

Day 1	Day 2	Day 3	Day 4	Day 5
100	39	39	100	39
	80	78		78
	123	80		80
	167	161		161
	210	123		123
	253	246		246
	294	167		167
	333	333		333
	370	210		210
	402	420		420
	431	253		253
	455	506		506
	475	294		294
	489	588		588
	497	333		333
	500	667		667
	500	370		370
	497	739		739
	489	402		402
	475	805		805
	455	431		431
	431	862		862
	402	455		455
	370	911		911
	333	475		475
	294	949		949
	253	489		489
	210	977		977
	167	497		497
	123	994		994
	80	500		500
	39	1000		1000
		500		500
		1000		1000
		497		497
		994		994
		489		489
		977		977
		475		475
		949		949
	455	455		
	911	911		
	431	431		
	862	862		
	402	402		
	805	805		
	370	370		
	739	739		
	333	333		
	667	667		
	294	294		
	588	588		
	253	253		
	506	506		
	210	210		
	420	420		
	167	167		
	333	333		
	123	123		
	246	246		
	80	80		
	161	161		
	39	39		
	78	78		

Table S1. Light conditions for the five-day long experiment shown in Figure 3.

The numbers in the table show the white light intensities ($\mu\text{mol m}^{-2} \text{s}^{-1}$) during every interval of the 16-h light period for the experiment shown in Figure 3.