

Table S1—Quality assessment of the included studies.

Study	A	B	C	D	E	F	G	Total / 7	Risk of bias	Level of evidence: SORT Guidelines <sup>1</sup>
Aran et al. <sup>2</sup>	1	1	1	1	0	0	1	5	Some bias due to retrospective collection of information.	Quality: Level 2 Strength of recommendation: C
Avis et al. <sup>3</sup>	1	1	1	1	1	1	1	7	Low risk of bias	Quality: Level 1 Strength of recommendation: B
Dias Costa et al. <sup>4</sup>	1	1	1	0	1	1	1	6	Low risk of bias, although group size was small and therefore generalizability of results requires caution.	Quality: Level 2 Strength of recommendation: B
Dorris et al. <sup>5</sup>	1	1	1	1	1	1	1	7	Low risk of bias, although group size was small and therefore generalizability of results requires caution.	Quality: Level 2 Strength of recommendation: B
Frolich et al. <sup>6</sup>	1	1	0	1	1	1	1	6	Low risk of bias, although group size of narcolepsy (n=3) and idiopathic hypersomnolence (n=3) children was small and therefore generalizability of results requires caution.	Quality: Level 2 Strength of recommendation: C
Guilleminault and Pelayo <sup>7</sup>	1	1	1	1	0	0	1	5	Low risk of bias.	Quality: Level 2 Strength of recommendation: B
Hansen <sup>8</sup>	1	1	1	1	1	1	1	7	Low risk of bias, although group size was small and therefore generalizability of results requires caution.	Quality: Level 2 Strength of recommendation: B
Inocente et al. <sup>9</sup>	1	1	1	1	1	1	1	7	Low risk of bias.	Quality: Level 1 Strength of recommendation: B
Inocente et al. <sup>10</sup>	1	1	1	1	1	1	1	7	Low risk of bias.	Quality: Level 1 Strength of recommendation: B
Itoet al. <sup>11</sup>	1	1	1	1	1	1	1	7	Low risk of bias.	Quality: Level 2 Strength of recommendation: C

Jennum et al. <sup>12</sup>	1	0	1	1	1	1	1	7	Low risk of bias	Quality: Level 1 Strength of recommendation: A
Karjalainen et al. <sup>13</sup>	1	1	1	1	1	0	1	6	Low risk of bias, although group size was small and therefore generalizability of results requires caution.	Quality: Level 2 Strength of recommendation: B
Kotagal et al. <sup>14</sup>	1	1	1	1	0	0	1	5	Low risk of bias as four case reports given	Quality: Level 2 Strength of recommendation: B
Lecendreux et al. <sup>15</sup>	1	1	1	1	1	1	1	7	Low risk of bias	Quality: Level 2 Strength of recommendation: B
Partinen et al. <sup>16</sup>	1	1	1	1	1	0	1	6	Low risk of bias	Quality: Level 2 Strength of recommendation: B
Posar et al. <sup>17</sup>	1	1	1	1	1	1	1	7	Low risk of bias, although group size was small and therefore generalizability of results requires caution.	Quality: Level 2 Strength of recommendation: B
Rocca et al. <sup>18</sup>	1	1	1	1	1	1	1	7	Low risk of bias	Quality: Level 1 Strength of recommendation: B
Stores et al. <sup>19</sup>	1	1	1	1	1	1	1	7	Low risk of bias.	Quality: Level 2 Strength of recommendation: B
Szakács et al. <sup>20</sup>	1	1	1	1	1	1	1	7	Low risk of bias	Quality: Level 1 Strength of recommendation: A
Szakács <sup>21</sup>	1	1	1	1	1	1	1	7	Low risk of bias	Quality: Level 2 Strength of recommendation: B

## Supplemental References

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