

Supplementary Table 1. Factors Associated with Less-Than-Normotensive or Less-Than-Hypertensive BP in Multivariate Logistic Regression Analysis from KHNANES III to VI Phase

| OR (95% CI) | Less-than-normotensive BP | Less-than-hypertensive BP |
|-------------------------------------|---------------------------|---------------------------|
| Men | | |
| Age, every 10 years | 0.644 (0.615–0.675) | 0.751 (0.717–0.787) |
| BMI, every 1 kg/m ² | 0.851 (0.835–0.867) | 0.877 (0.861–0.894) |
| FPG, every 1 mg/dL | 0.991 (0.988–0.995) | 0.994 (0.992–0.997) |
| Total cholesterol, every 1 mg/dL | 0.997 (0.996–0.999) | 0.996 (0.995–0.998) |
| Sufficient activity (yes vs. no) | 0.981 (0.887–1.085) | 1.022 (0.918–1.138) |
| Heavy alcohol-drinking (yes vs. no) | 0.537 (0.471–0.612) | 0.597 (0.528–0.676) |
| Current smoking (yes vs. no) | 1.186 (0.961–1.424) | 1.087 (0.970–1.218) |
| Energy intake, every 100 kcal/day | 1.005 (0.998–1.012) | 1.001 (0.994–1.008) |
| Na intake, every 100 mg/day | 0.999 (0.997–1.001) | 0.999 (0.998–1.001) |
| Women | | |
| Age, every 10 years | 0.453 (0.431–0.477) | 0.531 (0.501–0.562) |
| BMI, every 1 kg/m ² | 0.860 (0.845–0.875) | 0.901 (0.882–0.920) |
| FPG, every 1 mg/dL | 0.991 (0.987–0.996) | 0.998 (0.995–1.002) |
| Total cholesterol, every 1 mg/dL | 0.996 (0.994–0.998) | 0.994 (0.992–0.996) |
| Sufficient activity (yes vs. no) | 1.082 (0.972–1.205) | 0.920 (0.802–1.055) |
| Heavy alcohol-drinking (yes vs. no) | 0.445 (0.355–0.558) | 0.436 (0.328–0.579) |
| Current smoking (yes vs. no) | 1.156 (0.897–1.488) | 1.085 (0.796–1.477) |
| Energy intake, every 100 kcal/day | 1.001 (0.992–1.010) | 0.998 (0.985–1.012) |
| Na intake, every 100 mg/day | 1.001 (0.999–1.003) | 1.000 (0.997–1.002) |

KHNANES, Korean National Health and Nutrition Examination Survey; BP, blood pressure; BMI, body mass index; FPG, fasting plasma glucose; Na, sodium; OR, odds ratio; CI, confidence interval.

Adjusting for age, BMI, FPG, total cholesterol, sufficient activity, heavy alcohol drinking, smoking status, energy intake, sodium intake, medication and anti-dyslipidemic medication.