

SUPPLEMENTARY DATA

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Supplementary Table S1. Estimated diabetes cases among the Chinese population in 2010

	Population Census 2010*	Total Diabetes		Prediabetes	
		Prevalence (%)**	Events	Prevalence (%)**	Events
Male					
20-29	114845611	2.6	2985986	7.6	8728266
30-39	109912926	5.2	5715472	12.2	13409377
40-49	117385096	11.1	13029746	17.7	20777162
50-59	81446172	15.5	12624157	18.1	14741757
60-69	50582897	18.1	9155504	24.1	12190478
≥70	36457064	21.8	7947640	26.4	9624665
Female					
20-29	113580759	1.2	1362969	5.7	6474103
30-39	105251236	3.0	3157537	9.2	9683114
40-49	112963421	7.3	8246330	16.0	18074147
50-59	78619473	13.1	10299151	21.1	16588709
60-69	49197667	20.3	9987126	22.2	10921882
≥70	41356812	22.0	9098499	26.2	10835485
Total	1011599134		93610117		152049146

* Tabulation on the 2010 Population Census of the People's Republic of China. <http://www.stats.gov.cn/tjsj/pcsj/rkpc/6rp/indexch.htm> (Accessed at May 28 2016);

** Yang W et al. Prevalence of Diabetes among Men and Women in China. N Eng J Med 2010; 362: 1090-1101

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Supplementary Table 2. Distribution of the risk factors for diabetes over time

Age (years)	MALE						FEMALE					
	20-29	30-39	40-49	50-59	60-69	70+	20-29	30-39	40-49	50-59	60-69	70+
Body Mass Index (kg/m²)												
1991	21.0 (0.1)	21.7 (0.1)	21.8 (0.1)	22.1 (0.1)	21.7 (0.2)	21.1 (0.2)	21.2 (0.1)	22.0 (0.1)	22.6 (0.1)	22.5 (0.2)	22.4 (0.2)	21.0 (0.2)
1993	21.1 (0.1)	21.9 (0.1)	22.1 (0.1)	22.1 (0.1)	21.8 (0.2)	21.1 (0.2)	21.1 (0.1)	22.0 (0.1)	22.8 (0.1)	22.5 (0.1)	22.7 (0.2)	21.2 (0.2)
1997	21.4 (0.1)	22.5 (0.1)	22.6 (0.1)	22.4 (0.1)	22.5 (0.2)	21.9 (0.2)	21.5 (0.1)	22.6 (0.1)	23.0 (0.1)	23.0 (0.1)	23.0 (0.2)	21.5 (0.2)
2000	21.9 (0.1)	23.0 (0.1)	23.1 (0.1)	22.9 (0.1)	22.7 (0.1)	22.3 (0.2)	21.5 (0.1)	22.8 (0.1)	23.6 (0.1)	23.8 (0.1)	23.3 (0.2)	22.4 (0.2)
2004	22.2 (0.1)	23.0 (0.1)	23.5 (0.1)	23.2 (0.1)	22.9 (0.1)	22.4 (0.2)	21.4 (0.1)	22.9 (0.1)	23.6 (0.1)	23.8 (0.1)	23.6 (0.2)	22.9 (0.2)
2006	22.7 (0.2)	23.3 (0.1)	23.6 (0.1)	23.3 (0.1)	22.9 (0.1)	22.3 (0.2)	21.3 (0.1)	22.6 (0.1)	23.7 (0.1)	23.8 (0.1)	23.8 (0.1)	22.9 (0.2)
2009	22.1 (0.2)	23.6 (0.1)	24.0 (0.1)	23.5 (0.1)	23.3 (0.1)	22.5 (0.2)	21.3 (0.1)	22.7 (0.1)	23.8 (0.1)	24.0 (0.1)	23.9 (0.1)	23.0 (0.2)
2011	22.9 (0.2)	24.1 (0.2)	24.3 (0.1)	24.1 (0.1)	23.7 (0.1)	22.9 (0.2)	21.8 (0.2)	23.0 (0.2)	24.0 (0.1)	24.5 (0.1)	24.3 (0.1)	23.1 (0.2)
P for trend*	<0.001	<0.001	<0.001	<0.001	<0.001	0.08	<0.001	<0.001	<0.001	<0.001	<0.001	0.13
Current Smoking (%)												
1991	63.7	72.7	70.5	67.3	57.1	42.3	0.5	1.8	4.2	9.3	11.6	11.3
1993	59.2	70.6	68.8	69.6	55.0	45.5	1.0	1.7	4.2	8.7	10.7	9.7
1997	51.5	66.5	68.9	62.3	49.9	36.6	1.6	2.9	3.3	6.4	9.4	7.7
2000	54.5	63.8	64.7	62.4	51.2	37.2	1.4	1.7	3.8	7.2	8.5	10.4
2004	49.7	60.8	66.3	58.5	50.9	36.2	0.9	1.8	2.5	4.9	7.4	9.4
2006	48.0	58.8	60.5	58.7	48.8	32.7	0.4	1.2	2.0	4.2	7.3	7.0
2009	49.5	59.6	62.0	57.7	51.7	37.7	0.4	0.7	2.0	4.7	5.8	7.5
2011	50.5	53.7	59.5	59.5	45.9	38.5	0.5	1.1	1.6	3.1	4.5	7.8
P for trend*	<0.001	<0.001	<0.001	<0.001	0.1	0.62	0.57	0.004	<0.001	<0.001	<0.001	0.02
Systolic Blood Pressure (mmHg)												
1991	112 (0.4)	113 (0.4)	115 (0.5)	124 (0.9)	131 (1.2)	137 (1.7)	104 (0.3)	108 (0.4)	113 (0.6)	121 (0.8)	130 (1.2)	135 (1.6)
1993	112 (0.4)	114 (0.4)	116 (0.5)	122 (0.8)	130 (1.1)	134 (1.7)	106 (0.4)	108 (0.4)	114 (0.6)	121 (0.9)	129 (1.1)	135 (1.6)
1997	115 (0.4)	116 (0.4)	119 (0.5)	123 (0.7)	132 (1.0)	137 (1.3)	108 (0.4)	110 (0.4)	116 (0.5)	124 (0.8)	132 (1.0)	137 (1.3)
2000	115 (0.4)	117 (0.4)	120 (0.5)	126 (0.6)	133 (0.9)	136 (1.1)	108 (0.4)	111 (0.4)	117 (0.5)	123 (0.7)	132 (0.9)	138 (1.2)
2004	116 (0.5)	119 (0.4)	122 (0.5)	127 (0.6)	132 (0.8)	138 (1.1)	109 (0.5)	112 (0.4)	118 (0.5)	125 (0.6)	133 (0.9)	139 (1.0)
2006	116 (0.6)	118 (0.5)	121 (0.5)	126 (0.5)	131 (0.8)	135 (1.0)	108 (0.5)	111 (0.4)	117 (0.5)	124 (0.6)	131 (0.8)	136 (1.0)
2009	116 (0.6)	119 (0.5)	124 (0.5)	128 (0.5)	133 (0.7)	139 (0.9)	109 (0.5)	112 (0.5)	120 (0.5)	127 (0.6)	134 (0.7)	141 (0.9)
2011	116 (0.6)	120 (0.5)	124 (0.4)	129 (0.5)	132 (0.6)	136 (0.8)	108 (0.5)	112 (0.5)	119 (0.5)	126 (0.6)	133 (0.7)	139 (0.9)
P for trend*	<0.001	<0.001	<0.001	<0.001	0.05	0.2	<0.001	<0.001	<0.001	<0.001	<0.001	0.06
Physical Activity (MET-hours/week)												
1991	395 (7.5)	396 (8.0)	404 (8.9)	379 (10.7)	309 (11.1)	221 (13.6)	454 (8.1)	483 (8.8)	499 (9.3)	403 (10.9)	303 (11.8)	203 (11.5)
1993	343 (7.2)	343 (7.4)	340 (7.7)	332 (9.5)	271 (8.8)	174 (11.2)	373 (7.6)	408 (7.3)	418 (7.9)	348 (9.5)	265 (10.1)	156 (9.1)
1997	313 (6.3)	335 (7.1)	353 (6.7)	318 (8.7)	210 (9.9)	105 (10.1)	308 (6.3)	363 (7.3)	395 (7.3)	310 (9.2)	193 (9.0)	89 (6.9)

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2000	263 (7.3)	292 (6.7)	293 (6.4)	271 (7.6)	170 (8.7)	94 (8.3)	271 (7.9)	309 (6.5)	309 (6.4)	282 (8.2)	159 (7.6)	64 (5.1)
2004	256 (9.6)	286 (7.8)	274 (7.6)	249 (7.3)	181 (9.5)	82 (8.4)	225 (8.0)	272 (7.4)	245 (6.5)	209 (6.3)	133 (6.9)	50 (4.1)
2006	209 (9.5)	282 (8.6)	281 (8.0)	249 (7.3)	169 (8.6)	73 (7.0)	199 (8.8)	270 (7.6)	255 (6.9)	210 (6.5)	129 (6.2)	56 (4.1)
2009	175 (8.0)	238 (7.2)	245 (6.6)	225 (6.5)	155 (7.4)	59 (5.4)	173 (6.9)	241 (7.3)	258 (6.4)	210 (6.6)	155 (6.8)	54 (3.1)
2011	177 (8.1)	247 (8.1)	247 (6.3)	230 (6.8)	157 (6.9)	69 (5.7)	186 (8.4)	232 (7.4)	241 (5.9)	206 (6.2)	145 (5.7)	57 (3.3)
P for trend	<0.001	<0.001	<0.001	<0.001	<0.001	<0.001	<0.001	<0.001	<0.001	<0.001	<0.001	<0.001
Refined Grain, g/d												
1997	487 (6.7)	483 (6.9)	469 (6.8)	450 (8.4)	421 (7.8)	403 (10.1)	436 (5.5)	447 (5.8)	437 (5.3)	426 (6.6)	399 (6.6)	391 (7.9)
2000	437 (5.7)	428 (5.3)	416 (5.2)	414 (6.2)	388 (6.6)	365 (8.4)	405 (5.6)	403 (4.5)	407 (4.4)	392 (5.4)	373 (5.5)	354 (6.5)
2004	436 (6.8)	430 (5.8)	404 (5.1)	406 (5.3)	411 (6.9)	369 (7.0)	397 (6.2)	403 (4.7)	387 (4.1)	396 (4.4)	386 (5.7)	358 (5.2)
2006	425 (8.9)	418 (6.3)	391 (5.3)	389 (5.2)	403 (6.7)	349 (5.9)	372 (7.5)	386 (4.9)	377 (4.3)	381 (4.2)	375 (5.3)	341 (4.6)
2009	395 (7.7)	396 (6.3)	381 (5.0)	371 (4.8)	373 (5.5)	344 (5.7)	351 (6.7)	365 (5.0)	355 (4.3)	356 (3.8)	354 (4.6)	328 (4.6)
2011	360 (7.0)	367 (6.2)	362 (4.4)	349 (4.2)	356 (5.0)	341 (4.9)	333 (5.4)	342 (4.7)	333 (3.6)	345 (3.6)	338 (4.2)	331 (4.3)
P for trend*	<0.001	<0.001	<0.001	<0.001	<0.001	<0.001	<0.001	<0.001	<0.001	<0.001	<0.001	<0.001
Sugar Sweetened Beverage, g/d												
1997	1.4 (0.6)	0.4 (0.1)	0.3 (0.1)	0.6 (0.4)	0.4 (0.0)	0.7 (0.1)	0.4 (0.2)	0.2 (0.0)	0.3 (0.1)	0.2 (0.0)	0.3 (0.0)	0.5 (0.0)
2000	0.5 (0.1)	0.7 (0.2)	0.3 (0.0)	0.5 (0.2)	0.5 (0.0)	0.8 (0.0)	0.5 (0.1)	0.7 (0.3)	0.2 (0.0)	0.3 (0.0)	0.5 (0.2)	0.5 (0.0)
2004	1.1 (0.5)	0.3 (0.0)	0.8 (0.3)	0.5 (0.1)	1.9 (1.0)	0.6 (0.0)	0.7 (0.3)	0.7 (0.3)	0.4 (0.1)	0.4 (0.1)	0.6 (0.2)	0.6 (0.1)
2006	0.7 (0.2)	0.7 (0.2)	1.1 (0.4)	0.7 (0.3)	0.6 (0.1)	1.2 (0.2)	1.4 (1.0)	0.8 (0.3)	0.8 (0.4)	0.3 (0.0)	0.4 (0.0)	1.0 (0.3)
2009	5.8 (2.1)	2.7 (1.0)	1.1 (0.3)	1.3 (0.5)	0.5 (0.0)	1.0 (0.2)	1.3 (0.6)	0.8 (0.3)	1.0 (0.3)	0.8 (0.3)	0.4 (0.0)	0.7 (0.1)
2011	12.2 (4.8)	6.3 (1.7)	6.6 (2.4)	2.8 (0.9)	4.3 (2.1)	1.4 (0.0)	3.5 (1.0)	2.6 (0.8)	2.2 (0.7)	1.1 (0.4)	1.1 (0.3)	0.9 (0.0)
P for trend	0.002	<0.001	0.01	0.008	0.05	<0.001	<0.001	<0.001	0.001	0.02	0.05	0.03
Red meat, g/d												
1997	55.1 (1.9)	61.1 (2.2)	60.6 (2.1)	48.8 (2.1)	56.7 (2.5)	60.9 (3.3)	51.8 (1.8)	54.9 (1.8)	51.0 (1.7)	50.6 (2.0)	55.2 (2.3)	50.8 (2.3)
2000	63.7 (2.2)	71.1 (2.4)	64.1 (1.9)	59.6 (2.1)	63.1 (2.6)	65.3 (3.3)	58.0 (2.0)	65.4 (1.9)	59.4 (1.7)	55.2 (1.9)	60.7 (2.2)	62.6 (3.0)
2004	67.2 (2.8)	63.4 (2.2)	68.3 (2.2)	59.2 (1.9)	55.5 (2.4)	60.3 (2.7)	63.9 (2.4)	60.2 (1.8)	62.3 (1.9)	54.4 (1.7)	53.6 (2.1)	58.2 (2.2)
2006	78.0 (3.6)	74.1 (2.4)	75.3 (2.2)	68.5 (1.9)	60.9 (2.1)	64.2 (2.6)	70.0 (2.9)	66.9 (1.9)	67.7 (1.7)	65.1 (1.8)	57.8 (1.9)	63.2 (2.2)
2009	82.4 (3.6)	80.6 (2.5)	76.4 (2.2)	74.9 (2.0)	66.5 (2.1)	65.2 (2.3)	77.6 (3.1)	68.1 (2.0)	71.4 (1.8)	66.7 (1.6)	63.9 (1.8)	63.2 (2.0)
2011	99.3 (4.0)	91.9 (2.9)	81.2 (2.1)	81.3 (2.1)	72.4 (2.0)	70.6 (2.3)	85.1 (3.1)	75.9 (2.0)	75.7 (1.7)	71.5 (1.6)	66.3 (1.7)	66.1 (1.9)
P for trend*	<0.001	<0.001	<0.001	<0.001	<0.001	0.002	<0.001	<0.001	<0.001	<0.001	<0.001	<0.001
Processed meat, g/d												
1997	1.8 (0.3)	2.6 (0.4)	2.3 (0.3)	1.9 (0.3)	2.1 (0.4)	2.2 (0.6)	2.0 (0.3)	2.5 (0.3)	2.1 (0.3)	1.9 (0.3)	1.6 (0.3)	1.7 (0.3)
2000	2.1 (0.4)	2.9 (0.3)	3.1 (0.4)	2.6 (0.4)	2.7 (0.5)	2.2 (0.5)	2.0 (0.3)	2.4 (0.3)	2.6 (0.3)	2.1 (0.3)	2.0 (0.3)	1.9 (0.5)
2004	2.6 (0.6)	1.9 (0.3)	2.2 (0.3)	2.2 (0.3)	2.0 (0.5)	2.2 (0.6)	1.9 (0.3)	1.8 (0.3)	2.2 (0.3)	1.5 (0.2)	2.0 (0.4)	1.7 (0.3)
2006	3.9 (0.7)	3.6 (0.5)	3.8 (0.5)	4.2 (0.5)	3.4 (0.5)	2.8 (0.5)	3.9 (0.6)	3.4 (0.4)	3.0 (0.3)	4.0 (0.5)	3.0 (0.4)	2.0 (0.3)
2009	6.0 (0.8)	4.4 (0.5)	4.2 (0.5)	3.2 (0.4)	4.1 (0.5)	2.6 (0.5)	4.7 (0.7)	4.9 (0.6)	3.0 (0.3)	2.6 (0.3)	2.7 (0.3)	2.5 (0.4)
2011	5.3 (0.9)	4.7 (0.7)	3.7 (0.4)	3.7 (0.4)	3.1 (0.4)	3.8 (0.6)	3.0 (0.5)	4.2 (0.5)	3.3 (0.4)	3.1 (0.4)	3.0 (0.4)	2.7 (0.4)
P for trend*	<0.001	<0.001	0.006	0.003	0.007	0.02	<0.001	<0.001	0.1	0.005	0.003	0.03

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Whole grain, g/d												
1997	2.9 (0.7)	3.2 (0.8)	4.9 (1.0)	4.4 (0.9)	4.3 (1.3)	2.7 (0.8)	4.1 (0.7)	4.0 (0.8)	5.8 (1.1)	4.6 (0.8)	4.0 (1.0)	3.5 (0.9)
2000	2.6 (0.8)	4.1 (0.9)	3.4 (0.8)	4.6 (0.9)	5.2 (1.4)	3.3 (1.5)	3.3 (0.7)	3.7 (0.7)	3.2 (0.6)	5.7 (1.2)	4.0 (0.9)	3.8 (0.9)
2004	3.2 (1.1)	2.3 (0.7)	3.1 (0.7)	2.9 (0.5)	2.9 (0.7)	2.6 (0.7)	1.1 (0.2)	2.1 (0.6)	3.3 (0.7)	2.5 (0.4)	3.0 (0.7)	3.5 (0.8)
2006	4.1 (1.2)	3.9 (0.7)	4.0 (0.7)	4.1 (0.6)	2.5 (0.6)	3.9 (0.9)	2.4 (0.5)	2.8 (0.5)	4.3 (0.6)	4.2 (0.6)	3.6 (0.7)	3.1 (0.5)
2009	1.8 (0.3)	2.9 (0.7)	3.2 (0.6)	3.3 (0.5)	3.6 (0.6)	4.2 (1.2)	4.2 (1.2)	3.2 (0.7)	3.2 (0.5)	3.8 (0.5)	4.0 (0.8)	2.9 (0.6)
2011	4.4 (1.2)	4.5 (0.8)	4.4 (0.8)	5.0 (0.9)	5.1 (0.8)	2.7 (0.6)	3.9 (0.6)	6.3 (1.2)	4.6 (0.6)	4.5 (0.6)	5.1 (0.6)	4.1 (0.8)
<i>P</i> for trend*	0.46	0.69	0.38	0.89	0.73	0.86	0.68	0.41	0.13	0.39	0.5	0.91
Low-fat dairy products, g/d												
1997	0	0	0	0	0.3 (0.2)	0.6 (0.6)	0	0	0	0	0.2 (0.2)	0
2000	0.2 (0.2)	0	0.1 (0.1)	0	0	0.5 (0.5)	0	0.4 (0.2)	0.1 (0.1)	0	0	0.8 (0.8)
2004	0.1 (0.01)	0.1 (0.1)	0	0.1 (0.1)	0	0.4 (0.4)	0	0	0	0.2 (0.1)	0	0
2006	0.6 (0.6)	0	0.3 (0.2)	0	0.1 (0.1)	0	0	0	0.1 (0.1)	0	0.1 (0.1)	0.2 (0.2)
2009	0	0.1 (0.1)	0	0	0	0	0	0	0.1 (0.1)	0	0	0
2011	0.4 (0.4)	0	0	0.2 (0.2)	0.1 (0.1)	0.5 (0.5)	0.5 (0.4)	0	0	0.2 (0.2)	0.1 (0.1)	0.7 (0.5)
<i>P</i> for trend*	0.26	0.4	0.77	0.41	0.47	0.48	0.03	0.26	0.83	0.54	0.96	0.86
Nuts, g/d												
1997	2.4 (0.3)	2.6 (0.3)	3.7 (0.4)	3.1 (0.4)	2.9 (0.5)	1.5 (0.3)	2.1 (0.3)	2.1 (0.3)	2.7 (0.3)	2.2 (0.3)	1.8 (0.3)	1.6 (0.2)
2000	3.2 (0.4)	3.8 (0.4)	5.0 (0.5)	3.8 (0.5)	4.2 (0.6)	2.3 (0.4)	2.5 (0.3)	3.2 (0.3)	3.5 (0.4)	3.4 (0.4)	2.8 (0.4)	2.6 (0.5)
2004	2.6 (0.4)	3.8 (0.5)	3.6 (0.4)	4.4 (0.5)	3.3 (0.5)	2.7 (0.6)	2.9 (0.5)	2.6 (0.3)	2.8 (0.3)	3.1 (0.3)	2.1 (0.3)	2.7 (0.4)
2006	3.9 (0.7)	2.6 (0.3)	3.7 (0.5)	4.2 (0.4)	3.8 (0.6)	3.6 (0.5)	3.1 (0.5)	2.4 (0.3)	3.5 (0.4)	3.7 (0.4)	2.5 (0.3)	3.0 (0.4)
2009	4.3 (0.7)	3.7 (0.5)	5.0 (0.6)	5.5 (0.5)	5.6 (0.7)	4.7 (0.6)	3.5 (0.6)	3.5 (0.4)	4.0 (0.4)	4.3 (0.4)	4.2 (0.5)	3.0 (0.4)
2011	5.6 (0.8)	4.3 (0.5)	5.8 (0.5)	6.8 (0.6)	5.5 (0.6)	4.8 (0.5)	5.4 (0.7)	5.2 (0.6)	6.6 (0.5)	5.8 (0.4)	4.5 (0.4)	4.2 (0.4)
<i>P</i> for trend*	<0.001	0.06	0.04	<0.001	0.001	<0.001	<0.001	<0.001	<0.001	<0.001	<0.001	<0.001
Fruit, g/day												
1997	12.8 (1.6)	14.2 (2.3)	12.7 (1.7)	10.1 (1.4)	11.2 (1.8)	11.6 (3.0)	17.1 (2.1)	17.5 (2.2)	15.1 (1.7)	11.7 (1.6)	14.8 (2.3)	12.7 (3.0)
2000	12.1 (1.4)	12.8 (1.4)	11.1 (1.1)	14.5 (1.7)	15.8 (2.0)	16.0 (3.2)	17.0 (1.8)	18.8 (1.6)	14.6 (1.2)	16.6 (1.8)	15.9 (1.7)	18.1 (2.3)
2004	15.5 (2.0)	14.1 (1.6)	14.6 (1.4)	17.0 (1.8)	20.2 (2.0)	20.5 (2.4)	29.5 (2.8)	23.4 (1.8)	23.5 (1.7)	21.7 (1.7)	19.8 (1.6)	20.0 (2.3)
2006	45.7 (5.5)	36.5 (3.3)	39.5 (3.3)	39.7 (3.3)	29.9 (2.8)	33.1 (3.4)	52.3 (4.8)	50.2 (3.6)	47.1 (3.3)	46.5 (3.2)	34.4 (2.8)	32.0 (2.8)
2009	48.5 (4.3)	35.2 (2.8)	41.7 (2.7)	38.7 (2.4)	33.0 (2.5)	37.2 (3.2)	69.5 (4.8)	53.0 (3.6)	57.6 (3.0)	50.1 (2.6)	41.0 (3.0)	39.8 (2.9)
2011	73.3 (5.8)	68.8 (4.8)	65.6 (3.3)	58.2 (3.0)	57.3 (3.4)	58.6 (4.1)	90.3 (5.7)	78.3 (4.1)	75.5 (3.1)	65.3 (2.9)	58.5 (3.0)	59.1 (3.4)
<i>P</i> for trend*	<0.001	<0.001	<0.001	<0.001	<0.001	<0.001	<0.001	<0.001	<0.001	<0.001	<0.001	<0.001
Vegetable, g/d												
1997	255 (4.8)	252 (4.7)	253 (4.5)	251 (5.5)	246 (5.7)	240 (8.6)	247 (4.7)	253 (4.3)	258 (4.2)	258 (5.3)	241 (5.4)	215 (6.0)
2000	265 (5.1)	263 (5.0)	278 (4.9)	283 (5.5)	263 (6.6)	239 (7.1)	246 (5.1)	262 (4.5)	273 (4.2)	278 (5.6)	253 (5.8)	231 (6.4)
2004	283 (6.6)	279 (5.6)	294 (5.5)	299 (5.4)	294 (6.6)	272 (7.6)	265 (5.7)	280 (4.8)	293 (4.8)	295 (4.5)	281 (6.0)	246 (6.0)
2006	291 (8.2)	281 (5.3)	291 (4.9)	306 (5.0)	297 (6.1)	271 (6.3)	263 (6.1)	276 (4.8)	290 (4.5)	299 (4.4)	289 (5.6)	252 (5.5)
2009	282 (7.4)	290 (5.5)	286 (4.6)	299 (4.7)	295 (5.5)	272 (6.2)	259 (5.9)	284 (5.1)	292 (4.4)	296 (4.2)	290 (4.9)	253 (5.1)
2011	324 (8.6)	341 (7.4)	338 (5.6)	323 (5.4)	323 (5.6)	319 (7.5)	300 (7.1)	327 (6.2)	328 (4.9)	313 (4.5)	313 (4.9)	288 (6.0)

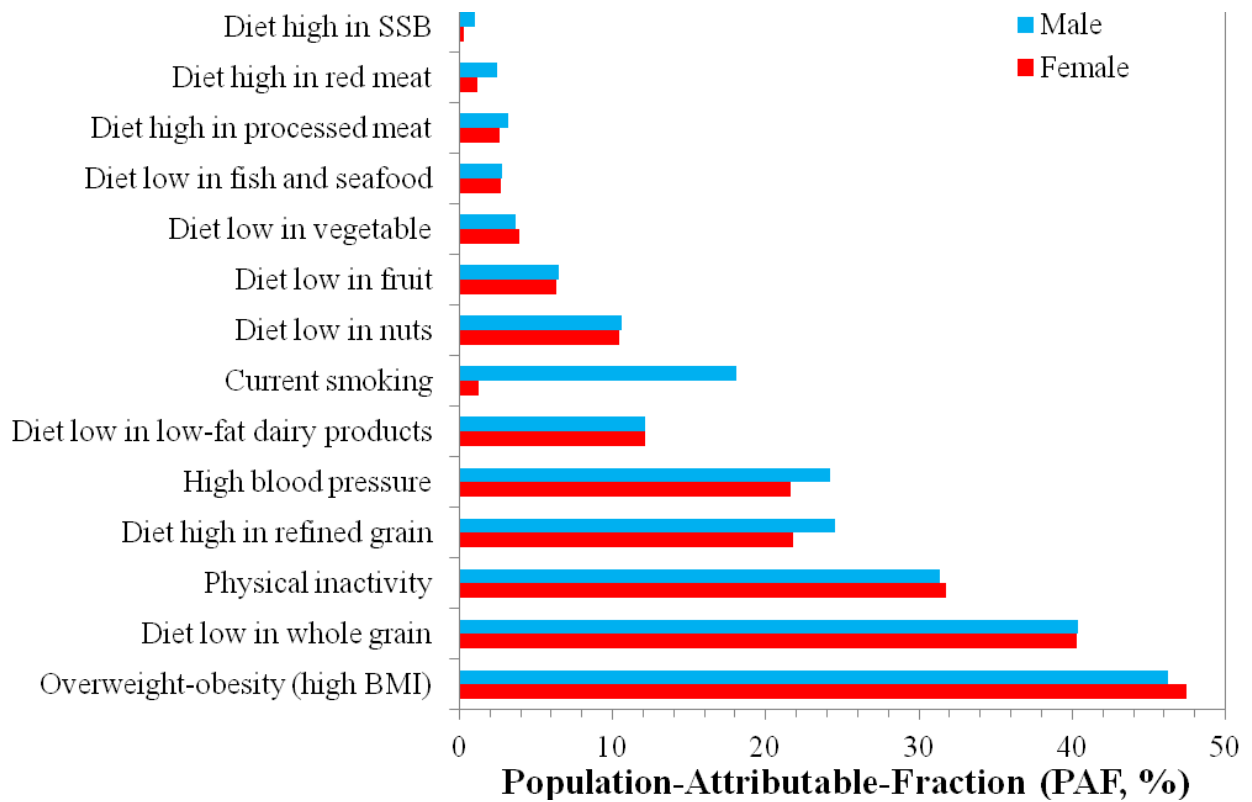
SUPPLEMENTARY DATA

<i>P</i> for trend*	<0.001	<0.001	<0.001	<0.001	<0.001	<0.001	<0.001	<0.001	<0.001	<0.001	<0.001	<0.001
Fish and seafood, g/d												
1997	16.2 (1.0)	18.8 (1.1)	19.1 (1.1)	15.8 (1.1)	18.4 (1.5)	15.1 (1.5)	16.3 (1.0)	17.8 (0.9)	15.7 (0.8)	13.5 (0.9)	17.2 (1.3)	14.8 (1.3)
2000	14.2 (0.9)	19.7 (1.2)	17.7 (1.0)	19.6 (1.2)	17.1 (1.4)	14.7 (1.4)	14.8 (0.9)	17.9 (1.0)	16.4 (0.9)	17.4 (1.1)	14.4 (0.9)	14.1 (1.4)
2004	18.3 (1.4)	18.2 (1.1)	20.7 (1.1)	21.2 (1.2)	18.4 (1.4)	21.0 (1.8)	17.9 (1.5)	17.6 (1.0)	18.2 (1.0)	19.0 (1.1)	15.4 (1.1)	14.1 (1.1)
2006	18.1 (2.2)	20.2 (1.3)	26.2 (1.4)	23.9 (1.2)	20.3 (1.4)	23.3 (1.9)	20.5 (1.8)	18.8 (1.0)	22.8 (1.2)	21.0 (1.3)	20.0 (1.4)	17.7 (1.3)
2009	24.0 (1.8)	27.1 (1.8)	26.4 (1.3)	27.4 (1.3)	24.9 (1.4)	19.7 (1.4)	24.3 (2.0)	25.0 (1.4)	21.9 (1.0)	23.1 (1.1)	21.6 (1.4)	15.5 (1.1)
2011	30.0 (2.7)	32.3 (2.2)	33.8 (1.7)	36.9 (1.9)	30.0 (1.8)	28.4 (2.1)	30.1 (2.4)	34.5 (2.3)	27.2 (1.3)	29.8 (1.4)	27.6 (1.6)	24.3 (1.5)
<i>P</i> for trend*	<0.001	<0.001	<0.001	<0.001	<0.001	<0.001	<0.001	<0.001	<0.001	<0.001	<0.001	<0.001

* To quantify time trends of the risk factors, the general linear mixed regression models was applied by including the year of each wave as a scored trend variable, the models also adjusted urban/rural area, educational level, occupation, and provinces besides the subgroup variable; A strict Bonferroni correction was applied to adjust for multiple comparisons; a *P* value <0.001 was considered.

SUPPLEMENTARY DATA

Supplemental Figure S1. Population-Attributable-Fraction (%) of individual risk factors on risk of type 2 diabetes in 2011 by sex



SUPPLEMENTARY DATA

Supplementary Text. list of references for Table 1

Sources	References
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