

## SINGAPORE MEDICAL COUNCIL CATEGORY 3B CME PROGRAMME

(Code SMJ 201803A)

	True	False
1. Some forms of cognitive impairment are recognisable as an early manifestation of dementia.	<input type="checkbox"/>	<input type="checkbox"/>
2. Healthcare staff will not see more young (< 65 years of age) people with dementia in the future.	<input type="checkbox"/>	<input type="checkbox"/>
3. No interventions are effective in the early stages of dementia.	<input type="checkbox"/>	<input type="checkbox"/>
4. Patients who are diagnosed in the prodromal or mild cognitive impairment (MCI) stages of Alzheimer's disease should be encouraged to talk with their loved ones about their personal beliefs and goals of care.	<input type="checkbox"/>	<input type="checkbox"/>
5. Screening for dementia can be done through simple cognitive tests such as the Mini-Mental State Examination, abbreviated mental test or the Montreal Cognitive Assessment.	<input type="checkbox"/>	<input type="checkbox"/>
6. History-taking is still the most important aspect of identifying a patient with dementia or other cognitive impairment.	<input type="checkbox"/>	<input type="checkbox"/>
7. The clinician need not consider reversible causes before considering dementia or other cognitive impairment disorders.	<input type="checkbox"/>	<input type="checkbox"/>
8. Other than dementia, the other possible diagnosis of chronic forgetfulness is MCI and depression (i.e. pseudodementia).	<input type="checkbox"/>	<input type="checkbox"/>
9. In dementia, the long-term memory is affected first before the short-term memory.	<input type="checkbox"/>	<input type="checkbox"/>
10. Medication review is not useful in diagnosis of cognitive impairment.	<input type="checkbox"/>	<input type="checkbox"/>
11. Diagnostic imaging studies are commonly performed to exclude stroke, intracranial bleeding or a malignant lesion.	<input type="checkbox"/>	<input type="checkbox"/>
12. Any language barrier, uncooperativeness or low mood, hearing impairment, receptive/expressive dysphasia and possible effects of the patient's highest attained education level need not be documented together with cognitive test scores.	<input type="checkbox"/>	<input type="checkbox"/>
13. Vascular dementia is the most common form of dementia.	<input type="checkbox"/>	<input type="checkbox"/>
14. Lewy body dementia is dementia with some elements of parkinsonism, fluctuating cognition, vivid visual hallucinations and rapid eye movement sleep disorders.	<input type="checkbox"/>	<input type="checkbox"/>
15. Frontotemporal dementia usually occurs at a younger age of 40–60 years.	<input type="checkbox"/>	<input type="checkbox"/>
16. It is helpful for the patient to attend the consultation alone during the assessment.	<input type="checkbox"/>	<input type="checkbox"/>
17. Early diagnosis will confer the sick role on the patient, allaying personal frustrations and/or providing an explanation for events, which is helpful for the patient and caregivers.	<input type="checkbox"/>	<input type="checkbox"/>
18. Referral for a Lasting Power of Attorney and Advance Care Planning should be left until the later stages.	<input type="checkbox"/>	<input type="checkbox"/>
19. Referring a patient to a memory clinic at a hospital allows for a multidisciplinary team approach to dementia.	<input type="checkbox"/>	<input type="checkbox"/>
20. It is important to acknowledge and recognise the caregiver at every consultation.	<input type="checkbox"/>	<input type="checkbox"/>

### Doctor's particulars:

Name in full: \_\_\_\_\_ MCR no.: \_\_\_\_\_  
 Specialty: \_\_\_\_\_ Email: \_\_\_\_\_

#### SUBMISSION INSTRUCTIONS:

Visit the SMJ website: <http://www.smj.org.sg/current-issue> and select the appropriate quiz. You will be redirected to the SMA login page.

**For SMA member:** (1) Log in with your username and password (if you do not know your password, please click on 'Forgot your password?'). (2) Select your answers for each quiz and click 'Submit'.

**For non-SMA member:** (1) Create an SMJ CME account, or login with your SMJ CME username and password (for returning users). (2) Make payment of SGD 21.40 (inclusive of 7% GST) via PayPal to access this month's quizzes. (3) Select your answers for each quiz and click 'Submit'.

#### RESULTS:

1) Answers will be published online in the SMJ May 2018 issue. (2) The MCR numbers of successful candidates will be posted online at the SMJ website by 7 May 2018. (3) Passing mark is 60%. No mark will be deducted for incorrect answers. (4) The SMJ editorial office will submit the list of successful candidates to the Singapore Medical Council. (5) One CME point is awarded for successful candidates.

**Deadline for submission: (March 2018 SMJ 3B CME programme): 12 noon, 30 April 2018.**