



1 **Supplementary Table S1. The percentages in food consumption score changes between 2007 and 2014.**

FCS	All				Women				Men			
	25 th	Median	75 th	Mean	25 th	Median	75 th	Mean	25 th	Median	75 th	Mean
2007	35	49	65	50.76	34	47	64	49.64	36	51	66	51.95
2014	22	34	42	33.77	21	33	42	33.29	23	35	42	34.29

FCS changes	% of Participants in Each Category		
	All	Women	Men
Increase	432(20.04)	235(21.19)	197(18.82)
Maintain	39(1.81)	17(1.53)	22(2.10)
Decreased	1685(78.15)	857(77.28)	828(79.08)

2 Abbreviations: FCS, food consumption score. The FCS change is presenting in n(%).