

SUPPORTING INFORMATION

S2 Table. Time domain parameters of heart rate variability rate across study periods.

	WP	31%	64%	ST
Mean RR (ms)	1064.9 ± 1.8	1086.0 ± 105.2	1069.9 ± 112.1	1025.4 ± 121.6
SDNN	70.1 ± 6.2	76.4 ± 22.5	70.6 ± 20.9	81.6 ± 21.3
RMSSD (ms)	78.0 ± 1.2	91.9 ± 31.1	88.6 ± 34.3	88.1 ± 37.2
pNN50 (%)	50.6 ± 8.6	57.1 ± 5.8	54.6 ± 15.2	46.6 ± 17.5

Values are mean ± standard deviation (n = 7). Repeated measures analysis of variance was performed, using Bonferroni correction for pairwise comparisons. No significant differences were observed across periods (P>0.05). Mean RR: mean length of all RR intervals, pNN50: percentage of consecutive normal RR intervals differing more than 50 ms, RMSSD: square root of the mean squared sum of the differences of successive NN intervals, SDNN: standard deviation of all RR length intervals, ST: shivering threshold period, WP: warm period, 31% and 64%: percentage of the individual's time exposed to cold until shivering occurred.

