## S1 Appendix: Details for the model including exteroceptive observations

For the extended model including exteroceptive observations, the distribution of outcomes given hidden states in the generative process is:

$$R(o_t|s_t) = \begin{bmatrix} \lambda^{(1)} \\ \lambda^{(2)} \\ \lambda^{(3)} \end{bmatrix}$$
(1)

with:

where a, b, c take varied values as described in the main text. Observable outcomes are thus now the set of all tuples of control states (U, corresponding to the 3 resultant proximities), interoceptive observations (the 5 stress levels I) and exteroceptive observations (the 3 caregiving cues), giving a total of W = 45 observable outcomes. The probability of any particular observable outcome (rows of

R) given a hidden state (columns of R) is parametrised by a, b, c (with a parametrising observable outcomes involving exteroceptive cues that the infant associates with subsequent attention; b parametrising outcomes involving lack of a cue, that the infant associates with subsequent inattention; and c parametrising outcomes involving ambiguous cues, that the infant associates with both subsequent attention and inattention). Similarly, the infant's likelihood model of observations given hidden states is now given by:

$$\theta = \{\epsilon\}^{W \times J} + \begin{bmatrix} \theta^{(1)} \\ \theta^{(2)} \\ \theta^{(3)} \end{bmatrix}$$
(3)

with  $\epsilon = 10^{-10}$  as before, J = 12 total hidden states, and:

|                  | [900  | 0   | 0   | 0             |                  |             | 0                          | 0   | 0    | 0    |
|------------------|---|-----|-----|---------------|------------------|-------------|----------------------------|-----|------|------|
|                  | 0   | 900 | 0   | 0             |                  |             | 0                          | 0   | 0    | 0    |
|                  | 100   | 100 | 0   | 0             | n.               |             | 0                          | 0   | 0    | 0    |
| $\theta^{(1)} =$ | 0   | 0   | 0   | 0             |                  |             | 900                        | 0   | 0    | 0    |
|                  |   | 0   | 0   | 0             |                  |             | 0                          | 900 | 0    | 0    |
|                  | 0   | 0   | 0   | 0             |                  |             | 100                        | 100 | 0    | 0    |
|                  | 0   | 0   | 900 | 0             |                  | ) =         | 0                          | 0   | 0    | 0    |
|                  | 0   | 0   | 0   | 900           | $, \theta^{(2)}$ |             | 0                          | 0   | 0    | 0    |
|                  | 0   | 0   | 100 | 100           |                  |             | 0                          | 0   | 0    | 0    |
|                  | 0<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0<br>0 | 0   | 0   | 0             |                  |             | 0<br>0<br>0<br>0<br>0<br>0 | 0   | 900  | 0    |
|                  | 0   | 0   | 0   | 0             |                  |             | 0                          | 0   | 0    | 900  |
|                  | 0   | 0   | 0   | 0             |                  |             | 0                          | 0   | 100  | 100  |
|                  | 0   | 0   | 0   | 0             |                  |             | 0                          | 0   | 0    | 0    |
|                  | 0   | 0   | 0   | 0             |                  |             | 0                          | 0   | 0    | 0    |
|                  | 0   | 0   | 0   | 0             |                  |             | 0                          | 0   | 0    | 0    |
|                  |   |     |     |               |                  | 0           |                            | 0   | 0    | 0    |
|                  |   |     |     |               |                  | 0           |                            | 0   | 0    | 0    |
|                  |   |     |     |               |                  | 0           |                            | 0   | 0    | 0    |
|                  |   |     |     |               |                  | 0           |                            | 0   | 0    | 0    |
|                  |   |     |     |               |                  | 0           |                            | 0   | 0    | 0    |
|                  |   |     |     |               |                  | 0           |                            | 0   | 0    | 0    |
|                  |   |     |     |               | 3) =             | 0<br>0<br>0 |                            | 0   | 0    | 0    |
|                  |   |     |     | $	heta^{(3)}$ |                  | 0           |                            | 0   | 0    | 0    |
|                  |   |     |     |               |                  | 00          |                            | 0   | 0    | 0    |
|                  |   |     |     |               |                  |             |                            | 0   | 0    | 0    |
|                  |   |     |     |               |                  | 0           |                            | 0   | 0    | 0    |
|                  |   |     |     |               |                  | 0           |                            | 0   | 0    | 0    |
|                  |   |     |     |               |                  | 0           |                            | 0   | 0    | 0    |
|                  |   |     |     |               |                  | 100         |                            |     | 1000 | 1000 |
|                  |   |     |     |               |                  | 0           |                            | 0   | 0    | 0    |

(5)

(4)