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Identifying positively deviant elderly medical wards using routinely collected NHS Safety Thermometer data: an observational study.

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ABSTRACT (300/300 words)

Objective: The positive deviance approach seeks to identify and learn from exceptional performers. Although a framework exists to apply positive deviance within healthcare organisations, there is limited guidance to support its implementation. The approach has also rarely explored exceptional performance on broad outcomes, been implemented at ward level, or applied within the UK. This study develops and critically appraises a pragmatic method for identifying positively deviant wards using a routinely collected, broad measure of patient safety.

Design: A two-phased observational study was conducted. During phase 1, cross-sectional and temporal analyses of NHS Safety Thermometer data were conducted to identify a discrete group of positively deviant wards that consistently demonstrated exceptional levels of safety. A group of matched comparison wards with above average performances were also identified. During phase 2, multidisciplinary staff and patients on the positively deviant and comparison wards completed surveys to explore whether their perceptions of safety supported the identification of positively deviant wards.

Setting: 34 elderly medical wards within a northern region of England, UK.

Participants: Multidisciplinary staff (n=161) and patients (n=188) clustered within nine positively deviant and comparison wards.

Results: Phase 1: A combination of analyses identified five positively deviant wards that performed best in the region, outperformed their organisation, and performed consistently well over 12 months. Five above average, matched comparator wards were also identified. Phase 2: Staff and patient perceptions of safety generally supported the identification of positively deviant wards using Safety Thermometer data, although patient perceptions of safety were less concordant with the routinely collected data.

Conclusions: This study tentatively supports a pragmatic method of using routinely collected data to identify positively deviant elderly medical wards; however, it also highlights the various challenges that are faced when conducting the first stage of the positive deviance approach.

Registration: UK Clinical Research Network Portfolio (reference-18050).

Key words

Positive deviance, implementation science, quality improvement, NHS Safety Thermometer, elderly care, patient safety

Strengths and limitations of this study

- There is limited guidance to support the identification of positive deviants in healthcare settings.
 This study develops a method for identifying positive deviants using routinely collected data.
- A combination of four different analyses (including performance rankings, comparisons with
 organisational level performances, and Statistical Process Control methods) were conducted to
 provide a pragmatic yet robust method for identifying a discrete group of positively deviant
 wards that performed exceptionally well on a broad outcome of safety.
- Staff and patient perceptions of safety were measured using validated surveys to explore
 whether they supported the identification of positively deviant wards using routinely collected
 data
- Due to the small sample size (n=9 wards) it was not possible to statistically assess whether staff and patient perceptions of safety supported the identification of positive deviants using routinely collected Safety Thermometer data.
- The study was conducted on elderly medical wards and so further research is required to explore
 whether the methods can be generalised to identify positive deviants other healthcare settings.

BACKGROUND

Despite extensive efforts to improve, patient safety continues to be a pervasive problem across the globe.(1, 2) Traditionally, these efforts have focused on past errors and harm, but there are increasing calls to also explore how 'safe' patient care is delivered.(3, 4) Positive deviance provides an asset based approach to improving the quality and safety of healthcare.(5, 6) The approach seeks to identify and learn from those who demonstrate exceptional performance on an outcome of interest.(6) It assumes that solutions to problems already exist within communities and that positive deviants (individuals, teams, or organisations) identify these solutions and succeed despite facing similar constraints as others.

Bradley et al.(7) have proposed a four stage framework to implement the positive deviance approach within healthcare organisations. Positive deviants, who display exceptionally high performance, are identified using routinely collected data (stage 1). Hypotheses about how they succeed are generated using qualitative methods (stage 2). These hypotheses are quantitatively tested in larger, more representative samples (stage 3), and then disseminated to others with the help of key stakeholders (stage 4). Despite the increasing popularity of the positive deviance approach,(8) there is little evidence or practical guidance to support its application within healthcare organisations.(9, 10)

Identifying positive deviants who demonstrate exceptional performance

Identifying positive deviants may be the most crucial stage of the Bradley et al.(7) framework as subsequent stages hinge on its perceived legitimacy. Misidentification could lead to the generation of hypotheses that do not capture the factors that facilitate exceptional performance. Bradley et al.(7) suggest that positive deviants should be identified by ranking routinely collected data, and previous healthcare applications have, for example, identified three of the top 10 clinics with the best anticoagulation control(11) or the top quintile of primary care medical homes with the most improved diabetes outcomes.(12) However, performance rankings can differ depending on the rating systems that are used creating confusion and contradiction about who demonstrates high and low performances.(13-15) Positive deviants are also supposed to demonstrate exceptional rather than just good performances on the outcome of interest,(7) but rankings or league tables simply appraise performances along a continuum without differentiating a distinct groups of 'outliers' or positive deviants from the rest of a population.

Previous healthcare applications of the approach have predominantly identified positively deviant organisations (e.g. hospitals) or individuals.(9) This is despite greater amounts of variation existing at the level of a hospital ward or unit(16-18) and the majority of frontline care being delivered by the multidisciplinary teams that work within these clinical microsystems.(19) Previous applications have also typically focused on quite specific processes or outcomes of care such as hand hygiene compliance and the incidence of healthcare associated infections.(9) Although it is relevant to explore positive deviance in this way, factors that contribute to safety often operate across various levels of the system and affect multiple outcomes.(20, 21) If ward teams succeed on broad outcomes of care there are likely to be some underlying, latent factors that facilitate their success. Understanding these factors and spreading the associated strategies may generate more farreaching improvements in quality and safety. However, it remains unknown whether positively deviant wards or units can be identified accurately using a routinely collected, broad and multidimensional measure of patient safety.

Based on these gaps in the literature this study was conducted in two phases to develop and critically appraise a robust yet pragmatic method for identifying positive deviants at ward level using a routinely collected, broad outcome of safety. The shortcomings of using routinely collected data, such as publication lags, coding differences, and data gaming, are well documented.(22-24) However, if positive deviance is to become a useful improvement approach, its methods must be pragmatic and accessible for healthcare organisations, networks, and frontline improvers to use. Routinely collected and publicly available data are therefore required, especially when applying the approach across several different wards, units, or organisations. In preparation for this study various routinely collected measures of safety within the NHS were identified (e.g. Hospital Episode Statistics,(25) and the NHS Staff Survey(26)), but the NHS Safety Thermometer (ST) provides the only routinely collected, broad measure of safety that is publicly available at ward level.

Each month the NHS ST measures four commonly occurring patient harms – falls, pressure ulcers, venous-thromboembolism, and urinary tract infections – and uses this data to report on the proportion of 'harm-free care' that is delivered at ward, speciality and organisational levels.(27) During phase 1 of this study, a rigorous and robust analysis (compared to simply ranking the data) was applied to the ST's harm-free care data to identify a distinct group of positively deviant wards that demonstrated exceptional levels of safety over a 12 month period. To try and identify positively deviant ward teams that were delivering exceptionally safe patient care under challenging circumstances, elderly medical wards were sampled because older patients are particularly vulnerable to safety incidents and harms such as falls and pressure ulcers.(28, 29)

A key challenge to improving the quality and safety of healthcare is convincing people to adopt a chosen solution. (30) The positive deviance approach seeks to identify solutions from within that are acceptable, feasible, and sustainable in order to disseminate them to others. (6) However, if staff and/or patients do not perceive positive deviants to be performing exceptionally well, they may not engage with the positively deviant strategies that are disseminated during stage 4 of the Bradley et al. (7) framework. As this study was one of the first applications of the approach to identify positive deviants at ward level using a broad measure of safety, phase 2 of this study explored whether staff and patient perceptions of safety were similar to, or at odds with, the routinely collected data.

Although this particular study focuses on stage 1 of the Bradley et al.(7) framework, it also contributes to a wider application of the positive deviance approach(31) which seeks to generate hypotheses about how positively deviant ward teams deliver safe patient care. The qualitative findings from this wider application (stage 2 of the framework) will be published elsewhere. To the authors' knowledge, this study is one of the first applications of positive deviance within the English National Health Service (NHS).

PHASE 1 METHOD

Sample

Elderly medical wards (n=36) were identified from within 13 acute NHS Trusts (healthcare organisations) in a northern region of England, UK. This represented 10% of all acute NHS Trusts in England. Elderly medical wards were defined as those providing 24 hour, acute, medical care for elderly patients (>65 years); with dedicated multidisciplinary teams; and patient stays typically exceeding 48 hours. Speciality wards (e.g. stroke, rehabilitation, and assessment units) were excluded to maximise homogeneity within the sample.

Data extraction

For all wards the ST data were extracted from a publicly accessible website(32) for a 12 month period – August 2013 to July 2014. Data were extracted for the ST's 'harm-free care' measure and all of the individual ST harms at two different levels: ward level for all patients; and Trust level for acute patients over 70 years.(31) Double blinding during both study phases ensured that researchers (RB,

RL, NT, and IK), staff and patients were not aware of how wards compared to each other on their ST performances.

Analysis

Pragmatic cross-sectional and temporal analyses were conducted to identify a distinct group of positively deviant elderly medical wards that displayed exceptionally high performance on the ST harm-free care measure. Initially, in line with guidance(7) and previous applications,(9) wards were ranked on their average harm-free care performances and then three further analyses were conducted. First, to ensure that positive deviants' success was not simply a function of organisational performance, a scatterplot compared wards with their respective NHS Trust level data. Second, as small sample sizes increase the likelihood of variability being attributable to chance,(33) a funnel plot compared ward level performances against their average sample sizes. Third, performances were assessed over the 12 month period using run charts.(34) Monthly ward level data were compared with the monthly regional average, and run charts were visually assessed to identify consistent outperformers. Statistical Process Control methods such as run charts and funnel plots are increasingly being promoted to assess variation within healthcare.(35, 36)

Identification of wards

Analyses were compared to identify a distinct group of positively deviant elderly medical wards. Individual harms data were also assessed to ensure that positive deviants performed well across all measures in the ST's harm-free care composite. In preparation for phase 2 of this study, comparison wards with slightly above average ST performances were identified. As is the case for many sources of publicly available data, it was not possible to conduct any case-mix adjustments on the ST data. Consequently, comparator wards were matched to positive deviants on three key variables to increase homogeneity within the sample: patient gender – mixed, female, or male; NHS Trust type - teaching and/or foundation trusts; and a routinely collected measure of deprivation.(37) To ensure that positive deviants did not simply care for younger, and thus, comparatively more healthy patients,(28, 29) administrative average patient age data were analysed post-hoc.

PHASE 1 RESULTS

Data were analysed for 34 elderly medical wards clustered within 13 NHS Trusts. Two wards with over 50% missing data were excluded. Average harm-free care performances ranged from 70.56% to 92.68% (supplementary file 1 presents all ward rankings). Wards 7, 4, 17, 31, 36, and 29 were the only wards to outperform their respective Trusts on the ST harm-free care data (Figure 1). The first five of these also ranked the highest in the sample while ward 29 ranked eighth. Visual assessment of the run charts (Figure 2) indicated that wards 7, 17, 31, 36, 4, and 15 consistently outperformed the regional average over 12 months, with greater certainty held for those wards listed first.

Although none of the wards exceeded the funnel plot's three standard error control limits, wards 7, 4, 17, 31, and 36 exceeded them at two standard errors (Figure 3).

Using a combination of these four analyses, five wards (7, 4, 17, 31, and 36) were identified to form a distinct group of positive deviants. These wards demonstrated the best performances (rankings); out-performed their respective NHS Trusts (scatterplot); consistently outperformed over 12 months (run charts); and their performance variation was attributable to more than chance alone (funnel plot). They also performed well – around/above average – for each individual ST harm (supplementary file 1). Wards 29 and 15, which were identified through the scatterplot and run charts respectively, did not exceed the funnel plot control limits and so were not deemed to be positively deviant.

In total, five matched comparison wards with slightly above average harm-free care performances were also identified. Independent samples t-tests indicated that positively deviant wards (M=91.33,SD=0.92) significantly differed from comparators (M=87.46,SD=1.31, t(8)=5.42,p=0.001) and all other wards in the region (M=83.85,SD=4.57, t(32)=3.61,p=0.01) for average ST harm-free care performance. Supplementary file 2 presents the key characteristics of the positively deviant and comparison wards. Although it was not sufficiently powered due to the small sample size (n=9), a post hoc analysis of administrative data for average patient age suggests that positively deviant wards (M=85.1,SD=2.11) did not care for younger, and thus more healthy patients, that the comparison wards (M=84.92,SD=1.42, t(7)=0.15,p=0.88).

PHASE 2 METHODS

Participants and recruitment

The positively deviant and comparison wards identified during phase 1 were invited to participate in phase 2 of the study. One positively deviant ward was unable to take part. Up to 20 patients and a minimum of 50% of the multidisciplinary ward team were recruited opportunistically to complete surveys assessing their perceptions of safety. Eligible patients were 65 years or older, were deemed to have capacity, and were physically well enough. Double blinding was retained.

Data collection tools

Patient survey

Patients completed the Patient Measure of Safety (PMOS) which gathers feedback from hospitalised patients about factors that contribute to safety. A total of 44 items are scored on 5-point Likert scales ranging from strongly agree to strongly disagree. The PMOS has been validated, is reliable, and considered acceptable to patients.(38, 39) Patients also completed the NHS Friends and Family Test (FFT) – a single item measure of patient experience used in the UK,(40) and three items that had previously been a part of the NHS Commissioning for Quality and Innovation (CQUIN) payment framework.(41)

Staff survey

Multidisciplinary staff completed the Patient Safety Grade (PSG) which asks them to grade their ward on overall safety using a 5-point Likert scale (excellent to failing). The PSG is one of four outcomes within the validated Hospital Survey on Patient Safety Culture (HSOPSC) where non-required outcomes can be removed.(42-44) This single item was used to maximise response rates.(45) The patient and staff surveys were published with the study protocol.(31)

Procedure

Eligible patients were identified by clinical members of the ward team. The patient survey was completed electronically and, due to high levels of frailty, researchers supported most patients to read questions and record their responses. Paper copies of the staff surveys were distributed to multidisciplinary staff at convenient times (e.g. clinical handovers) for independent completion. Participation was incentivised by a prize draw (£20 gift voucher per ward).

Analyses

Blinding was removed, data were aggregated to ward level, and average scores were calculated for all measures. To assess whether staff and patient perceptions of safety supported the identification of positive deviants, wards were ranked and z-scores were compared in a scatterplot. The small sample size (n=9 wards) and dichotomised performance groups prevented statistical analysis.

PHASE 2 RESULTS

Data were collected from 188 patients and 161 multidisciplinary staff, clustered within nine participating elderly medical wards (supplementary file 3 reports all recruitment data). On average patients were 84.53 years old (SD=5.45), and staff were predominantly nurses or support workers. Table 1 reports the ward level descriptives for all of the measures. Positively deviant wards performed better than comparators across all four measures, although differences between the groups were small.

Table 1 Ward level descriptive statistics for all staff and patient survey measures

		ST Harm-free care (Phase 1) Mean %	Patient Measure of Safety Mean (SD) ^a	Friends and Family test Mean (SD) ^a	CQUIN Mean (SD) ^b	Patient Safety Grade Mean (SD) ^a
- sp	Ward 1	90.14	4.33 (.45)	4.71 (.56)	2.48 (.45)	4.29 (.56)
Positively deviant wards	Ward 3	92.68	4.21 (.34)	4.55 (.67)	2.58 (.47)	4.21 (.70)
Posit viant	Ward 6	91.48	3.94 (.37)	4.14 (1.15)	2.45 (.32)	4.09 (.54)
de	Ward 10	90.97	4.52 (.26)	4.65 (.49)	2.53 (.48)	4.13 (.78)
S	Ward 2	88.48	4.11 (.53)	4.26 (.75)	2.25 (.50)	3.50 (1.15)
ward	Ward 4	87.72	4.09 (.39)	4.26 (1.00)	2.43 (.45)	4.07 (.48)
rison	Ward 5	85.17	3.96 (.39)	4.15 (1.23)	2.18 (.58)	4.05 (.52)
Comparison wards	Ward 8	87.90	4.51 (.27)	4.75 (.44)	2.48 (.33)	3.69 (.79)
<u></u>	Ward 9	88.01	4.30 (.36)	4.46 (.88)	2.50 (.36)	3.29 (1.16)
age	PD group	91.33	4.24 (.41)	4.51 (.78)	2.51 (.43)	4.18 (.67)
Average	Comp group	87.46	4.20 (.43)	4.38 (.92)	2.38 (.46)	3.71 (.91)

Abbreviations: ST = Safety Thermometer; CQUIN = Commissioning for Quality and Innovation; PD = Positive Deviant; Comp = Comparison

^a Measured on a 0-5 Likert scale; ^b Measured on a 0-3 Likert scale. Higher scores represent safer perceptions of patient care on all measures

Ranked performances (Table 2) highlight that staff on positively deviant wards perceived care to be safer than staff on comparison wards as measured by the Patient Safety Grade. This was also largely true for patients, although their perceptions were less concordant with the ST data. Positively deviant ward 6 displayed the lowest PMOS and FFT scores, and two comparators (wards 8 and 9) performed better than some positive deviants on certain patient measures. The scatterplot of z-scores (supplementary file 4) compared performances across different normal distributions. Positively deviant wards predominantly performed above the mean and, as a group, generally performed better on all measures than the comparison wards supporting their identification using ST data.

Table 2: Visual representation of ranked ward level performance across all patient safety measures

Rank	ST Harm-free care (Phase 1)	Patient Measure of Safety	Friends and Family Test	CQUIN	Patient Safety Grade
1 (high)	Ward 3	Ward 10	Ward 8	Ward 3	Ward 1
2	Ward 6	Ward 8	Ward 1	Ward 10	Ward 3
3	Ward 10	Ward 1	Ward 10	Ward 9	Ward 10
4	Ward 1	Ward 9	Ward 3	Ward 1 and	Ward 6
5	Ward 2	Ward 3	Ward 9	Ward 8	Ward 4
6	Ward 9	Ward 2	Ward 4 and	Ward 6	Ward 5
7	Ward 8	Ward 4	Ward 2	Ward 4	Ward 8
8	Ward 4	Ward 5	Ward 5	Ward 2	Ward 2
9 (low)	Ward 5	Ward 6	Ward 6	Ward 5	Ward 9

Positively deviant wards are shaded in colour. Comparison wards are represented in white. Higher ranks represent safer perceptions of patient care on all measures.

Abbreviations: ST = Safety Thermometer; CQUIN = Commissioning for Quality and Innovation;

DISCUSSION

This study developed and critically appraised a method for conducting stage 1 of the Bradley et al.(7) positive deviance framework – identifying positive deviants. Previous applications have typically identified positively deviant individuals or organisations and have focused on narrow

processes or outcomes of care.(9) However, performance variation also exists between wards/units(18). Although there is merit to focusing on specific aspects of care, this can divert attention away from other important aspects of safety reducing opportunities for wider improvement, for example, implementing cultural changes that improve several different outcomes (e.g. improving multi-disciplinary teamwork).

During phase 1 of this study, a robust yet pragmatic analysis successfully identified a discreet group of five statistically different positively deviant elderly medical wards with exceptionally high ST harm-free care performances. Although these wards did rank top of the region, rankings alone did not differentiate between positively deviant wards and those that performed well. This study therefore advanced the previous methods that have been used to identify positive deviants by identifying a distinct and statistically different group of wards that not only ranked best within the region but also outperformed their NHS Trust (organisation), performed consistently over time, and demonstrated success beyond what would be expected through chance. Statistical Process Control methods such as funnel plots and run charts are increasingly promoted for assessing performance variation within healthcare. (35, 36) They combine statistical rigour with sensitive measurement to differentiate between variation that is expected by chance and variation that has an assignable cause. (46, 47) The methods are also considered to be relatively intuitive and pragmatic enough for use by improvers on the frontline. (36)

However, the extent to which wards truly demonstrated exceptional performance can be questioned. Wards did not exceed the funnel plot's three standard error control limits and so their exceptional, outlier status was limited. Furthermore, although positively deviant wards differed statistically from others, the minimal performance differences between them and the 'next best' wards highlight the importance of considering clinical significance – that is, whether differences meaningfully affect patient treatment.(48) Positive deviants are supposed to demonstrate 'exceptionally' high performance,(7) but there is little consensus in the literature about how to differentiate between high performance and positively deviant performances. Control limits are considered to be conservative and can be made more or less stringent depending on the context.(34) In the absence of extreme outliers, it may still be possible to generate useful learning from 'positive deviants' who simply perform well.

During phase 2 of the study, staff and patient perceptions of safety did, in the main, corroborate the routinely collected ST data, providing tentative support for the methods used to identify positively deviant wards. Patients on positively deviant wards, though, did not uniformly perceive

their care to be safer than those on comparator wards. This could be explained by wards adopting different approaches to delivering safe patient care; for example, if staff emphasise guideline compliance over patient centred care this may influence patient perceptions of safety. Furthermore, patients may have unique perspectives of safety, which perhaps encompass the culture of a ward rather than just the outcomes that are reflected in the routinely collected data.(49, 50) The lack of agreement between the FFT, CQUIN, and ST measures may also have arisen by measuring two associated but distinct quality domains – patient experience versus safety.(51) Fundamentally though, inconsistent patient perceptions highlight that different positively deviant wards may have been identified had a different broad measure of safety (other than the ST) been used.

In addition to these considerations, there are various overarching considerations and challenges that are faced when applying the Bradley et al. framework.(7) First, there are few sources of routinely collected data within the UK's NHS or further afield that broadly measure safety and are publicly available at ward level.(52) This makes it difficult to adopt a pragmatic approach and identify positive deviants across different organisations. Although this study provides tentative support for using ST data within a UK healthcare setting, the harms measured within this tool are particularly pertinent to older people. Consequently this measure may lack relevance to applications of the approach which seek to identify positive deviants in different settings, for example, paediatric wards or emergency departments.

Second, positive deviants are assumed to succeed *despite facing the same constraints as others*(6) and so it is critical to identify them from within a homogenous population. This study increased homogeneity by defining elderly medical wards as stringently as possible and by sampling matched comparators. However, numerous factors are known to contribute to patient safety incidents(53) and case-mix adjustments are notoriously difficult.(54) One can never fully control for all confounding variables when identifying positive deviants, but this is likely to be especially difficult when comparing performance on broad outcomes of safety, when using publicly available data, and when adopting a pragmatic approach.

Third, although the problems associated with routinely collected data are well documented,(22-24) there are also wider implications of using routine data to identify positive deviants. Performance variation can arise because measurement is conducted in a social context – staff don't make decisions about the same things nor decide things in the same way.(55) This is problematic when the positive deviance approach seeks to compare performances across several different healthcare providers. Furthermore, healthcare organisations retrospectively measure the absence rather than

presence of safety(56) and measurement and monitoring systems say nothing about how safe patient care currently is or how safe it will be in the future.(57) This compounds the ability to accurately identify positive deviants and thus the ability to reliably conduct subsequent stages of the approach.

Study limitations

Various study limitations have already been highlighted including measuring statistical rather than clinical differences between positively deviant and comparison wards. Due to resource constraints, it was also not possible to assess staff and patient perceptions of safety across all 34 wards that were sampled during phase 1 of the study. The resulting small and dichotomised sample during phase 2 meant that the associations between staff and patient perceptions of safety and the ST data could not be assessed statistically. Furthermore, some of the differences in performance between positively deviant and comparison wards were small. Had the comparison group comprised negative deviants (the worst performers) rather than above average performers, the differences between the two groups on each of the measures may have been more stark. Many previous applications of the positive deviance approach have sampled positive and negative deviants.(31) However, this specific comparison group was chosen with the wider application of positive deviance in mind,(31) so that when we explore how positive deviants succeed (stage 2 of the framework(7)) we can distinguish between *exceptional* and good performances, not just explore how teams differ from the worst in the population.

Finally, as with many routinely collected measures of quality and safety, the reliability and validity of the ST has been questioned. ST data are collected opportunistically at a single monthly time point,(27) harm definitions are subject to interpretation,(58, 59) and data collection was previously incentivised. However, the ST is used to measure performance in most acute NHS Trusts and it is the only routinely collected, broad measure of safety that is publicly available at ward level in the UK. Additional ST tools, such as the Medications Safety Thermometer, have been developed(60, 61) and so, if these can also be used to identify positively deviant wards, then the methods tested in this study could have greater impact across the NHS.

Conclusions

This study has shown that a distinct group of positively deviant wards that perform exceptionally well on a broad measure of safety can be identified using a robust yet pragmatic method, and that staff and patient perceptions of safety do, in the main, support their identification. It has highlighted the challenges faced when selecting a source of routinely collected data that provides a valid and reliable measure at the appropriate level in order to facilitate performance comparisons across wards or units in several organisations. Many of these challenges are applicable to a variety of different settings and applications of the approach and so this study may provide generalisable guidance on the methods that can be used to effectively identify positive deviants.

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Competing interests: None declared.

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Author contributions: RB, RL, NT and IK developed the idea for the study. RB, MM and VP conducted the analyses to identify positive deviants. RB collected and analysed the primary data to assess staff and patient perceptions of safety. RB drafted the manuscript. All authors provided comments and approved the final version.

Patient consent: Obtained.

Ethics approval: South East Scotland Research Ethics Committee (ref 14/SS/1085). NHS permissions were gained from all five NHS trusts involved.

Data sharing statement: Anonymised data are available on request.

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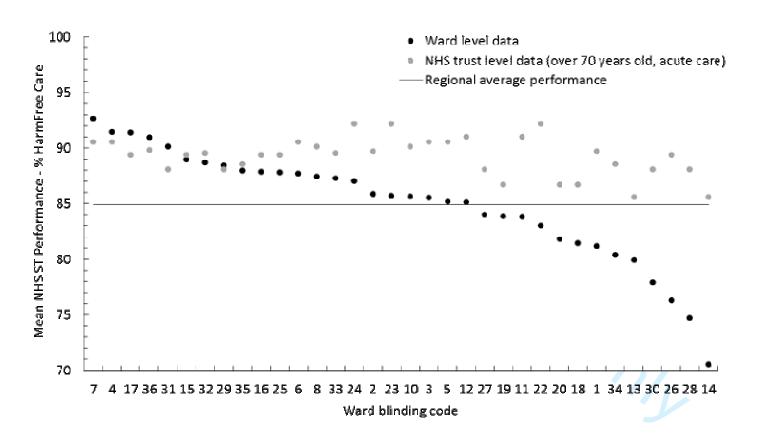


Figure 1: Scatterplot comparing average harm-free performances at ward and NHS Trust (organisation) levels.

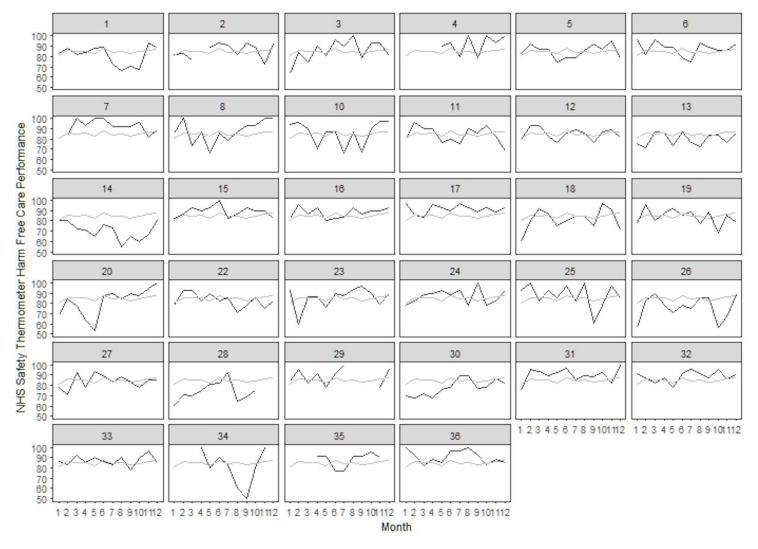
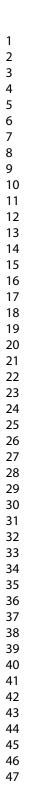


Figure 2: Run charts comparing ward and regional level monthly harm-free care performance across a 12 month period.

Each square represents an individual ward within the population. Wards are numbered consecutively according to their pseudonyms (from top left to bottom right across the rows).

Black lines represent a ward's monthly harm-free care performance. Red lines represent the population's average monthly performance.



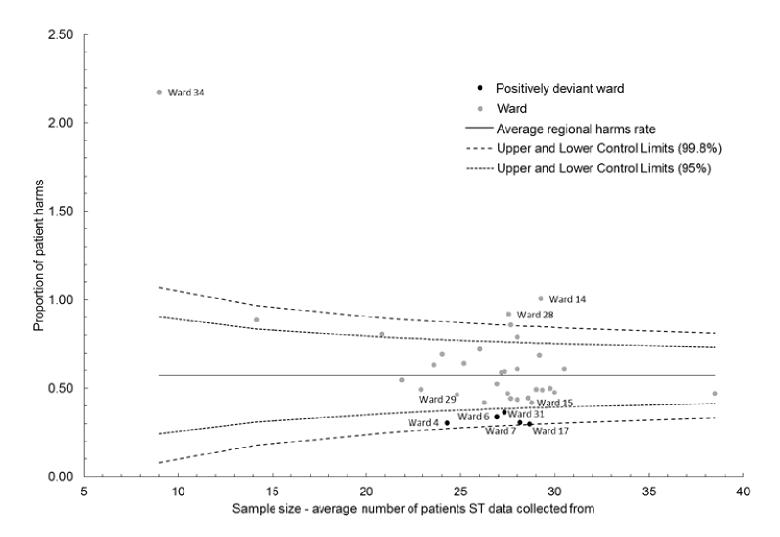


Figure 3: Funnel plot of average ST harm-free care performance and average sample size.

Supplementary file 1

Ward rankings for each of the NHS Safety Thermometer measures

Ranking	Ward blinding code	ST harmfree care performance ^a	New PUs ^b	Falls	New UTI	New VTE
1	4	92.68	1.01	0.36	0.00	1.36
2	7	91.48	0.00	0.74	0.40	0.74
3	17	91.40	0.58	0.60	0.29	0.60
4	36	90.97	2.55	0.32	0.30	0.00
5	31	90.14	2.09	1.53	0.31	0.30
6	15	88.97	1.16	0.00	0.00	0.00
7	32	88.70	2.21	1.09	0.36	2.93
8	29	88.48	2.09	0.79	1.20	1.20
9	35	88.19	1.65	0.82	0.27	1.65
10	16	88.01	1.14	1.16	0.57	2.27
11	25	87.90	1.15	1.75	1.15	1.99
12	6	87.72	1.51	0.60	0.30	1.80
13	8	87.46	1.11	0.00	1.67	0.56
14	33	87.28	1.99	1.19	0.00	1.14
15	24	86.52	0.00	1.31	1.33	1.32
16	2	85.87	0.66	0.69	0.65	1.97
17	23	85.71	0.00	1.13	0.58	0.84
18	10	85.68	3.32	0.83	0.83	0.28
19	3	85.57	2.22	1.42	0.00	0.27
20	5	85.17	1.44	2.11	0.36	0.00
21	12	85.14	3.05	2.25	1.70	0.00
22	27	84.06	0.60	4.57	1.21	0.30
23	19	83.90	1.58	1.52	0.95	1.91
24	11	83.81	3.99	2.20	0.29	0.58
25	22	83.04	1.79	0.60	0.60	0.60
26	20	81.83	4.42	5.98	0.00	0.43
27	18	81.45	2.15	0.79	0.32	1.13
28	1	81.20	2.74	1.62	0.93	1.63
29	34	80.42	2.50	1.25	2.50	3.75
30	13	79.91	3.52	1.14	2.08	0.84
31	30	77.95	0.58	2.09	5.65	0.88
32	26	76.28	0.89	6.32	2.41	3.92
33	28	74.69	4.70	1.03	2.67	3.27
34	14	70.56	8.02	1.13	5.14	2.01
Average		84.90	2.03	1.52	1.08	1.21

^{*} PUs = pressure ulcers; UTI = urinary tract infections, VTE = venous thromboembolism

^a The wards highlighted blue are positive deviants and the wards highlighted green are matched comparison wards.

^b Performances for each individual harm are listed in columns 4-8 (not ranked in order). The top five performers across the region are highlighted yellow...bmj.com/site/about/guidelines.xhtml

Supplementary file 2

Key characteristics of the positively deviant and comparison wards

	Ward	ST Harm- free care (%)	Trust number / type	Patient gender ^a	Index of Multiple Deprivation ^b
ards	1	90.14	Trust 1 / Teaching & Foundation	Mixed	More deprived 40-50%
ant w	3	92.68	Trust 2 / Teaching	Female	More deprived 30-40%
devi	6	91.48	Trust 2 / Teaching	Female	More deprived 30-40%
Positively deviant wards	7	91.40	Trust 3 / Teaching & Foundation	Mixed	Less deprived 30-40%
ď	10	90.97	Trust 5 / Foundation	Mixed	More deprived 30-40%
s	2	88.48	Trust 1 / Teaching & Foundation	Mixed	More deprived 40-50%
ward	4	87.72	Trust 2 /Teaching	Female	More deprived 30-40%
rison	5	85.17	Trust 2 / Teaching	Male	More deprived 30-40%
Comparison wards	8	87.90	Trust 3 / Teaching & Foundation	Mixed	Less deprived 30-40%
	9	88.01	Trust 4 / Foundation	Mixed	More deprived 30-40%

^a One positively deviant ward had to be matched to a comparison ward that cared for patients of the opposite gender.

^b IMD overall rank data (extracted from the 2012/13 Hospital Episode Statistics data) are categorised into deciles. Geographic areas are ranked and then described as falling within the most or least deprived % of England. Categories change in increments of 10% up to the more/least deprived 40-50% of England.

Supplementary file 3: Patient and staff recruitment information

Table 1: Ward level recruitment data for staff and patients

			sponse rate approached) ^a		oonse rate 6 of the MDT)
<u>→</u>	T1W1	21	(51)	22	(44)
ive iant rds	T2W3	22	(61)	14	(40)
Positively deviant wards	T2W6	21	(47)	11	(31)
<u> </u>	T5W10	20	(51)	30	(67)
	T1W2	17	(53)	18	(45)
iso S	T2W4	23	(48)	14	(40)
mparis wards	T2W5	20	(49)	19	(54)
Comparison wards	T3W8	20	(69)	16	(46)
	T4W9	24	(83)	17	(35)
All wards		188	(55)	161	(45)

^a Response rates include patients who explicitly refused to participate. It does not include: those whom nurses reported to be eligible but were subsequently considered unsuitable; and those who could not be followed up after providing time to consider participation.

Table 2: Characteristics of patient participants

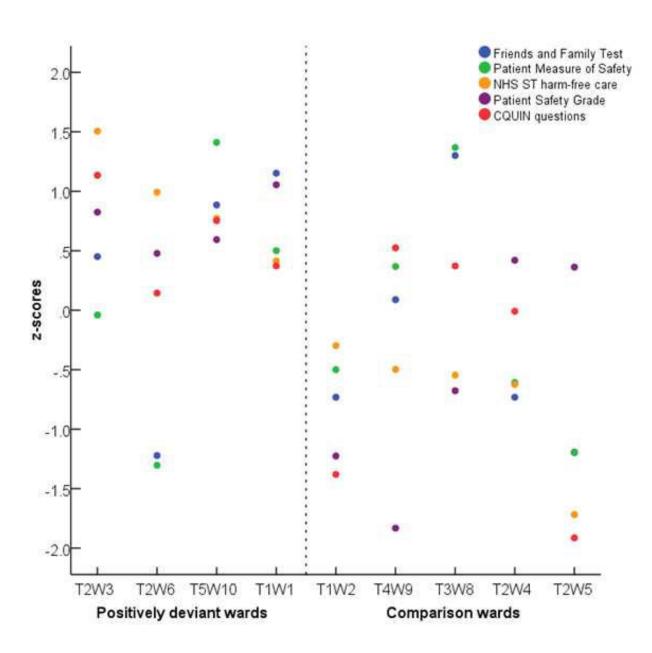
	Patient age mean years (SD)	Ongoing hospital treatment % yes	Time in hospital mean days (SD)	Inpatient frequency mean (SD)
Positively deviant wards	84.49 (5.60)	33%	13.6 (12.87)	2.27 (2.46)
Comparison wards	84.56 (5.36)	46% (3 missing)	15.71 (19.64)	2.71 (3.32)
All wards	84.53 (5.45)	41%	14.75 (16.91)	2.51 (2.97)

Table 3: Professional roles of staff participants

	Nursing %	Healthcare Assistants %	Allied Health Profs %	Doctors %	Other %
Positively deviant wards	46.8	19.5	15.6	6.5	11.7
Comparison wards	36.9	31.0	13.1	1.2	17.8
All wards	41.6	25.5	14.3	3.7	15.0

Supplementary file 4

Scatterplot of z-scores to assess whether other perceptions of safety support the use of ST data to identify positive deviants.



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Identifying positively deviant elderly medical wards using routinely collected NHS Safety Thermometer data: an observational study.

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SCHOLARONE™ Manuscripts Identifying positively deviant elderly medical wards using routinely collected NHS Safety Thermometer data: an observational study.

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ABSTRACT (301/300 words)

Objective: The positive deviance approach seeks to identify and learn from exceptional performers. Although a framework exists to apply positive deviance within healthcare organisations, there is limited guidance to support its implementation. The approach has also rarely explored exceptional performance on broad outcomes, been implemented at ward level, or applied within the United Kingdom (UK). This study develops and critically appraises a pragmatic method for identifying positively deviant wards using a routinely collected, broad measure of patient safety.

Design: A two-phased observational study was conducted. During phase 1, cross-sectional and temporal analyses of Safety Thermometer data were conducted to identify a discrete group of positively deviant wards that consistently demonstrated exceptional levels of safety. A group of matched comparison wards with above average performances were also identified. During phase 2, multidisciplinary staff and patients on the positively deviant and comparison wards completed surveys to explore whether their perceptions of safety supported the identification of positively deviant wards.

Setting: 34 elderly medical wards within a northern region of England, UK.

Participants: Multidisciplinary staff (n=161) and patients (n=188) clustered within nine positively deviant and comparison wards.

Results: Phase 1: A combination of analyses identified five positively deviant wards that performed best in the region, outperformed their organisation, and performed consistently well over 12 months. Five above average, matched comparator wards were also identified. Phase 2: Staff and patient perceptions of safety generally supported the identification of positively deviant wards using Safety Thermometer data, although patient perceptions of safety were less concordant with the routinely collected data.

Conclusions: This study tentatively supports a pragmatic method of using routinely collected data to identify positively deviant elderly medical wards; however, it also highlights the various challenges that are faced when conducting the first stage of the positive deviance approach.

Registration: UK Clinical Research Network Portfolio (reference-18050).

Key words

Positive deviance, implementation science, quality improvement, NHS Safety Thermometer, elderly care, patient safety

Strengths and limitations of this study

- There is limited guidance to support the identification of positive deviants in healthcare settings.

 This study develops a method for identifying positive deviants using routinely collected data.
- A combination of four different analyses (including performance rankings, comparisons with
 organisational level performances, and Statistical Process Control methods) were conducted to
 provide a pragmatic yet robust method for identifying a discrete group of positively deviant
 wards that performed exceptionally well on a broad outcome of safety.
- Staff and patient perceptions of safety were measured using validated surveys to explore
 whether they supported the identification of positively deviant wards using routinely collected
 data.
- Due to the small sample size (n=9 wards) it was not possible to statistically assess whether staff and patient perceptions of safety supported the identification of positive deviants using routinely collected Safety Thermometer data.
- The study was conducted on elderly medical wards and so further research is required to explore
 whether the methods can be generalised to identify positive deviants in other healthcare
 settings.

BACKGROUND

Despite extensive efforts to improve, patient safety continues to be a pervasive problem across the globe.(1, 2) Traditionally, these efforts have focused on past errors and harm, but there are increasing calls to also explore how 'safe' patient care is delivered.(3, 4) Positive deviance provides an asset based approach to improving the quality and safety of healthcare.(5, 6) The approach seeks to identify and learn from those who demonstrate exceptional performance on an outcome of interest.(6) It assumes that solutions to problems already exist within communities and that positive deviants (individuals, teams, or organisations) identify these solutions and succeed despite facing similar constraints as others.

Bradley et al.(7) have proposed a four stage framework to implement the positive deviance approach within healthcare organisations. Positive deviants, who display exceptionally high performance, are identified using routinely collected data (stage 1). Hypotheses about how they succeed are generated using qualitative methods (stage 2). These hypotheses are quantitatively tested in larger, more representative samples (stage 3), and then disseminated to others with the help of key stakeholders (stage 4). Despite the increasing popularity of the positive deviance approach,(8) there is little evidence or practical guidance to support its application within healthcare organisations.(9, 10)

Identifying positive deviants who demonstrate exceptional performance

Identifying positive deviants may be the most crucial stage of the Bradley et al.(7) framework as subsequent stages hinge on its perceived legitimacy. Misidentification could lead to the generation of hypotheses that do not capture the factors that facilitate exceptional performance. Bradley et al.(7) suggest that positive deviants should be identified by ranking routinely collected data, and previous healthcare applications have, for example, identified three of the top 10 clinics with the best anticoagulation control(11) or the top quintile of primary care medical homes with the most improved diabetes outcomes.(12) However, performance rankings can differ depending on the rating systems that are used, creating confusion and contradiction about who demonstrates high and low performances.(13-15) Positive deviants are also supposed to demonstrate exceptional rather than just good performances on the outcome of interest,(7) but rankings or league tables simply appraise performances along a continuum without differentiating a distinct groups of 'outliers' or positive deviants from the rest of a population.

Previous healthcare applications of the approach have predominantly identified positively deviant organisations (e.g. hospitals) or individuals.(9) This is despite greater amounts of variation existing at the level of a hospital ward or unit(16-18) and the majority of frontline care being delivered by the multidisciplinary teams that work within these clinical microsystems.(19) Previous applications have also typically focused on specific processes or outcomes of care such as hand hygiene compliance and the incidence of healthcare associated infections.(9) Although it is relevant to explore positive deviance in this way, factors that contribute to safety often operate across various levels of the system and affect multiple outcomes.(20, 21) If ward teams succeed on broad outcomes of care there are likely to be some underlying, latent factors that facilitate their success. Understanding these factors and spreading the associated strategies may generate more farreaching improvements in quality and safety. However, it remains unknown whether positively deviant wards or units can be identified accurately using a routinely collected, broad and multidimensional measure of patient safety.

The shortcomings of using routinely collected data, such as publication lags, coding differences, and data gaming, are well documented.(22-24) Nonetheless, if positive deviance is to become a useful improvement approach, its methods must be pragmatic and accessible for healthcare organisations, networks, and frontline improvers to use. Routinely collected and publicly available data are therefore required, especially when applying the approach across several different wards, units, or organisations. In preparation for this study various routinely collected measures of safety within the UK's National Health Service (NHS) were identified (e.g. Hospital Episode Statistics,(25) and the NHS Staff Survey(26)), but the NHS Safety Thermometer (ST) provides the only routinely collected, broad measure of safety that is publicly available at ward level. Each month the NHS ST is used to measure four commonly occurring patient harms – falls, pressure ulcers, venous-thromboembolism, and urinary tract infections. This data is used to report on the proportion of 'harm-free care' that is delivered at ward, speciality and organisational levels.(27) During this study, the NHS ST data will be used to identify positively deviant ward teams that deliver exceptional levels of safe patient care.

One of the key challenges to improving the quality and safety of healthcare is convincing people to adopt a chosen solution. (28) The positive deviance approach seeks to identify solutions from within with the assumption that these solutions will be acceptable to others, feasible to implement, and sustainable over time. (5, 6) However, if staff and/or patients do not perceive positive deviants to be performing exceptionally well, they may not engage with the positively deviant strategies that are disseminated during stage 4 of the Bradley et al. (7) framework. As this study is one of the first

applications of the approach to identify positive deviants at ward level using a broad measure of safety, this study also sought to assess the extent to which staff and patient perceptions of safety supported the identification of positively deviant wards via the ST data. A number of validated surveys exist to measure staff perceptions of 'safety culture' – the shared values, beliefs, norms, and attitudes that guide how healthcare staff behave in order to maintain safety.(29) Furthermore, there is increasing evidence to suggest that patients can be involved in maintaining their own safety – patients are able to identify adverse events and can provide a unique perspective on the safety of care.(30-32)

Study design and aims

Based on these gaps in the literature, the overarching aim of this observational study was to develop and critically appraise a robust yet pragmatic method for identifying positive deviants at ward level using a routinely collected, broad outcome of safety. The study was conducted in two phases. During phase 1, we sought to apply a rigorous and robust analysis (compared to simply ranking the data) to the ST's harm-free care data to identify a distinct group of positively deviant wards that demonstrated exceptional levels of safety over a 12 month period. To try and identify positively deviant ward teams that were delivering exceptionally safe patient care under challenging circumstances, elderly medical wards were sampled because older patients are particularly vulnerable to safety incidents and harms such as falls and pressure ulcers.(33, 34) Phase 2 of this study aimed to explore whether staff and patient perceptions of safety (which were measured using surveys) were similar to, or at odds with, the routinely collected NHS ST data that had been used to identify the positively deviant wards.

Although this particular study focuses solely on stage 1 of the Bradley et al.(7) framework, it also contributes to a wider application of the positive deviance approach(35) which seeks to generate hypotheses about *how* the positively deviant ward teams deliver exceptionally safe patient care. The qualitative findings from this wider application (stage 2 of the framework) will be published seperately. To the authors' knowledge, this study is one of the first applications of positive deviance within the English NHS.

PHASE 1 METHOD

This paper adheres to the STROBE Statement (Stengthening the reporting of observational studies in epidemiology).(36) A complete checklist can be found in supplementary file 1.

Sample

Elderly medical wards (n=36) were identified from within 13 acute NHS Trusts (healthcare organisations) in a northern region of England, UK. This represented 10% of all acute NHS Trusts in England. Elderly medical wards were defined as those providing 24 hour, acute, medical care for elderly patients (>65 years); with dedicated multidisciplinary teams; and patient stays typically exceeding 48 hours. Speciality wards (e.g. stroke, rehabilitation, and assessment units) were excluded to maximise homogeneity within the sample.

Data extraction

For all wards the ST data were extracted from a publicly accessible website(37) for a 12 month period – August 2013 to July 2014. Data were extracted for the ST's 'harm-free care' measure and all of the individual ST harms at two different levels: ward level for all patients; and Trust level for acute patients over 70 years.(35) Double blinding during both study phases ensured that researchers (RB, RL, NT, and IK), staff, and patients were not aware of how wards compared to each other on their ST performances.

Analysis

Pragmatic cross-sectional and temporal analyses were conducted to identify a distinct group of positively deviant elderly medical wards that displayed exceptionally high performance on the ST harm-free care measure. Initially, in line with guidance(7) and previous applications,(9) wards were ranked on their average harm-free care performances and then three further analyses were conducted. First, to ensure that positive deviants' success was not simply a function of organisational performance, a scatterplot compared wards with their respective NHS Trust level data. Second, as small sample sizes increase the likelihood of variability being attributable to chance,(38) a funnel plot compared ward level performances against their average sample sizes. Third, performances were assessed over the 12 month period using run charts.(39) Monthly ward level data were compared with the monthly regional average, and run charts were visually assessed to identify consistent outperformers. Statistical Process Control (SPC) methods such as run charts

and funnel plots are increasingly being promoted to assess variation within healthcare. (40, 41) Performance variations exist within any stable system and SPC methods can be used to distinguish between variation that occurs by chance (i.e. noise in the system) and variation that has an assignable cause (i.e. a signal of positive deviance). (42)

Identification of wards

Analyses were compared to identify a distinct group of positively deviant elderly medical wards. Individual harms data were also assessed to ensure that positive deviants performed well across all measures in the ST's harm-free care composite. In preparation for phase 2 of this study, comparison wards with slightly above average ST performances were identified. As is the case for many sources of publicly available data, it was not possible to conduct any case-mix adjustments on the ST data. Consequently, comparator wards were matched to positive deviants on three key variables to increase homogeneity within the sample: patient gender – mixed, female, or male; NHS Trust type-teaching and/or foundation trusts; and a routinely collected measure of deprivation.(43) To ensure that positive deviants did not simply care for younger, and thus, comparatively more healthy patients,(33, 34) administrative average patient age data were analysed post-hoc.

PHASE 1 RESULTS

Data were analysed for 34 elderly medical wards clustered within 13 NHS Trusts. Two wards with over 50% missing data were excluded. Average harm-free care performances ranged from 70.56% to 92.68% (supplementary file 2 presents all ward rankings). Wards 7, 4, 17, 31, 36, and 29 were the only wards to outperform their respective Trusts on the ST harm-free care data (Figure 1). The first five of these also ranked the highest in the sample while ward 29 ranked eighth. Visual assessment of the run charts (Figure 2) indicated that wards 7, 17, 31, 36, 4, and 15 consistently outperformed the regional average over 12 months, with greater certainty held for those wards listed first.

Although none of the wards exceeded the funnel plot's three standard error control limits, wards 7, 4, 17, 31, and 36 exceeded them at two standard errors (Figure 3).

Using a combination of these four analyses, five wards (7, 4, 17, 31, and 36) were identified to form a distinct group of positive deviants. These wards demonstrated the best performances (rankings); out-performed their respective NHS Trusts (scatterplot); consistently outperformed over 12 months (run charts); and their performance variation was attributable to more than chance alone

(funnel plot). They also performed well – around/above average – for each individual ST harm (supplementary file 2). Wards 29 and 15, which were identified through the scatterplot and run charts respectively, did not exceed the funnel plot control limits and so were not deemed to be positively deviant.

In total, five matched comparison wards with slightly above average ST harm-free care performances were also identified. Independent samples t-tests indicated that positively deviant wards (M=91.33,SD=0.92) significantly differed from comparators (M=87.46,SD=1.31, t(8)=5.42,p=0.001) and all other wards in the region (M=83.85,SD=4.57, t(32)=3.61,p=0.01) for average ST harm-free care performance. Supplementary file 3 presents the key characteristics of the positively deviant and comparison wards. Although it was not sufficiently powered due to the small sample size (n=9), a post hoc analysis of administrative data for average patient age suggests that positively deviant wards (M=85.1,SD=2.11) did not care for younger, and thus more healthy patients, than the comparison wards (M=84.92,SD=1.42, t(7)=0.15,p=0.88).

PHASE 2 METHODS

Participants and recruitment

The positively deviant and comparison wards identified during phase 1 were invited to participate in phase 2 of the study. One positively deviant ward was unable to take part. Up to 20 patients and a minimum of 50% of the multidisciplinary ward team were recruited opportunistically to complete surveys assessing their perceptions of safety on the ward. Eligible patients were 65 years or older, were deemed to have capacity, and were considered to be physically well enough. Staff could hold any job role and be of any professional grade. The patient sample size of 20 was determined by previous research; recruiting beyond 20 participants only minimally narrows the confidence intervals for the main measure in the patient survey. (44, 45) A 30-50% response rate for the staff survey has also previously been reported. (46) All recruitment was conducted between February and Auguast 2015 (due to publication lag of ST data and the time taken to gain ethical approvals and NHS permissions). Double blinding was retained.

Data collection tools

Patient survey

Patients completed the Patient Measure of Safety (PMOS) which gathers feedback from hospitalised patients about the safety of their care and assesses perceptions about factors that contribute to safety. A total of 44 items are scored on 5-point Likert scales ranging from strongly agree to strongly disagree. These items measure nine safety domains: communication and team working; organisation and care planning; access to resources; ward type and layout; information flow; staff roles and responsibilities; staff training; equipment (design and functioning); and delays. A stand-alone item measures dignity and respect. The PMOS has been validated, is reliable, and considered acceptable to patients.(30, 47) Patients also completed the NHS Friends and Family Test (FFT) – a single item measure of patient experience used in the UK,(48) and three items that had previously been a part of the NHS Commissioning for Quality and Innovation (CQUIN) payment framework.(49)

Staff survey

Multidisciplinary staff completed the Patient Safety Grade (PSG) which asks them to grade their ward on overall safety using a 5-point Likert scale (excellent to failing). The PSG is one of four outcomes within the validated Hospital Survey on Patient Safety Culture (HSOPSC) where non-required outcomes can be removed. (46, 50, 51) This single item was used to maximise response rates. (52) The patient and staff surveys were published with the study protocol. (35)

Procedure

Eligible patients were identified by clinical members of the ward team. Researchers provided written and verbal information about the study and patients gave written informed consent. The patient survey was completed electronically and patients chose whether to do this independently or with the researcher's support. Where support was requested (e.g. due to frailty) the researcher simply read the questions and recorded the patient's answers for them.

Paper copies of the staff surveys were distributed by the researcher and ward managers to multidisciplinary staff at convenient times (e.g. clinical handovers). Staff placed their completed surveys into a 'drop box' which was stored securely on the ward. Staff participation was incentivised by a prize draw (£20 gift voucher per ward).

Analyses

Blinding was removed. Items within the PMOS and CQUIN measures were aggregated to create an overall PMOS and overall CQUIN score for each individual patient. Individual staff and patient level data were then aggregated to ward level by calculating an average ward level scorefor all measures – the PMOS, FFT, CQUIN and PSG. To assess whether staff and patient perceptions of safety supported the identification of positive deviants, wards were ranked and z-scores were compared in a scatterplot. The small sample size (n=nine wards) and dichotomised performance groups prevented statistical analysis.

PHASE 2 RESULTS

Data were collected from 188 patients and 161 multidisciplinary staff, clustered within nine participating elderly medical wards (supplementary file 4 reports all recruitment data). On average patients were 84.53 years old (SD=5.45), and staff were predominantly nurses or support workers. Table 1 reports the ward level descriptives for all of the measures. (Minimum and maximum values are presented in supplementary file 4.)Positively deviant wards performed better than comparators across all four measures, although differences between the groups were small.

Table 1 Ward level descriptive statistics for all staff and patient survey measures

		ST Harm-free care (Phase 1) Mean %	Patient Measure of Safety Mean (SD) ^a	Friends and Family Test Mean (SD) ^a	CQUIN Mean (SD) ^b	Patient Safety Grade Mean (SD) ^a
- sp	Ward 1	90.14	4.33 (.45)	4.71 (.56)	2.48 (.45)	4.29 (.56)
Positively viant war	Ward 3	92.68	4.21 (.34)	4.55 (.67)	2.58 (.47)	4.21 (.70)
Positively deviant wards	Ward 6	91.48	3.94 (.37)	4.14 (1.15)	2.45 (.32)	4.09 (.54)
	Ward 10	90.97	4.52 (.26)	4.65 (.49)	2.53 (.48)	4.13 (.78)
ş	Ward 2	88.48	4.11 (.53)	4.26 (.75)	2.25 (.50)	3.50 (1.15)
ward	Ward 4	87.72	4.09 (.39)	4.26 (1.00)	2.43 (.45)	4.07 (.48)
rison	Ward 5	85.17	3.96 (.39)	4.15 (1.23)	2.18 (.58)	4.05 (.52)
Comparison wards	Ward 8	87.90	4.51 (.27)	4.75 (.44)	2.48 (.33)	3.69 (.79)
<u> </u>	Ward 9	88.01	4.30 (.36)	4.46 (.88)	2.50 (.36)	3.29 (1.16)
age	PD group	91.33	4.24 (.41)	4.51 (.78)	2.51 (.43)	4.18 (.67)
Average	Comp group	87.46	4.20 (.43)	4.38 (.92)	2.38 (.46)	3.71 (.91)

Abbreviations: ST = Safety Thermometer; SD = Standard Deviation; CQUIN = Commissioning for Quality and Innovation; PD = Positive Deviant; Comp = Comparison

^a Measured on a 0-5 Likert scale; ^b Measured on a 0-3 Likert scale. Higher scores represent safer perceptions of patient care on all measures

Ranked performances (Table 2) highlight that staff on positively deviant wards perceived care to be safer than staff on comparison wards as measured by the PSG. This was also largely true for patients, although their perceptions were less concordant with the ST data. Positively deviant ward 6 displayed the lowest PMOS and FFT scores, and two comparators (wards 8 and 9) performed better than some positive deviants on certain patient measures. The scatterplot of z-scores (supplementary file 5) compared performances across different normal distributions. Positively deviant wards predominantly performed above the mean and, as a group, generally performed better on all measures than the comparison wards supporting their identification using ST data.

Table 2: A visual representation of how positively deviant and comparison wards, that were identified using routinely collected ST data, ranked on patient and staff perceptions of safety

	Routinely	Patient and staff perceptions of safety (Phase 2)					
Rank	collected ST Harm-free care (Phase 1)	Patient Measure of Safety	Friends and Family Test	CQUIN	Patient Safety Grade		
1 (high)	Ward 3	Ward 10	Ward 8	Ward 3	Ward 1		
2	Ward 6	Ward 8	Ward 1	Ward 10	Ward 3		
3	Ward 10	Ward 1	Ward 10	Ward 9	Ward 10		
4	Ward 1	Ward 9	Ward 3	Ward 1 and	Ward 6		
5	Ward 2	Ward 3	Ward 9	Ward 8	Ward 4		
6	Ward 9	Ward 2	Ward 4 and	Ward 6	Ward 5		
7	Ward 8	Ward 4	Ward 2	Ward 4	Ward 8		
8	Ward 4	Ward 5	Ward 5	Ward 2	Ward 2		
9 (low)	Ward 5	Ward 6	Ward 6	Ward 5	Ward 9		

Positively deviant wards (as identified by the routinely collected ST data) are shaded in colour. Comparison wards are represented in white. Higher ranks represent safer perceptions of patient care on all measures.

Abbreviations: ST = Safety Thermometer; CQUIN = Commissioning for Quality and Innovation;

DISCUSSION

This study developed and critically appraised a method for conducting stage 1 of the Bradley et al.(7) positive deviance framework – identifying positive deviants. More specifically, we applied a rigorous and robust analysis to the ST harm-free care data to identify positively deviant wards that demonstrated sustained exceptional levels of safety, and established the extent to which survey based staff and patient perceptions of safety aligned with this ST harm-free data. Previous applications of the approach have typically identified positively deviant individuals or organisations who demonstrate exceptional performance on narrow processes or outcomes of care.(9) However, performance variation also exists between wards/units.(18) Although there is merit to focusing on specific aspects of care, this can divert attention away from other important aspects of safety reducing opportunities for wider improvement, for example, by implementing cultural changes that improve several different outcomes (e.g. improving multi-disciplinary teamwork).

During phase 1 of this study, a robust yet pragmatic analysis successfully identified a discreet group of five statistically different positively deviant elderly medical wards with exceptionally high ST harm-free care performances. Although these wards did rank top of the region, rankings alone did not differentiate between positively deviant wards and those that performed well. This study therefore advanced the previous methods that have been used to identify positive deviants by identifying a distinct and statistically different group of wards that not only ranked best within the region but also outperformed their NHS Trust (organisation), performed consistently over 12 months, and demonstrated success beyond what would be expected through chance. SPC methods such as funnel plots and run charts are increasingly promoted for assessing performance variation within healthcare. (40, 41) They combine statistical rigour with sensitive measurement to differentiate between variation that is expected by chance and variation that has an assignable cause. (42, 53) The methods are also considered to be relatively intuitive and pragmatic enough for use by improvers on the frontline. (41)

However, the extent to which wards truly demonstrated exceptional performance can be questioned. Wards did not exceed the funnel plot's three standard error control limits and so their exceptional, outlier status was limited. Furthermore, although positively deviant wards differed statistically from others, the minimal performance differences between them and the 'next best' wards highlight the importance of considering clinical significance – that is, whether differences meaningfully affect patient treatment.(54) Positive deviants are supposed to demonstrate 'exceptionally' high performance,(7) but there is little consensus in the literature about how to

differentiate between high performance and positively deviant performances. Control limits are considered to be conservative and can be made more or less stringent depending on the context.(39) In the absence of extreme outliers, it may still be possible to conduct stage 2 of the Bradley et al framework(7) in order to generate useful learning from 'positive deviants' who simply perform *well*. However, regardless of whether one learns from outlying positive deviants or not, it is important to note that there is currently a lack of evidence on the methods that should be used to a) effectively uncover positively deviant success strategies, and b) disseminate them to others (stages 2 and 4 of the Bradley framework).(9, 10)

During phase 2 of this study, staff and patient perceptions of safety did, in the main, corroborate the routinely collected ST data, providing tentative support for the methods used to identify positively deviant wards. Patients on positively deviant wards, though, did not uniformly perceive their care to be safer than those on comparator wards. This could be explained by wards adopting different approaches to delivering safe patient care; for example, if staff emphasise guideline compliance over patient centred care this may influence patient perceptions of safety. Furthermore, patients may have unique perspectives of safety, which perhaps encompass the culture of a ward rather than just the outcomes that are reflected in the routinely collected data.(55, 56) The lack of agreement between the FFT, CQUIN, and ST measures may also have arisen by measuring two associated but distinct quality domains – patient experience versus safety.(57) Fundamentally though, inconsistent patient perceptions highlight that different positively deviant wards may have been identified had a different broad measure of safety (other than the ST) been used.

In addition to these considerations, there are various overarching considerations and challenges that are faced when applying stage 1 of the Bradley et al. framework(7) to identify positive deviants. First, there are few sources of routinely collected data within the UK's NHS or further afield that broadly measure safety and are publicly available at ward level.(58) This makes it difficult to adopt a pragmatic approach and identify positive deviants across different organisations. Although this study provides tentative support for using ST data within a UK healthcare setting, the harms measured within this tool are particularly pertinent to older people. Consequently this measure may lack relevance to applications of the approach which seek to identify positive deviants in different healthcare settings, for example, paediatric wards or emergency departments.

Second, positive deviants are assumed to succeed *despite facing the same constraints as others*(6) and so it is critical to identify them from within a homogenous population to ensure that, as far as possible, one is comparing like for like. This study increased homogeneity by defining

elderly medical wards as stringently as possible and by sampling matched comparators. However, numerous factors are known to contribute to patient safety incidents, (59) case-mix adjustments are notoriously difficult, (60) and one can never fully control for all confounding variables when identifying positive deviants. The complexity of healthcare means that all ward teams deliver patient care within their own unique organisational contexts and so it will never be possible to sample a fully homogenous population or identify positive deviants that face *exactly* the same constraints as others. This challenge is likely to be especially pertinentwhen comparing performance on broad outcomes of safety, when using publicly available data, and when adopting a pragmatic approach.

Third, although the problems associated with routinely collected data are well documented, (22-24) there are also wider implications of using routine data to identify positive deviants. Performance variation can arise because measurement is conducted in a social context – staff do not make decisions about the same things nor do they decide things in the same way. (61) This is problematic when the positive deviance approach seeks to compare performances across several different healthcare providers. Furthermore, healthcare organisations retrospectively measure the absence rather than presence of safety (62) and measurement and monitoring systems say nothing about how safe patient care currently is or how safe it will be in the future. (63) This compounds the ability to accurately identify positive deviants and thus the ability to reliably conduct subsequent stages of the approach.

Study limitations

Various study limitations have already been highlighted including measuring statistical rather than clinical differences between positively deviant and comparison wards. Due to resource constraints, it was also not possible to assess staff and patient perceptions of safety across all 34 wards that were sampled during phase 1 of the study. The resulting small and dichotomised sample during phase 2 meant that the associations between staff and patient perceptions of safety and the ST data could not be assessed statistically. Furthermore, some of the differences in performance between positively deviant and comparison wards were small. Had the comparison group comprised negative deviants (the worst performers) rather than above average performers, the differences between the two groups on each of the quantitative measures may have been more stark. Many previous applications of stage 1 of the positive deviance approach have identified positive and negative deviants.(35) However, this specific comparison group was chosen with the wider application of positive deviance in mind,(35) so that when we qualitatively explore *how* positive

deviants succeed (stage 2 of the framework(7)) we can strive to distinguish between *exceptional* and good performances, not just explore how teams differ from the worst in the population.

Finally, as with many routinely collected measures of quality and safety, the reliability and validity of the ST has been questioned. ST data are collected opportunistically at a single monthly time point,(27) harm definitions are subject to interpretation,(64, 65) and data collection was previously incentivised. However, the ST is used to measure performance in most acute NHS Trusts and it is the only routinely collected, broad measure of safety that is publicly available at ward level in the UK. Additional ST tools, such as the Medications Safety Thermometer, have been developed(66, 67) and so, if these can also be used to identify positively deviant wards, then the methods tested in this study could have greater impact across the NHS.

Conclusions

This study has shown that a distinct group of positively deviant wards that perform exceptionally well on a routinely collected, broad measure of safety can be identified using a robust yet pragmatic method, and that staff and patient perceptions of safety do, in the main, support their identification. It has highlighted the challenges faced when selecting a source of routinely collected data that provides a valid and reliable measure at the appropriate level in order to facilitate performance comparisons across wards or units in several organisations. Many of these challenges are applicable to a variety of different settings and applications of the approach and so this study may provide generalisable guidance on the methods that can be used to effectively apply stage 1 of the Bradley et al framework(7) and identify positive deviants.

Figures:

Figure 1: Scatterplot comparing average ST harm-free care performances at ward and NHS Trust (organisation) levels.

Figure 2: Run charts comparing ward and regional level monthly harm-free care performance across a 12 month period.

Each square represents an individual ward within the population. Wards are numbered consecutively according to their pseudonym (from top left to bottom right across the rows).

Black lines represent a ward's monthly harm-free care performance. Grey lines represent the region's average monthly performance.

Figure 3: Funnel plot of average ST harm-free care performance and average sample size.

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Patient consent: Obtained.

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Data sharing statement: Anonymised data are available on request.

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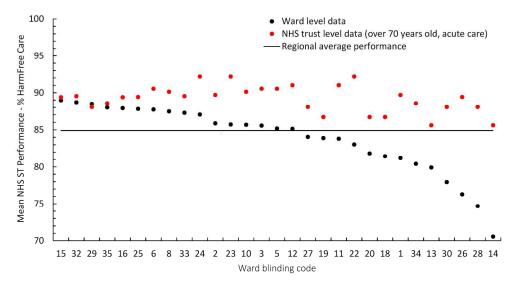


Figure 1: Scatterplot comparing average ST harm-free care performances at ward and NHS Trust (organisation) levels.

173x105mm (300 x 300 DPI)

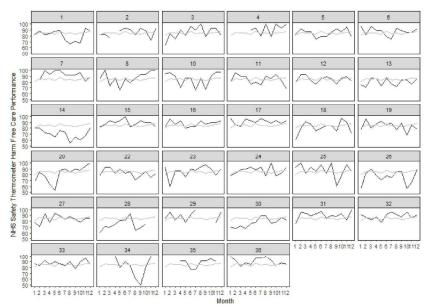


Figure 2: Run charts comparing ward and regional level monthly harm-free care performance across a 12 month period.

Each square represents an individual ward within the population. Wards are numbered consecutively according to their pseudonyms (from top left to bottom right across the rows).

Black lines represent a ward's monthly harm-free care performance. Grey lines represent the region's average monthly performance.

173x123mm (300 x 300 DPI)

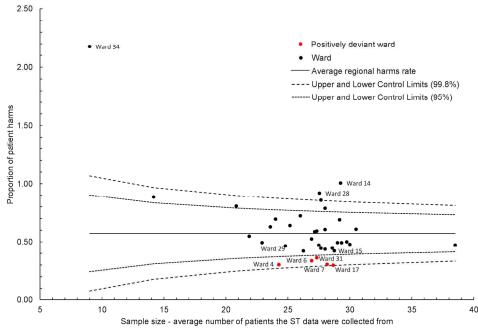
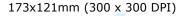


Figure 3: Funnel plot of average ST harm-free care performance and average sample size.



Supplementary File 1 STROBE Statement—Checklist of items that should be included in reports of *cross-sectional studies*

	Item No		Revised Manuscript Page
		Recommendation	number
Title and abstract	1	(a) Indicate the study's design with a commonly used term in the title or	1
		the abstract	
		(b) Provide in the abstract an informative and balanced summary of	2
		what was done and what was found	
Introduction			
Background/rationale	2	Explain the scientific background and rationale for the investigation being reported	4-6
Objectives	3	State specific objectives, including any prespecified hypotheses	6
Methods		Time openies, meaning any prospermed hypermean	`
Study design	4	Present key elements of study design early in the paper	6
Setting	- 5	Describe the setting, locations, and relevant dates, including periods of	7 and 9/10
Cetting	3	recruitment, exposure, follow-up, and data collection	7 and 3/10
Participants	6	(a) Give the eligibility criteria, and the sources and methods of selection	7/8 and 9/10
		of participants	7.40
Variables	7	Clearly define all outcomes, exposures, predictors, potential	7, 10 and
		confounders, and effect modifiers. Give diagnostic criteria, if applicable	published
D /	0*		protocol
Data sources/	8*	For each variable of interest, give sources of data and details of	7 and 10
measurement		methods of assessment (measurement). Describe comparability of	
Diag		assessment methods if there is more than one group	7
Bias	9	Describe any efforts to address potential sources of bias	7
Study size	10	Explain how the study size was arrived at	9
Quantitative variables	11	Explain how quantitative variables were handled in the analyses. If applicable, describe which groupings were chosen and why	8 and 11
Statistical methods	12	(a) Describe all statistical methods, including those used to control for	8 and 11
		confounding	
		(b) Describe any methods used to examine subgroups and interactions	n/a
		(c) Explain how missing data were addressed	8
		(d) If applicable, describe analytical methods taking account of sampling	n/a
		strategy	
		(<u>e</u>) Describe any sensitivity analyses	n/a
Results			
Participants	13*	(a) Report numbers of individuals at each stage of study—eg numbers	10 and Supp
		potentially eligible, examined for eligibility, confirmed eligible, included in	file 4
		the study, completing follow-up, and analysed	
		(b) Give reasons for non-participation at each stage	n/a
		(c) Consider use of a flow diagram	n/a
Descriptive data	14*	(a) Give characteristics of study participants (eg demographic, clinical,	11 and Supp
		social) and information on exposures and potential confounders	File 4

		(b) Indicate number of participants with missing data for each variable of interest	n/a
Outcome data	15*	Report numbers of outcome events or summary measures	12
Main results	16	(a) Give unadjusted estimates and, if applicable, confounder-adjusted estimates and their precision (eg, 95% confidence interval). Make clear which confounders were adjusted for and why they were included	12-13
		(b) Report category boundaries when continuous variables were categorized	n/a
		(c) If relevant, consider translating estimates of relative risk into absolute risk for a meaningful time period	n/a
Other analyses	17	Report other analyses done—eg analyses of subgroups and interactions, and sensitivity analyses	n/a
Discussion			
Key results	18	Summarise key results with reference to study objectives	14-16
Limitations	19	Discuss limitations of the study, taking into account sources of potential bias or imprecision. Discuss both direction and magnitude of any potential bias	16
Interpretation	20	Give a cautious overall interpretation of results considering objectives, limitations, multiplicity of analyses, results from similar studies, and other relevant evidence	14-16
Generalisability	21	Discuss the generalisability (external validity) of the study results	14-17
Other information		<u></u>	
Funding	22	Give the source of funding and the role of the funders for the present study and, if applicable, for the original study on which the present article is based	18

^{*}Give information separately for exposed and unexposed groups.

Note: An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at http://www.plosmedicine.org/, Annals of Internal Medicine at http://www.annals.org/, and Epidemiology at http://www.epidem.com/). Information on the STROBE Initiative is available at www.strobe-statement.org.

Supplementary file 2

Ward rankings for each of the NHS Safety Thermometer measures

Ranking	Ward blinding code	ST harmfree care	New PUs ^b	Falls	New UTI	New VTE
1	4	performance ^a 92.68	1.01	0.36	0.00	1.36
2	7	91.48	0.00	0.74	0.40	0.74
3	17	91.40	0.58	0.60	0.29	0.60
4	36	90.97	2.55	0.32	0.30	0.00
5	31	90.14	2.09	1.53	0.31	0.30
6	15	88.97	1.16	0.00	0.00	0.00
7	32	88.70	2.21	1.09	0.36	2.93
8	29	88.48	2.09	0.79	1.20	1.20
9	35	88.19	1.65	0.82	0.27	1.65
10	16	88.01	1.14	1.16	0.57	2.27
11	25	87.90	1.15	1.75	1.15	1.99
12	6	87.72	1.51	0.60	0.30	1.80
13	8	87.46	1.11	0.00	1.67	0.56
14	33	87.28	1.99	1.19	0.00	1.14
15	24	86.52	0.00	1.31	1.33	1.32
16	2	85.87	0.66	0.69	0.65	1.97
17	23	85.71	0.00	1.13	0.58	0.84
18	10	85.68	3.32	0.83	0.83	0.28
19	3	85.57	2.22	1.42	0.00	0.27
20	5	85.17	1.44	2.11	0.36	0.00
21	12	85.14	3.05	2.25	1.70	0.00
22	27	84.06	0.60	4.57	1.21	0.30
23	19	83.90	1.58	1.52	0.95	1.91
24	11	83.81	3.99	2.20	0.29	0.58
25	22	83.04	1.79	0.60	0.60	0.60
26	20	81.83	4.42	5.98	0.00	0.43
27	18	81.45	2.15	0.79	0.32	1.13
28	1	81.20	2.74	1.62	0.93	1.63
29	34	80.42	2.50	1.25	2.50	3.75
30	13	79.91	3.52	1.14	2.08	0.84
31	30	77.95	0.58	2.09	5.65	0.88
32	26	76.28	0.89	6.32	2.41	3.92
33	28	74.69	4.70	1.03	2.67	3.27
34	14	70.56	8.02	1.13	5.14	2.01
	Average	84.90	2.03	1.52	1.08	1.21

^{*} PUs = pressure ulcers; UTI = urinary tract infections, VTE = venous thromboembolism

^a The wards highlighted blue are positive deviants and the wards highlighted green are matched comparison wards.

b Performances for each individual harm are listed in columns 4-8 (not ranked in order). The top five performers across the region are highlighted yellown.bmj.com/site/about/guidelines.xhtml

Supplementary file 3

Key characteristics of the positively deviant and comparison wards

	Ward	ST Harm- free care (%)	Trust number / type	Patient gender ^a	Index of Multiple Deprivation ^b
ards	1	90.14	Trust 1 / Teaching & Foundation	Mixed	More deprived 40-50%
ant wa	3	92.68	Trust 2 / Teaching	Female	More deprived 30-40%
devia	6	91.48	Trust 2 / Teaching	Female	More deprived 30-40%
Positively deviant wards	7	91.40	Trust 3 / Teaching & Foundation	Mixed	Less deprived 30-40%
Ā	10	90.97	Trust 5 / Foundation	Mixed	More deprived 30-40%
Ø	2	88.48	Trust 1 / Teaching & Foundation	Mixed	More deprived 40-50%
ward	4	87.72	Trust 2 /Teaching	Female	More deprived 30-40%
rison	5	85.17	Trust 2 / Teaching	Male	More deprived 30-40%
Comparison wards	8	87.90	Trust 3 / Teaching & Foundation	Mixed	Less deprived 30-40%
	9	88.01	Trust 4 / Foundation	Mixed	More deprived 30-40%

^a One positively deviant ward had to be matched to a comparison ward that cared for patients of the opposite gender.

^b IMD overall rank data (extracted from the 2012/13 Hospital Episode Statistics data) are categorised into deciles. Geographic areas are ranked and then described as falling within the most or least deprived % of England. Categories change in increments of 10% up to the more/least deprived 40-50% of England.

Supplementary file 4: Patient and staff recruitment information

Table 1: Ward level recruitment data for staff and patients

		Patient res n (% of those			onse rate of the MDT)
<u>→</u>	T1W1	21	(51)	22	(44)
ivel iant rds	T2W3	22	(61)	14	(40)
Positivel deviant wards	T2W6	21	(47)	11	(31)
۵,	T5W10	20	(51)	30	(67)
	T1W2	17	(53)	18	(45)
iso S	T2W4	23	(48)	14	(40)
mparis wards	T2W5	20	(49)	19	(54)
Comparison wards	T3W8	20	(69)	16	(46)
<u> </u>	T4W9	24	(83)	17	(35)
All	wards	188	(55)	161	(45)

^a Response rates include patients who explicitly refused to participate. It does not include: those whom nurses reported to be eligible but were subsequently considered unsuitable; and those who could not be followed up after providing time to consider participation.

Table 2: Characteristics of patient participants

	Patient age mean years (SD)	Ongoing hospital treatment % yes	Time in hospital mean days (SD)	Inpatient frequency mean (SD)
Positively deviant wards	84.49 (5.60)	33%	13.6 (12.87)	2.27 (2.46)
Comparison wards	84.56 (5.36)	46% (3 missing)	15.71 (19.64)	2.71 (3.32)
All wards	84.53 (5.45)	41%	14.75 (16.91)	2.51 (2.97)

Table 3: Professional roles of staff participants

	Nursing %	Healthcare Assistants %	Allied Health Profs %	Doctors %	Other %
Positively deviant wards	46.8	19.5	15.6	6.5	11.7
Comparison wards	36.9	31.0	13.1	1.2	17.8
All wards	41.6	25.5	14.3	3.7	15.0

Table 4: Ward level minimum and maximum values for all patient and staff measures of safety.

			ient ure of ety		ds and y Test	CQ	UIN		t Safety ade
		Min	Max	Min	Max	Min	Max	Min	Max
sp	Ward 1	2.94	4.91	3	5	1.67	3.00	3	5
ively : war	Ward 3	3.59	4.74	3	5	1.67	3.00	3	5
Positively deviant wards	Ward 6	3.17	4.57	1	5	2.00	3.00	3	5
de	Ward 10	3.93	4.91	4	5	1.00	3.00	2	5
rds	Ward 2	2.95	4.77	2	5	1.33	3.00	1	5
Comparison wards	Ward 4	3.31	4.81	1	5	1.67	3.00	3	5
risor	Ward 5	2.93	4.71	1	5	1.00	3.00	3	5
тра	Ward 8	4.00	4.98	4	5	2.00	3.00	2	5
ပိ	Ward 9	3.41	4.81	2	5	1.67	3.00	1	5

Supplementary file 5

Scatterplot of z-scores to assess whether other perceptions of safety support the use of ST data to identify positive deviants.

