

**Appendix 2 (as supplied by the authors)**

<i>Supplemental Table 1. Patient baseline symptom and perception data</i>	
<b>Measure</b>	<b>Mean Value (SD)</b>
<b>Beliefs about Medications Questionnaire</b>	
Specific-Necessity (scale 5-25, higher values indicate greater belief in necessity of medications)	18.5 (2.9)
Specific-Concerns (scale 5-25, higher values indicate greater concern about medications)	14.2 (3.5)
General Overuse (scale 3-15, higher values indicate stronger belief that medications are overused)	9.3 (2.2)
General Harm (scale 4-20, higher values indicate stronger beliefs that medications are harmful)	10.2 (2.2)
<b>Patient Attitudes Towards Deprescribing (n (%) agreeing or strongly agreeing with the statement)</b>	
I feel that I am taking a large number of medications.	33 (61%)
I am comfortable with the number of medications that I am taking.	28 (52%)
I believe that all my medications are necessary.	30 (56%)
If my doctor said it was possible I would be willing to stop one or more of my regular medications.	49 (91%)
I would like to reduce the number of medications that I am taking.	34 (63%)
I feel that I may be taking one or more medications that I no longer need.	15 (28%)
I would accept taking more medications for my health conditions.	37 (69%)
I have a good understanding of the reasons I was prescribed each of my medications.	38 (70%)
Having to pay for less medications would play a role in my willingness to stop one or more of my medications.	15 (28%)
I believe one or more of my medications is giving me side effects.	23 (43%)
I have previously tried to stop a regular medication (with a doctor's knowledge)	18 (33%)
I would be comfortable with stopping a medication on a pharmacist's recommendation (as long as their physician was informed).	40 (74%)
<b>Preferred follow-up after stopping a medication</b>	
Face-to-face appointment	36 (67%)
Phone call	14 (26%)
Written information in mail	1 (2%)
No follow-up	3 (6%)
<b>Edmonton Symptom Assessment System-revised, Mean Score (SD)</b>	
Pain	3.6 (3.6)
Tiredness	5.2 (3.5)
Drowsiness	4.4 (3.4)
Nausea	1.2 (2.8)
Lack of Appetite	3.1 (3.7)
Shortness of Breath	3.8 (3.9)
Depression	2.3 (3.2)
Anxiety	1.9 (3.1)
Wellbeing	4.8 (2.6)

Number of Symptom Scores >6	2.1 (2.0)
SD- Standard Deviation	

Supplemental Figure 1: Patient perceptions of medication rationalization

