Appendix 2 Table 1 Summary of evidence on the prevalence/incidence, risk/prognostic factors for obesity in GCC countries

	Author, year,	Age range	Prevalence/ir	ncidence	Outcomes	Factors st	udied	Statistical analysis	Results and comments
	country		Overweight Obesity			Risk factors	Prognostic	method	
							factors		
I									

Table E1: The main features, main results of incidence and prevalence of obesity, and overall risk of bias assessment on the studies included in the systematic review on the epidemiology of obesity in GCC countries

Author, year,	Study design	Inclusion/ exclusion	Study population N, source of stud		Outcome asses definition	sment and	Occurrence measure(s)	Main results of the incidence	Overall risk of bias
country		criteria	Number approached	Number participated	Outcome assessment	Outcome definition		or prevalence of obesity Percentage (95% CI)	assessment

Table E2: Critical appraisal of included observational studies assessed by the Effective Public Health Practice Project (EPHPP)

Study, year	Design	Selection Bias			Study Design			Confounders			Blinding			Data Collection Method			Withdrawals and Dropouts			Global Rating		
		S	М	w	S	М	W	S	М	W	S	М	W	S	М	W	S	М	W	S	М	W

Abbreviations:

S Strong M Moderate W Weak

NA Not applicable