

**The impact of using BARCIST 1.0 criteria on quantification of BAT volume and activity in three independent cohorts of adults**

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**Table S1.** Hounsfield Units and standardized uptake value thresholds and software used in BAT human studies from 1st of January 2007 to 10th of March 2017

<b>Studies</b>	<b>Hounsfield units</b>	<b>Standardized uptake values</b>	<b>Software to quantify BAT</b>
Hadi et al. 2007 <sup>1</sup>	NR	NR	NR
Kim et al. 2008 <sup>2</sup>	NR	NR	NR
Alkhalwaldeh et al. 2008 <sup>3</sup>	NR	NR	NR
Basu et al. 2008 <sup>4</sup>	NR	NR	NR
Zukotynski et al. 2009 <sup>5</sup>	NR	NR	NR
Cypess et al. 2009 <sup>6</sup>	-250,-50	2.0	PET/CT viewer shareware
Van Marken et al. 2009 <sup>7</sup>	NR	NR	PMOD 2.85
Virtanen et al. 2009 <sup>8</sup>	NR	NR	NR
Saito et al. 2009 <sup>9</sup>	NR	NR	VOX-BASE
Au-Yong et al. 2009 <sup>10</sup>	Not used	Not used	Leonardo workstation
Paidisetty et al. 2009 <sup>11</sup>	NR	NR	NR
Lee et al. 2010 <sup>12</sup>	-250,-50	2.0	NR
Skarulis et al. 2010 <sup>13</sup>	NR	NR	MEDx image
Aukema et al. 2010 <sup>14</sup>	NR	NR	Osirix DICOM viewer
Pfannenbergh et al. 2010 <sup>15</sup>	-250,-50	2.0	NR
Park et al. 2010 <sup>16</sup>	NR	NR	NR
Zukotynski et al. 2010 <sup>17</sup>	NR	NR	NR
Garcia et al. 2010 <sup>18</sup>	NR	NR	NR
Rakheja et al. 2011 <sup>19</sup>	NR	NR	NR
Ouellet et al. 2011 <sup>20</sup>	-100,-10	1.0	MIM software
Pace et al. 2011 <sup>21</sup>	-250,-50	NR	Volumetrix
Orava et al. 2011 <sup>22</sup>	NR	NR	NR
Vijgen et al. 2011 <sup>23</sup>	NR	NR	NR
Lee et al. 2011 <sup>24</sup>	NR	2.0	NR
Lee et al. 2011 <sup>25</sup>	NR	2.0	NR
Jacene et al. 2011 <sup>26</sup>	NR	NR	NR
Huang et al. 2011 <sup>27</sup>	-250,-50	2.0	OsiriX 64-bit software
Yoneshiro et al. 2011 <sup>28</sup>	NR	NR	VOX-BASE workstation
Yilmaz et al. 2011 <sup>29</sup>	NR	NR	NR
Yoneshiro et al. 2012 <sup>30</sup>	NR	2.0	VOX-BASE workstation
Vrieze et al. 2012 <sup>31</sup>	-250,-50	2.0	Hybrid Viewer; HERMES
Muzik et al. 2012 <sup>32</sup>	-250,-50	2.0	NR
Vijgen et al. 2012 <sup>33</sup>	NR	NR	PMOD 2.85
Chalfant et al. 2012 <sup>34</sup>	NR	NR	SliceOmatic image software
Vosselman et al. 2012 <sup>35</sup>	-180,-10	1.5	PMOD 3.0
Cypess et al. 2012 <sup>36</sup>	-250,-10	2.0	PET/CT Viewer shareware
Ouellet et al. 2012 <sup>37</sup>	-100, -10	1.0	NR
Bredella et al. 2012 <sup>38</sup>	-250, -50	70%SUV <sub>max</sub>	PET/CT Viewer shareware
Miao et al. 2012 <sup>39</sup>	-250, -50	NR	PET/CT Viewer shareware
Vogel et al. 2012 <sup>40</sup>	NR	NR	Osirix DICOM viewer
Schlögl et al. 2013 <sup>41</sup>	-250, -10	2.0	SPM8
Ahmadi et al. 2013 <sup>42</sup>	-87, -10	NR	NR
Banzo et al. 2013 <sup>43</sup>	NR	NR	NR
Carey et al. 2013 <sup>44</sup>	-180, -10	1.0	Extended BrillianceWorkstation
Ruth et al. 2013 <sup>45</sup>	-200,-10	2.0	Mathworks, Natick, MA
Lee et al. 2013 <sup>46</sup>	NR	2.0	IDL software

Pasanisi et al. 2013 <sup>47</sup>	-250, -50	NR	Volumetrix
Sugita et al. 2013 <sup>48</sup>	NR	2.0	VOX-BASE workstation
Van Rooijen et al. 2013 <sup>49</sup>	-150, -50	NR	PMOD
Yonshiro et al. 2013 <sup>50</sup>	NR	2.0	VOX-BASE workstation
Yonshiro et al. 2013 <sup>51</sup>	NR	2.0	VOX-BASE workstation
Yonshiro et al. 2013 <sup>52</sup>	NR	2.0	VOX-BASE workstation
Orava et al. 2013 <sup>53</sup>	NR	NR	NR
Muzik et al. 2013 <sup>54</sup>	-250,-50	2.0	AMIDE software
Chen et al. 2013 <sup>55</sup>	NR	2.0	NR
Vosselman et al. 2013 <sup>56</sup>	-180, -10	1.5	PMOD 3.0
Perkins et al. 2013 <sup>57</sup>	-250, -50	No limit	Syngo MI workplace
Bredella et al. 2013 <sup>58</sup>	-250, -50	70%SUVmax	PET/CT Viewer shareware
van der Lans et al. 2013 <sup>59</sup>	-180, -10	1.5	PMOD 3.0
Zhang et al. 2013 <sup>60</sup>	-250, -50	2.0	PET/CT viewer software
Admiraal et al. 2013 <sup>61</sup>	-250, -50	2.0	Hermes Hybrid Viewer
Admiraal et al. 2013 <sup>62</sup>	-250, -50	2.0	Hermes Hybrid Viewer
Persichetti et al. 2013 <sup>63</sup>	-250, -50	2.0	MIM software
Vijgen et al. 2013 <sup>64</sup>	NR	NR	PMOD
Boon et al. 2014 <sup>65</sup>	Not used	2.0	Hermes Hybrid Viewer
Lee et al. 2014 <sup>66</sup>	-300,-10	2.0	NR
Lee et al. 2014 <sup>67</sup>	-300, -10	2.0	Software built with IDL
Jang et al. 2014 <sup>68</sup>	NR	1.5	syngo.via software
Chondronikola et al. 2014 <sup>69</sup>	-100, -10	1.0	NR
Schopman et al. 2014 <sup>70</sup>	-250,-50	2.0	Hybrid Viewer; HERMES
Blondin et al. 2014 <sup>71</sup>	-150,-30	1.5	NR
Bakker et al. 2014 <sup>72</sup>	Not used	2.0	Hermes Hybrid Viewer
Zhang et al. 2014 <sup>73</sup>	-250, -50	2.0	NR
Matsushita et al. 2014 <sup>74</sup>	Not used	2.0	VOX-BASE workstation
Vosselman et al. 2014 <sup>75</sup>	-180, -10	1.5	NR
Zhang et al. 2014 <sup>76</sup>	NR	NR	PET/CT Viewer shareware
Choi et al. 2014 <sup>77</sup>	-250,-50	2.0	Extended Brilliance Workspace
Bredella et al. 2014 <sup>78</sup>	-250, -50	70%SUVmax	PET/CT Viewer shareware
Orava et al. 2014 <sup>79</sup>	Not used	1.14	Vinci 2.54.0 software
Cao et al. 2014 <sup>80</sup>	NR	NR	NR
Hanssen et al. 2015 <sup>81</sup>	-180, -10	1.5	PMOD 3.0
Hanssen et al. 2015 <sup>82</sup>	-180, -10	1.5	PMOD 3.0
Hanssen et al. 2015 <sup>83</sup>	-180, -10	1.5	PMOD 3.0
Blondin et al. 2015 <sup>84</sup>	-150, -30	1.5	NR
Blondin et al. 2015 <sup>85</sup>	-150, -30	1.5	NR
Dinas et al. 2015 <sup>86</sup>	Not used	Not limit	NR
Vosselman et al. 2015 <sup>87</sup>	-180, -10	1.5	PMOD 3.0
Cypess et al. 2015 <sup>88</sup>	-250,-10	2.0	PET/CT Viewer shareware
Nirengi et al. 2015 <sup>89</sup>	-300, -10	2.0	VOX-BASE workstation
Carey et al. 2015 <sup>90</sup>	-180,-10	2.0	Extended BrillianceWorkstation
Wei et al. 2015 <sup>91</sup>	-150,-30	2.5	PET/CT viewer shareware
Butler et al. 2015 <sup>92</sup>	-250,-50	2.0	NR
Raiko et al. 2015 <sup>93</sup>	NR	NR	NR
Wang et al. 2015 <sup>94</sup>	-250,-50	2.0	Volume Viewer software
Puar et al. 2016 <sup>95</sup>	-180, -10	1.5	Inveon Research software
Hanssen et al. 2016 <sup>96</sup>	-180, -10	1.5	PMOD 3.0

Singhal et al. 2016 <sup>97</sup>	-250, -10	1.0 to 30	Fiji Software
Oxguven et al. 2016 <sup>98</sup>	-250,-50	2.0	Advantage Windows Workstation 4.5
Chondronikola et al. 2016 <sup>99</sup>	-190, -30	1.5	MIM software
Chondronikola et al. 2016 <sup>100</sup>	NR	NR	NR
Gifford et al. 2016 <sup>101</sup>	-200, -1	No limits	NR
Yoneshiro et al. 2016 <sup>102</sup>	Not used	2.0	NR
Ramage et al. 2016 <sup>103</sup>	-150, -30	2.0	PMOD 3.409
Bahler et al. 2016 <sup>104</sup>	NR	NR	NR
Bahler et al. 2016 <sup>105</sup>	-250,-50	2.0	Hermes Hybrid Viewer
Salem et al. 2016 <sup>106</sup>	-150, -5	2.0	NR
Bahler et al. 2016 <sup>107</sup>	-250,-50	2.0	Hermes Hybrid Viewer
Van der Lans et al. 2016 <sup>108</sup>	-180, -10	1.5	PMOD 3.0
Gatidis et al. 2016 <sup>109</sup>	NR	NR	NR
Nirengi et al. 2016 <sup>110</sup>	NR	NR	NR
Shao et al. 2016 <sup>111</sup>	-100, -10	1.0	TrueD system
Hibi et al. 2016 <sup>112</sup>	Not used	2.0	VOX-BASE workstation
Chen et al. 2016 <sup>113</sup>	-180, -10	1.5	NR
Lee et al. 2016 <sup>114</sup>	-300, -10	2.0	Software built with IDL
Becker et al. 2016 <sup>115</sup>	-250, -50	3.0	AW version 4.6, GE Healthcare
Takx et al. 2016 <sup>116</sup>	-250, -50	2.0	TrueD system
Shao et al. 2016 <sup>117</sup>	-250, -50	2.0	Syngo True D system
Muzik et al. 2016 <sup>118</sup>	-250, -50	2.0	AMIDE software
Blondin et al. 2016 <sup>119</sup>	-150, -30	1.5	NR
Blondin et al. 2017 <sup>120</sup>	NR	NR	NR
Gerngrob et al. 2017 <sup>121</sup>	-250, -50	2.0	"SYNGO" workstation (Siemens)
Hussein et al. 2017 <sup>122</sup>	-190,-30	2.0	NR
Yoneshiro et al. 2017 <sup>123</sup>	-300, -10	2.0	NR

NR: Not reported or cited in the study.

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**Table S2.** Lin's concordance coefficient for the inter-observer reliability of BAT volume and activity by study cohort and by threshold of HU and SUV for quantification of BAT.

	BARCIST 1.0		HU: -180, -10; SUV: 1.5		HU: -250, -50; SUV: 2.0		HU: NA; SUV: 2.0	
<b>Young normal-weight adults</b>								
Volume	0.962	(0.858 - 0.990)	0.953	(0.833 - 0.987)	0.976	(0.908 - 0.994)	0.951	(0.827 - 0.987)
SUV <sub>mean</sub>	0.980	(0.930 - 0.934)	0.964	(0.877 - 0.990)	0.982	(0.933 - 0.996)	0.968	(0.908 - 0.989)
SUV <sub>peak</sub>	1.000		1.000		1.000		1.000	
<b>Young overweight-obese adults</b>								
Volume	0.990	(0.961 - 0.997)	0.993	(0.973 - 0.998)	0.993	(0.974 - 0.998)	0.986	(0.954 - 0.996)
SUV <sub>mean</sub>	0.997	(0.989 - 0.999)	0.996	(0.985 - 0.999)	0.992	(0.975 - 0.998)	0.989	(0.961 - 0.997)
SUV <sub>peak</sub>	0.996	(0.984 - 0.999)	0.996	(0.984 - 0.999)	0.996	(0.986 - 0.999)	0.996	(0.984 - 0.999)
<b>Middle-aged overweight-obese adults</b>								
Volume	0.996	(0.983 - 0.999)	0.992	(0.972 - 0.998)	0.999	(0.994 - 1.000)	0.983	(0.941 - 0.995)
SUV <sub>mean</sub>	0.999	(0.998 - 1.000)	0.999	(0.998 - 1.000)	1.000	(0.999 - 1.000)	0.961	(0.951 - 0.997)
SUV <sub>peak</sub>	0.983	(0.935 - 0.995)	0.982	(0.935 - 0.995)	0.993	(0.987 - 0.996)	0.906	(0.695 - 0.973)

Data are means and 95% confidence intervals.

Strength of the agreement: from 1.000 to 0.999 (almost perfect), from <0.999 to 0.95 (substantial), from <0.95 to 0.90 (moderate), <0.90 (poor).

BARCIST 1.0: HU:-190,-10; SUV: Individualized [1.2/(lean body mass/body mass)]; BAT: Brown adipose tissue; BMI: Body mass index; HU: Hounsfield units; SUV: Standardized uptake value.

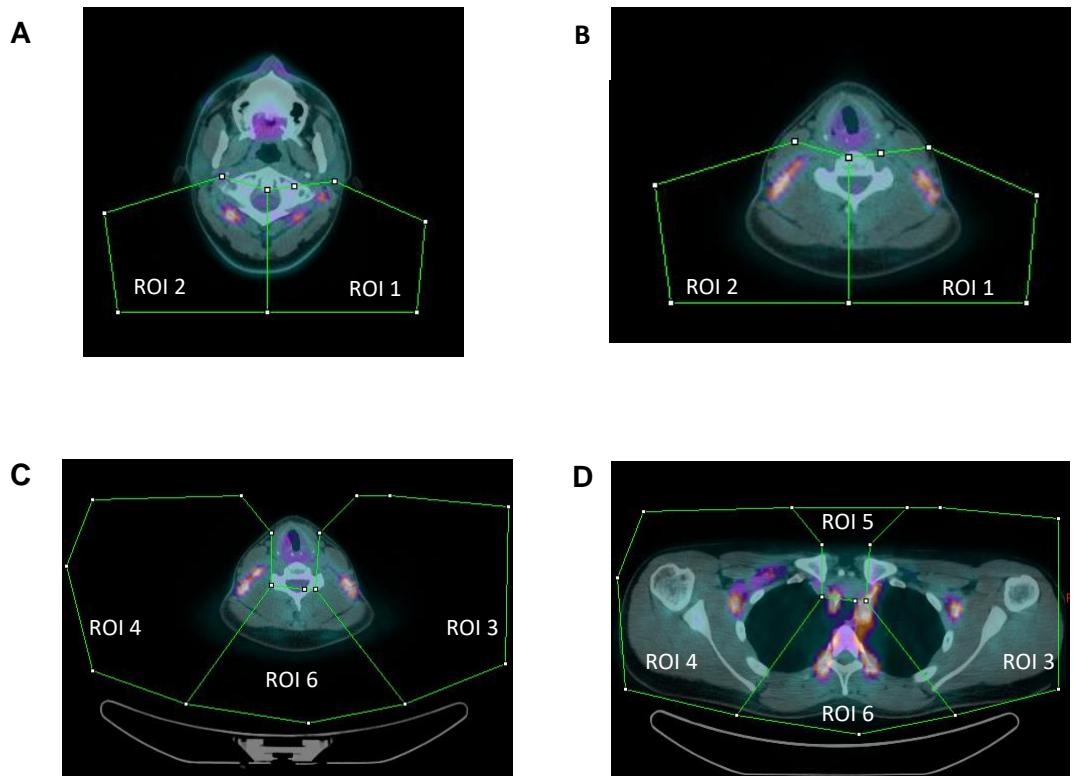
**Table S3.** Absolute and relative (%) differences between thresholds in brown adipose tissue volume and activity by study cohort.

		Volume (ml)		SUV <sub>mean</sub> (g/ml)		SUV <sub>peak</sub> (g/ml)	
Young lean adults		Mean	95%CI	Mean	95%CI	Mean	95%CI
BARCIST 1.0 vs. HU: NA; SUV: 2.0	Absolute	249***	186 312	0.4**	0.2 0.6	0	0 0.1
	%	+155		-9		-0.2	
BARCIST 1.0 vs. HU: -250, -50; SUV: 2.0	Absolute	92**	79 106	0.8***	0.6 0.9	0.1	0 0.2
	%	-57		+18		-0.8	
BARCIST 1.0 vs. HU: -180, -10; SUV: 1.5	Absolute	0	-5 5	0	0 0.1	0	0 0
	%	0		0		0	
HU: -250, -50; SUV: 2.0 vs. HU: NA; SUV: 2.0	Absolute	341***	267 415	1.2***	0.9 1.4	0.2	0 0.3
	%	+500		-23		+1	
HU: -250, -50; SUV: 2.0 vs. HU: -180, -10; SUV: 1.5	Absolute	92***	77 108	0.8***	0.6 1.0	0.1	0 0.2
	%	+135		-16		+1	
HU: -180, -10; SUV: 1.5 vs. HU: NA; SUV: 2.0	Absolute	249***	186 311	0.4	0.1 0.6	0	0 0.1
	%	+155		-9		0	
Young overweight/obese adults							
BARCIST 1.0 vs. HU: NA; SUV: 2.0	Absolute	244**	114 374	0.6	0.1 1.1	0.1	0.3 0.1
	%	+207		-16		+1	
BARCIST 1.0 vs. HU: -250, -50; SUV: 2.0	Absolute	49**	29 70	0.1	0 0.3	0.6	0.2 1.1
	%	-42		+3		-6	
BARCIST 1.0 vs. HU: -180, -10; SUV: 1.5	Absolute	47**	24 69	0.5*	0.4 0.7	0	0 0
	%	+40		-14		0	
HU: -250, -50; SUV: 2.0 vs. HU: NA; SUV: 2.0	Absolute	294**	146 442	0.7*	0.3 1.2	0.7	0.2 1.2
	%	+430		-19		+7	
HU: -250, -50; SUV: 2.0 vs. HU: -180, -10; SUV: 1.5	Absolute	96***	64 128	0.7*	0.6 0.8	0.6	0.2 1.1
	%	+141		-17		+6	
HU: -180, -10; SUV: 1.5 vs. HU: NA; SUV: 2.0	Absolute	198**	73 322	0.1	-0.3 0.4	0.1	0.1 0.3
	%	+120		-2		+1	
Middle-aged overweight/obese adults							

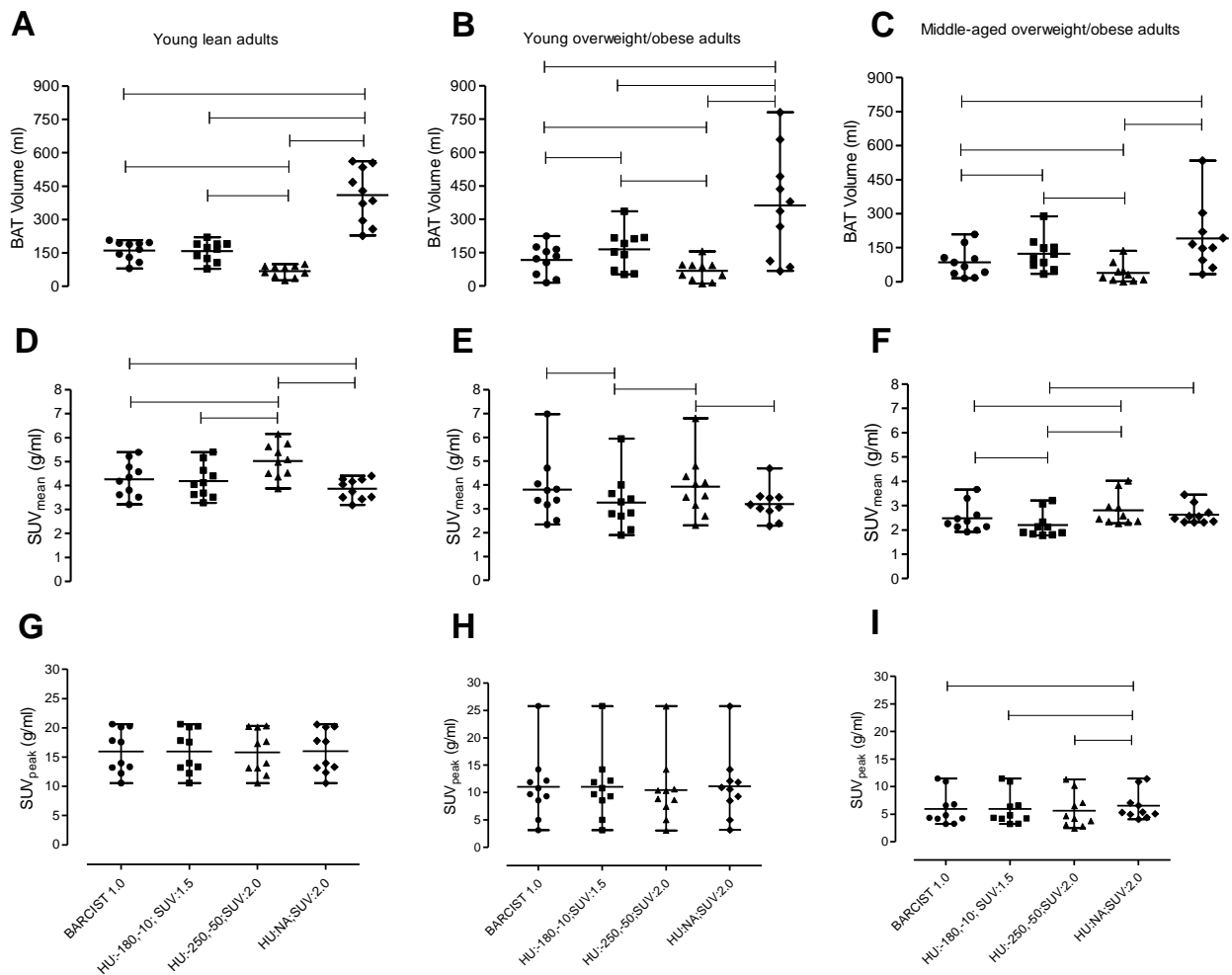
BARCIST 1.0 vs. HU: NA; SUV: 2.0	Absolute	106**	42 170	0.1	0.1 0.3	0.6*	0.2 0.9
	%	+124		+6		+10	
BARCIST 1.0 vs. HU: -250, -50; SUV: 2.0	Absolute	46**	28 64	0.3*	0.2 0.5	0.3	0.1 0.8
	%	-54		+13		-6	
BARCIST 1.0 vs. HU: -180, -10; SUV: 1.5	Absolute	38**	18 58	0.3*	0.2 0.4	0	0 0.1
	%	+45		-11		-0.7	
HU: -250, -50; SUV: 2.0 vs. HU: NA; SUV: 2.0	Absolute	152**	78 226	0.2	0 0.4	0.9*	0.3 1.5
	%	+384		-6		+16	
HU: -250, -50; SUV: 2.0 vs. HU: -180, -10; SUV: 1.5	Absolute	84***	60 108	0.6*	0.5 0.7	0.3	0.2 0.8
	%	+213		-21		+5	
HU: -180, -10; SUV: 1.5 vs. HU: NA; SUV: 2.0	Absolute	68	13 123	0.4*	0.3 0.5	0.6*	0.3 0.9
	%	+55		+19		+10	

Data are means and 95% confidence intervals.

BMI: Body mass index; HU: Hounsfield units; BARCIST 1.0: HU:-190,-10; SUV: Individualized [ $1.2/(\text{lean body mass}/\text{body mass})$ ]; NA: Not applied; SUV: Standardized uptake value. \*  $P \leq 0.05$ , \*\*  $P \leq 0.01$ , \*\*\*  $P \leq 0.001$ . See Figure 1 for graphical representation.



**Figure S1.** 3D-Axial technique: definition of the region of interest (ROI) drawn in the  $^{18}\text{F}$ -fluorodeoxyglucose-Positron Emission Tomography/Computed Tomography images of a representative individual. **A.** ROI 1 and 2 in *atlas*. **B.** ROIs 1 and 2 in the end *cervical vertebrae 6*. **C.** ROI 3, 4 and 6 in the beginning of *cervical vertebrae 7*. **D.** ROI 3, 4, 5 and 6 in *thoracic vertebrae 4*.



**Figure S2.** Brown adipose tissue (BAT) volume and activity determined by various thresholds of Hounsfield unit (HU) and Standardized uptake value (SUV) for three study cohorts. BAT volume (A-C),  $SUV_{mean}$  (D-F), and  $SUV_{peak}$  (G-I) were determined in young lean adults (A, D, G), young overweight/obese adults (B, E, H), and middle-aged overweight/obese adults (C, F, I). Data are means and 95% confident interval ( $n=10$  per cohort). Significant differences between thresholds are indicated by parallel horizontal bars (all  $P \leq 0.05$ ). BARCIST 1.0: HU:-190,-10; SUV: Individualized [ $1.2/(\text{lean body mass}/\text{body mass})$ ]; BMI: Body mass index; NA: Not applied. See Table S4 for exact absolute and relative differences between thresholds.