

Table 1. Comparative molecular parameters and macroscopic properties of the aqueous solutions of the two *de novo* designed self-assembling β -tape-forming peptides P₁₁-I and P₁₁-II, shown schematically in a β -strand conformation.

	Peptide P ₁₁ -I					
	β -Tapes	Ribbons	Fibrils	β -Tapes	Ribbons	Fibrils
$c_{cr} / \mu\text{M}$	8*	1,000*	$c > 25,000^*$	$< 90^*$	90*	$700 \pm 200^*$
ϵ_{trans}		6.5 ± 1.5			3 ± 1	
ϵ_{tape}	31.0 ± 1.5			24.5 ± 1.0		
ϵ_{ribbon}		$(3.5 \pm 1.5)10^{-3}$			0.6 ± 0.3	
ϵ_{fibril}			$< 10^{-3}$			$(2.0 \pm 0.3)10^{-4}$
Pitch h / nm	$30 \pm 15^*$	$50 \pm 20^*$			160 ± 40	$160 \pm 40^*$
Twist angle $\gamma_{\theta} / ^\circ$	3*	3*		1	1	1*
Bend angle $\gamma_{\psi} / ^\circ$	3*	0*			0*	0*

$\tilde{l} / \mu\text{m}$	$< 0.3^*$	$0.6 \pm 0.2^*$		$1.0 \pm 0.3^*$	$20-70^*$
$L / \mu\text{m} (c = 6 \text{ mM})$	10^{-1}	$10^{-1} - 10^0$		10^{-3}	10^{17}
Properties of aq. solution	Isotropic fluid ($c < 13 \text{ mM}$) Nematic fluid / gel ($c > 13 \text{ mM}$)			Isotropic fluid ($c < 0.9 \text{ mM}$) Nematic fluid ($c \approx 0.9 - 6 \text{ mM}$) Nematic gel ($c > 6 \text{ mM}$)	

Open and filled circles represent polar and apolar amino-acid residues, respectively. The upper side of the β -strand is identical for both peptides. c_{cr} is the threshold concentration above which the corresponding type of self-assembling structure emerges in substantial quantities. For explanation of the various energetic parameters ϵ_j , see the text and Fig.1A. All values of ϵ_j are given in $k_B T$. The errors in the values of ϵ_j arise from the errors in the value of v_{tape} , and from the uncertainty of measurements of the real lengths of the polymers in solution at a given concentration. The values of ϵ_{trans} and ϵ_{tape} for both peptides, and ϵ_{ribbon} for P₁₁-II are received from the fits of the self-assembly curves (Figs. 2c in the text and 4c in supporting information), and the observed tape/ribbon lengths, with $v_{\text{tape}} \approx 5 \cdot 10^{-6} \text{ nm}^3$ (this value is estimated from the observed persistence lengths of the ribbons). ϵ_{fibril} is estimated from c_{cr}^{fibril} and ϵ_{ribbon} for P₁₁-I from the corresponding c_{cr}^{ribbon} . \tilde{l} , h , γ_v , and γ_θ are either directly measured from electron micrographs or calculated with the help of the model similar to Fig.1B. Elastic constants are estimated from the observed persistence lengths of ribbons and fibrils. The contour lengths L agree with both the data and the predictions of the theory (see *Theoretical Model* in the text). Directly measured constants are indicated with an asterisk.