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# **Supplemental Data**

# Penetrance of Polygenic Obesity Susceptibility Loci

## across the Body Mass Index Distribution

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### SUPPLEMENTAL NOTE

Analytical Description: Ordinary least squares (OLS) regression is the classic method to estimate mean effects of SNPs on a quantitative trait. OLS models are particularly useful when the assumptions of linearity, normality, and homoscedasticity are met, but otherwise, require proper corrections in order to allow unbiased parameter estimation and valid inference. These models are developed on the basis of true fixed effects and do not capture true variability in the effects of genetic risk factors in the presence of single and mixed gene-environment (G×E) and gene-gene (G×G) interactions. If such interactions are unadjusted, OLS models will produce estimates with limited reproducibility that depend on the context of the sample population and the degree of exposure to interacting variables (e.g. environmental exposure).<sup>1</sup> Reproducibility is a well-known problem in genetic epidemiology for complex phenotypes that involve interactions.<sup>2</sup> Alternatively, GWAS may use case/control designs to compare BMI categories, where binary logistic regression is used to estimate the fixed effects of SNPs on the probability of belonging to either of two factor levels (e.g. normal-weight vs. obesity subgroups). However, subgroup analysis not only reduces statistical power due to loss of sample size and uneven group levels, but also limits interpretation to pair-wise comparisons. In addition, logistic regression profiles pre-selected segments of the BMI distribution, which can be problematic to assign a priori.

Conditional quantile regression (CQR) is an alternative regression technique that permits the assessment of associations at the full scope of the outcome distribution by examining the effects of regressors at a series of quantiles of the outcome distribution without dividing the sample into subgroups.<sup>3,4</sup> CQR models the effects of a change in one unit of a predictor on the position of a given quantile of the outcome. It also utilizes the entire data set for parameter estimation, confidence interval construction and hypothesis testing regardless of the specified quantiles and does not suffer the statistical limitations of subgroup analysis. This regression framework has recently gained traction in clinical epidemiology to generate fetal, childhood and adolescent growth curves.<sup>5-7</sup> Recent reports have highlighted the potential applications of CQR in genetic epidemiology.<sup>8-10</sup> To our knowledge, CQR has not been applied to model the variability in effect size estimates along the sample outcome distribution in the presence of single and mixed G×E and G×G interactions.

Variations in effect size estimates due to unadjusted interactions can be modelled using CQR as a re-formulation of heteroscedastic OLS models.<sup>3,11,12</sup> Lets consider a sample of n independent and identical distributed (i.i.d) variables  $Y_1, ..., Y_n$  with  $cdf F_Y(y)$ , where  $y_1, ..., y_n$  are their respective observed values. Let's also assume they follow a linear relationship with an interaction term given as

$$y_i = \beta_0 + \beta_1 x_i + \beta_2 g_i + \beta_3 x_i g_i + \epsilon_i \tag{1}$$

where  $x_i$  corresponds to the unknown/unmeasured interacting variable,  $X \sim F_X(\mu_x, \sigma_x^2)$ ;  $g_i$  is the observed genotype of the genetic variant G under Hardy-Weinberg equilibrium (HWE) with a population allele frequency, p, where  $G \sim B(2, p)$ ; and  $\epsilon_i$  is the random

error with  $\epsilon \sim F_{\epsilon}(0, \sigma_{\epsilon})$ . The coefficients  $\beta_0$ ,  $\beta_1$ ,  $\beta_2$  and  $\beta_3$  represent the intercept, the marginal effect of X, the marginal effect of G and the interaction effect of G and X, respectively. The conditional distribution of the response variable Y can be described as  $F_{Y|X=x,G=g} \sim (\beta_0 + \beta_1 x + \beta_2 g + \beta_3 x g, \sigma_y^2)$ . If the interacting variable, X, is not adjusted then the conditional density of Y given G can be shown to have a mean and variance:

$$E[Y \mid G = g] = (\beta_0 + \beta_1 \mu_x) + (\beta_2 + \beta_3 \mu_x)g$$
(2)

$$Var(Y \mid G = g) = \sigma_x^2 (\beta_1 + \beta_3 g)^2 + \sigma_\epsilon^2$$
(3)

The resulting conditional distribution  $F_{Y|G}(y \mid G = g)$  simply translates to a heteroscedastic linear model with partitioned residuals where  $\sigma(g) = (\beta_1 + \beta_3 g)$ . That is

$$y_i = (\beta_0 + \beta_1 \mu_x) + (\beta_2 + \beta_3 \mu_x)g_i + (\beta_1 + \beta_3 g_i)\epsilon_{i,1} + \epsilon_{i,2}$$

$$(4)$$

where  $\epsilon_1 \sim F_{\epsilon_1}(0, \sigma_x^2)$  and  $\epsilon_2 \sim F_{\epsilon_2}(0, \sigma_{\epsilon}^2)$ . The conditional quantile function for the heteroscedastic model under i.i.d errors is

$$Q_{Y}(\tau \mid G = g) = \left[\beta_{0} + \beta_{1}\mu_{x} + \beta_{1}Q_{\epsilon_{1}}(\tau) + Q_{\epsilon_{2}}(\tau)\right] + g\left[\beta_{2} + \beta_{3}\mu_{x} + \beta_{3}Q_{\epsilon_{1}}(\tau)\right] = \beta_{0}^{*}(\tau) + \beta_{1}^{*}(\tau)g$$
(5)

which is a CQR model with the true fixed parameters  $\beta_0^*(\tau)$  and  $\beta_1^*(\tau)$ .  $\tau$  can be any quantile of the sample outcome distribution of *Y*. This formulation can be generalized further for a set of *k* independent interacting variables in matrix form as

$$Q_Y(\tau \mid G = g) = A\beta(\tau) \tag{6}$$

where  $A \in \mathbb{R}^{n \times 2}$  is the design matrix [1, G'] and

$$\beta(\tau) = \begin{pmatrix} \beta_0 + \sum_{j=1}^k \beta_{x_j} \mu_j \\ \beta_g + \sum_{j=1}^k \beta_{int_j} \mu_j \end{pmatrix} + \begin{pmatrix} \sum_{j=1}^k \beta_{x_j} Q_{\epsilon_j}(\tau) + Q_{\epsilon_{k+1}}(\tau) \\ \sum_{j=1}^k \beta_{int_j} Q_{\epsilon_j}(\tau) \end{pmatrix}$$
(7)

Here,  $\beta_g$  and  $\beta_{x_j}$  are the main effects of the genetic variant and  $j \in 1, ..., j$  are the unknown/unmeasured variables with their respective interaction coefficients  $\beta_{int_j}$ . The cumulative two-way interactions of k variables results in a linear function with  $\tau$  as a result of the symmetric heteroscedasticity function ' $\gamma$  where  $\in \mathbb{R}^{k \times 1}$  and  $\gamma$  has elements  $\sigma_j(g) = \beta_{x_j} + \beta_{int_j}g$ . Under an additive genetic model, the main effect of the genetic variant  $\beta(\tau)$  is a fixed constant for all  $\tau \in \tau_1, ..., \tau_m$  if and only if all interacting effects are zero, i.e.  $\beta_{int_j} = 0$ . It is possible to further break down the independence assumption between interacting variables using a variance-covariance matrix of partial errors, but the above formulation serves as a simple analytical demonstration for the use of CQR in modelling unadjusted interactions. A linear trend of estimates with  $\tau$  corresponds to cumulative two-way interactions, while quadratic curves supports complex higher order interactions. Hence, the association of genetic variants under unadjusted interacting variables of genetic variants under unadjusted interacting variables simply reduces to the modelling of CQR estimates along the distribution of the outcome at  $\tau \in \tau_1, ..., \tau_m$ .

This is accomplished by using meta-regression (MR) to model the heterogeneity of CQR estimates across the sample outcome distribution and estimate the change in CQR estimates with  $\tau$ .<sup>13,14</sup> That is, fitting the MR model

$$\beta(\tau) = \left(\mathbf{1}' \quad \boldsymbol{\tau}' - 0.5\right) \begin{pmatrix} \beta_m \\ \beta_\tau \end{pmatrix} + \epsilon \tag{8}$$

where  $\beta_m$  is the median effect of the genetic variant,  $\beta_{\tau}$  is the slope coefficient for the change in the median effect with  $\tau$ , and  $\epsilon \in \mathbb{R}^{n \times 1}$  are random errors with the cross-quantile variance-covariance matrix of the estimates under i.i.d errors. This framework provides both location-shift and change in location-shift estimates to further decipher the nature of complex genetic associations.

Simulations: The power to detect unadjusted interactions using CQR and MR was explored using simulations. Equation 1 describes the effects of an interaction between a SNP, G, and a variable, X, on a quantitative trait, Y. Without loss of generality, G was assumed to be biallellic with a MAF, p, under HWE and an additive genetic effect on Y. Moreover, G was encoded such that mean genotype was zero (-2p, 1-2p, or 2-2p).<sup>11</sup> The total variance of Y was assumed to be 1 and the variance of each component of equation 1 was partitioned accordingly. Specifically, the proportion of the variance  $(R^2)$  of Y that was explained by G, X and the interaction between G and X was  $R_G^2 = 2p(1-p)\beta_2^2$ ,  $R_X^2 = \beta_1^2$  and  $R_{G \times X}^2 = 2p(1-p)\beta_3^2$ , respectively. The error term,  $\epsilon$ , was assumed to have a normal distribution with a mean of 0 and a variance of  $1 - R_G^2 - R_X^2 - R_{G \times X}^2$ . Unless otherwise specified, the simulation conditions were MAF = 0.2, N = 10,000,  $R_G^2 = 0.004$ ,  $R_X^2 = 0.25$ , and  $R_{G \times X}^2$  was varied between 0 and 0.004. When more than one interaction was considered,  $\hat{R}_X^2$  was divided equally between all interaction covariates, while each additional interaction was equal to  $R^2_{G \times X}$ . All regression models were fitted with Y as the dependent variable and G as the independent variable. CQR models were fitted at every 10<sup>th</sup> percentile of the distribution of Y from the 5<sup>th</sup> to the 95<sup>th</sup> percentiles. A total of 1,000 Markov chain marginal bootstrap (MCMB) replicates were used to compute confidence intervals and the cross-percentile variance-covariance matrix for CQR estimates.<sup>12,15,16</sup> Variability in the CQR estimates of G at these percentiles was modelled using MR, assuming normality, to determine the effects of percentiles on mean CQR estimates. The power to detect interactions at a threshold of p < 0.05 was computed from 1,000 replicates of each simulation condition.

**Sample Stratification and Interactions:** The analysis of secondary traits (e.g. BMI) collected from case-control studies with disease status (e.g. T2D) as a primary outcome can be prone to artifacts if potential stratification of secondary traits is not addressed.<sup>17</sup> This stems from the fact that secondary traits are often strong risk factors for disease status and can thus be stratified in cases and controls. Since effect alleles of disease-associated SNPs are typically enriched in cases and depleted in controls, the stratification of allele frequencies and secondary traits can correspond. The coinciding stratification of secondary trait distributions and allele frequency distributions may result in spurious associations between these disease-associated SNPs and secondary traits. This phenomenon has also been observed in population-based designs when disease prevalence differs between the sample and general populations.<sup>18</sup> Yaghootkar, et al.,

have recently developed an analytical model relating regression estimate bias to differences between disease prevalence in the sample and general populations.<sup>18</sup> This model described regression estimate bias in the main effects of SNPs as a function of the partitioning of allele frequencies by disease status as well as the partitioning of variance by genotype (i.e. heteroscedasticity). They also extended this description to include regression models fitted with adjustment for disease status and show that the bias persists even after this adjustment.<sup>18</sup> Importantly, when regression models are adjusted for disease status the bias in regression estimates is not a function of the partitioning partitioning of variance by genotype.<sup>18</sup> This is critical because it means that while estimates of the main effects of SNPs from CQR models may be affected by sample stratification in the same way as estimates from OLS models, the variation of CQR estimates across the sample distribution is not a function of differences in disease prevalence between sample and general populations. The analytical model presented here is not primarily concerned with main effects of SNPs on continuous outcomes, rather with modelling the variation of CQR estimates across the sample outcome distribution.

The effect of sample stratification on the power to detect of unadjusted gene interactions with CQR and MR was assessed in simulations. Consider the disease outcome (Z), the continuous risk factor (Y) and the SNP (G), whose relationship is described using a liability scale disease (probit) model.<sup>18</sup>

$$z_i = \beta_4 g_i + \beta_5 y_i + \varphi_i \tag{9}$$

where the coefficients  $\beta_4$  and  $\beta_5$  represent the respective marginal effects of *G* and *Y* on *Z*,  $\varphi_i$  is the random error with  $\varphi \sim F_{\varphi}(0, \sigma_{\varphi})$ , and  $y_i$  is specified in equation 1. Disease status (*D*) is defined as follows;

$$\alpha = \Phi^{-1}(1 - \pi_0)$$
(10)

$$D = \begin{cases} 1 & \text{if } z_i > \alpha \\ 0 & \text{if } z_i \le \alpha \end{cases}$$
(11)

where  $\pi_0$  is the disease prevalence in the general population. Figure S2A shows a schematic representation of this model. A population of 100,000 individuals was simulated with the following conditions;  $\pi_0 = 0.1$  (i.e. population disease prevalence of 10%), MAF = 0.2,  $R_{G[Y]}^2 = 0.004$ ,  $R_X^2 = 0.25$ ,  $R_{G[Z]}^2 = 0.01$  (equivalent to OR  $\sim 1.4$  for G on D),  $R_Y^2 = 0.20$  (equivalent to OR  $\sim 2.5$  for Y on D) and  $R_{G \times X[Y]}^2$  was varied between 0 and 0.004. A random sample of N = 10,000 individuals was then drawn from this population with pre-specified proportion of cases (5, 10, 25 and 50%) and then disease adjusted CQR models ( $y \sim g + D$ ) were fitted across the distribution of Y as in simulations above. Variability in the CQR estimates of G at these percentiles was modelled using MR to determine the effects of percentiles on mean CQR estimates. The power to detect interactions at a threshold of p < 0.05 was computed from 1,000 replicates of each simulation condition.

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Variance Explained by Interactions ( $R_{G \times X}^2$ )

Figure S1: Simulation study of the power to detect unadjusted interactions using conditional guantile regression (CQR) and meta-regression (MR). The power to detect unadjusted interactions between a SNP (G) and a continuous variable (X) was simulated in a sample of 10,000 individuals. Unless otherwise indicated, the simulation conditions were minor allele frequency (MAF) = 0.2, variance explained by  $G(R^2_G) = 0.004$ , variance explained by X  $(R^{2}_{x}) = 0.25$ , and the variance explained by the interaction between G and X  $(R^{2}_{G \times X})$  was varied between 0 and 0.004. CQR models were fitted at every 10th percentile of the distribution of Y from the 5<sup>th</sup> to the 95<sup>th</sup> percentiles and MR was used to model the relationship between variation in CQR estimates and the Y percentiles. The power to detect unadjusted interactions at a threshold of p < 0.05 was computed from 1,000 replicates of each simulation condition and plotted against the value of  $R^2_{G \times X}$ . The power to detect interactions at different values of  $R^2_G$ MAF,  $R_X^2$  and the number of interactions was investigated (A, B, C and D, respectively). When more than one interaction was considered,  $R_{\chi}^2$  was divided equally between all interaction covariates, while each additional interaction was equal to  $R^2_{G \times X}$ . Overall the power to detect unadjusted interactions was not affected by the main effects of G or the MAF, but was enhanced by the main effects of X and the number of interactions.



Figure S2: Sample stratification and the detection of unadjusted interactions in simulations. (A) A schematic representation of the model described by equations 1, 9, 10 and 11 in Appendix A. (B) Investigating the effects of sample stratification on the power to detect unadjusted interactions using conditional quantile regression (CQR) and meta-regression (MR) in a simulation study. The simulation conditions were minor allele frequency (MAF) = 0.2, variance of Z explained by  $G(R^2_{G[Z]}) = 0.01$  (equivalent to OR ~ 1.4 of G on D), variance Z explained by  $Y(R_Z^2) = 0.2$  (equivalent to OR ~ 2.5 of Y on D), variance of Y explained by G  $(R^2_{G[Y]}) = 0.004$ , variance of Y explained by  $X(R^2_X) = 0.25$  and the variance of Y explained by the interaction between G and X ( $R^2_{G\times X}$ ) was varied between 0 and 0.004. A population of 100,000 individuals was generated with disease prevalence ( $\pi_0$ ) = 10%. A sample population of 10,000 individuals with pre-specified proportion of cases was randomly selected from this population. The power to detect unadjusted interactions between the SNP (G) and the continuous variable (X) in this sample was computed and plotted as in Figure S1, except that CQR models were adjusted for disease status (D). Overall the power to detect unadjusted interactions was not affected by sample stratification when CQR models were adjusted for disease status.



**BMI** Percentile



**BMI** Percentile

Figure S3: The effects of BMI/obesity-associated SNPs across the sample BMI distribution (continued). As in Figure 2, estimates of the change in BMI per effect allele ( $\beta_{CQR}$ , kg/m<sup>2</sup> per Effect Allele) from conditional quantile regression (CQR) models of BMI/obesity-associated SNPs was plotted against the BMI percentile (thick-black line) along with the 95% confidence intervals (shaded-grey region). The results from ordinary least square (OLS) ( $\beta_{OLS}$ , kg/m<sup>2</sup> per Effect Allele, horizontal-dashed-green line) and the 95% confidence intervals (horizontal-dashed-green line) were also plotted for comparison. The change in CQR estimates across BMI percentiles was modelled using meta-regression (MR) and estimates from MR ( $\beta_{MR}$ , kg/m<sup>2</sup> per Effect Allele per BMI Percentile, thin-magenta line) and the 95% confidence intervals (dotdashed-magenta lines) were plotted. MR analysis did not detect significant (p < 1.32x10<sup>-03</sup>) increases in the effects of these SNPs across the sample BMI distribution.















**Figure S4: The effects of height-associated SNPs across the distribution of height.** Conditional quantile regression (CQR) models of height-associated SNPs were fitted every 5<sup>th</sup> percentile of height and adjusted for age, sex and study. Estimates of the change in height per effect allele ( $\beta_{CQR}$ , cm per Effect Allele) from these models was plotted against the height percentile (thick-black line) along with the 95% confidence intervals (shaded-grey region). The results from ordinary least square (OLS) models ( $\beta_{OLS}$ , cm per Effect Allele, horizontal-dashed-green line) and the 95% confidence intervals (horizontal-dotted-green lines) were also plotted for comparison. The change in CQR estimates across height percentiles was modelled using meta-regression (MR) and estimates from MR ( $\beta_{MR}$ , cm per Effect Allele per Height Percentile, thin-magenta line) and the 95% confidence intervals (dotdashed-magenta lines) were plotted.



**Figure S5: Sensitivity analysis of GS Results.** (A) CQR models of GS-BMI (Stringent), GS-BMI (No Imputation) and GS-Height (No Imputation) fitted as in Figure 2 and plotted against respective outcome percentiles. The thick-black line is the estimated change in each trait per effect allele (BMI,  $\beta_{CQR}$ , kg/m<sup>2</sup> per Effect Allele; Height,  $\beta_{CQR}$ , cm per Effect Allele) and shaded-grey region represents the 95% confidence intervals. Also plotted are the OLS regression estimates (BMI,  $\beta_{OLS}$  in kg/m<sup>2</sup> per Effect Allele; Height,  $\beta_{OLS}$ , cm per Effect Allele, horizontal-dashed-green line) and 95% confidence intervals (horizontal-dotted-green lines). The change in CQR estimates across outcome percentiles was modeled using meta-regression (MR). Estimates from MR (BMI,  $\beta_{MR}$ , kg/m<sup>2</sup> per Effect Allele per BMI Percentile; Height,  $\beta_{MR}$ , cm per Effect Allele per Height Percentile; thin-magenta line) and the 95% confidence intervals (dotdashed-magenta lines) were also plotted. (B) The results from OLS and MR modelling of GS-BMI (Stringent), GS-BMI (No Imputation). (\*) denotes statistical significance, RI<sub>50</sub> is the re-centered intercept of the MR models and 95% CI are the 95% confidence intervals.



**BMI Percentile** 



**BMI Percentile** 



**Figure S6: Comparing patterns from subgroup analysis and conditional quantile regression (CQR).** BMI was divided into BMI categories, and the effects of each SNP on the risk of overweight (OW), obesity class I (Ob-I), class II (Ob-II) and class III (Ob-III) relative to normal weight (NW) were tested using logistic regression. Models were adjusted for age, age-squared, sex and study. Bar plots of the odds ratio (OR, left axis) for these categories were plotted and bar widths were defined by the percentile cut-offs of each category. Error bars correspond to the 95% confidence intervals. These bar plots were then overlaid with the results from similarly adjusted CQR models (thick-red line, right axis). The patterns from subgroup analysis correspond closely to those from CQR.

**Table S1: Subject characteristics.** Subject characteristics of the studies included in the analysis of BMI and height; sample size (N), height (mean ± sd), BMI (mean ± sd), age (mean ± sd), the proportion of women, the proportion with diabetes, and the proportions of BMI categories including normal weight (NW), overweight (OW), and obesity classes I (Ob-I), II (Ob-II) and III (Ob-III); within each study and overall are presented.

							BMI Categories
Study	Ν	Age (yrs)	Women	Height (cm)	BMI (kg/m²)	Diabetes	(NW/OW/Ob-I/Ob-II/Ob-III)
ARIC CARe	10094	57.02 ± 6.25	53.40%	168.24 ± 9.47	27.50 ± 5.00	20.50%	33.6/40.8/17.9/5.4/2.3%
CARDIA CARe	1513	40.06 ± 4.20	53.20%	171.45 ± 9.20	26.98 ± 5.83	7.90%	43.1/33.8/13.7/5.9/3.4%
CHS CARe	4194	75.71 ± 5.73	56.40%	164.82 ± 9.50	26.44 ± 4.51	25.60%	40.2/41.6/14.1/3.1/1.1%
Framingham CARe	2222	$48.00 \pm 13.06$	66.00%	166.70 ± 9.43	26.54 ± 5.11	14.90%	43.6/36.4/13.5/4.5/2.0%
MESA CARe	2435	65.47 ± 10.18	52.30%	168.18 ± 9.65	27.87 ± 5.08	14.20%	30.6/40.9/19.5/6.7/2.3%
COPDGene	3793	60.24 ± 8.82	50.20%	169.73 ± 9.51	29.12 ± 5.98	12.30%	26.1/36.5/22.3/9.3/5.8%
eMERGE II	24584	62.12 ± 15.14	54.90%	169.50 ± 10.06	29.51 ± 6.82	17.00%	26.2/34.8/21.4/10.1/7.5%
EpiDREAM	9148	55.10 ± 10.79	60.70%	166.93 ± 9.44	30.67 ± 6.15	14.70%	16.1/35.7/28.0/12.4/7.8%
Mopmap (WHI)	2197	66.23 ± 6.87	100%	162.19 ± 5.81	28.93 ± 5.76	5.30%	28.7/33.5/22.6/10.8/4.4%
GARNET (WHI)	4244	68.35 ± 7.07	100%	161.04 ± 6.01	29.79 ± 5.88	8.50%	22.2/33.9/25.7/12.4/5.8%
GECCO (WHI)	2147	67.30 ± 6.66	100%	161.93 ± 6.10	28.21 ± 5.65	6.00%	32.0/36.2/20.0/7.9/3.9%
HIPFX (WHI)	2995	70.34 ± 6.60	100%	161.42 ± 6.33	26.74 ± 5.31	6.80%	42.6/34.1/16.5/4.7/2.2%
WHIMS+ (WHI)	5666	70.61 ± 6.07	100%	160.65 ± 5.96	28.50 ± 5.46	7.10%	28.7/36.9/22.2/8.5/3.7%
Overall	75232	62.08 ± 12.89	66%	166.72 ± 9.58	28.77 ± 6.10	14.80%	28.6/36.5/21.0/8.7/5.2%

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