

Supplement 6 - Recommended Minimum Dataset for Low Back Pain Research (Deyo et al. 2014): participant baseline data

Item* (Proportion of complete responses)	N Total sample					
1. How long has LBP been an ongoing problem for you? (97%)	Less than 1month 0	1-3months 0	3-6months 0	6months - 1year 11	1-5years 5	>5years 11
2. How often has LBP been an ongoing problem over the past 6 months? (97%)	Every day or nearly every day 24	At least half the days 2	Less than half the days 4			
4. Has back pain spread down your leg in the past 2 weeks? (97%)	Yes 22	No 2	Not sure 3			
5. During the past 4 weeks how much have you been bothered by.....	Not bothered 16	Bothered a little 9	Bothered a lot 2			
.....stomach pain? (87%)						
.....pain in your arms, legs or joints (90%)	Not bothered 3	Bothered a little 13	Bothered a lot 5			
.....headaches (87%)	Not bothered 9	Bothered a little 13	Bothered a lot 5			
.....widespread pain in most of your body (94%)	Not bothered 7	Bothered a little 12	Bothered a lot 10			
6. Have you ever had a back operation? (100%)	Yes, one 5	Yes, > one 0	No 26			
In the past 7 days.....						
8.How much did pain interfere with work around the home? (100%)	Not at all 0	A little 4	Somewhat 9	Quite a bit 11	Very much 7	
9.How much did pain interfere with your ability to participate in social activities? (100%)	Not at all 1	A little 6	Somewhat 7	Quite a bit 11	Very much 6	
10.How much did pain interfere with your household chores? (100%)	Not at all 0	A little 5	Somewhat 6	Quite a bit 13	Very much 7	

11. Have you used any of the following treatments for your back pain?Opioid painkillers (100%)	Yes 19	No 12			
.....injections (100%)	Yes 15	No 15			
.....exercise therapy (84%)	Yes 14	No 12			
.....psychological counselling (94%)	Yes 2	No 26			
12. I have been off work or unemployed for 1 month or more due to LBP (94%)	Agree 10	Disagree 4	Does not apply 16		
13. I receive or have applied for disability or workers compensation benefits because I am unable to work due to LBP (94%)	Agree 2	Disagree 5	Does not apply 23		
14. Are you able to do chores such as vacuuming or yard work? (100%)	Without difficulty 3	With a little difficulty 3	With some difficulty 16	With much difficulty 5	Unable to do 4
15. Are you able to go up and down stairs at a normal pace? (94%)	Without difficulty 2	With a little difficulty 8	With some difficulty 11	With much difficulty 6	Unable to do 3
16. Are you able to go for a walk of at least 15 minutes? (94%)	Without difficulty 7	With a little difficulty 6	With some difficulty 9	With much difficulty 5	Unable to do 3
17. Are you able to run errands and shop? (94%)	Without difficulty 7	With a little difficulty 11	With some difficulty 8	With much difficulty 4	Unable to do 0
In the past 7 days.....					
18.I felt worthless (94%)	Never 13	Rarely 3	Sometimes 8	Often 4	Always 1
19.I felt helpless (94%)	Never 10	Rarely 4	Sometimes 8	Often 6	Always 1
20.I felt depressed (94%)	Never 9	Rarely 5	Sometimes 6	Often 9	Always 1

21.I felt hopeless (97%)	Never 10	Rarely 5	Sometimes 8	Often 6	Always 1
22.my sleep quality was (100%)	Very poor 8	Poor 13	Fair 9	Good 1	Very good 0
23.my sleep was refreshing (94%)	Not at all 8	A little bit 12	Somewhat 6	Quite a bit 3	Very much 0
24.I had a problem with my sleep (94%)	Not at all 1	A little bit 8	Somewhat 5	Quite a bit 8	Very much 7
25.I had difficulty falling asleep (97%)	Not at all 8	A little bit 5	Somewhat 6	Quite a bit 7	Very much 4
26. It's not really safe for a person with my back problem to be physically active (100%)	Agree 13	Disagree 18			
27. I feel that my back pain is terrible and it's never going to get any better (97%)	Agree 16	Disagree 14			
28. Are you involved in a lawsuit or legal claim related to your back problem? (100%)	Yes 0	No 30	Not sure 1		
In the past year.....					
29.Have you ever been drunk or used drugs more than you meant to? (97%)	Never 18	Rarely 6	Sometimes 5	Often 1	
30.Have you felt you wanted or needed to cut down on your drinking or drug use? (87%)	Never 21	Rarely 1	Sometimes 3	Often 2	
32. Gender (100%)	Female 19	Male 12	Unknown 0	Unspecified 0	
33. Employment status (94%)	Working now 7	Looking for work, unemployed 5	Sick leave or maternity leave 0	Disabled due to back pain, permanently or temporarily 4	Disabled for reasons other than back pain 1
	Student 1	Temporarily laid off 0	Retired 6	Keeping house 3	Other, specify 2 (1=carer, 1=unknown)

34. Education level (97%)	Did not complete high school 14	Completed high school 3	Some further education, no degree 5	Occupational/technical/vocational program 3	Completed university degree 4	Completed university post-graduate qualification 1
35. How would you describe your cigarette smoking? (97%)	Never smoked 9	Current smoker 13	Used to smoke but now quit 8			
36. Body Mass Index (87%)	Underweight (BMI <18.5) 1	Healthy (BMI 18.5-24.9) 10	Overweight (BMI 25-29.9) 6	Obese (BMI 30+) 10		

*NRS Items 3 (pain intensity) and 7 (pain interference) are reported in the manuscript (Table 4). Item 31 (age) is reported in the results section of the manuscript

Deyo RA, Dworkin SF, Amtmann D, Andersson G, Borenstein D, Carragee E, Carrino J, Chou R, Cook K, DeLitto A, Goertz C, Khalsa P, Loeser J, Mackey S, Panagis J, Rainville J, Tosteson T, Turk D, Von Korff M, and Weiner DK. 2014. Report of the NIH Task Force on Research Standards for Chronic Low Back Pain. *The Journal of Pain* 15:569-585. <http://dx.doi.org/10.1016/j.jpain.2014.03.005>