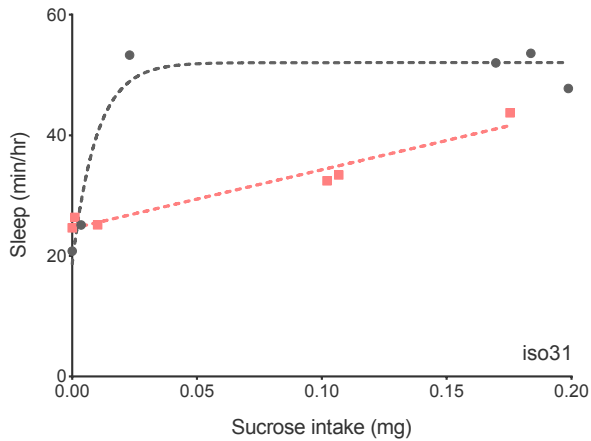
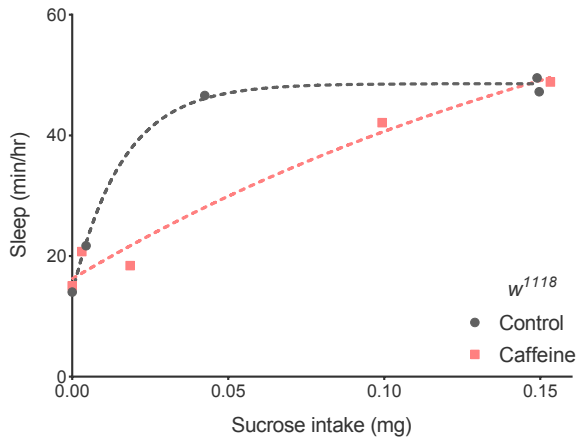


### Nighttime sleep (12-hour dark period, ZT 12-24)

A



### Total sleep (ZT 0-24)

B

