

Dynamic changes in quality of life after three first-line therapies for EGFR mutation-positive advanced non-small cell lung cancer

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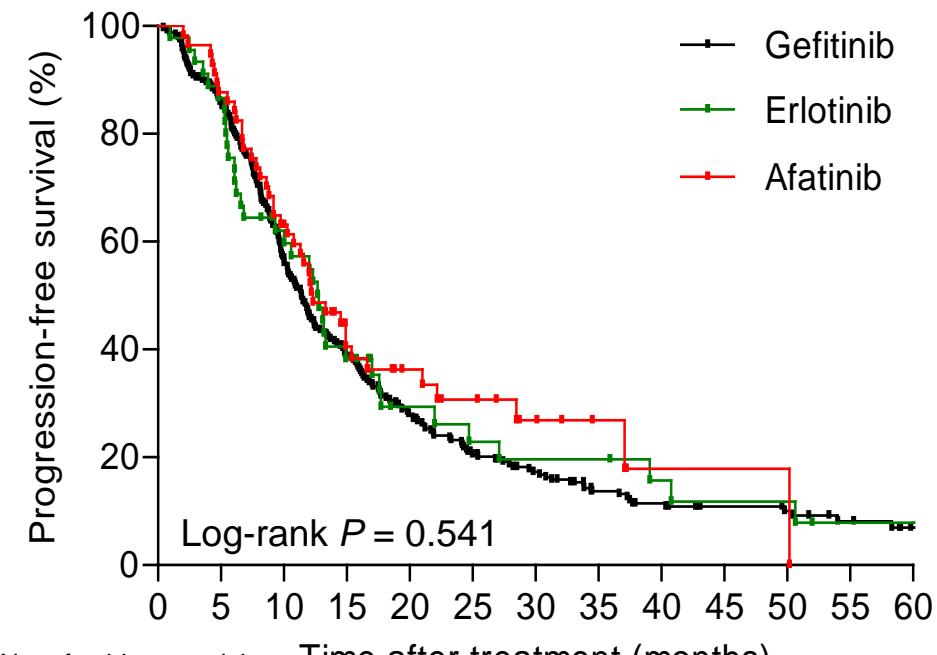
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Supplementary Figure 1. Progression-free survival and overall survival stratified according to different first-line treatments.

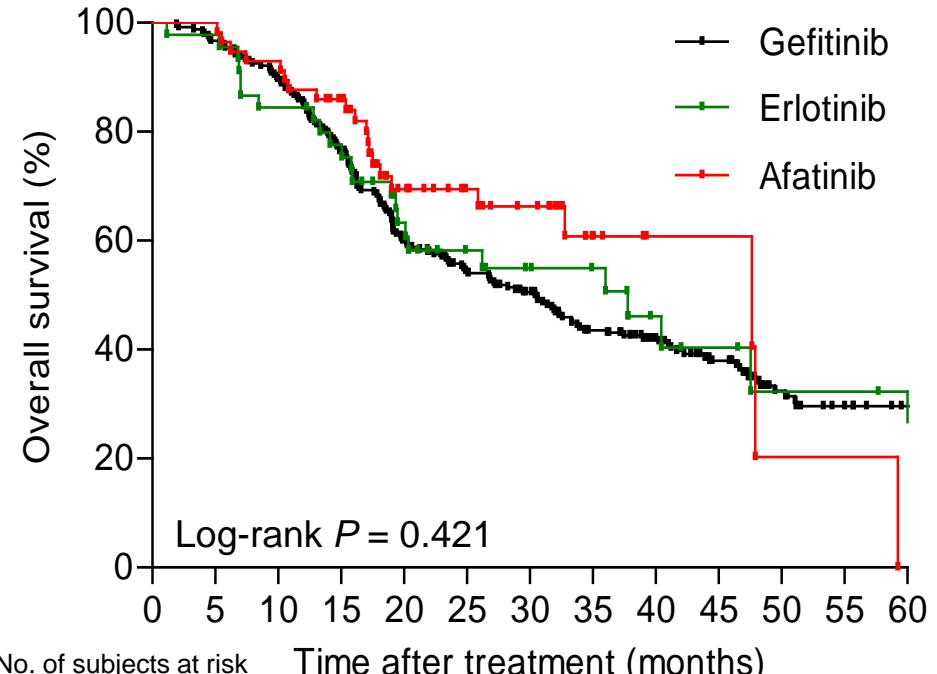
Supplementary Figure 2. Fluctuations in utility values and QoL scores in 4 domains after first-line treatment with erlotinib versus gefitinib. The colored shadow illustrates a 95% confidence interval for each function. QoL: quality of life.

Supplementary Figure 3. Score changes in 9 facets after first-line treatment with erlotinib versus gefitinib. The colored shadow illustrates a 95% confidence interval for each function.

Supplementary Figure 1

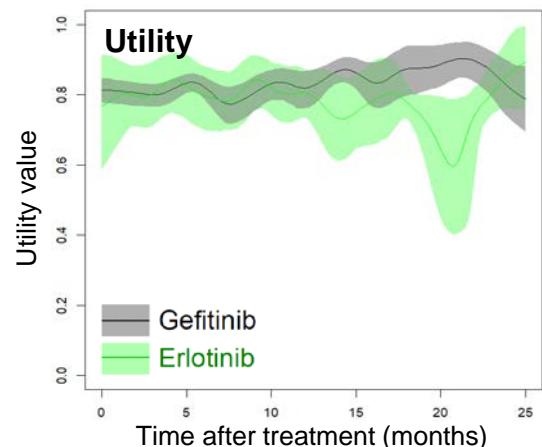


| | Time after treatment (months) | | | | | | | | | | | |
|-----------|-------------------------------|-----|-----|----|----|----|----|----|----|----|----|---|
| Gefitinib | 242 | 209 | 138 | 94 | 66 | 47 | 37 | 25 | 20 | 15 | 13 | 9 |
| Erlotinib | 45 | 40 | 27 | 17 | 10 | 8 | 7 | 7 | 5 | 4 | 4 | 2 |
| Afatinib | 57 | 51 | 37 | 21 | 14 | 11 | 7 | 4 | 2 | 2 | 0 | 0 |



| | Time after treatment (months) | | | | | | | | | | | |
|-----------|-------------------------------|-----|-----|-----|-----|-----|-----|----|----|----|----|----|
| Gefitinib | 242 | 235 | 218 | 185 | 144 | 126 | 113 | 92 | 77 | 59 | 36 | 28 |
| Erlotinib | 45 | 45 | 39 | 35 | 26 | 19 | 16 | 14 | 9 | 7 | 5 | 5 |
| Afatinib | 57 | 57 | 54 | 46 | 30 | 23 | 19 | 9 | 4 | 4 | 2 | 2 |

Supplementary Figure 2



Gefitinib

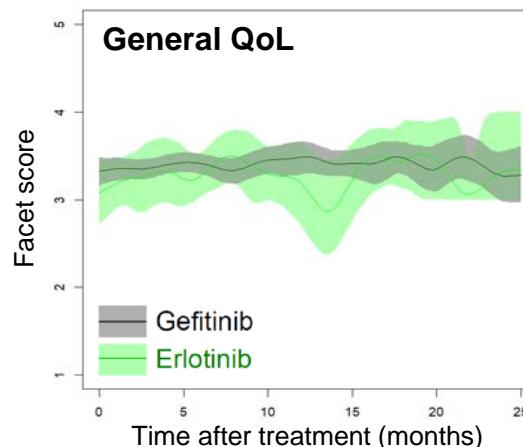
No. of subjects 242 235 218 185 144 126

No. of QoLs assessed after this time point 662 424 277 185 130 91

Erlotinib

No. of subjects 45 45 39 35 26 19

No. of QoLs assessed after this time point 119 82 56 35 19 13



Gefitinib

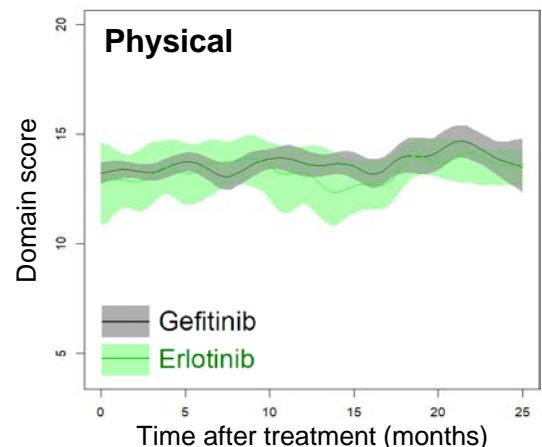
No. of subjects 242 235 218 185 144 126

No. of QoLs assessed after this time point 661 422 275 183 129 90

Erlotinib

No. of subjects 45 45 39 35 26 19

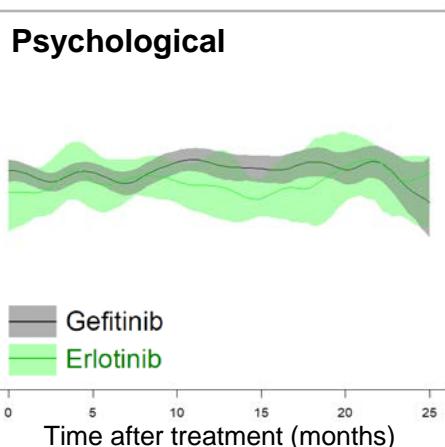
No. of QoLs assessed after this time point 118 80 55 35 19 13



Gefitinib

No. of subjects 242 235 218 185 144 126

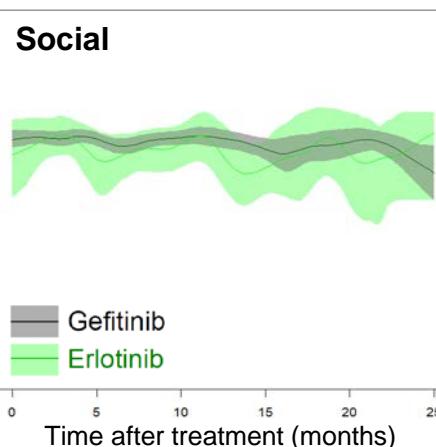
No. of QoLs assessed after this time point 660 422 275 183 129 90



Gefitinib

No. of subjects 242 235 218 185 144 126

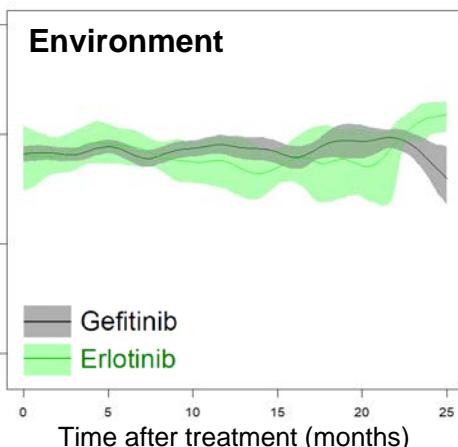
No. of QoLs assessed after this time point 661 422 275 183 129 90



Gefitinib

No. of subjects 242 235 218 185 144 126

No. of QoLs assessed after this time point 661 422 275 183 129 90



Erlotinib

No. of subjects 45 45 39 35 26 19

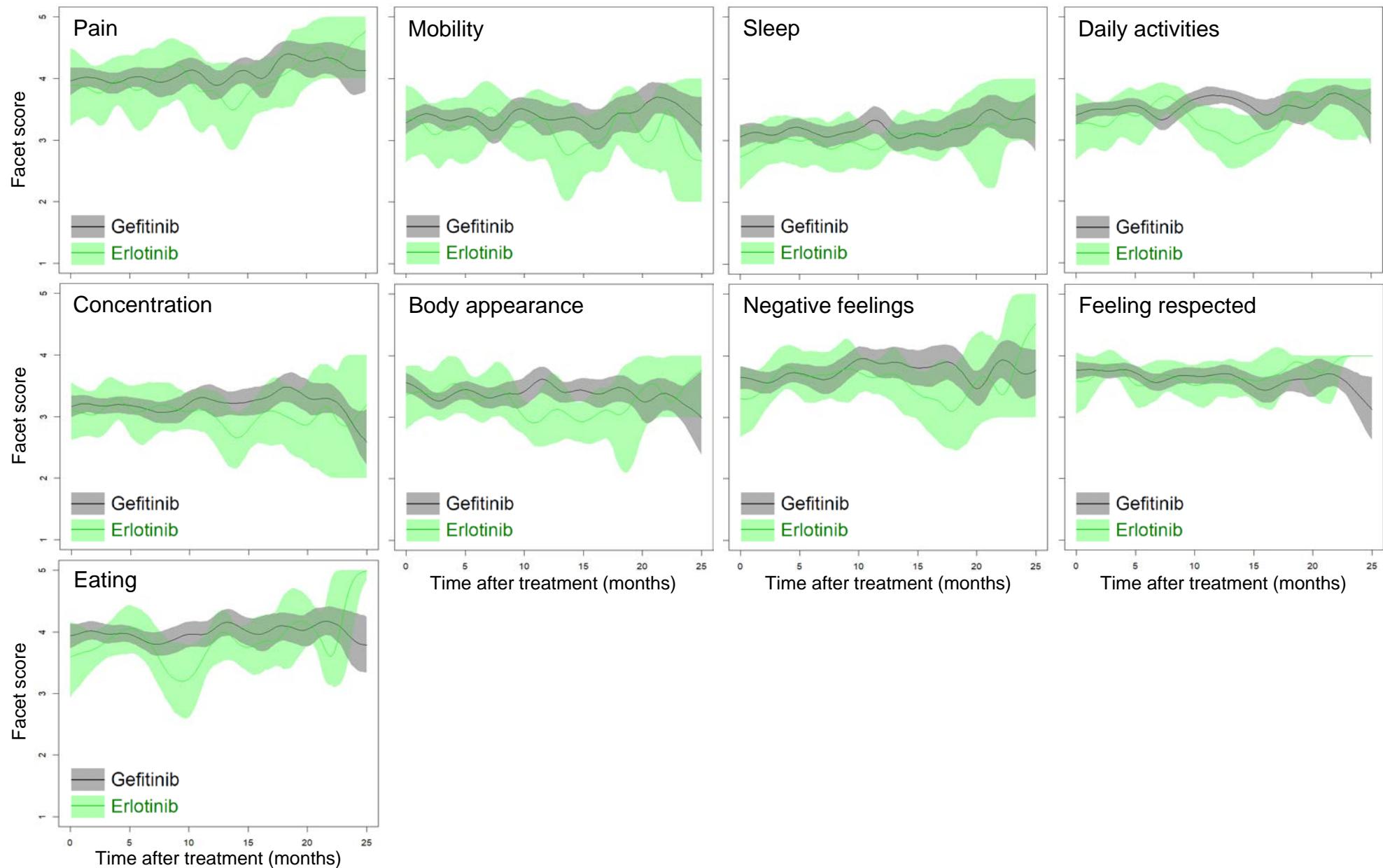
No. of QoLs assessed after this time point 118 80 55 35 19 13

Erlotinib

No. of subjects 45 45 39 35 26 19

No. of QoLs assessed after this time point 118 80 55 35 19 13

Supplementary Figure 3



Supplementary Table 1. Frequency distribution of the number of QoL assessments per participant

| Number of QoL assessments | Participants, n (%) |
|---------------------------|---------------------|
| 1 | 119 (34.6) |
| 2 | 84 (24.4) |
| 3 | 69 (20.1) |
| 4 | 21 (6.1) |
| 5 | 15 (4.4) |
| 6 | 12 (3.5) |
| 7 | 7 (2.0) |
| 8 | 7 (2.0) |
| 9 | 2 (0.6) |
| 10 | 3 (0.9) |
| 11 | 4 (1.2) |
| 12 | 1 (0.3) |

Supplementary Table 2. Demographic and clinical characteristics of participants with common EGFR mutations

| | Gefitinib <i>n</i> = 225 | Erlotinib <i>n</i> = 44 | Afatinib <i>n</i> = 48 | <i>P</i> |
|--|-----------------------------|----------------------------|---------------------------|--------------------|
| Number of subjects | | | | |
| Number of assessments, <i>n</i> | 631 | 120 | 116 | |
| Age ^a , mean (SD) years | 63.7 (11.1) | 62.0 (12.9) | 60.1 (10.1) | 0.117 ^b |
| Male, <i>n</i> (%) | 85 (37.8) | 19 (43.2) | 20 (41.7) | 0.739 |
| Education, <i>n</i> (%) | | | | |
| ≥ 12 years | 41 (18.2) | 15 (34.1) | 16 (33.3) | 0.012 |
| < 12 years | 183 (81.3) | 29 (65.9) | 32 (66.7) | |
| Missing | 1 (0.4) | 0 | 0 | |
| Employment, <i>n</i> (%) | | | | |
| Employed | 51 (22.7) | 12 (27.3) | 17 (35.4) | 0.146 |
| Unemployed | 174 (77.3) | 32 (72.7) | 30 (62.5) | |
| Missing | 0 | 0 | 1 (2.1) | |
| Marital status, <i>n</i> (%) | | | | |
| Married | 167 (74.2) | 36 (81.8) | 39 (81.3) | 0.381 |
| Single/divorced/widowed | 58 (25.8) | 8 (18.2) | 9 (18.8) | |
| Comorbidities, <i>n</i> (%) | | | | |
| Cerebrovascular disease | 8 (3.6) | 4 (9.1) | 1 (2.1) | 0.178 |
| Coronary artery disease | 11 (4.9) | 2 (4.6) | 1 (2.1) | 0.691 |
| COPD | 13 (5.8) | 4 (9.1) | 2 (4.2) | 0.591 |
| Diabetes mellitus | 26 (11.6) | 6 (13.6) | 3 (6.3) | 0.476 |
| End-stage renal disease | 8 (3.6) | 1 (2.3) | 1 (2.1) | 0.814 |
| Performance status ^a , <i>n</i> (%) | | | | |
| ECOG: 0-1 | 205 (91.1) | 38 (86.4) | 46 (95.8) | 0.267 |
| ECOG: 2-4 | 19 (8.4) | 6 (13.6) | 2 (4.2) | |
| Missing | 1 (0.4) | 0 | 0 | |
| Disease by recurrence, <i>n</i> (%) | | | | |
| Recurrent lung cancer | 42 (18.7) | 9 (20.5) | 9 (18.8) | 0.962 |
| Newly-diagnosed lung cancer | 183 (81.3) | 35 (79.6) | 39 (81.3) | |
| Mutation subtype, <i>n</i> (%) | | | | |
| Exon 19 deletions | 98 (43.6) | 18 (40.9) | 30 (62.5) | 0.044 |
| L858R substitution | 127 (56.4) | 26 (59.1) | 18 (37.5) | |
| Brain metastasis ^a , <i>n</i> (%) | 51 (22.7) | 22 (50.0) | 15 (31.3) | 0.001 |
| PFS, median (IQR) months | 11.8 (7.7-21.9) | 12.8 (6.1-24.7) | 12.2 (7.1-28.5) | 0.824 |

^a At the initiation of treatment. ^b *P* = 0.041 using *t* test to compare afatinib with gefitinib.

COPD, chronic obstructive pulmonary disease; ECOG, Eastern Cooperative Oncology Group; EGFR, epidermal growth factor receptor; IQR, interquartile range; PFS, progression-free survival; SD, standard deviation.

Supplementary Table 3. Regression coefficients based on mixed model analyses in participants with common EGFR mutations

| Sex (male/female) | Education (≥12/<12) | COPD (no/yes) | ECOG (0-1/2-4) | EGFR (del19/L858R) | Brain metastasis (yes/no) | Disease progression (yes/no) | Erlotinib vs. Gefitinib | Afatinib vs. Gefitinib |
|----------------------|-------------------------|-------------------------|-------------------------|-------------------------|---------------------------------|------------------------------------|-------------------------------|------------------------------|
| EQ-5D: | | | | | | | | |
| Utility value | | | 0.26(0.03) ^c | | -0.04(0.02) ^a | -0.08(0.02) ^c | | |
| WHOQOL-BREF: | | | | | | | | |
| General QoL | | 0.26(0.08) ^c | | 0.43(0.11) ^c | 0.14(0.06) ^a | | -0.35(0.08) ^c | -0.25(0.09) ^b |
| Physical | | 0.65(0.29) ^a | | 2.47(0.36) ^c | 0.54(0.23) ^a | -0.54(0.26) ^a | -0.73(0.26) ^b | -0.73(0.32) ^a |
| Pain | | | | 0.78(0.15) ^c | | | -0.33(0.12) ^b | -0.31(0.12) ^a |
| Energy/fatigue | | | 0.36(0.14) ^a | 0.43(0.13) ^b | 0.19(0.08) ^a | -0.24(0.09) ^b | -0.34(0.10) ^c | |
| Mobility | | | | 1.27(0.13) ^c | 0.18(0.08) ^a | -0.20(0.09) ^a | -0.27(0.10) ^b | |
| Sleep | 0.21(0.10) ^a | | 0.45(0.16) ^b | | | | | -0.26(0.12) ^a |
| Daily activities | | | | 0.91(0.11) ^c | 0.21(0.07) ^b | -0.15(0.08) ^a | -0.21(-0.08) ^b | -0.24(0.09) ^a |
| Psychological | 0.63(0.27) ^a | 0.63(0.31) ^a | | 1.83(0.38) ^c | 1.02(0.25) ^c | | -0.74(0.26) ^b | -1.04(0.35) ^b |
| Concentration | | 0.32(0.10) ^b | | 0.54(0.13) ^c | 0.26(0.08) ^c | -0.22(0.09) ^a | -0.29(0.09) ^b | -0.28(0.11) ^b |
| Body appearance | 0.27(0.09) ^b | | | 0.33(0.14) ^a | 0.21(0.08) ^a | | -0.23(0.10) ^a | -0.38(0.11) ^b |
| Negative feelings | 0.37(0.10) ^c | | | 0.43(0.15) ^b | 0.35(0.09) ^c | | | -0.35(0.13) ^b |
| Social | | | | 0.97(0.32) ^b | 0.48(0.21) ^a | | -0.42(0.21) ^a | -1.16(0.29) ^c |
| Feeling respected | | | | | 0.16(0.07) ^a | | -0.17(0.08) ^a | -0.24(0.09) ^b |
| Environment | | 0.75(0.23) ^b | | 1.13(0.28) ^c | 0.40(0.19) ^a | | -0.50(0.19) ^b | |
| Financial support | | 0.59(0.12) ^c | | | | | | |
| Leisure activities | | 0.32(0.12) ^b | | 0.78(0.16) ^c | | | -0.30(0.11) ^b | |
| Eating | | | | 0.29(0.14) ^a | | | | -0.25(0.12) ^a |

Mixed model analyses adjusted for age, sex, education, employment, marital status, comorbidities, performance status, recurrence, EGFR mutation subtype, brain metastasis, disease progression and treatment. Values in parentheses are standard errors. ^a $p < 0.05$; ^b $p < 0.01$; ^c $p < 0.001$; those with $p \geq 0.05$ are left blank.

COPD, chronic obstructive pulmonary disease; del19, exon 19 deletions; ECOG, Eastern Cooperative Oncology Group; EGFR, epidermal growth factor receptor; EQ-5D, EuroQol five-dimension questionnaire; QoL, quality of life; WHOQOL-BREF, World Health Organization Quality-of-Life—Brief version.

Supplementary Table 4. Demographic and clinical characteristics of participants with newly-diagnosed lung cancer

| | Gefitinib <i>n</i> = 196 | Erlotinib <i>n</i> = 36 | Afatinib <i>n</i> = 45 | <i>P</i> |
|--|-----------------------------|----------------------------|---------------------------|--------------------|
| Number of subjects | | | | |
| Number of assessments, <i>n</i> | 497 | 71 | 102 | |
| Age ^a , mean (SD) years | 63.8 (11.6) | 62.4 (12.2) | 59.6 (10.0) | 0.078 ^b |
| Male, <i>n</i> (%) | 71 (36.2) | 18 (50.0) | 18 (40.0) | 0.290 |
| Education, <i>n</i> (%) | | | | |
| ≥ 12 years | 33 (16.8) | 12 (33.3) | 15 (33.3) | 0.011 |
| < 12 years | 162 (82.7) | 24 (66.7) | 30 (66.7) | |
| Missing | 1 (0.5) | 0 | 0 | |
| Employment, <i>n</i> (%) | | | | |
| Employed | 39 (19.9) | 10 (27.8) | 14 (31.1) | 0.153 |
| Unemployed | 157 (80.1) | 26 (72.2) | 29 (64.4) | |
| Missing | 0 | 0 | 2 (4.4) | |
| Marital status, <i>n</i> (%) | | | | |
| Married | 143 (73.0) | 33 (91.7) | 34 (75.6) | 0.055 |
| Single/divorced/widowed | 53 (27.0) | 3 (8.3) | 11 (24.4) | |
| Comorbidities, <i>n</i> (%) | | | | |
| Cerebrovascular disease | 7 (3.6) | 2 (5.6) | 0 | 0.335 |
| Coronary artery disease | 10 (5.1) | 1 (2.8) | 1 (2.2) | 0.615 |
| COPD | 11 (5.6) | 3 (8.3) | 2 (4.4) | 0.745 |
| Diabetes mellitus | 23 (11.7) | 6 (16.7) | 1 (2.2) | 0.087 |
| End-stage renal disease | 9 (4.6) | 1 (2.8) | 0 | 0.317 |
| Performance status ^a , <i>n</i> (%) | | | | |
| ECOG: 0-1 | 176 (89.8) | 32 (88.9) | 40 (88.9) | 0.943 |
| ECOG: 2-4 | 19 (9.7) | 4 (11.1) | 5 (11.1) | |
| Missing | 1 (0.5) | 0 | 0 | |
| Mutation subtype, <i>n</i> (%) | | | | |
| Exon 19 deletions | 81 (41.3) | 13 (36.1) | 23 (51.1) | 0.112 |
| L858R substitution | 102 (52.0) | 22 (61.1) | 16 (35.6) | |
| Other mutations | 13 (6.6) | 1 (2.8) | 6 (13.3) | |
| Brain metastasis ^a , <i>n</i> (%) | 52 (26.5) | 17 (47.2) | 17 (37.8) | 0.027 |
| PFS, median (IQR) months | 10.8 (6.9-19.4) | 12.0 (5.4-17.6) | 11.6 (7.4-16.6) | 0.862 |

^a At the initiation of treatment. ^b *P* = 0.024 using *t* test to compare afatinib with gefitinib.

COPD, chronic obstructive pulmonary disease; ECOG, Eastern Cooperative Oncology Group; IQR, interquartile range; PFS, progression-free survival; SD, standard deviation.

Supplementary Table 5. Regression coefficients based on mixed model analyses in participants with newly-diagnosed lung cancer

| Sex (male/female) | Education (≥12/<12) | COPD (no/yes) | ECOG (0-1/2-4) | EGFR (del19+/del19-) | Brain metastasis (yes/no) | Disease progression (yes/no) | Erlotinib vs. Gefitinib | Afatinib vs. Gefitinib |
|----------------------|--------------------------|-------------------------|-------------------------|-------------------------|---------------------------------|------------------------------------|-------------------------------|------------------------------|
| EQ-5D: | | | | | | | | |
| Utility value | | | | 0.28(0.03) ^c | | | -0.07(0.02) ^c | |
| WHOQOL-BREF: | | | | | | | | |
| General QoL | | 0.31(0.09) ^c | | 0.46(0.11) ^c | 0.16(0.07) ^a | | -0.34(0.09) ^c | -0.34(0.09) ^c |
| Physical | | 0.74(0.33) ^a | | 2.67(0.39) ^c | | | -0.66(0.30) ^a | |
| Pain | | | | 0.81(0.16) ^c | | | | |
| Energy/fatigue | 0.24(0.12) ^a | 0.45(0.17) ^b | 0.45(0.14) ^b | | | -0.21(0.10) ^a | -0.25(0.11) ^a | |
| Mobility | | | | 1.33(0.14) ^c | | | | |
| Sleep | 0.29(0.13) ^a | 0.42(0.17) ^a | | | | | | |
| Daily activities | | | | 0.95(0.12) ^c | 0.19(0.08) ^a | | -0.24(0.09) ^b | |
| Psychological | | 0.94(0.36) ^b | | 2.03(0.41) ^c | 1.00(0.27) ^c | | -0.79(0.29) ^b | -0.90(0.37) ^a |
| Concentration | | 0.32(0.11) ^b | | 0.61(0.14) ^c | 0.24(0.09) ^b | | -0.27(0.11) ^a | |
| Body appearance | 0.24(0.10) ^a | | | 0.32(0.14) ^a | | | -0.23(0.11) ^a | -0.33(0.12) ^b |
| Negative feelings | 0.28(0.11) ^b | | | 0.46(0.16) ^b | 0.36(0.10) ^c | | | |
| Social | -0.58(0.24) ^a | | 0.84(0.41) ^a | 1.14(0.34) ^c | | | -0.56(0.24) ^a | -1.13(0.31) ^c |
| Feeling respected | -0.17(0.08) ^a | | | | 0.17(0.07) ^a | | -0.22(0.09) ^a | -0.27(0.10) ^b |
| Environment | | 0.90(0.27) ^c | | 1.30(0.30) ^c | | | -0.54(0.22) ^a | |
| Financial support | | 0.64(0.14) ^c | | | | | | |
| Leisure activities | -0.25(0.11) ^a | 0.39(0.14) ^b | | 0.89(0.16) ^c | | | | |
| Eating | | | | 0.45(0.15) ^b | | | | -0.33(0.13) ^b |

Mixed model analyses adjusted for age, sex, education, employment, marital status, comorbidities, performance status, EGFR mutation subtype, brain metastasis, disease progression and treatment. Values in parentheses are standard errors. ^a $p < 0.05$; ^b $p < 0.01$; ^c $p < 0.001$; those with $p \geq 0.05$ are left blank.

COPD, chronic obstructive pulmonary disease; del19, exon 19 deletions; ECOG, Eastern Cooperative Oncology Group; EGFR, epidermal growth factor receptor; EQ-5D, EuroQol five-dimension questionnaire; QoL, quality of life; WHOQOL-BREF, World Health Organization Quality-of-Life—Brief version.