

Supplemental table 1: Overall response to statements derived from ACOG on specific use of CAM in pregnancy

Statement	Strongly agree N (%)	Agree N (%)	Neutral N (%)	Disagree N (%)	Strongly disagree N (%)	Median (SIQ)
Acupuncture can treat nausea in pregnancy.	3 (2.3)	55 (43.0)	54 (42.2)	10 (7.8)	2 (1.6)	3 (0.5)
Acupuncture can reduce low back pain during pregnancy.	2 (1.6)	67 (52.3)	47 (36.7)	5 (3.9)	2 (1.6)	2 (0.5)
Acupuncture can be used for induction of labor.	0	9 (7.0)	58 (45.3)	46 (35.9)	11 (8.6)	3 (0.5)
Acupuncture can decrease the length of labor.	1 (0.8)	8 (6.3)	60 (46.9)	46 (35.9)	7 (5.5)	3 (0.5)
<i>Acupressure</i> can treat nausea in pregnancy.	3 (2.3)	45 (35.2)	58 (45.3)	14 (10.9)	3 (2.3)	3 (0.5)
Fish oil supplements containing omega 3 fatty acids can lower the risk of preterm birth.	0	15 (11.7)	55 (43.0)	44 (34.4)	10 (7.8)	3 (0.5)
Ginger (1 gm/day) can treat nausea in pregnancy.	12 (9.4)	72 (56.3)	33 (25.8)	5 (3.9)	2 (1.6)	2 (0.5)
Heavy licorice consumption (>500 mg/kg) can double the risk of preterm birth.	0	15 (11.7)	85 (66.4)	19 (14.8)	5 (3.9)	3 (0)
Hypnosis during labor is an effective method to reduce the need for anesthesia /pain relief during labor.	9 (7.0)	58 (45.3)	43 (33.6)	11 (8.6)	3 (2.3)	2 (0.5)
Hypnosis with tocolytic therapy is more beneficial in reducing preterm birth than tocolytics alone.	0	6 (4.7)	72 (56.3)	39 (30.5)	7 (5.5)	3 (0.5)
Massage therapy during labor can reduce labor pain.	8 (6.3)	80 (62.5)	29 (22.7)	5 (3.9)	2 (1.6)	2 (0.5)
Massage therapy during labor can reduce the length of labor.	4 (3.1)	17 (13.3)	73 (57.0)	25 (19.5)	5 (3.9)	3 (0)
Moxibustion can turn a breech baby to a vertex position.	2 (1.6)	10 (7.8)	46 (35.9)	45 (35.2)	18 (14.1)	4 (0.5)
Moxibustion can cause fetal distress.	0	7 (5.5)	84 (65.6)	25 (19.5)	5 (3.9)	3 (0.3)
Yoga can reduce low back pain in pregnancy.	22 (17.2)	75 (58.6)	24 (18.8)	2 (1.6)	1 (0.8)	2 (0)
Yoga can improve sleep during pregnancy.	23 (18.0)	69 (53.9)	30 (23.4)	1 (0.8)	1 (0.8)	2 (0.5)
Yoga can reduce pain during labor.	13 (10.2)	56 (43.8)	47 (36.7)	5 (3.9)	3 (2.3)	2 (0.5)

Median Scale: 1 = Strongly Agree, 2 = Agree, 3= Neutral, 4= Disagree, 5 = Strongly Disagree