## An introduction to the Maximum Entropy approach and its application to inference problems in biology

## SUPPORTING MATERIAL

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#### S1. DERIVATION OF H

To evaluate  $\Omega$  one can apply Stirling's approximation for the factorial, i.e.  $m! \simeq m^m e^{-m}$  (valid for sufficiently large m), to each of the terms that appear in

$$\Omega = \frac{N!}{n_1! n_2! \cdots n_K!} \quad . \tag{S1}$$

This yields

$$\Omega \simeq \frac{N^N e^{-N}}{n_1^{n_1} \cdots n_K^{n_K} e^{-(n_1 + \dots + n_K)}} = \frac{N^N}{n_1^{n_1} \cdots n_K^{n_K}} = e^{\ln(N^N) - \ln(n_1^{n_1} \cdots n_K^{n_K})}$$
$$= e^{N \ln N - \sum_{i=1}^K n_i \ln n_i} = e^{N \left[ -\sum_{i=1}^K \frac{n_i}{N} (\ln n_i - \ln N) \right]} = e^{NH} \quad , \quad (S2)$$

where H is the entropy defined in Eq. (3) in the Main Text, i.e.

$$H = -\sum_{i=1}^{K} \frac{n_i}{N} \ln \frac{n_i}{N} \quad , \tag{S3}$$

and we used (twice) the fact that  $n_1 + \cdots + n_K = N$ .

### **S2.** $H \ge 0$

Because  $\sum_{i=1}^{K} n_i = N$ , the numbers  $\{n_i\}$  on which the entropy H (Eq. (S3)) depends are such that  $0 \le n_i \le N$  (or, equivalently,  $0 \le (n_i/N) \le 1$ ) for each i. Therefore,  $\ln(n_i/N) \le 0$  for each i, with the equality holding only when  $n_i = N$ . In turn,  $(n_i/N) \ln(n_i/N) \le 0$  for each i, with the equality holding only when  $n_i = N$  or  $n_i = 0$ . Hence  $H = -\sum_{i=1}^{K} (n_i/N) \ln(n_i/N) \ge 0$ , with H = 0 only for the arrangements with  $n_i = N$  for some i and  $n_j = 0$  for each  $j \ne i$ .

# S3. THE MAXENT DISTRIBUTION ON $\{1,\ldots,K\}$ UNDER A NORMALIZATION CONSTRAINT IS UNIFORM

To find the distribution  $\{p_i\}$  that maximizes the entropy as given in Eq. (4) in the Main Text, i.e.

$$H \equiv H[\{p_i\}] = -\sum_{i=1}^{K} p_i \ln p_i \quad , \tag{S4}$$

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subject to the constraint

$$\sum_{i=1}^{K} p_i = 1 \tag{S5}$$

one can resort to the method of Lagrange multipliers [1], which for our purposes amounts to computing the variation (derivative) of the function

$$F = H + \alpha \sum_{i=1}^{K} p_i \tag{S6}$$

over  $p_i$ , setting it to zero and isolating  $p_i$  from the resulting expression. The first term in (S6) represents the function to be optimized, while the second represents the quantity whose value is constrained (as we are considering a case with the only constrained quantity given in (S5), a single extra term needs to be added to H). The constant  $\alpha$  is called a 'Lagrange multiplier', and its value has to be computed self-consistently from the constraint. With some foresight, we write  $\alpha$  as  $1 - \ln Z$  with Z a constant. Differentiation of F over  $p_i$  yields

$$\delta F = \delta \left[ -\sum_{i=1}^{N} p_i \ln p_i + (1 - \ln Z) \sum_{i=1}^{K} p_i \right] = \left[ -\ln p_i - \ln Z \right] \delta p_i \quad .$$
 (S7)

The above expression vanishes for  $p_i = p_i^* \equiv 1/Z$ , which is the MaxEnt distribution we sought for. It remains to evaluate Z. This is done from the condition  $\sum_{i=1}^{K} p_i^* = 1$ , which takes the form K/Z = 1. Hence we find Z = K, and the MaxEnt distribution is finally given by  $p_i^* = 1/K$  for each  $i = 1, \ldots, K$ , i.e. by the uniform distribution on  $\{1, \ldots, K\}$ .

### S4. THE MAXENT DISTRIBUTION UNDER DIFFERENT CONSTRAINTS

**Constrained mean.** If, besides the normalization (S5), one is interested in constraining the mean of a certain variable x that takes values  $x_i$  in the K states (with i = 1, ..., K), one should impose an additional constraint on the quantity

$$\sum_{i=1}^{K} x_i p_i = \overline{x} \quad . \tag{S8}$$

Proceeding as above, the function F now reads

$$F = H + (1 - \ln Z) \sum_{i=1}^{K} p_i + \beta \sum_{i=1}^{K} x_i p_i \quad ,$$
(S9)

with  $\beta$  the Lagrange multiplier associated to (S8). Differentiation now gives

$$\delta F = \left[-\ln p_i - \ln Z + \beta x_i\right] \delta p_i \quad , \tag{S10}$$

whence the MaxEnt distribution

$$p_i^{\star} = \frac{1}{Z} e^{\beta x_i} \tag{S11}$$

follows. In this case,  $p_i^*$  is exponential. As before, the Lagrange multiplies Z is fixed by the condition  $\sum_{i=1}^{K} p_i^* = 1$  to  $Z = \sum_{i=1}^{K} e^{\beta x_i}$ .  $\beta$ , on the other hand, should be determined from the requirement that

$$\sum_{i=1}^{K} x_i p_i^{\star} = \overline{x} \quad . \tag{S12}$$

Constrained mean and second moment. In order to impose, together with (S5) and (S8), an additional constraint on the second moment of x, i.e. on

$$\sum_{i=1}^{K} x_i^2 p_i = \overline{x^2} \quad , \tag{S13}$$

one should differentiate the function

$$F = H + (1 - \ln Z) \sum_{i=1}^{K} p_i + \beta \sum_{i=1}^{K} x_i p_i + \gamma \sum_{i=1}^{K} x_i^2 p_i \quad .$$
(S14)

It turns out that the MaxEnt distribution has a Gaussian form, namely

$$p_i^{\star} = \frac{1}{Z} e^{\beta x_i + \gamma x_i^2} \quad , \tag{S15}$$

where the three Lagrange multipliers Z,  $\beta$  and  $\gamma$  have to be determined from the three conditions

$$\sum_{i=1}^{K} p_i^{\star} = 1 \quad , \qquad \sum_{i=1}^{K} x_i p_i^{\star} = \overline{x} \quad , \qquad \sum_{i=1}^{K} x_i^2 p_i^{\star} = \overline{x^2} \quad . \tag{S16}$$

Constrained mean of the logarithm. Finally, we impose (S5) together with a constraint on the mean value of the logarithm of x, namely

$$\sum_{i=1}^{K} p_i \ln x_i = \overline{\ln x} \quad . \tag{S17}$$

Differentiating

$$F = H + (1 - \ln Z) \sum_{i=1}^{K} p_i + \gamma \sum_{i=1}^{K} p_i \ln x_i \quad ,$$
 (S18)

one finds

$$p_i^{\star} = \frac{x_i^{\gamma}}{Z} \quad . \tag{S19}$$

In other terms, the MaxEnt distribution is in this case a power law. Again, the Lagrange multipliers Z and  $\gamma$  have to be determined from the constraints

$$\sum_{i=1}^{K} p_i^* = 1 \quad , \qquad \sum_{i=1}^{K} p_i^* \ln x_i = \overline{\ln x} \quad . \tag{S20}$$

### S5. MAXIMUM ENTROPY INFERENCE IN A COMPLEX SETTING: PAIRWISE MAXENT DISTRIBUTIONS

Based on the examples discussed in the previous section, the least biased distribution  $p(\mathbf{x})$  compatible with the empirical constraints is found by differentiating the function

$$F = H + (1 - \ln Z) \sum_{\mathbf{x}} p(\mathbf{x}) + \sum_{i=1}^{R} \beta_i \sum_{\mathbf{x}} x_i p(\mathbf{x}) + \sum_{i \le j} \gamma_{ij} \sum_{\mathbf{x}} x_i x_j p(\mathbf{x})$$
(S21)

with respect to  $p(\mathbf{x})$ , where H is the entropy defined in Eq. (6) in the Main Text, namely

$$H = -\sum_{\mathbf{x}} p(\mathbf{x}) \ln p(\mathbf{x}) \quad . \tag{S22}$$

Note that we have introduced one Lagrange multiplier for the constraints enforcing normalization (i.e.  $\sum_{\mathbf{x}} p(\mathbf{x}) = 1$ ; this requires one multiplier denoted by Z), mean (i.e.  $\sum_{\mathbf{x}} x_i p(\mathbf{x}) = \overline{x_i}$  for all *i*; this requires one multiplier for each *i*, hence *R* in total, denoted by  $\beta_i$  with i = 1, ..., R) and correlations (i.e.  $\sum_{\mathbf{x}} x_i x_j p(\mathbf{x}) = \overline{x_i x_j}$  for all *i* and *j*; this requires one multiplier for each pair (i, j) with  $i \leq j$ , hence R(R+1)/2 in total denoted by  $\gamma_{ij}$ ). This results in the MaxEnt distribution

$$p^{\star}(\mathbf{x}) = \frac{1}{Z} e^{\sum_{i=1}^{R} \beta_i x_i + \sum_{i \le j} \gamma_{ij} x_i x_j} \quad .$$
(S23)

Again, the total number of parameters to be determined matches that of constraints, and the values of the 1 + R + R(R+1)/2 Lagrange multipliers are to be determined from the 1 + R + R(R+1)/2 conditions

$$\sum_{\mathbf{x}} p^{\star}(\mathbf{x}) = 1 \quad , \qquad \sum_{\mathbf{x}} x_i p^{\star}(\mathbf{x}) = \overline{x_i} \quad , \qquad \sum_{\mathbf{x}} x_i x_j p^{\star}(\mathbf{x}) = \overline{x_i x_j} \quad . \tag{S24}$$

When the  $x_i$ 's are continuous variables ranging from  $-\infty$  to  $+\infty$  one can directly relate Lagrange multipliers to the inverse of the correlation matrix, as shown e.g. in [2]. In this so-called 'mean-field' case, Eq. (S23) is a multivariate Gaussian. In general, though, when R is large and data are taken from experiments, this problem can only be solved *in silico*. As this can prove to be a daunting task, several methods have been developed to achieve an efficient numerical solution (see e.g. [3] for a recent comprehensive review).

### S6. ENTROPY MAXIMIZATION IN METABOLIC NETWORKS SUBJECT TO CONSTRAINED MEAN GROWTH RATE

The MaxEnt distribution of flux patterns constrained by the empirical mean growth rate  $\overline{\lambda}$  is found by differentiating the function

$$F = H + (1 - \ln Z) \sum_{\mathbf{v}} p(\mathbf{v}) + \beta \sum_{\mathbf{v}} \lambda(\mathbf{v}) p(\mathbf{v}) \quad , \tag{S25}$$

where

$$H = -\sum_{\mathbf{v}} p(\mathbf{v}) \ln p(\mathbf{v})$$
(S26)

is the entropy, in full analogy with (S9). One gets

$$p^{\star}(\mathbf{v}) = \frac{1}{Z} e^{\beta \lambda(\mathbf{v})} \quad . \tag{S27}$$

The restriction to the polytope of solutions can be applied straightforwardly by imposing that configurations  $\mathbf{v}$  satisfy the mass balance conditions  $\mathbf{Sv} = \mathbf{0}$  (viz. Eq. (21) in the Main Text) with the prescribed bounds of variability on each flux, i.e.

$$p^{\star}(\mathbf{v}) = \begin{cases} \frac{1}{Z} e^{\beta \lambda(\mathbf{v})} & \text{if } \mathbf{S}\mathbf{v} = \mathbf{0} \\ 0 & \text{otherwise} \end{cases},$$
(S28)

The values of Z and  $\beta$  have to be determined from the conditions

$$\sum_{\mathbf{v}} p^{\star}(\mathbf{v}) = 1 \quad , \tag{S29}$$

$$\sum_{\mathbf{v}} p^{\star}(\mathbf{v})\lambda(\mathbf{v}) = \overline{\lambda} \quad . \tag{S30}$$

Alternatively, one can add an extra constraint in (S25) enforcing that, for each  $\mathbf{v}$ ,  $\mathbf{Sv} = \mathbf{0}$ . The value of Z is automatically set by (S29) to  $Z = \sum_{\mathbf{v}} e^{\beta\lambda(\mathbf{v})}$  (where the sum is over flux vectors such that  $\mathbf{Sv} = \mathbf{0}$ ), so that (S28) ultimately depends on a single parameter, i.e.  $\beta$ .

<sup>[1]</sup> Bertsekas, D.P., 2014. Constrained optimization and Lagrange multiplier methods (Academic Press).

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