

Satiety Questions	Group acidified milk - probiotic yoghurt			Group probiotic yoghurt - acidified milk			Statistical Assessments	
	<i>n</i>	Median iAUC acidified milk (IQR)	Median iAUC probiotic yoghurt (IQR)	<i>n</i>	Median iAUC acidified milk (IQR)	Median iAUC probiotic yoghurt (IQR)	Carry-over effect <i>P</i>	Intervention effect <i>P</i>
Hunger	6	-12020(-21072- -4478)	-12254(-15698- -3884)	5	-2704(-3189- -2519)	-341(-3937- 259)	0.329	0.247
Satiety	6	9394(2484- 24404)	17480(6079- 19741)	5	7530(-693- 8293)	148(-1962- 5319)	0.537	0.177
Prospective food consumption	6	-5344(-13456- -1120)	-12951(-16932- -3836)	5	-5758(-7367- 31)	-2769(-4180- -1582)	0.662	0.931
Appetite for savoury foods	6	3181(-1794- 5111)	796(-5494- 4911)	5	1116(284- 4724)	3019(1869- 4451)	0.931	0.792
Appetite for sweet foods	6	-11982(-18801- -2862)	-13600(-17660- -13045)	5	2419(-5953- 4333)	2664(-754- 3589)	0.009*	0.537
State of ease	6	3365(231- 6331)	6711(3078- 9372)	5	-88(-683- 2965)	3626(157- 3889)	0.247	0.537