$ )	>10	79.5% (65.5-88.9)	39% (31.9-46.7)	1.3 (1.1-1.6)	0.5 (0.3-1)	25.8%	87.7%
	>15	50% (35.8-64.2)	78% (71.1-83.7)	2.3 (1.5-3.4)	0.6 (0.5-0.9)	37.8%	85.4%
	>20	27.3% (16.4-41.9)	85.7% (79.8-90.5)	1.9 (1.1-3.6)	0.9 (0.7-1)	33.8%	81.5%
	>25	9.1% (3.6-21.2)	99.4% (96.6-99.9)	14.9 (1.7-130)	0.9 (0.8-1)	80.2%	80.3%

**Table 3:** The sensitivity, specificity and likelihood ratio values of NLR, CRP and WBC for prediction of SBI in infants aged 29-90 days (95% CI)

Parameter and threshold value	Sensitivity	Specificity	LR+	LR-	PPV	NPV	
NLR	>0.85	52.2% (40.5-63.8)	58.1% (54.6-61.6)	1.3 (1-1.6)	0.82 (0.6-1.1)	9.9%	93.2%
	>1	47.8% (36.3-59.5)	65.3% (61.9-68.6)	1.4 (1.1-1.8)	0.8 (0.6-1)	10.8%	93.4%
	> 1.5	25.4% (16.5-36.9)	82.7% (79.9-85.2)	1.5 (1-2.2)	0.9 (0.8-1)	11.5%	92.6%
	> 2	16.4% (9.4-27.1)	89.8% (87.4-91.7)	1.6 (0.9-2.9)	0.9 (0.8-1.1)	12.4%	92.4%
	> 3	9% (4.17-18.2)	96.6% (95.1-97.7)	2.6 (1.1-6.2)	0.94 (0.9-1)	18.9%	92.3%
CRP( mg/L)	> 5	74.6% (63.1-83.5)	49% (45.4-52.5)	1.5 (1.3-1.7)	0.5 (0.3-0.8)	11.4%	95.6%
	> 20	44.8% (33.5-56.6)	84.7% (82-97.1)	2.9 (2.1-4)	0.7 (0.5-0.8)	20.5%	94.6%
	> 40	20.9% (12.9-32.1)	93.2% (91.2-94.8)	3.1 (1.8-5.2)	0.85 (0.8-1)	21.3%	93%
	> 80	7.5% (3.2-16.3)	98% (96.8-98.8)	3.8 (1.4-10.1)	0.9 (0.9-1)	25%	92.3%
NEU ABS ( $10^3/\mu\text{L}$ )	> 5	52.2% (40.5-63.8)	68.3% (64.9-71.5)	1.7 (1.3-2.1)	0.7 (0.5-0.9)	12.7%	94.2%
	> 7	31.3% (21.5-43.2)	82.6% (79.7-85.1)	1.8 (1.2-2.7)	0.8 (0.7-1)	13.7%	93.2%
	>10	13.4% (7.2-23.6)	94.4% (92.5-95.8)	2.4 (1.2-4.7)	0.9 (0.8-1)	17.4%	92.5%
	>15	6% (2.4-14.3)	99.1% (98.1-99.6)	6.5 (2-21.7)	1 (0.9-1)	5.5%	91.9%
WBC ( $10^3/\mu\text{L}$ )	>10	76.1% (64.7-84.7)	37.6% (34.2-41.1)	1.2 (1.1-1.4)	0.6 (0.4-1)	9.7%	94.7%
	>15	43.4% (32.1-55.2)	76.3% (73.2-79.2)	1.8 (1.4-2.5)	0.7 (0.6-0.9)	13.9%	93.9%
	>20	13.4% (7.2-23.6)	93.5% (91.5-95)	2.1 (1.1-4)	0.9 (0.8-1)	15.4%	92.5%

**Table 4:** Area under the curve for diagnostic markers by age group (95% CI)

Age	NLR	WBC	CRP	ANC	NEU & CRP	NLR & CRP
7-28 days (pg.38)	0.7 (0.62-0.79)	0.68 (0.59-0.78)	0.78 (0.69-0.87)	0.74 (0.65-0.82)	0.79 (0.7-0.88)	0.79 (0.70-0.88)
29-90 days	0.6 (0.53-0.67)	0.63 (0.55-0.7)	0.67 (0.59-0.74)	0.64 (0.57-0.71)	0.68(0.61-0.76)	0.67 (0.6-0.71)
All age group	0.66 (0.60-0.71)	0.65 (0.59-0.71)	0.71 (0.65-0.76)	0.69 (0.63-0.74)	0.73 (0.67-0.78)	0.72 (0.66-0.78)

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3 **Figure 1:** Study population  
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6 **Figure 2 A+B:** ROC of NLR, CRP, WBC, ANC and the combinations of CRP& NLR,  
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8 and CRP& ANC for prediction of serious bacterial infection.  
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13 Figure 2A: age <28 days  
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15 Figure 2B: age 29-90 days  
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20 **Figure 3:** ROC of NLR, WBC, CRP, ANC and the combinations of CRP& NLR, and  
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22 CRP& ANC for prediction of invasive bacterial infection.  
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27 **Figure 4:** Optimal cutoff values for CRP and NLR in prediction of SBI in the neonatal  
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29 age group.  
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None declared

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None declared

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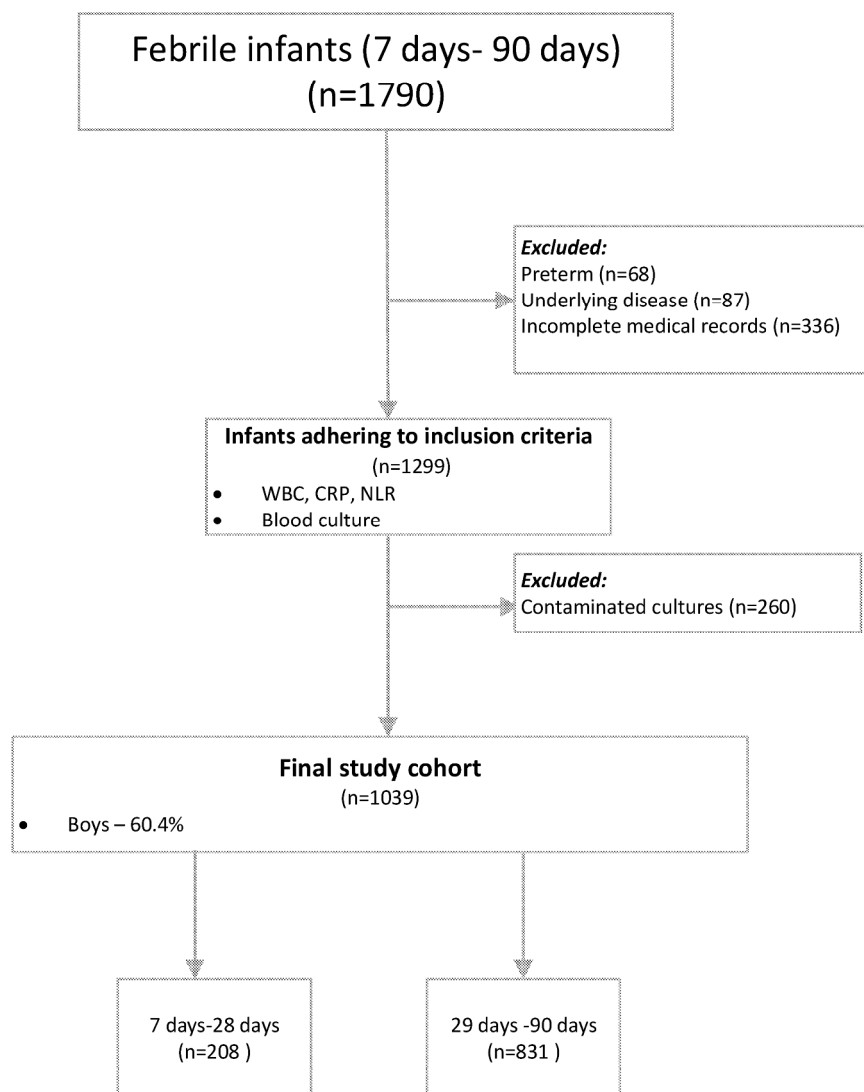
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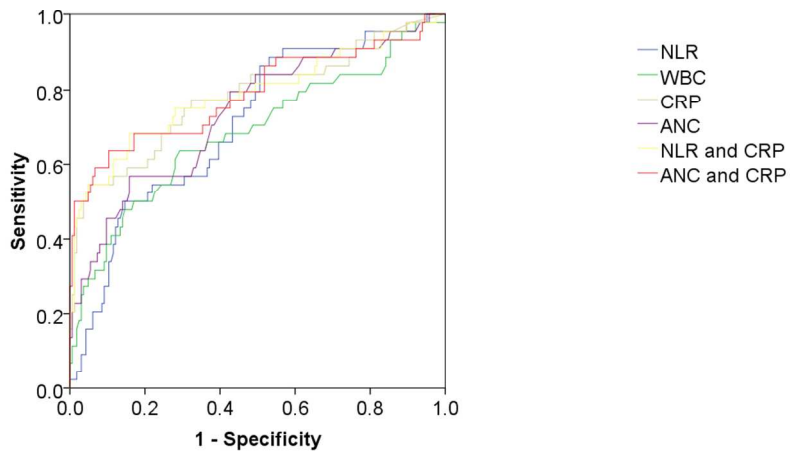
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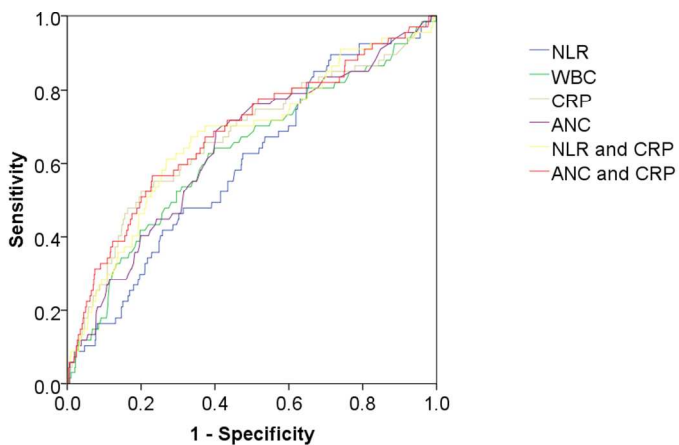
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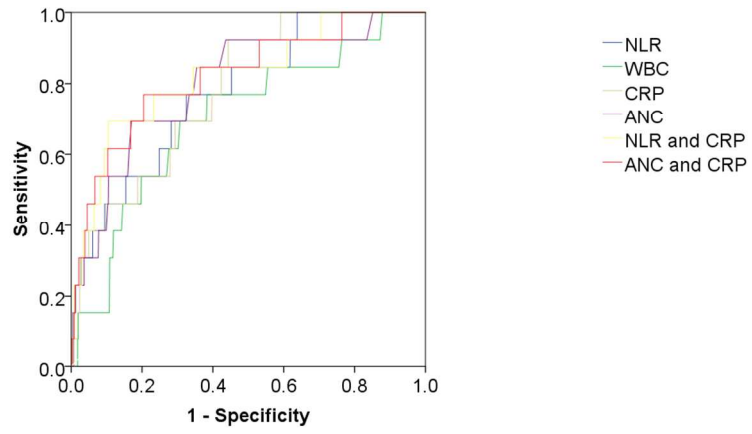


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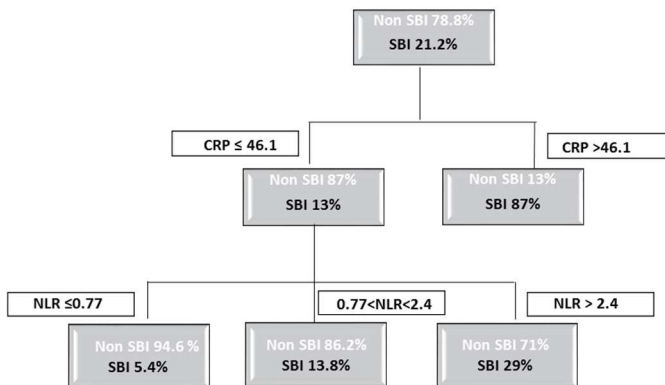
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Section & Topic	No	Item	Reported on page #
<b>TITLE OR ABSTRACT</b>			
	1	Identification as a study of diagnostic accuracy using at least one measure of accuracy (such as sensitivity, specificity, predictive values, or AUC)	2
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	7	On what basis potentially eligible participants were identified (such as symptoms, results from previous tests, inclusion in registry)	4
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	9	Whether participants formed a consecutive, random or convenience series	n/a
<i>Test methods</i>	10a	Index test, in sufficient detail to allow replication	n/a
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	12a	Definition of and rationale for test positivity cut-offs or result categories of the index test, distinguishing pre-specified from exploratory	10-11
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	13a	Whether clinical information and reference standard results were available to the performers/readers of the index test	n/a
	13b	Whether clinical information and index test results were available to the assessors of the reference standard	n/a
<i>Analysis</i>	14	Methods for estimating or comparing measures of diagnostic accuracy	5-6
	15	How indeterminate index test or reference standard results were handled	n/a
	16	How missing data on the index test and reference standard were handled	6
	17	Any analyses of variability in diagnostic accuracy, distinguishing pre-specified from exploratory	n/a
	18	Intended sample size and how it was determined	n/a
<b>RESULTS</b>			
<i>Participants</i>	19	Flow of participants, using a diagram	Fig1
	20	Baseline demographic and clinical characteristics of participants	6
	21a	Distribution of severity of disease in those with the target condition	n/a
	21b	Distribution of alternative diagnoses in those without the target condition	n/a
	22	Time interval and any clinical interventions between index test and reference standard	n/a
<i>Test results</i>	23	Cross tabulation of the index test results (or their distribution) by the results of the reference standard	n/a
	24	Estimates of diagnostic accuracy and their precision (such as 95% confidence intervals)	15-16
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<b>DISCUSSION</b>			
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<b>OTHER INFORMATION</b>			
	28	Registration number and name of registry	n/a
	29	Where the full study protocol can be accessed	Personal communication
	30	Sources of funding and other support; role of funders	n/a

# BMJ Open

## Diagnostic markers of acute infections in infants aged 1 week to 3 months - a retrospective cohort study

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3 **Diagnostic markers of acute infections in infants aged 1 week to 3 months -**  
4  
5 **a retrospective cohort study**  
6  
7

8 **Uri Hamiel<sup>a,b</sup>, Hilla Bahat<sup>a,b</sup>, Eran Kozer<sup>a,b</sup>, Yotam Hamiel<sup>c</sup>,**  
9  
10 **Tomer Ziv-Baran<sup>d</sup>, Michael Goldman<sup>a,b</sup>**  
11  
12

13  
14  
15  
16  
17 <sup>a</sup>Department of Pediatrics, Assaf Harofeh Medical Centre, Zerifin, Israel.

18  
19 <sup>b</sup>Sackler School of Medicine, Tel Aviv University, Tel Aviv, Israel.

20  
21 <sup>c</sup>Blavatnik School of Computer Science, Tel Aviv University, Tel Aviv, Israel,

22  
23 <sup>d</sup>School of Public Health, Sackler Faculty of Medicine, Tel-Aviv University , Tel-Aviv,  
24  
25  
26  
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Israel.

Correspondence to:

Uri Hamiel

Department of Pediatrics, Assaf Harofeh Medical Centre, Zerifin, 70300, Israel

[urihamiel@gmail.com](mailto:urihamiel@gmail.com), Tel: 972-89779133 Fax: 972-89779136

UH and HB contributed equally

Abbreviations: SBI: serious bacterial infection, IBI: Invasive bacterial infection, NLR: neutrophil to lymphocyte  
count ratio, ANC: absolute neutrophil count, CRP: C-reactive protein, AUC: area under the ROC curve, WBC:  
White blood count, ED: emergency department, CSF: cerebrospinal fluid, UTI: Urinary tract infections

**Word Count: 3226**

## ABSTRACT

**Objective:** History and physical examination do not reliably exclude serious bacterial infections (SBIs) in infants. We examined potential markers of SBI in young febrile infants.

**Design:** We reviewed white blood cell (WBC) count, absolute neutrophil count (ANC), neutrophil to lymphocyte count ratio (NLR), and C-Reactive Protein (CRP) in infants aged one week to 90 days, admitted for fever to one medical center during 2012-2014.

**Results:** SBI was detected in 111 (10.6%) of 1039 infants. Median values of all investigated diagnostic markers were significantly higher in infants with than without SBI: WBC (14.4 vs. 11.4 K/ $\mu$ L,  $p < 0.001$ ), ANC (5.8 vs 3.7 K/ $\mu$ L,  $p < 0.001$ ), CRP (19 vs 5 mg/L  $p < 0.001$ ) and NLR (1.2 vs 0.7,  $p < 0.001$ ).

Areas under the ROC curve (AUC) for discriminating SBI were: 0.65 (95% CI 0.59-0.71), 0.69 (95% CI 0.63-0.74), 0.71 (95% CI 0.65-0.76), and 0.66 (95% CI 0.60-0.71) for WBC, ANC, CRP and NLR, respectively. Logistic regression showed the best discriminative ability for the combination of CRP and ANC, with AUC: 0.73 (95% CI 0.67-0.78). For invasive bacterial infection, AUCs were 0.70 (95% CI 0.56-0.85), 0.80 (95% CI 0.67-0.92), 0.78 (95% CI 0.68-0.89) and 0.78 (95% CI 0.66-0.90), respectively. CRP combined with NLR or ANC were the best discriminators of infection, AUCs: 0.82 (95% CI 0.70-0.95) and 0.82 (95% CI 0.68-0.95), respectively.

**Conclusions:** Among young febrile infants, CRP was the best single discriminatory marker of SBI, and ANC was the best for invasive bacterial infection. ANC and NLR can contribute to evaluating this population.

### Strengths and limitations of this study

- This large cohort is one of only a few descriptions of bacterial epidemiology of serious bacterial infection evaluation in young febrile infants seen in the emergency department in the last 10 years.
- We determined cutoff values for a number of infection markers for the evaluation of serious bacterial infection in the 1-week to 3-months age group.
- This is the first study to examine the neutrophil to lymphocyte ratio as a diagnostic marker for bacterial infections in young infants.
- Absolute neutrophil count and the neutrophil to lymphocyte ratio are inexpensive, readily available markers that can be used in settings in which C-reactive protein is not available.
- This is a retrospective study. Not all the older infants in the study underwent a complete workup. Some fairly rare neonatal bacterial infections, such as bacterial pneumonia, gastroenteritis and arthritis were not ruled out. Only a relatively low number of invasive bacterial infections occurred in the study group.

**INTRODUCTION:**

Fever (body temperature > 38.0°C) is a common complaint in infants aged up to 3 months.[1,2] Several protocols have been developed to help clinicians differentiate infants with low risk for serious bacterial infection (SBI), who can be managed as outpatients, from those requiring treatment and hospitalization.[3–5] These protocols use primarily laboratory values such as: leukocytosis (WBC>15,000/ $\mu$ L) or leukopenia (WBC<5000/ $\mu$ L), the presence of leukocyturia or urinary nitrites, and cerebrospinal fluid (CSF) WBC-count to create a stratification of low-risk and high-risk febrile infants. The use of C-reactive protein (CRP) as a marker for SBI is in common clinical use.[6,7] Nonetheless, the prediction value of these laboratory tests remains controversial.

Neutrophil to lymphocyte ratio (NLR) is a measure of systemic inflammation.[8] In adults, NLR was found to predict bacteremia in the emergency department (ED),[9] indicate short and long-term mortalities among critically ill patients and guide prognosis in various acute infections, ischemic heart disease, metabolic diseases, cancer and other medical conditions.[10,11] In children, NLR was found to differentiate between viral and bacterial pneumonia,[12] to be a useful diagnostic marker of acute appendicitis [13] and to predict an attack of familial Mediterranean fever in children already diagnosed with this condition.[14]

The aim of this study was to assess, in hospitalized febrile infants aged 1 week to 3 months, the discriminatory ability of various, commonly available, markers of SBI, including NLR, which has not been previously studied in this age group; and to determine cutoff values that could aid clinicians in the evaluation of febrile infants.

## METHODS

### Study population

This retrospective cohort study comprised previously healthy, full-term infants ( $\geq 37$  weeks at birth), 1 week to 90 days of age, who were admitted to the ED or pediatric department of Assaf Harofeh, a tertiary medical center in Israel, during 2012-2014. Febrile infants (body temperature  $> 38^{\circ}\text{C}$ ) from whom at least a blood count, CRP test and blood culture were taken were included in the analysis. Blood was drawn from all febrile infants who were admitted to the ED. Urine and CSF cultures were taken from all neonates ( $\leq 28$  days old). Urine cultures were taken from infants aged  $> 28$  days who were to receive antibiotics. CSF cultures were taken upon clinical consideration. SBI was defined as the growth of a known pathogen in culture. Invasive bacterial infection (IBI) was determined as the presence of bacteremia or meningitis. Infants with underlying hematologic, immunologic, respiratory or other medical conditions that might involve corticosteroid or antibiotic use in the previous 72 hours were excluded from the analysis. For analysis, we divided the cohort into two age groups: neonatal ( $\leq 28$  days old) and older infants (29 to 90 days old).

### Laboratory data

The following data were collected from the medical records: complete history and physical examination, laboratory evaluation including blood counts, CRP testing, blood cultures, urine cultures and lumbar puncture. Samples were drawn by venepuncture. Blood tests were taken upon admission; when the first sample was technically unsatisfactory and tests were repeated, results of blood counts or CRP were considered only if taken within 24 hours of taking cultures. Blood cell count was performed using the Beckman coulter LH750 design (United States). If a blood

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3 smear was performed, bands were added to the total number of neutrophils. CRP  
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5 serum level was measured by immunoturbidimetric assay using the Roche Cobas  
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7 c701 (Japan). Blood was drawn for cultures as recommended in a BACTEC-PED.  
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10 Blood culture results were examined and identified using the microbiology database.  
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12 Urine cultures were obtained by transurethral bladder catheterization or suprapubic  
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14 aspiration.

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18 From the blood count, ANC was retrieved and NLR was calculated as the ratio of  
19  
20 neutrophils to lymphocytes. An age-adjusted NLR ratio was also created, by dividing  
21  
22 NLR by a mean NLR based on the medical literature,[15] according to age groups  
23  
24 (1-2 weeks, 2 weeks to 1 month, 1 month and older). UTI was defined as the  
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26 isolation of >50,000 colony forming units per milliliter of urine of a single pathogen,  
27  
28 not deemed as a contamination by a pediatric infectious specialist. Urinary analysis  
29  
30 was not considered in this study. Cultures with more than one isolate were  
31  
32 considered to be contaminated. Blood cultures were considered contaminated by  
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34 pathogens and by the clinical course of the patient, following review of a pediatric  
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36 infectious specialist. Patients were either discharged home from the ED or  
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38 hospitalized at the pediatric department. The study was approved by the local  
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40 institutional ethics review board.  
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### 47 **Statistical Analysis**

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49 Statistical analyses were performed using SPSS (IBM Corp. Released 2015. IBM  
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51 SPSS Statistics for Windows, Version 23.0. Armonk, NY: IBM Corp.). All tests were  
52  
53 two-sided, and values of  $P < 0.05$  were considered statistically significant. Descriptive  
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55 statistics are presented as numbers and percentages for categorical variables, and  
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3 as means and standard deviations (SD), or medians and interquartile ranges (IQR).  
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5 Continuous variables were evaluated for normal distribution using histogram.  
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7 Categorical variables were compared by  $\chi^2$  test or Fisher exact, and continuous  
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9 variables were compared by t test or Mann-Whitney test, as appropriate. Univariate  
10  
11 logistic regression was used to evaluate the association of age, sex and blood tests  
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13 with SBI. Logistic regression was used to evaluate the probability of having SBI. The  
14  
15 multivariate logistic regression included the infection markers studied, and the  
16  
17 probability calculated was the basis for the ROC curve analysis. The discriminative  
18  
19 ability of each studied predictor was observed using the area under the receiver  
20  
21 operating characteristic curve (AUC). Chi-squared Automatic Interaction Detection  
22  
23 (CHAID) [16] and Classification and Regression Trees (CART) [17] were used to  
24  
25 identify threshold values of blood tests for SBI. Sensitivity, specificity, positive  
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27 likelihood ratio, negative likelihood ratio, positive predicted values and negative  
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29 predicted values were reported.  
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## 36 RESULTS

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38 During the study period, 1790 febrile infants aged 7 to 90 days were admitted to the  
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40 ED or pediatric department. Of them, 68 preterm infants, 87 with underlying disease  
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42 and 336 with incomplete medical records were excluded from the analysis.  
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44 Incomplete medical records were mainly due to the absence of one of the following:  
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46 a blood count within 24 hours of blood cultures, a CRP value, a blood culture, or any  
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48 bacterial culture in the neonatal age group. Of 1299 patients who met the inclusion  
49  
50 criteria, 260 were excluded since their cultures were considered contaminated, as  
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52 detailed below (Figure 1). There were no statistically significant differences in the  
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54 mean values of any of the markers studied, between those with contaminated  
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3 cultures and those without an SBI ( $p>0.05$ ). Females and younger infants were more  
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5 likely to have contaminated cultures ( $p<0.01$ ). Since no statistically significant  
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7 differences were found between the contaminated and the non-SBI groups, we  
8  
9 decided to exclude the contaminated cultures so as to avoid misclassification bias.  
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14 The final study cohort comprised 1039 infants; of them, 208 (20%) were neonates  
15  
16 (ages 7-28 days old). In addition to blood cultures, urine culture results were  
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18 available for 827 infants, and CSF cultures for 587.  
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23 SBI was detected in 111 (10.6%) infants. Infants with SBI tended to be younger,  
24  
25 median 34 (IQR 18-56) vs 46 (IQR 32-60) days,  $p<0.001$ . Boys comprised 60.4% of  
26  
27 the febrile infants but only 54% of the infants with SBI. UTI was detected in 104  
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29 (10%) infants, bacteremia in 11 (1.1%) and meningitis in 2 (0.2%). Four of the  
30  
31 patients with UTI had concurrent bacteremia and two had concurrent meningitis. UTI  
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33 was the most common SBI (94%). *Escherichia coli* was the most common pathogen,  
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35 detected in 74 (71.1%) of the UTIs; followed by *klebsiella pneumoniae* in 13 (12.5%),  
36  
37 and *enterococcus faecalis* in 8 (7.6%).  
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42 Median values of all the diagnostic markers investigated were significantly higher in  
43  
44 patients with than without SBI: WBC count (14.4 vs. 11.4  $K/\mu L$   $p<0.001$ ), ANC (5.8  
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46 vs 3.7 $K/\mu L$   $p<0.001$ ), CRP (19 vs 5 mg/L  $p<0.001$ ) and NLR (1.2 vs 0.7)  $p<0.001$   
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48 (Table 1). There was no statistically significant difference in the assessment of SBI  
49  
50 between the unadjusted NLR ratio and the adjusted for age NLR ratio.  
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52  
53 Tables 2 and 3 show sensitivities, specificities and ratio values of WBC, CRP and  
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55 NLR, for cutoff values that were arbitrarily chosen either due to their common use in  
56  
57 clinical practice or to their ease of use (for example in the case of NLR), for the  
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59 discrimination of SBI. AUCs for the discrimination of SBI were 0.65 (95% CI: 0.6-  
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3 0.71), 0.69 (95% CI 0.63-0.74), 0.71 (95% CI 0.65-0.76) and 0.66 (95% CI 0.6-0.71)  
4 for WBC, ANC, CRP and NLR, respectively. CRP combined with ANC or NLR  
5 showed the best discriminatory values for a SBI: AUC of 0.73 (95% CI 0.67-0.78)  
6 and 0.72 (95% CI 0.66-0.78), respectively (Table 4 and Figure 2).  
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12 In an analysis of infants with an IBI such as bacteremia or meningitis, the ANC, CRP  
13 and NLR performed similarly as discriminatory factors, with AUC of 0.80 (95% CI  
14 0.67-0.92), 0.78 (95% CI 0.68-0.89) and 0.78 (95% CI 0.66-0.90), respectively,  
15 compared to AUC 0.70 (95% CI 0.56-0.85) for WBC. The combinations of CRP with  
16 NLR and with ANC were the best discriminators of bacterial infection: AUCs of 0.82  
17 (95% CI 0.70-0.95) and 0.82 (95% CI 0.68-0.95), respectively. (Table 4, Figure 3)  
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27 All neonatal infants (aged <28 days) had undergone a full sepsis workup (CSF, blood  
28 and urine cultures were obtained); 44 infants (21.1%) had at least one positive  
29 culture. All mean investigated diagnostic markers were significantly higher in patients  
30 with than without SBI (Table 1). The sensitivity and specificity of NLR, CRP and  
31 WBC for discriminating SBI tended to be greater for the younger than the older age  
32 group (Tables 2 and 3).  
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43 CRP combined with either ANC or NLR increased the discrimination of a SBI,  
44 compared to CRP alone (AUC 0.78 to AUC 0.79) in the neonatal age group. The  
45 combination of optimal cutoff values for CRP and NLR in identifying a SBI is depicted  
46 in a decision tree (Figure 4). For the neonatal age group, the overall SBI rate was  
47 21.2%. For infants with CRP>46.1 mg/L (11% of the neonates), the risk for a SBI  
48 was 87%, compared to 13% for those with CRP<46.1 mg/L. Using a cutoff point of  
49 NLR<2.4 we found that infants with CRP<46.1 mg/L and NLR<2.4 have a risk of  
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3 9.7% for a SBI, compared with a 29% risk for those with NLR>2.4. The risk is further  
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5 reduced to 5.4% for infants with NLR<0.77.  
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## 8 9 **DISCUSSION**

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11 Our data reveal that NLR, ANC and CRP performed better in discriminating SBI in  
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13 the neonatal age group than among older infants. CRP was found to be the single  
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15 best indicator for discriminating a non-invasive SBI in both the neonates and older  
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17 infants. In the absence of CRP, the markers ANC and NLR have similar sensitivity  
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19 for identifying serious bacterial disease, especially in neonates. Both were similar as  
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21 indicators for discriminating an IBI in infants younger than 3 months of age. The  
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23 composite of ANC with CRP, or NLR with CRP, outperforms any of the single  
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25 studied markers for SBI or IBI.  
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32 In the United States, the incidence rate of all SBIs in infants younger than 90 days  
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34 was estimated at 3.75/1000 full-term infants.[18] Bacterial infection still represents an  
35  
36 important cause of morbidity and mortality among young infants.[19] Our results  
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38 concur with other large studies that reported SBI to be ultimately diagnosed in about  
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40 10% of febrile infants in this age group.[20] Differentiating between bacterial and viral  
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42 infections in young infants is of utmost importance. Failure to identify bacterial  
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44 pathogens may lead to delayed initiation of therapy and severe illness on one hand;  
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46 or to prolonged and unnecessary therapy and the emergence of resistant  
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48 microorganisms on the other hand. Several clinical and laboratory parameters are  
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50 generally considered together to diagnose SBIs in this age group, although the  
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52 optimal combination has not been determined.[5]  
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3 The early hyperdynamic phase of infection is characterized by a proinflammatory  
4 state and mediated by neutrophils, macrophages and monocytes, with the release of  
5 inflammatory cytokines. The onset of acute neutrophilia is associated with the  
6 generation of endotoxin, TNF, IL-1, IL-8 and hematopoietic growth factors such as  
7 G-CSF. Maximal response usually occurs within 4 to 24 hours of exposure to these  
8 agents and probably results from the release of neutrophils from the marrow into  
9 circulation.[21] The systemic inflammatory response is also associated with  
10 suppression of neutrophil apoptosis and increase in lymphocyte apoptosis.[22]  
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23 To the best of our knowledge this is the first study to assess NLR as a diagnostic  
24 marker of bacterial infection in febrile young infants. In this large cohort of young  
25 febrile infants, we found that those with a SBI had statistically significant higher  
26 mean values of WBC, ANC, NLR and CRP. Of these markers, CRP was the best  
27 discriminatory parameter for a SBI. These findings concur with the results of another  
28 prospective Israeli study that found CRP to be a valuable laboratory test in the  
29 assessment of febrile infants aged <3 months old.[6] However, in other studies,  
30 plasma CRP level was found to inadequately predict serious bacterial infection in  
31 neonates. In a study conducted in Taiwan, CRP level was not elevated at the onset  
32 of clinical sepsis in approximately one-fourth of the cases of SBI in neonates.[23]  
33 The low sensitivity of CRP may be due to its delayed elevation; an estimated 6-12  
34 hours is needed for a significant increase.[24] This is especially relevant in young  
35 febrile infants who usually arrive to the ED soon after the onset of fever. Thus, the  
36 identification of other predictors for neonatal sepsis is important. There is no one  
37 acceptable cutoff value of CRP for assessing an SBI in the febrile infant; however,  
38 studies use the cutoff values of 40 and 20 mg/L to rule in and rule out an SBI  
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7 WBC parameters are known to vary with age. NLR was shown to be positively  
8 associated with age in a healthy population,[26] with the lowest NLR found in the  
9 youngest age group (age<20 years, mean 16 years). The mean value in this age  
10 group was  $1.53\pm 0.56$ . We did not find any report of normal ranges of NLR values for  
11 healthy neonatal or pediatric populations, though mean values for neutrophils vs  
12 lymphocytes as components of the WBC are 41% vs. 45% at 1 week of age, 40% vs.  
13 48% at 2 weeks, 35% vs. 56% at 1 month and 32% vs. 61% at 6 months.[15] This  
14 suggests a mean NLR value of between 0.52-0.91 for healthy children in the studied  
15 age group. Due to the significant changes in neutrophil and lymphocyte counts from  
16 birth to young adulthood, cutoff values used to distinguish infections in adults differ  
17 from those that we identified for young infants. An NLR cutoff value of >5, when  
18 sufficient exclusion criteria are used, was suggested for detecting bacteremia or  
19 sepsis in adults.[27]  
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38 Hosmer and Lemeshow suggest that areas under the ROC curve of 0.70 to 0.80  
39 offer 'acceptable' discrimination, 0.80 to 0.90 'excellent' discrimination and 0.9 or  
40 above offer 'outstanding' discrimination.[28] Thus, in assessment of SBI, values of  
41 ANC (AUC 0.69) and CRP (AUC 0.71), along with the combinations of CRP with  
42 either ANC (AUC 0.73) or NLR (0.72), offer similarly 'acceptable' discriminative  
43 ability. In assessing IBI, values of CRP, ANC and NLR, as well as the combination of  
44 CRP with either NLR or ANC, similarly offer 'excellent' or close to excellent  
45 discriminations. In the neonatal age group, all markers mentioned above meet the  
46 'acceptable' criterion. Due to the ease of use of the single biomarkers compared to  
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3 the combinations, and the similarity of their discriminative abilities, we recommend  
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5 clinicians to use the markers separately rather than creating a combined score.  
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10 Among our neonates, a NLR of 2 did not show statistically different sensitivity from a  
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12 CRP value of 40 mg/L (52.3% vs 45.5%  $p < 0.001$ ), though it had lower specificity  
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14 (78% vs 97%  $p = 0.67$ ) in distinguishing a SBI in the neonatal age group. Likewise,  
15  
16 compared to the CRP value of 40 mg/L, an ANC of  $7 \times 10^3/\mu\text{L}$  had similar sensitivity:  
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18 56.8% ( $p < 0.001$ ) with a lower specificity: 84.1% ( $P = 0.166$ ). Therefore, we suggest  
19  
20 that when CRP is not available, ANC of  $>7 \times 10^3/\mu\text{L}$  or NLR  $>2$  may raise the  
21  
22 suspicion level for an SBI, due to their similar sensitivity to CRP, though lower  
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25 specificity.  
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30 In our search for non-intuitive cutoff values, we created a decision tree (Figure 4)  
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32 that shows the added value of NLR to CRP in assessing febrile neonates. When  
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34 CRP is high ( $>46.1$  mg/L), so is the risk of a SBI. In the low-CRP group ( $<46.1$  mg/L),  
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36 NLR contributes to the assessment of SBI risk, lowering it by as much as 58%  
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38 compared to the entire low-CRP group when NLR is not considered; and by 81% for  
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40 neonates with NLR  $< 0.77$ , compared to infants in the low-CRP group but with  
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42 NLR  $>2.4$ . Although we currently recommend antibiotic treatment for all febrile  
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44 neonates, these data aid in the assessment of SBI risk upon admission to the ED,  
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46 and may in the future, together with new markers, diminish the need for antibiotic  
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48 use for well-looking febrile neonates.  
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54 ANC outperformed NLR and CRP in the discrimination of invasive bacterial infection;  
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56 bacteremia or meningitis. This finding might be attributed to the delay in rise of CRP  
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3 compared to other inflammation markers. The combination of NLR with CRP, and  
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5 ANC with CRP, is superior to any of the single markers.  
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10 The strengths of this study are its large cohort, and its being the first to test NLR as a  
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12 diagnostic marker for bacterial infections in young infants. The study has some  
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14 limitations. As a retrospective study, treatment of the infants enrolled was according  
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16 to clinical considerations and hospital policy, and not research considerations. For  
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18 example, not all the older infants underwent a full sepsis workup, though all infants of  
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20 neonatal age did. We are, however, confident that we have not undercalled true  
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22 bacterial infections, since the policy at our hospital warrants at least blood and urine  
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24 cultures prior to the initiation of antibiotics for any young febrile infant, and CSF  
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26 cultures for any ill-looking one. Bacterial infections, such as bacterial pneumonia,  
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28 gastroenteritis and arthritis were not ruled out. However, these infections are fairly  
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30 rare in this age group. Due to a low number of IBIs, the analysis in the group as a  
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32 whole is more reflective of UTI than of meningitis or bacteremia. There was a 20%  
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34 rate of contaminated cultures, compared with 12-14% in studies citing urine catheter  
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36 specimen contamination rates alone in infants <24 months.[29,30]. Our study did not  
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38 examine procalcitonin, since our aim was to study commonly available diagnostic  
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40 markers.  
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48 In our comparison of various diagnostic markers for infections in young infants, we  
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50 found CRP to be a valuable marker for discriminating SBI. However, CRP values are  
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52 not always available. We showed that ANC and NLR, which are readily available,  
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54 can aid, together with other markers of infection, in identifying children in the 1-week  
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56 to 3-month age group who are at risk of serious as well as invasive bacterial  
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3 infections. We showed the discriminatory ability of detecting SBI infections based on  
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5 a number of possible cut-off values of all tested markers, including NLR, which has  
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7 not been previously studied in this age group. We recommend drawing blood for all  
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9 febrile infants aged 3 months or less, and suggest using the cutoff values we  
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11 determined, as well as other available ones, to aid in the management of febrile  
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13 infants. The specificity of the markers studied is not sufficient to rule out bacterial  
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15 infections. However, due to the reasonably high sensitivity, we recommend antibiotic  
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17 use for all patients with one or more tests indicative of a possible bacterial infection,  
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19 as well as for ill-looking patients.  
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**What is already known on this topic**

Differentiating febrile infants with high risk for serious bacterial infection is challenging. Laboratory values such as: leukocytosis, leukopenia, the presence of leukocyturia or urinary nitrites, cerebrospinal fluid WBC-count, and more recently C-reactive protein and procalcitonin, are frequently used, yet, the discriminatory capability of these laboratory tests remains inconclusive.

**What this study adds:**

We report the discriminatory ability of a number of markers of SBI in hospitalized febrile infants aged 1 week to 3 months. The neutrophil to lymphocyte ratio was not previously studied in this age group. We determined cutoff values that could aid clinicians in the evaluation of febrile infants.



**Table 1:** Median values (IQR) for investigated diagnostic markers by age groups

Age group	Status	Age	NLR	WBC	CRP	ANC
7-28 days	Non SBI	20 (15-25)	0.90 (0.52-1.8)	11.35 (8.82-14.28)	3.93 (1.25-9.43)	4.3 (2.82-6.48)
	SBI	15 (12-19)	2.15 (0.95-2.98)	15.4 (10.7-21.23)	31.2 (6.94-66.11)	7.45 (5.03-12.08)
		P<0.001	P<0.001	P<0.001	P<0.001	P<0.001
29-90 days	Non SBI	51 (40-63)	0.71 (0.4-1.25)	11.4 (8.6-14.78)	5.24 (1.49-12.33)	3.6 (2.3-5.8)
	SBI	54 (41-61)	0.87 (0.55-1.52)	14 (10.1-17.9)	15.74 (3.78-33.7)	5.1 (3.6-5.1)
		P=0.81	P=0.008	P=0.001	P<0.001	P<0.001
All age group	Non SBI	46 (32-60)	0.74 (0.42-1.33)	11.4 (8.6-11.4)	4.95 (1.48-12.1)	3.7 (2.4-5.98)
	SBI	34 (18-56)	1.23 (0.68-2.5)	14.4 (10.1-18.1)	19.03 (5.18-50.5)	5.8 (4.3-9.2)
		P<0.001	P<0.001	P<0.001	P<0.001	P<0.001

White Blood Cell counts (WBC); C-reactive protein (CRP); Absolute Neutrophil Count (ANC) ;  
Neutrophils to Lymphocytes Ratio (NLR)

**Table 2:** The sensitivity, specificity and likelihood ratio values of NLR, CRP and WBC for discrimination of SBI in infants aged 7-28 days (95% CI)

Parameter and threshold value		Sensitivity	Specificity	LR+	LR-	PPV	NPV
NLR	>0.85	86.4% (74.1-94.4)	47% (39.5-54.6)	1.6 (1.4-2)	0.3 (0.1-0.6)	30.3%	92.8%
	>1	72.7% (58.2-83.7)	55.5% (57.8-62.9)	1.6 (1.3-2.1)	0.5 (0.3-0.8)	30.4%	88.3%
	> 1.5	56.8% (42.2-70.3)	67.7% (60.2-73.4)	1.8 (1.3-2.5)	0.6 (0.5-0.9)	32%	85.4%
	> 2	52.3% (37.9-66.2)	78% (71.1-83.7)	2.4 (1.6-3.6)	0.6 (0.4-0.8)	38.9%	85.9%
	> 3	22.7% (12.8-37)	90.9% (85.5-94.4)	2.5 (1.2-5.1)	0.9 (0.72-1)	40%	81.4%
CRP (mg/L)	> 5	79.5% (65.5-88.9)	56.7% (49.1-64.1)	1.8 (1.5-2.3)	0.4 (0.2-0.7)	32.9%	91.1%
	> 20	54.4% (40.1-68.3)	89% (83.3-92.9)	5 (3-8.3)	0.5 (0.4-0.7)	56.9%	87.9%
	> 40	45.5% (31.7-59.9)	97% (93.1-98.7)	14.9 (5.9-37.5)	0.6 (0.4-0.7)	80.2%	86.9%
	> 80	15.9% (7.9-29.3)	99.4% (96.6-99.9)	26 (3.3-206.5)	0.9 (0.7-1)	87.6%	81.5%
NEU ABS ( $10^3/\mu\text{L}$ )	> 5	75% (60.6-85.4)	58.5% (50.9-65.8)	1.8 (1.4-2.3)	0.4 (0.3-0.7)	32.6%	89.7%
	> 7	56.8% (42.2-70.3)	84.1% (77.8-89)	3.6 (2.3-5.6)	0.5 (0.4-0.7)	48.9%	87.9%
	>10	34.1% (21.9-48.9)	93.9% (89.1-96.7)	5.6 (2.7-11.6)	0.7 (0.6-0.9)	59.9%	84.2%
	>15	13.6% (6.4-26.7)	100% (97.7-100)	n/a	0.9 (0.8-1)	100%	81.2%
WBC ( $10^3/\mu\text{LL}$ )	>10	79.5% (65.5-88.9)	39% (31.9-46.7)	1.3 (1.1-1.6)	0.5 (0.3-1)	25.8%	87.7%
	>15	50% (35.8-64.2)	78% (71.1-83.7)	2.3 (1.5-3.4)	0.6 (0.5-0.9)	37.8%	85.4%
	>20	27.3% (16.4-41.9)	85.7% (79.8-90.5)	1.9 (1.1-3.6)	0.9 (0.7-1)	33.8%	81.5%
	>25	9.1% (3.6-21.2)	99.4% (96.6-99.9)	14.9 (1.7-130)	0.9 (0.8-1)	80.2%	80.3%

**Table 3:** The sensitivity, specificity and likelihood ratio values of NLR, CRP and WBC for discrimination of SBI in infants aged 29-90 days (95% CI)

Parameter and threshold value	Sensitivity	Specificity	LR+	LR-	PPV	NPV	
NLR	>0.85	52.2% (40.5-63.8)	58.1% (54.6-61.6)	1.3 (1-1.6)	0.82 (0.6-1.1)	9.9%	93.2%
	>1	47.8% (36.3-59.5)	65.3% (61.9-68.6)	1.4 (1.1-1.8)	0.8 (0.6-1)	10.8%	93.4%
	> 1.5	25.4% (16.5-36.9)	82.7% (79.9-85.2)	1.5 (1-2.2)	0.9 (0.8-1)	11.5%	92.6%
	> 2	16.4% (9.4-27.1)	89.8% (87.4-91.7)	1.6 (0.9-2.9)	0.9 (0.8-1.1)	12.4%	92.4%
	> 3	9% (4.17-18.2)	96.6% (95.1-97.7)	2.6 (1.1-6.2)	0.94 (0.9-1)	18.9%	92.3%
CRP( mg/L)	> 5	74.6% (63.1-83.5)	49% (45.4-52.5)	1.5 (1.3-1.7)	0.5 (0.3-0.8)	11.4%	95.6%
	> 20	44.8% (33.5-56.6)	84.7% (82-97.1)	2.9 (2.1-4)	0.7 (0.5-0.8)	20.5%	94.6%
	> 40	20.9% (12.9-32.1)	93.2% (91.2-94.8)	3.1 (1.8-5.2)	0.85 (0.8-1)	21.3%	93%
	> 80	7.5% (3.2-16.3)	98% (96.8-98.8)	3.8 (1.4-10.1)	0.9 (0.9-1)	25%	92.3%
NEU ABS ( $10^3/\mu\text{L}$ )	> 5	52.2% (40.5-63.8)	68.3% (64.9-71.5)	1.7 (1.3-2.1)	0.7 (0.5-0.9)	12.7%	94.2%
	> 7	31.3% (21.5-43.2)	82.6% (79.7-85.1)	1.8 (1.2-2.7)	0.8 (0.7-1)	13.7%	93.2%
	>10	13.4% (7.2-23.6)	94.4% (92.5-95.8)	2.4 (1.2-4.7)	0.9 (0.8-1)	17.4%	92.5%
	>15	6% (2.4-14.3)	99.1% (98.1-99.6)	6.5 (2-21.7)	1 (0.9-1)	5.5%	91.9%
WBC ( $10^3/\mu\text{L}$ )	>10	76.1% (64.7-84.7)	37.6% (34.2-41.1)	1.2 (1.1-1.4)	0.6 (0.4-1)	9.7%	94.7%
	>15	43.4% (32.1-55.2)	76.3% (73.2-79.2)	1.8 (1.4-2.5)	0.7 (0.6-0.9)	13.9%	93.9%
	>20	13.4% (7.2-23.6)	93.5% (91.5-95)	2.1 (1.1-4)	0.9 (0.8-1)	15.4%	92.5%

**Table 4:** Area under the curve for SBI and IBI for diagnostic markers, by age group (95% CI)

	Age	NLR	WBC	CRP	ANC	NEU & CRP	NLR & CRP
SBI	7-28 days (pg.38)	0.7 (0.62-0.79)	0.68 (0.59-0.78)	0.78 (0.69-0.87)	0.74 (0.65-0.82)	0.79 (0.7-0.88)	0.79 (0.70-0.88)
	29-90 days	0.6 (0.53-0.67)	0.63 (0.55-0.7)	0.67 (0.59-0.74)	0.64 (0.57-0.71)	0.68(0.61-0.76)	0.67 (0.6-0.71)
	All age group	0.66 (0.60-0.71)	0.65 (0.59-0.71)	0.71 (0.65-0.76)	0.69 (0.63-0.74)	0.73 (0.67-0.78)	0.72 (0.66-0.78)
IBI	All age group	0.78 (0.66-0.9)	0.7 (0.56-0.85)	0.78 (0.68-0.89)	0.80 (0.67-0.92)	0.82 (0.68-0.95)	0.82 (0.7-0.95)

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3 **Figure 1:** Study population  
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6 **Figure 2 A+B:** ROC of NLR, CRP, WBC, ANC and the combinations of CRP& NLR,  
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8 and CRP& ANC for discrimination of serious bacterial infection.  
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13 Figure 2A (Left): age <28 days  
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15 Figure 2B (Right): age 29-90 days  
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19 **Figure 3:** ROC of NLR, WBC, CRP, ANC and the combinations of CRP& NLR, and  
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21 CRP& ANC for discrimination of invasive bacterial infection.  
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26 **Figure 4:** Optimal cutoff values for CRP and NLR in discrimination of SBI in the  
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28 neonatal age group.  
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**Contributorship Statement:**

UH and HB conceived the design of the study and drafted the manuscript. UH, HB, EK, YH, TZB and MG designed the study, wrote the manuscript, and contributed to the interpretation of the data. TZB performed the statistical analysis. All authors revised the work critically and approved the final version of the manuscript. UH is guarantor of the paper and takes responsibility for the integrity of the work.

**Competing Interests:**

None declared

**Funding:**

None declared

**Data Sharing Statement:**

Raw laboratory data is available upon request by emailing the authors

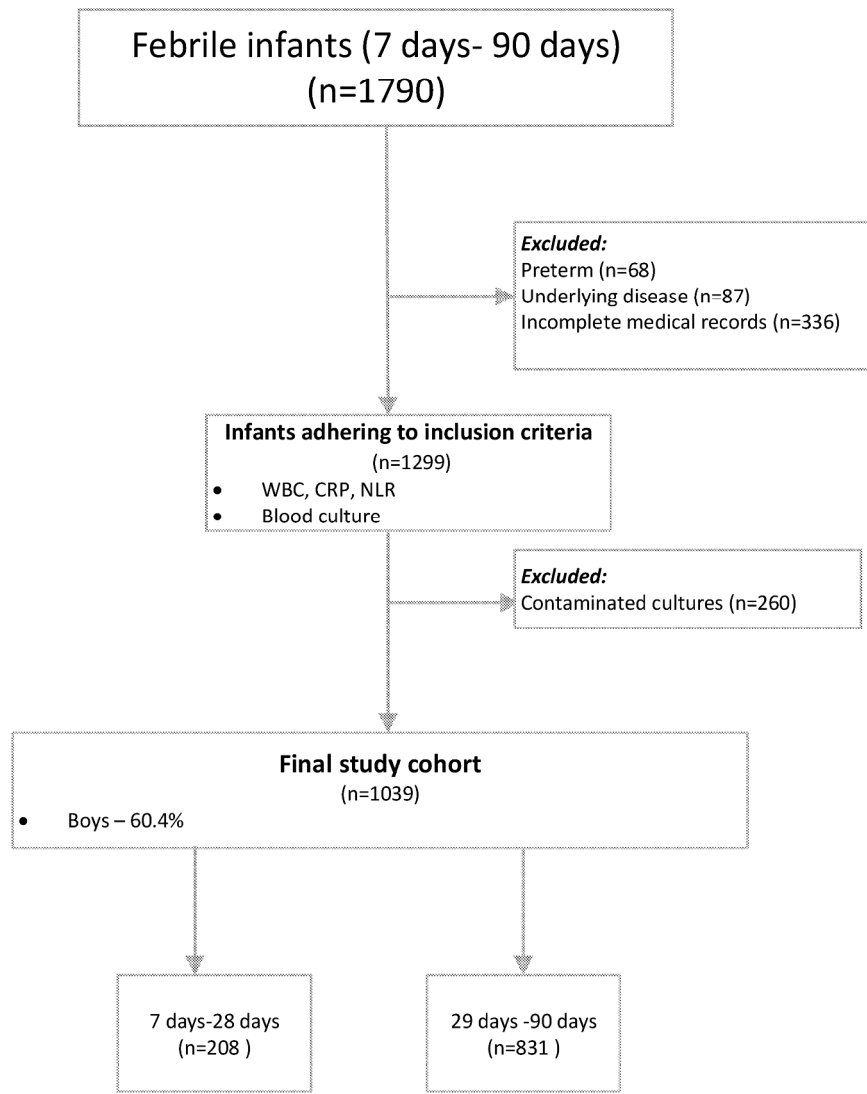
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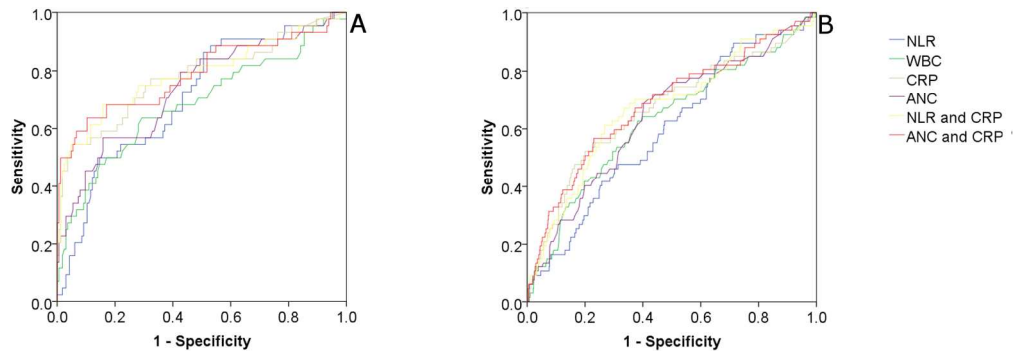
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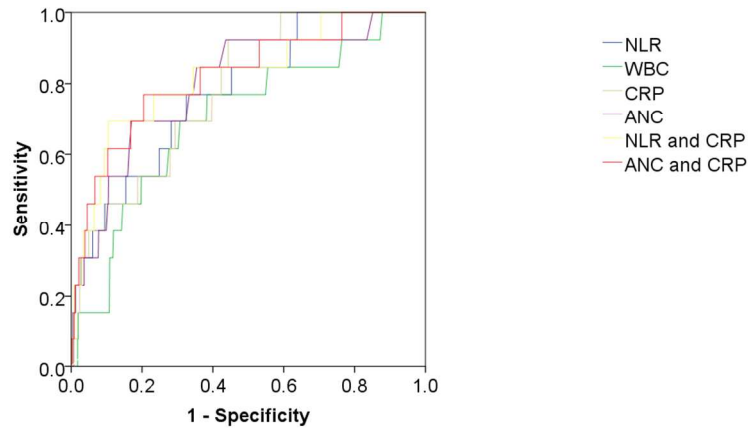


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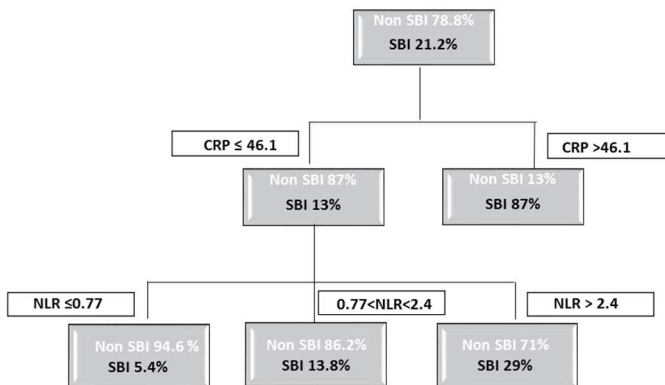
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Section & Topic	No	Item	Reported on page #
<b>TITLE OR ABSTRACT</b>			
	1	Identification as a study of diagnostic accuracy using at least one measure of accuracy (such as sensitivity, specificity, predictive values, or AUC)	2
<b>ABSTRACT</b>			
	2	Structured summary of study design, methods, results, and conclusions (for specific guidance, see STARD for Abstracts)	2
<b>INTRODUCTION</b>			
	3	Scientific and clinical background, including the intended use and clinical role of the index test	3
	4	Study objectives and hypotheses	3
<b>METHODS</b>			
<i>Study design</i>	5	Whether data collection was planned before the index test and reference standard were performed (prospective study) or after (retrospective study)	4
<i>Participants</i>	6	Eligibility criteria	4
	7	On what basis potentially eligible participants were identified (such as symptoms, results from previous tests, inclusion in registry)	4
	8	Where and when potentially eligible participants were identified (setting, location and dates)	4
	9	Whether participants formed a consecutive, random or convenience series	n/a
<i>Test methods</i>	10a	Index test, in sufficient detail to allow replication	n/a
	10b	Reference standard, in sufficient detail to allow replication	4
	11	Rationale for choosing the reference standard (if alternatives exist)	3
	12a	Definition of and rationale for test positivity cut-offs or result categories of the index test, distinguishing pre-specified from exploratory	10-11
	12b	Definition of and rationale for test positivity cut-offs or result categories of the reference standard, distinguishing pre-specified from exploratory	10-11
	13a	Whether clinical information and reference standard results were available to the performers/readers of the index test	n/a
	13b	Whether clinical information and index test results were available to the assessors of the reference standard	n/a
<i>Analysis</i>	14	Methods for estimating or comparing measures of diagnostic accuracy	5-6
	15	How indeterminate index test or reference standard results were handled	n/a
	16	How missing data on the index test and reference standard were handled	6
	17	Any analyses of variability in diagnostic accuracy, distinguishing pre-specified from exploratory	n/a
	18	Intended sample size and how it was determined	n/a
<b>RESULTS</b>			
<i>Participants</i>	19	Flow of participants, using a diagram	Fig1
	20	Baseline demographic and clinical characteristics of participants	6
	21a	Distribution of severity of disease in those with the target condition	n/a
	21b	Distribution of alternative diagnoses in those without the target condition	n/a
	22	Time interval and any clinical interventions between index test and reference standard	n/a
<i>Test results</i>	23	Cross tabulation of the index test results (or their distribution) by the results of the reference standard	n/a
	24	Estimates of diagnostic accuracy and their precision (such as 95% confidence intervals)	15-16
	25	Any adverse events from performing the index test or the reference standard	n/a
<b>DISCUSSION</b>			
	26	Study limitations, including sources of potential bias, statistical uncertainty, and generalisability	11
	27	Implications for practice, including the intended use and clinical role of the index test	12
<b>OTHER INFORMATION</b>			
	28	Registration number and name of registry	n/a
	29	Where the full study protocol can be accessed	Personal communication
	30	Sources of funding and other support; role of funders	n/a