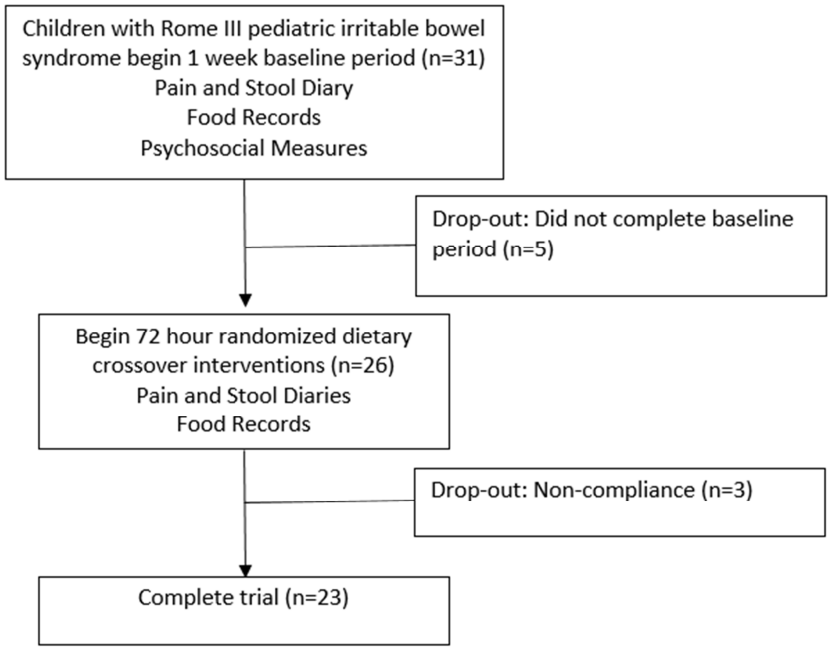
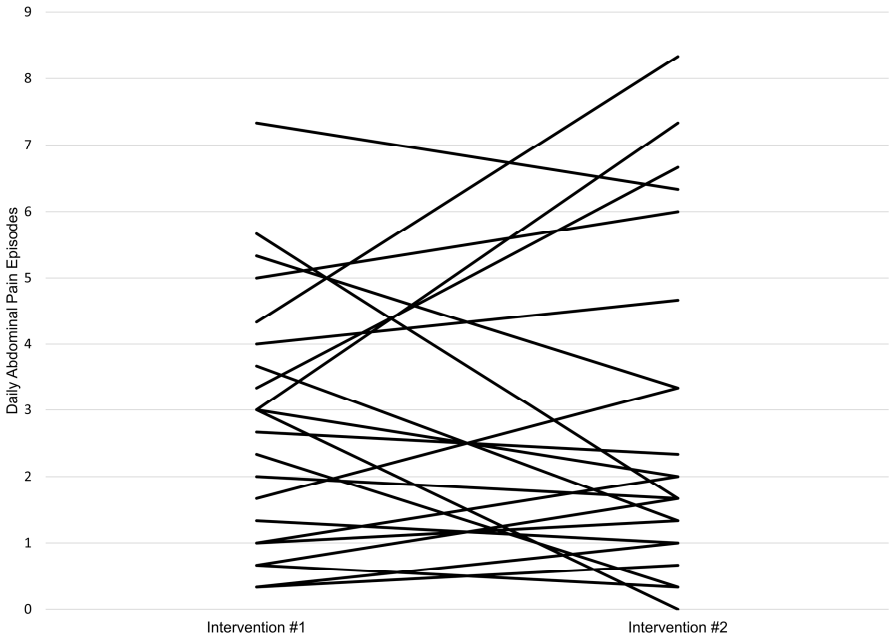

Children with Rome III pediatric irritable bowel syndrome begin 1 week baseline period (n=31)
Pain and Stool Diary
Food Records
Psychosocial Measures
Drop-out: Did not complete baseline period (n=5)
Begin 72 hour randomized dietary crossover interventions (n=26)
Pain and Stool Diaries
Food Records
Drop-out: Non-compliance (n=3)
Complete trial (n=23)


9
8
7
6
5
4
3
2
1
0
Daily Abdominal Pain Episodes
Intervention #1
Intervention #2