## Appendix. Lower Esophageal Sphincter Narrow Zone Motion Parameters

During each distension volume, the lower esophageal sphincter (LES) narrow zone motion parameters were defined as:

#### (1) LES narrow zone length, L(t):

$$L(t) = B_{lower}(t) - B_{upper}(t)$$
<sup>[1]</sup>

where  $B_{apper}(t)$ ,  $B_{lower}(t)$  are upper and lower edges of the narrow zone during the distension, the peak-to-peak amplitude of the L(t) (maximum value - minimum value in a cyclic fluctuation) was calculated as the shortening of the LES narrow zone in a given contraction cycle.

# (2) The LES narrow zone upper and lower boundary baseline, $\overline{B_{upper}(t)}$ and $\overline{B_{lower}(t)}$ :

 $\overline{B_{upper}(t)}$  is the averaged  $B_{upper}(t)$  during each distension volume.  $\overline{B_{lower}(t)}$  is the averaged  $B_{lower}(t)$  during each distension volume.

#### (3) The proximal, middle, and distal locations of the narrow zone:

Proximal narrow zone:  $L_{proximal}(t) = B_{upper}(t) + 0.25 * L(t)$ Middle narrow zone:  $L_{midde}(t) = B_{upper}(t) + 0.5 * L(t)$ Distal narrow zone:  $L_{fixel}(t) = B_{upper}(t) + 0.75 * L(t)$ 

## (4) The axial movement of the LES narrow zone, $L_{movement}(t)$ :

$$L_{movement}(t) = (\overline{B_{lower}(t)} - B_{lower}(t))$$
[3]

The peak-to-peak amplitude of the  $L_{movement}(t)$  (maximum value – minimum value in a cyclic fluctuation) was calculated as the upward movement of the LES narrow zone in a contraction cycle.

# (5) The bag pressure change during the distension, P(t):

The peak-to-peak amplitude of the P(t) (maximum value – minimum value in a cyclic fluctuation) was calculated as the contraction pressure change of the LES narrow zone in one contraction cycle.

### (6) The diameter change

The diameter change during the distension in the distal, middle and proximal parts of the LES narrow zone, were denoted as:  $D_{distal}(t)$  (the diameter at  $L_{distal}(t)$ ),  $D_{middle}(t)$  (the diameter at  $L_{middle}(t)$ ), and  $D_{proximal}(t)$  (the diameter at  $L_{proximal}(t)$ ). The peak-to-peak amplitude of the  $D_{middle}(t)$  (maximum value - minimum value in a cyclic fluctuation) was calculated as the contraction diameter change of the LES narrow zone in one contraction cycle.

#### (7) Peristaltic velocity V

For distension-evoked secondary peristaltic contractions, the peristaltic velocity v was calculated as:  $v = (L_{distal} - L_{proximal})/(t_{distal} - t_{proximal})$ , where  $t_{distab}$   $t_{proximal}$  were time at the minimum  $D_{distal}$  and  $D_{proximal}$  during a contraction cycle, and  $L_{distal}$  and  $L_{proximal}$  were the 25% and 75% LES narrow zone length at  $t_{distal}$  and  $t_{proximal}$ .

[2]