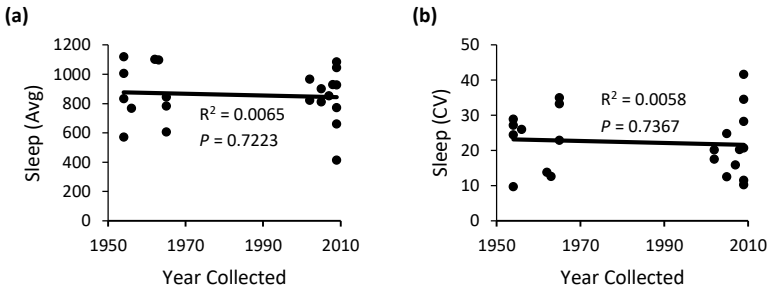
**Figure S1**


(a)
Sleep (Avg)
1200
1000
800
600
400
200
0
1950
1970
1990
2010
Year Collected
R² = 0.0065
P = 0.7223
(b)
Sleep (CV)
50
40
30
20
10
0
1950
1970
1990
2010
Year Collected
R² = 0.0058
P = 0.7367