

Supplementary Figure 1 | Distributions of distances and angles for transmembrane helices. (a) Distribution of the radial distance *r* for the pore-lining helix (PLH) bundle in 39 unique ion channel structures. (b) Distribution of the tilt angle θ for 171 transmembrane helices in 26 membrane proteins. (c) Distribution of θ for the PLH bundles of the 39 channel structures. (d) Distribution of the contact distances of 128 helix pairs in the 26 membrane proteins. (e) Distribution of the contact distances between PLHs and their nearest neighboring helices (not necessarily pore-lining) in the 39 channel structures. (f) Distribution of the contact distances between neighboring PLHs in the 39 channel structures.



Supplementary Figure 2 | The W-shaped accessible region in the *r-θ-φ* **space.** (a) The accessible region for trimeric models, along with the conformations of 4 actual porelining helix (PLH) bundles. The *r* values of the plausible models are displayed according to the color scale at the top. Each black dot represents an actual PLH bundle. The closed-state P2X4 receptor and ASIC1a are within the accessible region, but their openstate counterparts are either near the border of the accessible region (4DW1 for P2X4 receptor) or well outside (4FZ1 for ASIC1a). (**b & c**) Corresponding results for hexamers and heptamers. The hexameric calcium release-activated calcium channel (4HKR) and heptameric MscS (2OAU for closed and 2VV5 for open) are within their respective W-shaped accessible regions.



Supplementary Figure 3 | The W-shaped accessible region in the *r*- θ - ϕ space for tetrameric models. The ranges of parameters are 5 Å < *r* < 16 Å, 0° < θ < 80°, and – 180° < ϕ < 180°. Conformations of pore-lining helix bundles in channel structures are displayed as black dots.



Supplementary Figure 4 | Minimum pore radii of the plausible models. (a) Hexamers. (b) Heptamers. (c) Octamers. In each panel, the R_0 values of the plausible models are displayed according to the color scale at the top.



Supplementary Figure 5 | Average R_0 when only one of the three coordinates is fixed, for oligomeric states. (a) Averaging at fixed *r*. (b) Averaging at fixed θ . (c) Averaging at fixed ϕ . Error bars representing standard deviations are displayed for pentamers, to indicate the significant variations in R_0 when only one coordinate is fixed. In (b) the dashed curve displays the prediction of Spencer and Rees for a model of infinite cylinders with a diameter of 7.8 Å.



Supplementary Figure 6 | Comparison of the open model proposed in this study for MscL (red) with a model proposed by Sukharev et al. (green). Both top and side views are shown.

PDB	r	θ (°)	φ(°)	Residues of	Aligned	Ideal	rmsd	Description	Ref.
entry	(Å)			PLHs	segment	helix	(Å)		
					Trin	ners			
3HGC	4.5	44.7	147.0	A-C: V427-E451	427-450	1-24	1.5	ASIC1 desensitized state	1
4FZ1	12.7	12.5	153.5	A-C: V427-L450	427-450	1-24	2.0	ASIC1-psalmotoxin 1 at high pH	2
4DW0	6.4	49.9	144.5	I335-I359	335-358	1-24	1.4	P2X4R apo	3
4DW1	8.6	45.3	-159.5	I335-I359	335-358 Tetro	1-24 mers	1.1	P2X4R with ATP	3
				A-D [.]	10000				
1BL8	68	32.9	-251	L86-0119	94-117	1-24	07	KcsA	4
1K4C	0.0	52.9	20.1	200 (11)	<i>y</i> 1 1 1 <i>1</i>	121	0.7	KcsA + Fab	5
2ITC								KcsA + Fab in NaCl	6
2NLJ								KcsA M96V mutant in KCl	6
3IGA								KcsA in 150 mM Li^+ and 3 mM K^+	7
								KcsA closed inactivated. E71H	
3HPL								and F103A	8
30R7								KcsA E71I	9
3OR6								KcsA E71Q	9
3STL								KcsAY82C with cadmium	10
3FB8								KcsA open conductive. Open 20 Å	11
3EFF								Full length KcsA closed	12
3PJS								Full length KcsA open	13
3F7Y								KcsA partially open. Open 17 Å	11
				A-D:					
3FB6	7.8	40.0	-4.0	L86-F114	94-114	1-21	0.6	KcsA partially open. Open 16 Å	11
3FB5								KcsA partially open. Open 14.5 Å	11
				A-D:				KcsA open inactivated. Open 32	
3F5W	9.8	56.1	11.8	L86-Q117	94-117	1-24	1.7	Å	11
3FB7								KcsA in open state with Rb ⁺	8
								KcsA open inactivated. Open 23	
3F7V								Å	11
				A-D:					
2A0L	9.2	57.8	0.4	P207-K237	214-237	1-24	1.4	KvAP + Fv fragment	14
10RQ								KvAP + Fab	15
				A-D:					16
2A79	7.7	48.4	8.6	I385-T421	394-417	1-24	1.6	Kv1.2	16
3LUT								Full length Kv1.2	17
2R9R								Kv1.2/Kv2.1	18
3LNM								Kv1.2/Kv2.1 F233W	19
				A-D:					•
4H33	6.2	33.8	4.1	P68-T102	79-102	1-24	1.1	KvLm closed	20
4H37								KvLm in K ⁺ condition	20
				A-D:					
3LDC	10.2	55.9	2.6	P70-I99	76-99	1-24	1.7	MthK K ⁺ channel	21
1LNQ								MthK K ⁺ channel, Ca ²⁺ gated	22
4HYO								MthK K ⁺ channel. S68H & V77C	23
				A-D:					
4GX5	12.1	28.0	-53.0	S78-F108	79-99	1-21	1.4	GsuK wild-type	24
4GX0								GsuK L97D	24
4GX1								GsuK L97D with ADP	24
4GX2								GsuK L97D with NAD ⁺	24
3JYC	9.6	35.8	-37.9	A-D:	160-183	1-24	0.6	Kir2.2	25

Supplementary Table 1 | Oligomeric arrangements of pore-lining helix bundles in channel structures

				C155-K183					
3SPI 3SPC 3SPH 3SPJ 3SPG								Kir2.2 with PIP ₂ Kir2.2 with DGPP Kir2.2 I223L mutant with PIP ₂ Kir2.2 I223L mutant apo Kir2.2 R186A mutant with PIP ₂	26 26 26 26 26
2QKS	8.2	34.4	-27.9	A-D: V103-S132	109-132	1-24	0.6	Kir3.1 GIPK2 (Kir3.2) + PIP + G	27
4KFM 3SYO 3SYA 3SYP	8.8	43.2	-22.6	P167-S196	173-196	1-24	1.1	orrest of the second state of the second sta	28 29 29 29
3SYQ 3SYC				A-D:				PIP ₂ GIRK2 (Kir3.2) D228N mutant	29 29
1P7B	8.0	32.7	-31.0	A-D. T120-A150 A-D [.]	127-150	1-24	0.6	KirBac1.1	30
2WLJ 2WLK 2WLI 2WLO 2WLM 2WLN 2WLH 2X6A	7.7	33.7	-23.4	G106-T136	113-136	1-24	0.6	KirBac3.1 semi-latched KirBac3.1 latched KirBac3.1 semi-latched 3.09 Å KirBac3.1 semi-latched 4.20 Å KirBac3.1 semi-latched 3.61 Å KirBac3.1 unlatched 3.44 Å KirBac3.1 unlatched 3.28 Å KirBac3.1 Q170A stalled KirBac3.1 Q170A blocked with	 31
2X6B 2X6C				4 D.				Ba ²⁺ KirBac3.1 Q170A conductive	31
3ZRS	7.6	40.6	-14.3	A-D. G106-T136 A-D:	113-136	1-24	0.9	KirBac3.1 open	32
3BEH	8.0	35.8	-44.1	S185-G213 A-D:	190-213	1-24	0.6	MlotiK1	33
2AHY 2Q67 3VOU	9.3	27	-41.7	D74-Q103	80-103	1-24	0.4	NaK closed NaK channel with Ca ²⁺ , D66A NaK channel chimera with grafted C-terminal of a NaV channel	34 35 36
3E86 3K0D 3OUF 3T1C	10.7	59.5	13.9	A-D: D74-V112	83-103	2-22	1.7	NaK open CNG-mimicking NaK channel NaK channel K ⁺ selective mutant NaK/NaK2K channel mutant	37 38 39 40
3RVY 4DXW 3RW0 4LTO 4EKW	9.5	34.7	-42.7	A-B: Y 193- M221	198-221	1-24	0.7	NaVAb I217C mutant NaVRh NaVAb M221C NavAe1p NaV closed	41 42 41 43 44
4F4L	12.0	39.1	-47.7	A-D: W71-I93	71-93	2-24	1.0	NaV open	45
3KG2	7.3	30.2	-36.2	A-D: S595-V626 A-D [:]	603-626	1-24	0.5	GluA2	46
2L0J 2RLF 3BKD 3C9J 3LBW	7.8	26.5	153.1	D24-F47	24-47	1-24	1.2	M2 in hydrated lipid bilayer M2 with rimantadine M2 crystal structure M2 + amantadine crystal structure M2 transmembrane domain crystal structure	47 48 49 49 50

2LY0 2KIX 2LJB 2LJC								M2 S31N mutant with M2WJ332 M2 proton channel influenza B M2A-M2B chimera M2A-M2B with rimantadine	51 52 53 53
3HZQ	9.1	48.6	23.7	A-D: V14-I46	14-37	1-24	1.0	Tetrameric MscL	54
3J5P 3J5Q	8.0	38.3	-22.4	A-D: F655-I689	666-689	1-24	1.9	TRPV1 closed TRPV1 with RTX	55 56 56
3J5R					Pento	amers		TRPV1 with capsaicin	50
20AR	8.4	36.3	28.2	A-E: N13-I46	13-36	1-24	0.7	MscL	57
3RHW	9.4	7.3	68.7	A-E: A241-Q266	241-264	1-24	0.8	GluCl receptor with Fab and ivermectin	58
2M6I	11.8	16.3	79.9	A-E: A249-Q266 A-E: K242/ 248/256/24 2/251-S269 // 275/L283	249-266 242/248/ 256/242/ 251-265/ 271/279/	1-18	1.0	GlyR receptor transmembrane domain NMR	59
10ED 2BG9 4AQ5 4AQ9	9.6	7.4	67.4	/S269/L278	265/274	1-24	0.8	nAChR closed nAChR refined nAChR closed class nAChR open class	60 61 62 62
2VL0 4A97	8.6	9.1	-167.7	A-E: S226-L252	229-252	1-24	0.8	ELIC ELIC with zopiclone ELIC 12408 E2471 in 10 mM	63 64
3UQ7 3RQW 3RQU 3ZKR								ELIC 12403 F247E in 10 init cysteamine ELIC with acetylcholine ELIC apo ELIC with bromoform	65 66 66 67
3TLS 3TLV	8.2	10.3	178.8	А-Е: Y221-P243	221-243	1-23	1.1	GLIC E19'P locally closed LC2 GLIC loop2-22' oxidized locally closed LC3	68 68
3TLT								GLIC H11'F locally closed LC1	68
3UU3								GLIC loop2-20' oxidized locally closed LC1	68
3UU4								GLIC loop2-21' reduced in crystal locally closed LC1	68
3TLU								closed LC1	68
3TLW 4NPQ								closed LC2 GLIC WT resting state	68 69
3EAM 3UU5	9.4	5.7	92.5	А-Е: S220-T244	220-243	1-24	0.7	GLIC open GLIC loop2-20' reduced open	70 68
3UUB 3UU6 3UU8 3EHZ 4HFI 2XQA 3P50 4F8H 4NPP								GLIC 100p2-21' reduced in solution open GLIC loop2-22' reduced open GLIC loop2-24' reduced open GLIC open GLIC open GLIC wildtype TBSb complex GLIC with propofol anesthetic GLIC with ketamine anesthetic GLIC WT open	68 68 71 72 73 74 75 69
2KYV	8.0	7.7	179.9	А-Е: А24-L52	24-47	1-24	0.6	Phospholamban in T-state	76

2M3B								Phosphorylated phospholamban	77		
				A-E: N285-							
2BBJ	8.5	20.9	-168.1	M302	285-302	7-24	1.0	CorA	78		
2IUB								CorA	79		
2HN2								CorA	80		
4EEB								CorA in the absence of Mg2+	81		
4EED								CorA in the presence of Mg2+	81		
4EV6								CorA	82		
					Hex	amer					
				A-F:				Calcium release-activated			
4HKR	9.3	1.5	-82.7	T144-O180	157-180	1-24	1.0	calcium channel (CRAC)	83		
Hentamers											
	A-G:										
20AU	10.9	26.9	-12.3	T93-L111	93-111	6-24	09	E Coli MscS	84		
20110	10.9	_0.,	12.0	170 2111	<i>yo</i> 111	• - •	0.9	Thermoangerobacter			
3T9N								Tengcongensis MscS	85		
4HW9								helicobacter nylori MscS	86		
111 (1)				A-G				neneosaeter pytori itises			
2VV5	14.0	93	55.0	T93_I 111	93-111	1-19	0.6	E Coli MscS A106V mutant	87		
2 V V J 2HWA	14.0).5	55.0	175-L111	<i>JJ</i> - 111	1-17	0.0	E. Coli open wild type MscS	86		
AACE								E. Coli open which type wises	88		
4AGE 4AGE								E. Coli open L 124C MscS	88		
HAUF								E. Con open L124C MSCS			

Only entries shown in black were deemed "unique"; entries in gray were deemed similar to the preceding entries in black. There are a total of 138 entries, of which 39 are unique.

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