

SUPPLEMENTARY MATERIAL

GH Supplementation Effects on Cardiovascular Risk in GH Deficient Adult Patients: A Systematic Review and Meta-analysis

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SUPPLEMENTARY DATA

Table S1. Summary of the blood pressure (BP) changes observed in the studies included in the analysis.

Study	Patients (n)	Duration (mo.)	Systolic BP at Baseline (mmHg)	Systolic BP at the end (mmHg)	p-value	Diastolic BP at Baseline (mmHg)	Diastolic BP at the end (mmHg)	p-value
Elbornsson M. <i>et al.</i> [16]	156	120	125.80 (4.1)	128.60 (2.8)	not sig	78.80 (2.8)	80.80 (2.3)	not sig
Filipsson Nyström H. <i>et al.</i> [10]	60	4	data not shown	data not shown	not sig	data not shown	data not shown	not sig
Fideleff HL. <i>et al.</i> [18]	71	48	120.20 (2.1)	-3.80 (2.5)	not sig	77.40 (1.6)	-4.00 (1.8)	0.035
Joaquin C. <i>et al.</i> [19]	14	12	111.62 (12.01)	118.83 (16.54)	not sig	64.00 (8.00)	70.71 (7.43)	not sig
Setola E. <i>et al.</i> [33]	31	6	116.30 (12.9)	120.00 (12.5)	not sig	71.30 (9.0)	76.00 (5.2)	not sig
Oliveira JL. <i>et al.</i> [14]	20	6	118.85 (18.16)	127.3 (27.76)	not sig	74.55 (12.02)	80.00 (10.66)	<0.05
Borson – Chazot F. <i>et al.</i> [2]	22	12	115.00 (3)	118.00 (4)	not sig	73.00 (2)	72.00 (2)	not sig
Cuneo RC. <i>et al.</i> [58]	163	12	120.00	121.00 (2)	not sig	78.00	80.00 (1)	not sig
Jorgenssen JO. <i>et al.</i> [59]	10	36	110.00 (5)	107.00 (4)	not sig	71.00 (4)	73.00 (2)	not sig

Footnote to table S1: BP data are expressed in mmHg as mean (standard deviation).