

Supplementary Material 4: Efficacy results of probiotics for antibiotic-associated diarrhea and publication bias

Table S4.1. Network and traditional meta-analysis results for the incidence of diarrhea, and quality of evidence.

Interventions	Incidence of diarrhea			
	Network	Quality of evidence	Pairwise	Quality of evidence
	meta-analysis		meta-analysis	
OR (95% CI)		OR (95% CI)		
Multi-genera II vs. Placebo	0.55 (0.41, 0.75)	Low*†	0.71 (0.60, 0.83)	Low*†
Multi-genera III vs. Placebo	0.94 (0.63, 1.43)	Moderate*	0.94 (0.68, 1.31)	Moderate†
LGG vs. Placebo	0.24 (0.14, 0.42)	Moderate*‡ψ	0.26 (0.17, 0.40)	Moderate*ψ
<i>L. rhamnosus</i> vs. Placebo	0.46 (0.19, 1.13)	Moderate*	0.46 (0.24, 0.92)	Moderate*ψ
<i>L. casei</i> vs. Placebo	0.24 (0.10, 0.57)	Moderate*ψ	0.27 (0.16, 0.46)	Moderate*ψ
<i>L. acidophilus</i> vs. Placebo	0.41 (0.26, 0.65)	Moderate*‡ψ	0.46 (0.34, 0.61)	Moderate*ψ
<i>L. reuteri</i> vs. Placebo	0.46 (0.14, 1.59)	Moderate*†ψ	0.45 (0.16, 1.26)	Low*†ψ
<i>L. plantarum</i> vs. Placebo	0.82 (0.18, 3.70)	Low*‡	0.82 (0.22, 3.14)	Moderate*
<i>B. clausii</i> vs. Placebo	0.26 (0.07, 0.94)	Moderate*ψ	0.29 (0.11, 0.77)	Moderate*ψ
<i>S. boulardii</i> vs. Placebo	0.35 (0.24, 0.51)	Moderate*†ψ	0.36 (0.28, 0.46)	Low*†
Multi-genera III vs. Multi-genera II	1.70 (1.03, 2.80)	Moderate*†ψ	1.68 (0.69, 4.08)	Moderate*†ψ

LGG vs. Multi-genera II	0.43 (0.23, 0.82)	Moderate*†ψ	0.53 (0.11, 2.59)	Low*†ψ
<i>L. rhamnosus</i> vs. Multi-genera II	0.84 (0.33, 2.14)	Low*†	NA	NA
<i>L. casei</i> vs. Multi-genera II	0.43 (0.17, 1.08)	Moderate*ψ	NA	NA
<i>L. acidophilus</i> vs. Multi-genera II	0.75 (0.44, 1.28)	Moderate*†ψ	NA	NA
<i>L. reuteri</i> vs. Multi-genera II	0.84 (0.24, 2.96)	Very low*†‡	NA	NA
<i>L. plantarum</i> vs. Multi-genera II	1.48 (0.32, 6.82)	Very low*†‡	NA	NA
<i>B. clausii</i> vs. Multi-genera II	0.47 (0.12, 1.75)	Low*†‡ψ	NA	NA
<i>S. boulardii</i> vs. Multi-genera II	0.63 (0.40, 1.01)	Moderate*†ψ	0.53 (0.11, 2.59)	Low*†ψ
LGG vs. Multi-genera III	0.26 (0.13, 0.67)	Moderate*†ψ	NA	NA
<i>L. rhamnosus</i> vs. Multi-genera III	0.49 (0.18, 1.31)	Moderate†	NA	NA
<i>L. casei</i> vs. Multi-genera III	0.26 (0.10, 0.67)	Moderate*†ψ	NA	NA
<i>L. acidophilus</i> vs. Multi-genera III	0.44 (0.24, 0.81)	Moderate*ψ	NA	NA
<i>L. reuteri</i> vs. Multi-genera III	0.49 (0.13, 1.81)	Low*†‡ψ	NA	NA
<i>L. plantarum</i> vs. Multi-genera III	0.87 (0.18, 4.16)	Very low*†‡	NA	NA
<i>B. clausii</i> vs. Multi-genera III	0.28 (0.07, 1.07)	Low*†‡ψ	NA	NA
<i>S. boulardii</i> vs. Multi-genera III	0.37 (0.21, 0.65)	Moderate*ψ	NA	NA
<i>L. rhamnosus</i> vs. LGG	1.93	High	NA	NA

	(0.50, 7.50)			
<i>L. casei</i> vs. LGG	1.00 (0.36, 2.81)	Moderate*	NA	NA
<i>L. acidophilus</i> vs. LGG	1.72 (0.83, 3.57)	Moderate*	NA	NA
<i>L. reuteri</i> vs. LGG	1.93 (0.50, 7.50)	Moderate*	NA	NA
<i>L. plantarum</i> vs. LGG	3.42 (0.68, 17.07)	Moderate*‡ψ	NA	NA
<i>B. clausii</i> vs. LGG	1.08 (0.26, 4.41)	Low*‡	NA	NA
<i>S. boulardii</i> vs. LGG	1.46 (0.75, 2.85)	Moderate*	1.00 (0.18, 5.63)	Moderate*
<i>L. casei</i> vs. <i>L. rhamnosus</i>	0.52 (0.15, 1.78)	Moderate‡	NA	NA
<i>L. acidophilus</i> vs. <i>L. rhamnosus</i>	0.89 (0.33, 2.42)	Moderate‡	NA	NA
<i>L. reuteri</i> vs. <i>L. rhamnosus</i>	1.00 (0.22, 4.57)	Moderate‡	NA	NA
<i>L. plantarum</i> vs. <i>L. rhamnosus</i>	1.77 (0.31, 10.16)	Moderate‡	NA	NA
<i>B. clausii</i> vs. <i>L. rhamnosus</i>	0.56 (0.12, 2.67)	Moderate‡	NA	NA
<i>S. boulardii</i> vs. <i>L. rhamnosus</i>	0.76 (0.29, 1.97)	Moderate‡	NA	NA
<i>L. acidophilus</i> vs. <i>L. casei</i>	1.72 (0.65, 4.56)	Very low*†‡	NA	NA
<i>L. reuteri</i> vs. <i>L. casei</i>	1.93 (0.43, 8.68)	Very low*†‡	NA	NA
<i>L. plantarum</i> vs. <i>L. casei</i>	3.41 (0.60, 19.31)	Moderate*‡ψ	NA	NA
<i>B. clausii</i> vs. <i>L. casei</i>	1.08 (0.23, 5.07)	Low*‡	NA	NA

<i>S. boulardii</i> vs. <i>L. casei</i>	1.46 (0.57, 3.71)	Low*‡	NA	NA
<i>L. reuteri</i> vs. <i>L. acidophilus</i>	1.12 (0.30, 4.16)	Moderate*	NA	NA
<i>L. plantarum</i> vs. <i>L. acidophilus</i>	1.98 (0.41, 9.55)	Moderate*	NA	NA
<i>B. clausii</i> vs. <i>L. acidophilus</i>	0.63 (0.16, 2.45)	Low*‡	NA	NA
<i>S. boulardii</i> vs. <i>L. acidophilus</i>	0.85 (0.47, 1.52)	Low*†	NA	NA
<i>L. plantarum</i> vs. <i>L. reuteri</i>	1.77 (0.25, 12.39)	Moderate*	NA	NA
<i>B. clausii</i> vs. <i>L. reuteri</i>	0.56 (0.09, 3.32)	Low*‡	NA	NA
<i>S. boulardii</i> vs. <i>L. reuteri</i>	0.76 (0.21, 2.73)	Moderate*	NA	NA
<i>B. clausii</i> vs. <i>L. plantarum</i>	0.32 (0.04, 2.29)	Moderate*‡ψ	NA	NA
<i>S. boulardii</i> vs. <i>L. plantarum</i>	0.43 (0.09, 2.01)	Moderate*‡ψ	NA	NA
<i>S. boulardii</i> vs. <i>B. clausii</i>	1.35 (0.35, 5.15)	Low*‡	NA	NA

Abbreviations: OR=odds ratio; CI=confidence interval; NA=not applicable.

*Limitations in study design or execution (risk of bias); †Inconsistency in results; ¶Indirectness of evidence; ‡Imprecision of results; §Publication bias; ψMagnitude of the effect.

Table S4.2. Traditional meta-analysis results for the incidence of diarrhea.

Interventions	Trails	Participants	Effect Estimate OR (95% CI)	Heterogeneity
Multi-genera II vs. Placebo	16	5234	0.71 (0.60, 0.83)	P=0.00, I ² =59.2% (29.3%, 76.5%), tau ² =0.23
Multi-genera III vs. Placebo	9	1287	0.94 (0.68, 1.31)	P=0.19, I ² =32.8% (0%, 72.9%), tau ² =0.09
LGG vs. Placebo	7	881	0.26 (0.17, 0.40)	P=0.99, I ² =0.0% (0.0%, 78.0%), tau ² =0.00
<i>L. rhamnosus</i> vs. Placebo	2	412	0.46 (0.24, 0.92)	P=0.68, I ² =0.0%, tau ² =0.00
<i>L. casei</i> vs. Placebo	3	414	0.27 (0.16, 0.46)	P=0.20, I ² =36.9% (0.0%, 79.9%), tau ² =0.16
<i>L. acidophilus</i> vs. Placebo	5	904	0.46 (0.34, 0.61)	P=0.51, I ² =13.8% (0.0%, 53.8%), tau ² =0.05
<i>L. reuteri</i> vs. Placebo	2	63	0.45 (0.16, 1.26)	P=0.51, I ² =0.0%, tau ² =0.00
<i>L. plantarum</i> vs. Placebo	1	163	0.82 (0.22, 3.14)	NA
<i>B. clausii</i> vs. Placebo	1	100	0.29 (0.11, 0.77)	NA
<i>S. boulardii</i> vs. Placebo	10	2078	0.36 (0.28, 0.46)	P=0.07, I ² =38.5% (0.0%, 70.7%), tau ² =0.18
Multi-genera III vs. Multi-genera II	1	39	1.68 (0.69, 4.08)	NA
LGG vs. Multi-genera II	1	42	0.53 (0.11, 2.59)	NA
<i>S. boulardii</i> vs. Multi-genera II	1	42	0.53 (0.11, 2.59)	NA
LGG vs. <i>S. boulardii</i>	1	42	1.00 (0.18, 5.63)	NA

Abbreviations: CI=confidence interval; OR=odds ratio; NA=not applicable.

Table S4.3. Traditional meta-analysis results for *C. difficile* infection rate.

Interventions	Trials	Participants	Effect Estimate OR (95% CI)	Heterogeneity
Multi-genera II vs. Placebo	6	3971	0.54 (0.35, 0.85)	P=0.27, I ² =21.0% (0.0%, 65.8%), tau ² =0.12
Multi-genera III vs. Placebo	2	104	0.30 (0.10, 0.89)	P=0.72, I ² =0.0%, tau ² =0.00
LGG vs. Placebo	2	257	0.36 (0.14, 0.92)	P=0.48, I ² =0.0%, tau ² =0.00
<i>L. rhamnosus</i> vs. Placebo	1	240	0.35 (0.11, 1.12)	NA
<i>L. casei</i> vs. Placebo	1	258	0.16 (0.06, 0.47)	NA
<i>L. acidophilus</i> vs. Placebo	5	904	0.22 (0.13, 0.38)	P=0.44, I ² =0.0% (0.0%, 79.2%), tau ² =0.00
<i>L. plantarum</i> vs. Placebo	1	150	1.03 (0.20, 5.24)	NA
<i>S. boulardii</i> vs. Placebo	3	839	0.35 (0.19, 0.63)	P=0.18, I ² =41.9% (0.0%, 82.2%), tau ² =0.30

Abbreviations: CI=confidence interval; OR=odds ratio; NA=not applicable.

Table S4.4. Summary table of meta-regression for the incidence of diarrhea.

Covariate	Coefficient (95% CI)	Standard Error	<i>P</i> value
Mean age	1.56 (1.13, 2.15)	0.25	0.17
Sex ratio	1.43 (0.79, 2.57)	0.41	0.76
Recruiting area	2.37 (0.56, 9.97)	1.68	0.45
Antibiotic in use	4.56 (2.09, 9.96)	1.77	0.07
Indication	1.86 (1.06, 3.25)	0.51	0.61
Dosage	1.70 (1.42, 2.03)	0.15	0.45
Duration	1.75 (1.41, 2.19)	0.19	0.97

Abbreviations: CI=confidence interval.

Figure S4.1. Forest plot of network meta-analysis for the efficacy outcomes compared with placebo arm.

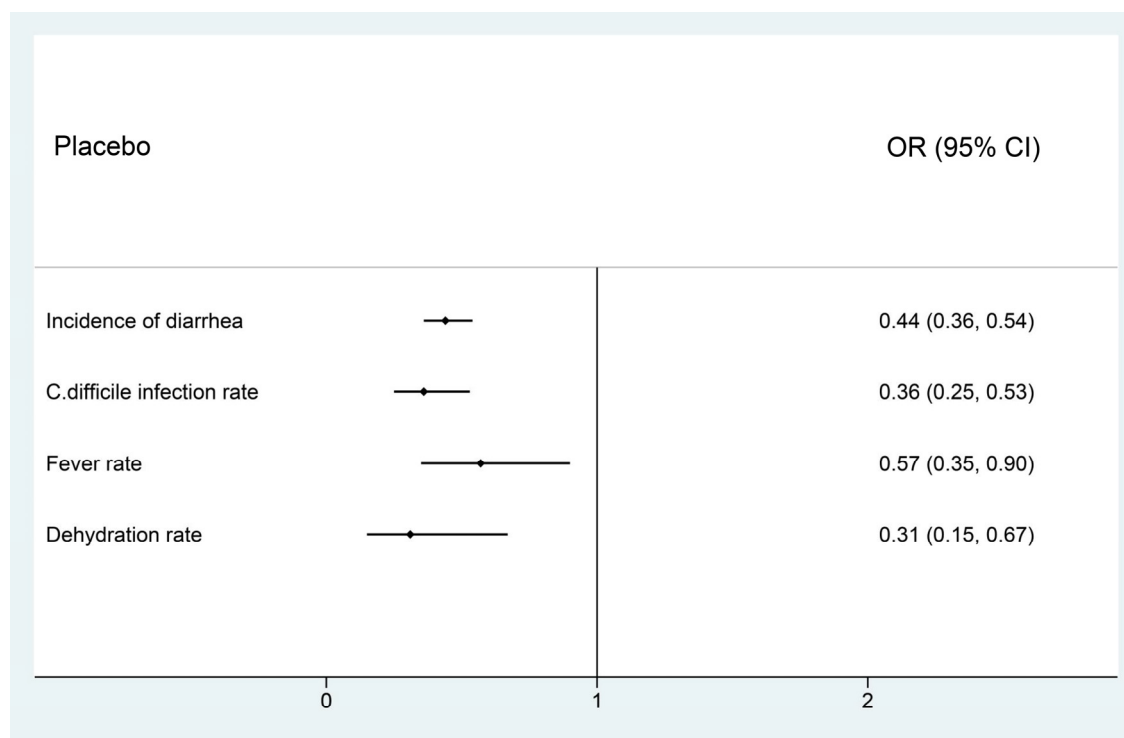


Figure S4.2. Comparison-adjusted funnel plot of network analysis for the incidence of diarrhea compared with placebo arm.

