

Supplementary Figure 1. Risk of bias summary

| | Random sequence generation (selection bias) | Allocation concealment (selection bias) | Blinding of participants and personnel (performance bias) | Blinding of outcome assessment (detection bias) | Incomplete outcome data (attrition bias) | Selective reporting (reporting bias) | Other bias |
|--------------|---|---|---|---|--|--------------------------------------|------------|
| Liang 2016 | + | ? | + | + | + | ? | ? |
| Mehta 2014 | + | - | - | - | + | + | ? |
| Ranjbar 2013 | + | + | + | + | + | + | ? |
| Sun 2007 | + | + | + | + | ? | ? | ? |