

<b>Analgesic use</b>	<b>30/42 (69.8%)</b>
- Monotherapy	17 (56.7%)
- Multiple analgesics	13 (43.3%)
<b>Tricyclic Antidepressants</b>	
- Amitriptyline	14 (46.7%)
- Nortriptyline	3 (10.0%)
<b>Gabapentinoids</b>	
- Gabapentin	7 (23.4%)
- Pregabalin	8 (26.7%)
<b>NSAIDS</b>	
- Naproxen	3 (10.0%)
- Meloxicam	1 (3.3%)
<b>Opioid</b>	
- Oral morphine	1 (3.3%)
- Codeine containing	6 (20.0%)
- Tramadol	4 (13.3%)
<b>Topical therapies</b>	
- Ibuprofen	1 (3.3%)
- Lidocaine	3 (10.0%)
<b>Other</b>	
- Carbamazepine (prescribed for headache)	1 (3.3%)
<b>BPI Pain relief</b>	<b>40% (17.5-60.0%)</b>

**Supplementary Table 1**