

Supplement 10 – Final patient eligibility checklist

(Completed by clinician. Clinician must circle all “No” responses for patient to meet final eligibility criteria.)

Does this patient.....

1. Require further imaging, investigations or intervention?	Yes	No
2. Require further surgical opinion?	Yes	No
3. Have lumbar pathology warranting significant caution with activity?	Yes	No
4. Engage in their usual activity, unrestricted due to pain?	Yes	No
5. Engage in regular exercise, unrestricted due to pain?	Yes	No

Clinician: _____