THE LANCET Neurology

Supplementary appendix

This appendix formed part of the original submission and has been peer reviewed. We post it as supplied by the authors.

Supplement to: Wilson D, Ambler G, Shakeshaft C, et al, on behalf of the CROMIS-2 collaborators. Cerebral microbleeds and intracranial haemorrhage risk in patients anticoagulated for atrial fibrillation after acute ischaemic stroke or transient ischaemic attack (CROMIS-2): a multicentre observational cohort study. *Lancet Neurol* 2018; published online May 16. http://dx.doi.org/10.1016/S1474-4422(18)30145-5.

Supplementary appendix

MRI protocol

The CROMIS-2 MRI protocol included axial T2-weighted, T2*-weighted gradient-recalled echo (GRE), diffusion-weighted imaging (diffusion weighted imaging and apparent diffusion coefficient maps), coronal T1-weighted, and FLAIR MR sequences.

T2*-weighted GRE with the following sequence parameters was essential for inclusion in the primary analysis:

Optimal

Slice thickness (ST) 3 mm Slice gap (SG): ideally no gap Echo time (TE): 20–30 ms

Acceptable

Slice thickness (ST) 3–5 mm Slice gap (SG): not more than 1 mm Echo time (TE): 10–40 ms

Field strength 1.5T or 3.0T are both acceptable

Supplementary table 1: CHA_2DS_2VASC and HAS-BLED scores in participants with CMBs compared to those without CMBs

CHA ₂ DS ₂ VASc score	CMBs present n (%) n=311	No CMBs present n (%) n=1179
2	12 (4)	58 (5)
3	26 (9)	160 (14)
4	51 (17)	245 (21)
5	77 (26)	297 (26)
6	87 (29)	269 (23)
7	38 (13)	99 (9)
8	8 (3)	15 (1)
9	1 (0·3)	3(0·3)

HAS-BLED	CMBs Present n (%) n=271	No CMBs present n (%) n=1033
1	4(1)	10 (1)
2	24 (9)	127 (12)
3	79 (29)	348 (34)
4	91 (34)	331 (32)
5	62 (23)	180 (17)
6	10 (4)	33 (3)
7	1 (0.4)	4 (0·4)

Key:

CMB – cerebral microbleed

Supplementary table 2: CMB burden categories in patients with and without intracranial haemorrhage

Variable	Total n (%)	Patients with symptomatic intracranial hemorrhage n = 14	Patients without symptomatic intracranial hemorrhage n = 1433	Hazard ratio value in univariate analysis (95% CI)
No CMBs n (%)	1179 (79)	7 (50)	1172 (82%)	reference
1 CMB n (%)	159 (11)	2 (14)	157 (11)	2.04 (0.42 to 9.84)
2-4 CMBs n (%)	103 (7)	3 (21)	100 (7)	5.04 (1.30 to 19.50)
≥ 5 CMBs n (%)	49 (3)	2 (14)	47 (3)	6.64 (1.38 to 39.59)

Key:

CMB - cerebral microbleed

HR - hazard ratio

CI - confidence interval

Supplementary table 3: Absolute event rates, risk increase and hazard ratios for symptomatic intracranial haemorrhage and ischaemic stroke according to CMB distribution

All hazard ratios are adjusted for CMB number.

	Symptomatic intracranial haemorrhage			Recurrent ischaemic stroke		
	Absolute event rate (n/patient-years)	Rate/1000 patient years (95% CI)	Hazard ratio (95% CI)	Absolute event rate (n/patient years)	Rate/1000 patient years (95% CI)	Hazard ratio (95% CI)
No CMBs	7/2654	3 (1 to 5)	Reference	39/2608	15 (11 to 20)	Reference
Strictly lobar CMBs	3/243	12 (3 to 36)	3·31 (0·92 to 11·90)	4/243	16 (4 to 42)	0·94 (0·34 to 2·61)
Strictly Deep CMBs	1/285	0·3 (0·00 to 20)	0·83 (0·11 to 6·36)	8/278	29 (12 to 57)	1·82 (0·86 to 3·84)
Mixed CMBs	3/184	16 (3 to 48)	5·33 (1·23 to 23·07)	5/183	27 (9 to 64)	1·57 (0·55 to 4·50)
Multiple strictly lobar CMBs	1/91	11 (0·3 to 61)	2·45 (0·31 to 19.03)	2/89	22 (2 to 81)	1·20 (0·29 to 4·98)

Key: CMB cerebral microbleed; CI confidence interval

Supplementary table 4: Cox regression analysis for the primary outcome (symptomatic intracranial haemorrhage) including CMBs and the two other strongest predictors from univariable analysis

Variable	HR	95% CI	p value
CMB presence	3.63	1·27 to 10·38	0.016
Diabetes	3.49	1·21 to 10·10	0.021
DOAC use	0.31	0.07 to 1.38	0.123

Key:

CMB -cerebral microbleed

DOAC - direct oral anticoagulant

HR hazard ratio

CI confidence interval

Supplementary table 5: Association of brain imaging markers of cerebral small vessel disease with symptomatic intracranial haemorrhage in univariable analyses, and effects of adjusting for each imaging marker on the association of CMB presence and symptomatic intracranial haemorrhage

Variable	Definition of variable	Univariable Hazard Ratio for symptomatic intracranial haemorrhage (95% CI)	Hazard Ratio for CMB presence and symptomatic intracranial haemorrhage when each biomarker is entered as an 'adjustment variable'
	Total ARWMC	1.07	3.69
	score	(0·86 to 1·34)	(1·26 to 10·74)
White matter	Posterior predominant	0.88	3.78
hyperintensities	ARWMC	(0·20 to 3·94)	(1·32 to 10·79)
	ARWMC score	1.03	3.84
	dichotimised*	(0·32 to 3·29)	(1·33 to 11·10)
	A	24.78	4.12
cSS	Any	(3·24 to 189·68)	(1·42 to 11·97)
	D:1**	NT/A	3.73
	Disseminated**	N/A	(1·31 to 10·63)

Key:

CMB – cerebral microbleed

cSS – cortical superficial siderosis

ARWMC – age related white matter changes

^{*} Defined as ARWMC score of 2 or above in either Basal ganglia or white matter regions

^{**} Defined as siderosis affecting 3 or more non-contiguous cerebral sulci

Supplementary table 6: Characteristics of patients with and without recurrent ischaemic stroke

Variable	Ischaemic stroke events (n =56)	No ischaemic stroke events (n= 1391)	p value
Age mean (SD)	79 (10)	76 (10)	0.026
Sex female n (%)	32 (57)	579 (42)	0.021
Hypertension n (%)	42 (75)	864 (63)	0.070
Hypercholesterolaemia n (%)	24 (43)	613 (45)	0.784
Diabetes mellitus n (%)	17 (31)	225 (16)	0.004
Previous ischaemic stroke n (%)	9 (17)	131(10)	0.086
Ischaemic heart disease	9 (16)	230 (17)	0.927
Previous intracerebral haemorrhage n (%) #	1 (2)	7 (0·5)	0.203
Alcohol units/ week median (IQR)	1 (0 to 4)	2 (0 to 9)	0.062
Alcohol use >14 units/week n (%)	3 (5)	206 (16)	0.039
CHA ₂ DS ₂ VASc score median (IQR)	6 (5 to 7)	5 (4 to 6)	<0.0001
HASBLED score median (IQR)	3(2 to 3)	3 (2 to 3)	0.2
Anticoagulation started n (%)	54 (96)	1345 (97)	0.914
DOAC used n (%) available in 1436 patients who started anticoagulation	18 (33)	507 (38)	0.516
Poor time in therapeutic range n (%) available in 717/874 of patients on VKA	6 (11)	158 (11)	0.881
ARWMC score median (IQR)	2 (1 to 4)	1 (0 to 3)	0.012
CMB presence n (%)	17 (30)	287 (21)	0.08
cSS presence n (%) #	0 (0)	5 (0.4)	1.0

Key:

DOAC -non vitamin K antagonist oral anticoagulants

CMB -cerebral microbleed

 $cSS-cortical\ superficial\ siderosis$

Poor the rapeutic time in range for patients treated with vitamin K antagonists defined as $\!<\!60\%$

ARWMC -age related white matter changes

Fisher's exact test

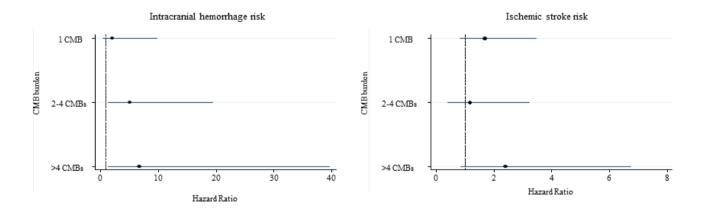
Supplementary table 7: Harrell's C-index and Cox calibration slope for the two prediction models. Model 1 includes CMB presence, diabetes, DOAC use and HAS-BLED score; model 2 includes CMB presence and HAS-BLED score

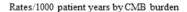
	Adjusted Harrell's C-index (95% CI)	Cox calibration slope (95% CI)
Model 1	0.74 (95% CI: 0.60 to 0.88)	0.92 (95% CI: 0.34 to 1.46)
Model 2	0.66 (95% CI: 0.53 to 0.80)	0.96 (95% CI: 0.19 to 1.72)

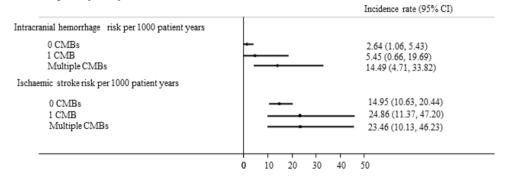
Note: Some bootstrap samples were omitted because of model instability (14% for model 1 and 2% for model 2)

Supplementary figure 1: Forest plots showing the incidence and hazard ratio with 95% confidence intervals of symptomatic intracranial haemorrhage and recurrent ischaemic stroke according to CMB burden

Hazard ratio by CMB burden



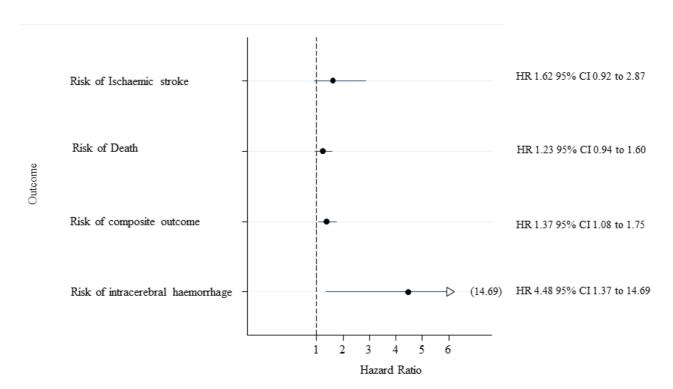




Incidence per 1000 patient years

Supplementary figure 2: Forest plots of the hazard ratio for secondary outcomes in participants with CMBs vs. those without CMBs

Secondary outcomes in patients with CMBs vs. no CMBs



The composite outcome included symptomatic intracranial haemorrhage, ischaemic stroke or death.

The CROMIS-2 Collaborators

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STATISTICAL ANALYSIS PLAN

Study Name: The Clinical Relevance of Microbleeds In Stroke Study (CROMIS-2):

Sub-Study 1 (AF)

Chief Investigator: David Werring

Statisticians: Gareth Ambler

Protocol Date: 15 November 2016

Version History

Draft analysis plan 19/9/14 0.4 0.5 Analysis changed to survival 15/11/16

OVERVIEW OF STUDY

The following sections are taken from the protocol paper. The numbers in parentheses refer to references in the original paper.

BACKGROUND

Study I (AF) is an observational inception cohort study (n=1425) of patients started on oral anticoagulant (without prior use, anticoagulant use and timing dependant on treating physician) for presumed cardioembolic stroke due to non-valvular AF with follow-up for the occurrence of ICH, other vascular event including ischaemic stroke, for an average of two years. Our main baseline exposures (risk factors of interest) are the presence of CMBs and other markers of small vessel disease on MRI, and genetic polymorphisms in candidate genes with potential functional relevance to ICH risk.

OUTCOME MEASURES

Primary Outcome Measures

Symptomatic intracranial haemorrhage (including ICH) confirmed on brain imaging. Intracranial haemorrhage includes any bleeding within the skull, regardless of the site. We will record the incidence of different haemorrhage subtypes (intracerebral, intraventricular, subdural, extradural, and subarachnoid).

Secondary Outcome Measures

Ischaemic stroke, TIA, cardiac events (including myocardial infarction), death of any cause, subdivisions of intracranial haemorrhage (intracerebral, subarachnoid, subdural, extradural haemorrhage), any major haemorrhagic events other than ICH, quality of life and long term physical disability.

SAMPLE SIZE CALCULATIONS

Based on our sample size calculations we will recruit a total of 1425 patients from UK centres over 47 months. We expect that 20% of our cohort will have CMBs and that 2% will have an ICH within 2 years. If we assume a conservative relative risk of 4, smaller than the one found in the largest prospective data in an ischaemic stroke cohort investigated for CMBs published to date (i.e. 7.3) (28), then we would expect the rate of ICH at 2 years follow-up to be 5.0% in patients with CMBs, compared with 1.25% in patients without CMBs. This difference would be clinically important and would tip the risk-benefit judgement in favour of avoiding or reducing the intensity of oral anticoagulation, or substituting an antiplatelet agent in patients with CMBs. To detect such a difference as statistically significant at the 5% level with 90% power would require 1425 patients. The best current evidence for the relative risk associated with CMBs in Caucasian populations is 3.9 (33), so we have calculated the power for a range of risk ratios, with all other assumptions kept the same (Figure). The figure suggests that we would still have 80% power to detect a statistically significant effect if the true relative risk was as low as 3.3. Attrition will also reduce power. However, we will still have 80% power even if attrition was as large as 28% (based on a relative of risk of 4).

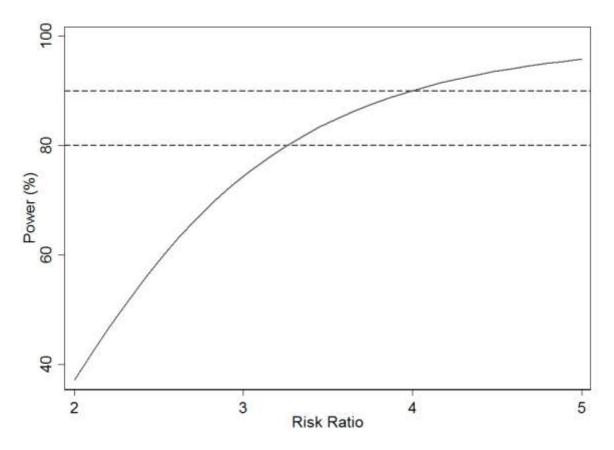


Figure. Power of the study (without attrition) across a range of risk ratios, based on an overall event rate of 2% over two-year follow-up and 20% of patients having CMBs.

The anticipated ICH event rate of 2% over 2 years taking into account attrition suggests that we will observe up to 30 ICH events in total. The 'rule of 10' for developing risk models suggests that this will allow us to develop a risk model with just three predictor variables (45), though more will be possible through use of modern regression techniques (46). It is anticipated that a risk model based solely on CMBs would have a sensitivity of 50% and a specificity of 81% for predicting an ICH within 2 years. A risk model based on more predictors should improve on these values. We expect to use existing summary AF prediction risk scores (incorporating multiple variables, e.g. HAS-BLED) as a single predictor variable to allow us to assess the additional value of including CMBs as a predictor.

ANALYSIS SUMMARY

We plan to compare the rate of ICH between the CMB and CMB-free groups using the log-rank test and will investigate whether the number of CMBs is associated with the risk of ICH using Cox regression. In addition, Cox regression will be used to develop a risk prediction model for ICH. Potential risk factors for the model will be pre-specified in the Statistical Analysis Plan and variable selection methods may be used to reduce the number of predictors in the risk model. Penalised estimation, such as ridge or lasso(46), may be used to guard against over-fitting. Cross-validation, used in conjunction with calibration slopes and the c-index, will be used to internally validate the model and assess calibration, discrimination and predictive accuracy. Missing data, and the reasons for it, will be investigated. Imputation may be used if deemed necessary.

ANALYSIS DETAILS

General Principles

The assumptions underpinning each method will be checked. For example, residuals will be checked for normality where appropriate. The use of transformations or non-parametric methods will be considered if assumptions do not hold. The impact of missing data will be explored in all analyses; sensitivity analyses/multiple imputation will be performed as appropriate. Regression models with interaction terms will be used to perform pre-specified subgroup analyses; the results from these will considered as exploratory because the study is not powered for these. The STROBE guidelines will be followed regarding the reporting of the results of this cohort study.

Flow diagram

A Consort-style flow diagram will be produced to show the numbers of patients:

- Potentially eligible for the study
- · Examined for eligibility
- · Confirmed eligible
- Included in the study
- Completing each stage of follow-up
- Analysed

Patient Characteristics

Baseline patient characteristics will be described using means (SDs) or medians (interquartile range) for continuous measures, and proportions for categorical measures. These values will be presented by CMB group (with / without) at baseline.

In particular, the following variables will be described (Table 1):

- a) Demographic information including age and sex.
- b) Clinical information including presence, number and location of CMBs.

These characteristics will be presented separately according to whether CMBs are present at baseline. Confidence intervals and statistical tests (e.g. t-tests and chi-squared tests) will be used as appropriate to investigate whether there are differences between patients with and without CMBs. The number of patients with missing data on variables of interest will also be indicated.

A figure will also be presented showing the number of patients from each centre in the study. This will be broken down CMB status at baseline. The amount of follow-up time available will also be summarised (Table 2).

Outcome data

Study participants will be described with respect to their outcome data.

In particular, the following variables will be described:

a) Number and timings of ICH events.

b) Any stroke, cardiac event, death or major bleeding.

Patients with ICH and without ICH events will be described separately with respect to baseline characteristics (Table 3). Confidence intervals and statistical tests (e.g. t-tests and chi-squared tests, though see below) will be used as appropriate to investigate whether there are differences between patients with and without ICHs. The number of patients with missing data on variables of interest will also be indicated.

Primary Analyses

The primary analysis will be a comparison of the rate of ICH for patients with and without CMBs at baseline (Table 3) using the log-rank test. Assumptions regarding censoring and proportional hazards will be investigated. Non-ICH deaths will be regarded as censoring events though this assumption will be investigated through sensitivity analyses. A chi-squared (or Fisher's exact test) will also be conducted as a sensitivity analysis, assuming that follow-up is reasonably complete.

The primary analysis will use all patients but additional analyses may be performed on those patients that actually received oral coagulation. Adjusted analyses will be carried out using either Cox or logistic regression models as appropriate. Adjustment variables will include age and hypertension measured at baseline (Table 4).

Secondary Analyses

The secondary analyses will be a comparison of the secondary outcomes for patients with and without CMBs at baseline.

Risk Modelling

A risk model that aims to predict the risk of ICH will be developed and validated. The model will be developed using either Cox or logistic Cox regression, depending on the completeness of the follow-up data (Table 5). The risk model will be developed using variables derived from the CMB data, as well as additional variables (measured at baseline). The completeness of a variable will be a factor when considering whether to incorporate it in the regression model.

Due to the anticipated small number of ICH events, care will need to be taken regarding over-fitting of the risk model. Therefore, few predictors will be included in the model (two or three) and shrinkage methods will be used to re-calibrate the model. Variable selection, including pre-screening, many be used if many predictors are available for inclusion in the risk model. Relatively large P-values (e.g. P=0.2) will be used with these procedures. If necessary, penalised regression methods (e.g. lasso) will be used instead of standard regression methods to avoid over-fitting.

Bootstrapping methods will be used to validate the model. Calibration will be assessed using (Miller/Cox/van Houwelingen) calibration slopes. If a Cox model is used, discrimination will be quantified using the (Harrell/Uno) c-index and the D-statistic. If a logistic model is used, discrimination will be quantified using the c-statistic/ROC area and D-statistic, and predictive accuracy will be quantified using the Brier score. The sensitivity, specificity and positive predicted value (PPV) of the (logistic) risk model will also be calculated.

EXAMPLE TABLES

Table 1: Characteristics of patients with and without cerebral microbleeds at baseline

	With CMB	Without CMB	
	(N =)	(N =)	P-value
Clinical Characteristics			
Mean age in years \pm SD (range)			
Female, N (%)			
Imaging Characteristics			
Presence (%, range)		n/a	n/a
		n/a	n/a

Table 2: Available follow-up information on patients

Information available	With CMB	WIthout CMB
	(N =)	(N =)
Baseline only, N (%)		
6 months, N (%)		
12 months, N (%)		
24 months, N (%)		

Table 3: Characteristics of patients with and without intracerebral haemorrhage

	With ICH	Without ICH	
	(N =)	(N =)	P-value
Clinical Characteristics*			
Mean age in years \pm SD (range) Female, N (%)			
Imaging Characteristics*			
Presence (%, range)			

^{*} at baseline

Table 4: Cox regression analyses to investigate the association between ICH and the presence of CMBs, adjusted for age and hypertension

	Hazard ratio	95% CI	P-value
Presence of CMBs			
Age (years)			
Hypertension			

Table 5: Cox regression analyses to predict ICH using CMB information and other variables

	Hazard ratio	95% CI	P-value
Presence of CMBs			_
* Note: these odds ratios / coefficie	ents may need t	o be recalibrated	/ shrunk to optimis

^{*} Note: these odds ratios / coefficients may need to be recalibrated / shrunk to optimise predictive abilities

Table 6a: Values of performance measures to assess risk model (Cox)

	Development Bootstrap adjusted		
Calibration	•	. ,	
C-index			
D-statistic			

Table 6b: Values of performance measures to assess risk model (logistic)

	Development	Bootstrap adjusted
Calibration		
ROC area (c-statistic)		
Brier Score		
D-statistic		
Sensitivity*		
Specificity*		
PPV*		

^{*} at cut-point ...