

**Table S3.** Subgroup analyses on menstrual characteristics excluding women with amenorrhea due to continuous oral contraceptive use, levonorgestrel IUD or pregnancy

Parameter	Baseline	6 months	P-value
Days of clear red bloodloss during menstruation	4 (3-5)	4 (3-5)	0.70
Total days of spotting (postmenstrual spotting)	9 (6-14)	1 (0-3)	< 0.01
Intermenstrual spotting (days)	5 (1-10)	0 (0-0)	< 0.01
Discomfort due to spotting (scale 0-10)	7.2 (5.0-9.0)	0 (0-3.0)	< 0.01
Dysmenorrhea (scale 0-10)	6.0 (4.0-8.0)	4.0 (0.0-7.0)	< 0.01

*Data are reported as median (IQR) or as n (valid %).*

*All menstrual characteristics are reported for women with postmenstrual spotting at baseline, except for dysmenorrhea. Dysmenorrhea is reported for all women.*